

Bas Rouge Farm & Forge | Orono, Maine | 207.221.6671 | Website: basrougefarm.com | Email: ivonne@basrougefarm.com | Social: @basrougefarmforge

Anise Hyssop (Agastache foeniculum) Perennial | Sun: Full/Part Shade Soil: Dry/Well drained/moist Flower: Light purple spire Bloom time: June-September Height: 2-4 feet Attracts: Butterflies, Bumblebees, Hummingbirds Special: Favorite nectar source of long tongued bees such as Bumblebees. Leaves have been traditionally used for tea. Fragrant leaves, stems, flowers (smells of licorice). Pollinators LOVE this plant. Good for cut flowers. Deer & drought tolerant.

Arrowwood Viburnum (Viburnum dentatum) Perennial | Sun: Sun/Part Shade Soil: Moist/Well drained Flower: White Bloom time: Late Spring/Early Summer Height: 5-10 feet Attracts: Butterflies, Native Bees, Songbirds Special: Dark bluish-black drupe fruit. Tolerates variety of soils. Broadleaf. Good specimen or foundation shrub,

Bee Balm (Monarda fistulosa) Perennial | Sun: Full/Part Shade Soil: Dry/Well drained/moist Flower: Very light purple Bloom time: July-August Height: 2-5 feet Attracts: Butterflies, Bumblebees, Hummingbird Moths, Hummingbirds Special: Favorite nectar source of long tongued bees such as Bumblebees. Leaves have been traditionally used for tea. Fragrant leaves, stems, flowers. Pollinators LOVE this plant

Black Chokeberry (*Aronia melanocarpa*) Perennial | Sun: Full Soil: Tolerant of variety of soils Flower: White w/dark pink stamens Bloom time: May-June Height: 3-10 feet Attracts: Bumblebees, Native bees Special: Bees, Dark Blue Berries Small shrub with glossy green leaves. Autumn interest as the leaves turn orange, red & purple.

Black Eyed Susan (*Rudbeckia hirta*) Short Lived Perennial | Sun: Full, Full, Full Soil: Dry (acidic) Flower: Yellow (dark centers) Bloom time: August-September Height: 1-3 feet Attracts: Bees, Bumblebees, Butterflies, Syrphid & Tachinid Flies, Wasps, Birds Larval Host: Gorgone Checkerspot, Bordered Patch butterfly Special: Nectar seeking pollinators. A favorite of a wide variety of pollinators. Will self-seed easily. Grows in disturbed 'hot spots' Zone 5a

Blue Vervain (Verbena hastata) Perennial | Sun: Full/Part Shade/Shade Soil: Damp/Moist to Wet Flower: Purple (spikes) Bloom time: July-September Height: 2-5 feet Attracts: Bees, Bumblebees, Butterflies, Birds Larval Host: Common Buckeye. Subtle interest in pollinator or hummingbird garden. Tall plant which can be interplanted with Joe Pye, Tall Garden Phlox and Anise Hyssop.

Boneset (Eupatorium perfiolatum) Perennial | Sun: Sun/Part Shade/Shade Soil: Moist/Wet Flower: White (fuzzy cluster) atop a leafy stem. Bloom time: August-October Height: 3-6 feet Attracts: Butterflies, Birds Special: Native bees. Traditionally used in herbal medicine. Understated, plant may be used in a rain garden or naturalized wet areas Bristly Sarsaparilla (Aralia hispida) Perennial | Sun: Full/Part Shade Soil: Moist/Medium Wet Flower: White/Green radial Bloom time: June-July Height: 4 feet Attracts: Bumblebees, Wasps, Native bees Special: Native Bees. Grows as wide as it does tall in an open habit. Very interesting globes of flowers that become dark blue berries. Fall interest as the spent flower stems and flower heads turn purple.

Bunchberry (Cornus canadense) Perennial | Sun: Full/Part Shade/Shade Soil: Humus rich (woodland) Flower: Green sepals; white bracts Bloom time: May-September Height: 6-8 inches (groundcover) Fruit: Bright red berries in fall Attracts: Native bees, birds, large & small mammals. Sepals burgundy colored in fall. Prefers damp, cool, acidic soils. Woodland native. Often found in seasonal succession with Winterberry, Canada Mayflower, Partridgeberry, Low Bush Blueberry, Goldthread, Starflower (in that order) with Bunchberry as the last to bloom.

Butterfly Weed (Asclepias tuberosus) Perennial | Sun: Full Sun Soil: Well drained/Sandy/Drought Tolerant Flower: Umbel of many small flowers Bloom time: August-September Height: 1-2 feet Attracts: Hummingbirds, Butterflies, Ants Special: Larval host Grey Hairstreak, Monarch Considered a Milkweed. One of the showiest native plants. Traditionally used as a medicinal by indigenous people. Deer resistant.

Buttonbush (Cephalanthus occidentalis) Perennial | Sun: Full Sun Soil: Consistently moist/Rich Flower: Small fragrant tubular flowers on round clusters Bloom time: June-September Height: Up to 12'-20' feet & 8' wide Attracts: Every pollinator! Special: Attracts as many pollinators as the non-native/invasive Chaste Tree (Vitex) & Butterfly Bush (Buddleia). Enjoyed by a wide variety of wildlife, including waterfowl, birds and mammals. Mildly deer resistant.

Cardinal Flower (Lobelia cardinalis) Perennial | Sun: Full Sun Soil: Moist/Wet, Loam, Clay or Sandy Flower: Red (8" terminal spikes w/multiple flowers) Bloom time: July-October Height: 1'-6' feet Attracts: Hummingbirds Special: Hummingbirds are the principal pollinator. Spectacular plants of river, pond and wetland edges. Prefers wet areas but grows in a variety of soils. One of very few truly deep red native flowers.

Common Milkweed (Asclepias syriaca) Perennial | Sun: Full Sun Soil: Moist (but may grow in a variety of soils) Flower: Umbel with up to 100 flowers per head. Bloom time: June-August Height: 3-6 feet Attracts: Over 450 different lifeforms Special: Larval host to many species of insects including Monarch Butterfly; fragrant HUGELY beneficial plant. Milkweed is a food, nesting and larval host to over 450 different species of insects, moths, butterflies, beetles, etc., Toxic to livestock.



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Common Yarrow (Achillea millefolium) Perennial | Sun: Full, Full, Full Soil: Dry (road edge) Flower: White (flat head) Bloom time: July-September Height: 1-3 feet Attracts: Native bees, Honeybees, Syrphid and Hover Flies. VERY drought tolerant can be used in poor soils. Scented leaves are traditionally used in skin care, i.e., soaps, lotions for the soothing properties. Also used as a calming tea.

Culver's Root (Veronicastrum virginicum) Perennial | Sun: Full Soil: Medium (well drained) to Dry Flower: White (spires) Bloom time: July-September Height: 3-6 feet Attracts: Bees, Bumblebees, Moths, Butterflies Special: Native Bees Adaptable. Great in a pollinator or cottage garden flower and looks wonderful planted with Bee Balm and Butterfly Weed. Good for woodland edges.

Elderberry (Sambucus spp.) Perennial | Sun: FULL Sun (best for flowers & fruit) Soil: Variety Moist to Dry – Clay, Loam **Prefers rich, moist, acidic** Flower: White clusters small flowers; fragrant Bloom time: May (fruits July-Sept) Height: 5-12 feet (6-10 feet wide) Attracts: Many pollinators, Birds Special: Native bees May look unkempt from a distance; excellent as a hedge or in problem, moist areas. Traditional medicinal & edible uses.

Foam Flower (*Tiarella cordifolia*) Perennial | Sun: Shade/Deep shade Soil: Rich, well drained Flower: White or Pink with pink accents Bloom time: August-October Height: 6 inches to 1 foot Attracts: Native bees (small flowers) Special: Native bees. A plant of shaded woodland gardens. Understory plant that thrives under deepest shade provided by larger plants.

Great Blue Lobelia (Lobelia siphilitica) Perennial | Sun: Full/Part Shade Soil: Well drained/Moist/Medium Wet Flower: Blue (spire) Bloom time: July-October Height: 1-3 feet Attracts: Birds, Hummingbirds Special: Bumblebees, Native Bees. Great for woodland gardens, meadows, streambanks. Striking blue color, a standout in a naturalized garden. Open-pollinated.

Grey Birch (Betula populifolia) Perennial (Pioneer tree) | Sun: Full/Part Shade/Shade Soil: Dry to moist Flower: White w/dark pink stamens Bloom time: May-June Height: 3-10 feet Attracts: Butterflies, songbirds, mammals Special: Larval host Eastern Tiger Swallowtail. Short lived. Yellow leaves in Fall. White bark (hints of grey). Its catkins (seed pods) provide food for birds and small mammals at the beginning of the season. Considered a 'nurse' tree as it protects seedlings of slower, larger trees.

Jacob's Ladder (*Polemonium reptans*) Perennial | Sun: Part Sun/Part Shade/Shade Soil: Loose, Rich Soil Flower: Lavender/Blue Bloom time: May-June Height: 12" flower stem & leaves Attracts: Bees, Syrphid Flies Special: Native Bees Spring ephemeral with long season foliage. One of the first to bloom in the late spring. Understory plant. Happiest in early succession gardens. Lovely green leaves all season.

Juneberry/Shadblow/Serviceberry (Amelanchier canadensis) Perennial | Sun: Full/Part Shade Soil: Moist but well drained Flower: White with yellow anthers Bloom time: April-May Height: 3-30 feet Attracts: Native bees, wasps, beetles, songbirds (fruit) Special: Native bees; Browse food for deer. Beautiful in the spring when the plums are in bloom. Fruit is similar in size to blueberries but are eaten by birds before harvest.

Maximilian Sunflower (Helianthus maximiliani) Perennial | Sun: Full Soil: Dry to Medium Flower: Yellow Bloom time: Late Summer Height: Up to 7 feet Attracts: Butterflies, Native Bees, (Long tongued bees), Bumblebees, Moths Special: Larval host of Bordered Patch Butterfly. Cheerful sunflower. Will readily spread via rhizome. Tolerates a variety of soils including heavy, clay.

Meadowsweet (Spirea alba) Perennial | Sun: Part Shade/Shade Soil: Moist/Wet Flower: White & pink Bloom time: August-October Height: 3-7 feet Attracts: Native bees, wasps, beetles Special: Native bees; Deer tolerant; Larval host Spring Azure butterfly. Traditional uses include food & medicine. Understated may be used in a rain garden or naturalized wet areas.

NY Ironweed (Vernonia noveboracencis) Perennial | Sun: Full Soil: Moist (clay) Flower: Reddish purple (clusters) Bloom time: August-September Height: 5-8 feet Attracts: Bees, Bumblebees, Butterflies, Birds Special: Native Bees Tall plant of bottomlands. Good for fence lines or to add interest to empty corners. Will grow as wide as it does tall.

Path Rush (Juncus tenuis) Perennial | Sun: Full/Part Shade Soil: Wet to Dry (variety of soils) Flower: Green pods (1/16" inch) turn straw colored when ripened. Sticky seed inside. Bloom time: August Height: 6-12 inches Attracts: Bumblebees, Skipper Butterflies & smaller bees Special: Native Bees. Rush or sedge family. Clumping form. Ground cover for problem areas. Rain gardens, etc. Useful in erosion control. Salt tolerant.

Pennsylvania Sedge (Carex pensylvanica) Perennial | Sun: Partial to Full Shade Soil: Dry to Medium, Sandy Flower: Greenish w/Pink edges Bloom time: April-June (Spring) Height: Up to 8" in bloom; very, very small delicate flowers Attracts: Bees, Butterflies, Syrphid Flies Special: Native Bees. Lawn alternative. Fills in overtime to form a dense low growing turf with textural interest. Perfect in a glade.



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Plantain Pussytoes (Antennaria plantaginifolia) Perennial | Sun: Sun Soil: Thin/Acidic/Dry Soils Flower: Creamy white Bloom time: June-July Height: 1-3 feet Attracts: Butterflies, Adrenid, Halictic and Cuckoo Bees Special: Tolerates drought; deer & rabbit resistant. Host plant of American Lady Butterfly. Spreads to form a mat. Perfect for poor soils at the edges of woodlands. Needs well drained to dry conditions. May be used as a turf substitute, rock gardens, dry beds, etc.

Purple Coneflower (*Echinacea purpurea*) Perennial Sun: Full/Part Shade Soil: Moist/Well drained Flower: Purple/Magenta Bloom time: July-September Height: 6-20 feet Attracts: Butterflies, Bumblebees Special: Butterflies Beautiful, erect flowers that stand out in any garden. A rich nectar plant and favorite of butterflies.

Rattlesnake Master (*Eryngium yuccifolium*) Perennial | Sun: Full Sun Soil: Dry/Well Drained Soil Flower: Greenish/white (1" globes) Bloom time: July-September Height: 12" leaves up to 3'-6' feet flower stems Attracts: Bees, Butterflies Special: Native to Central US north to Massachusetts. Aggressive self-seeder. Rigid stems hold multiple globular flowers. Adds interest in all seasons. The stems and flower heads dry to a bronze color in the fall.

Red Twig (Osier) Dogwood (Cornus sericea) Perennial | Sun: Sun/Part Shade/Shade Soil: Moist/Wet Flower: White (very small) grows in an umbel. Bloom time: August-October Height: 3-12 feet Attracts: Birds, Butterflies. Special: Waterfowl, marsh birds, shorebirds; Deer browse. Large & small mammals. Larval host: Spring Azure butterfly. A plant of wet areas, riverbanks, lakes wooded or open streambanks. Most distinctive in winter, red twigs against white snow are striking.

Silverrod or White Goldenrod (Solidago bicolor) Perennial | Sun: Full Sun/Part Shade Soil: Sandy/Poor/Rocky/Heavy Clay Bloom time: August-October Height: 3-6 feet Attracts: Butterflies, Bumblebees, Birds Special: Native bees. Beautiful, unusual as only Solidago with white flower rays. Stands out in areas where other plants may not thrive well.

Sneezeweed (Helenium autumnale) Perennial | Sun: Full Soil: Moist (clay) Flower: Yellow (discs) Bloom time: July-October Height: 3-6 feet Attracts: Bees, Bumblebees, Butterflies, Birds Special: Native Bees Attractive. Striking against a dark backdrop. Bright yellow. This flower makes me smile. With its bright yellow color and fluffy 'pom-pom'. Solomon's Seal (Polygonatum biflorum) Perennial | Sun: Partial Shade/Shade Soil: Cool, Humus rich, Moist/Well drained Flower: Small white bell-shaped twin (or more) flowers under the arching stem. Bloom time: May (fruits July-Sept) Height: 1-3 feet Attracts: Bumblebees, Hummingbirds Special: Native bees. An attractive architectural plant which will add interest to the shade or woodland garden. Traditional medicinal & edible uses.

Spotted Bee Balm/Horsemint (Monarda punctata) Perennial | Sun: Sun/Part Shade/Shade Soil: Dry/Well drained. Flower: Bracts green, white or purple. Tubular flowers yellow w/maroon dots Bloom time: August-October Height: 1-3 feet Attracts: Butterflies, Birds Special: Native bees Traditionally used in herbal medicine. Stunning and unusual in a wildflower meadow or pocket prairie. Can be aggressive spreader. Native to Central USA.

Sunchoke (Helianthus tuberosus) Perennial | Sun: Full, Full, Full, Full Soil: Well drained, rich soil Flower: Yellow (many branches) Bloom time: July-September Height: Up to 12 feet (Heavy plant) Fruit: Roots are eaten as a vegetable, high in inulin. Attracts: Native bees, birds, large & small animals (rodents will eat tubers). Very heavy, thick, hairy stems. May need caging to support its multi-stemmed flowering branches

Virginia Mountain Mint (*Pycnanthemum virginianum*) Perennial | Sun: Part Shade Soil: Moist/Calcareous (chalk/limestone) Flower: White (tiny mint like flowers) Bloom time: August-September Height: 2'-3' multibranched stem Attracts: Bees, Butterflies & Beneficials Special: Native Bees, Bumblebees, Honeybees and Pearl Crescent butterflies. Erect stems. Leaves are narrow w/a whitish bloom. Can be aggressive, less so in dry soils. Lovely scent of mint. Use in meadows, naturalized areas and tall borders. Great cut flower. Zone 3-7

Wild Bleeding Heart (*Dicentra eximia*) Perennial | Sun: Partial Sun/Full-Part Shade Soil: Moist, Well Drained, Humus soil Flower: Pink (pearlescent) 1" Bloom time: May-August Height: 6"-12" foliage & flower stem Attracts: Bees Special: Native Bees This lovely, understated plant producing 5-6 beautiful pink pearlescent flowers per stem. Mounding habit. Delicate looking, perfect for foundation, rock garden or woodland garden settings. Self-seeds. A native plant of the Appalachian Mountains.

Wild Clematis or Virgin's Bower (Clematis virginiana) Perennial | Sun: Full/Part Shade Soil: Moist/Medium Wet Flower: White (elliptical) 1" Bloom time: July-September Height: 6-20 feet Attracts: Bumblebees, Wasps, Skipper Butterflies & smaller bees Special: Native Bees. Vigorous native twining vine of moist woods. Woody perennial: great against a wall or shed side. Interesting flower and stunning flower pod.

Wild Senna (Cassia hebecarpa) Perennial | Sun: Full/Part Shade Soil: Medium Well drained Flower: Yellow w/5 divided sepals (brown anthers) Bloom time: August-September Height: 3-6 feet (2-3 feet wide) Attracts: Cloudless Sulphur Butterflies & gamebirds Bobwhites Special: Larval Host Sulphur Butterflies Grows in rich, well-drained soil. Prefers no competition in the garden. Seed pods resemble pea pods.

Wild Strawberry (*Fragaria virginiana*) Perennial | Sun: Full/Part Shade Soil: Humus rich (woodland) and disturbed areas. Flower: White Bloom time: May-September Height: 3-6 inches (groundcover) Fruit: Red flavorful fruit Attracts: Native bees, birds, large & small mammals. Spreads via rhizomes and runners. Prefers well drained, acidic, rocky soils.



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Willows (Salix spp) Perennial | Sun: Full Sun/Part Shade Soil: Moist/Wet Flower: Grey to White w/green & yellow anthers. Bloom time: Earliest spring Height: 3-12 feet Attracts: Birds, Butterflies, Moths, Bees. Special: Over 150 species of Lepidoptera use Willows. Larval host: A variety of Moths and Butterflies. This remarkable shrub/small tree is beneficial to other flora, fauna and its roots filter water and stabilize the root systems. Great benefit to amphibians and other living things.

Winterberry (*Ilex verticillata*) Perennial | Sun: Sun/Part Shade/Deep Shade Soil: Moist/Acidic/Well drained Flower: White/Red berries. Bloom time: Fruit in Winter Height: 3-15 feet Attracts: Butterflies, Native Bees, Songbirds Special: Slow growing. Requires moist, acidic soil with good drainage. Tolerates heat, drought, soil compaction. Winter forage for Black Capped Chickadee.

Witchhazel (Hamamelis virginiana) Perennial | Sun: Sun/Part Shade Soil: Moist/Well drained Flower: Yellow Bloom time: Fall Height: 15-20 feet Attracts: Butterflies, Native Bees, Songbirds Special: Spidery, cheerful yellow flowers which bloom in the fall. Intolerant of drought. Tolerates heavy, clay, cool soils and deer browsing. Understory woodland margin tree found with Grey Birch.

ZigZag Goldenrod (Solidago flexicaulis) Perennial | Sun: Sun/Part Shade/Shade Soil: Medium/Well drained Flower: Yellow Bloom time: August-October Height: 1-3 feet Attracts: Butterflies, Native Bees, Bumblebees Special: Tolerates Deer, Heavy Shade & Clay. Spreads by seed and rhizome. Broadleaf. Grows in rich woods and thickets. Good for shaded woodland areas.