

Your Photo Calm Plan

CLARITY TODAY. MEMORIES TOMORROW. 

Taking time to think about your photos and what matters most to you is the first step to preserving your memories in a way that feels manageable and meaningful.

1 What do you currently have?

Tick all that apply.

PRINTED PHOTOS

- Albums
- Loose photos
- Boxes
- Inherited photos
- Slides / negatives
- Photos stuck in drawers or cupboards
- Other _____

HOW DOES IT CURRENTLY FEEL?

- Overwhelming
- Emotional
- Guilty
- Exciting
- Confusing
- I keep putting it off
- Other _____

2 What matters most?

Take a few minutes to reflect.

-  Which photos would you rescue first?

-  Which people or memories matter most?




-  Are there stories you don't want forgotten?

-  Is there someone you want to share photos with?

-  What worries you most about your photos?

3 What would success look like?


What do you want from your photo collection?
Tick all that apply.


-  Scan important family photos
-  Create a family photo box
-  Share photos with children / family
-  Create a photo book or slideshow
-  Organise albums and collections
-  Reduce clutter and simplify
-  Preserve family history for future generations
-  Simply know where things are


Other _____

4 My next small step

Small steps create big change.

-  This week I will:

-  The first area I'll start with:

-  I only need to work in:
 - 10-minute chunks
 - 20-minute chunks
 - One box at a time
 - Other _____



You do not need to organise every photo perfectly.
Small steps still protect important memories.

Progress
not
perfection



Your Photo Priority List

FOCUS ON WHAT MATTERS MOST


Not all photos need the same attention right now.
Use this list to help you decide where to start.

1 Photos to protect first



These are the most important or at risk.
They should be your top priority.

- Oldest photos
- Damaged or fading photos
- Only copies / irreplaceable
- People who have passed away
- Childhood photos
- Weddings or important milestones
- Photos from before digital cameras
- Other _____

 These are the photos I want to make sure I never lose.

2 Photos that tell your family story



These photos capture the memories, places and moments that matter.

- Family traditions
- Holidays and celebrations
- Homes and places we lived
- Generations and family history
- Everyday life and candid moments
- Achievements and milestones
- Other _____


 These are the stories I want to remember and preserve.

3 Photos to share



These photos would bring joy to others.

- Family members who would love copies
- Relatives who don't know these exist
- Photos to share with future generations
- Special moments worth sharing
- Other _____

 These are the people I want to share these memories with.

4 Photos I can let go of




It's okay to release photos that no longer serve a purpose.

- Duplicates (multiple copies)
- Blurry or unclear photos
- Photos with no connection or story
- Scenery or places not meaningful
- Photos that don't add value
- Other _____

 Letting go creates space for what truly matters.



Focus on progress, not perfection.
Protect what matters. Let go of the rest.

 Every photo has a story. You choose which ones to keep.