

Summer in the Psalms Week 5 Small Group Guide

Small Group Guide: Waiting on the Lord (Psalm 37)

Opening Prayer:

Begin the session with a prayer, asking God to guide your discussion and help apply the lessons from Psalm 37 to your lives.

Key Takeaways:

1. Waiting on the Lord is a crucial part of developing our faith.
2. We should not envy or fret about the temporary prosperity of evildoers.
3. Trusting in God, doing good, and delighting in Him are essential while waiting.

Discussion Questions:

1. In what areas of your life are you currently waiting on God? How does this waiting challenge your faith?
2. The sermon mentions that we shouldn't envy evildoers or their prosperity. Have you ever struggled with this? How can we maintain a godly perspective when it seems like others prosper through wrongdoing?
3. Verse 4 talks about delighting in the Lord. What does this mean to you practically? How can we cultivate a deeper delight in God?
4. The pastor mentioned Augustine's quote: "Love God with all your heart and do whatever you want." How does this relate to aligning our desires with God's will?

5. In what ways can we "do good" while waiting on God's timing? Share specific examples from your own life or experiences.

6. How does the image of being "rolled up" in God (verse 5) challenge or encourage you in your faith journey?

7. The sermon emphasizes trusting God completely. What makes this difficult in our daily lives, and how can we grow in this area?

Practical Applications:

1. This week, identify one area where you're waiting on God. Commit to spending extra time in prayer about this, focusing on trusting God's timing.

2. Choose one way to "do good" while you're waiting. This could be encouraging someone, serving in a ministry, or meeting a practical need for someone else.

3. Start a "delight journal" where you write down daily reasons why you delight in God. Share some of these with the group next time you meet.

4. Memorize Psalm 37:7 as a reminder to rest in the Lord and wait patiently for Him.

Closing Prayer:

Close the session by praying for each other, specifically in areas where group members are waiting on God. Ask for strength to trust, patience to wait, and opportunities to do good in the meantime.