



# Plant List & Information | 2024

Bas Rouge Farm & Forge | Orono, Maine | 207.221.6671 | basrougefarm.com | Email: ivonne@basrougefarm.com | Social: @basrougefarmforge

Bas Rouge Farm & Forge native plants are Zone 3-8 adaptable. The orange butterfly  indicates a new 2024 addition to our nursery stock.



**American Alumroot** (*Huechera americana*) **Perennial** (Herbaceous) | **Sun:** Part Sun/Shade **Soil:** Rich moist; drought tolerant **Flower:** Panicle cream, green, orange or purple **Bloom time:** June-August **Height:** Low to the ground; flower stalk 1-2 feet **Attracts:** Pollinators, specialized Bees, i.e., Colletid or short tongued bees. **Special:** Adds multi season interest spring through fall. A good container plant. Use along driveways and paths, rock or shade gardens. Roots contain the mineral substance alum (used as a dye fixative). Resistant to Black Walnut (juglones), deer, and rabbits. Native to Eastern & Central US

**Anise Hyssop** (*Agastache foeniculum*) **Perennial** (Herbaceous) | **Sun:** Full/Part Shade **Soil:** Dry/Well drained/moist **Flower:** Light purple spire **Bloom time:** June-September **Height:** 2-4 feet **Attracts:** Butterflies, Bumblebees, Hummingbirds **Special:** Nectar source of long tongued bees such as Bumblebees. Leaves have been traditionally used for tea. Fragrant leaves, stems, flowers (smells of licorice). Pollinators LOVE this plant. Good for cut flowers. Deer & drought tolerant. Native to Central US



**Appalachian Mountain Mint** (*Pycnanthemum flexuosum*) **Perennial** (Herbaceous) | **Sun:** Full Sun to Part Shade **Soil:** Good drainage/Moist to occasionally dry **Flower:** White, purple/lavender. **Bloom time:** June-August **Height:** 2'-3' tall; 1'-3' wide **Attracts:** Bees, butterflies, moths and wasps. Deer and rabbit resistant. **Larval host:** Gray Hairstreak Butterfly and Wavy Lined Emerald Moth. **Special:** Traditional uses include medicinal. Nectar source for Black Swallowtail butterfly. Fall color (red/burgundy). Good in coastal gardens. Native to Southeastern US

**Arrowwood Viburnum** (*Viburnum dentatum*) **Perennial** (Shrub) | **Sun:** Sun/Part Shade **Soil:** Moist/Well drained **Flower:** White **Bloom time:** Late Spring/Early Summer **Height:** 5-10 feet **Attracts:** Butterflies, Native Bees, Songbirds **Special:** Dark bluish-black drupe fruit. Tolerates variety of soils. Broadleaf. Good specimen for hedges. Native to Maine



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- Bee Balm** (*Monarda fistulosa*) **Perennial** (Herbaceous) | **Sun:** Full/Part Shade **Soil:** Dry/Well drained/moist **Flower:** Very light purple **Bloom time:** July-August **Height:** 2-5 feet **Attracts:** Butterflies, Bumblebees, Hummingbird Moths, Hummingbirds **Special:** Favorite nectar source of long tongued bees such as Bumblebees. Leaves have been traditionally used for tea. Fragrant leaves, stems, flowers. Remains fragrant after drying. Pollinators LOVE this plant. Native to Maine
- Black Chokeberry** (*Aronia melanocarpa*) **Perennial** (Shrub) | **Sun:** Full **Soil:** Tolerant of a variety of soils **Flower:** White w/dark pink stamens **Bloom time:** May-June **Height:** 3-10 feet **Attracts:** Bumblebees, Native bees **Special:** Bees, Dark Blue Berries Small shrub with glossy green leaves. Autumn interest as the leaves turn orange, red & purple. Native to Maine
- Black Eyed Susan** (*Rudbeckia hirta*) **Short Lived Perennial** (Herbaceous) | **Sun:** Full, Full, Full **Soil:** Dry (acidic) **Flower:** Yellow (dark centers) **Bloom time:** August-September **Height:** 1-3 feet **Attracts:** Bees, Bumblebees, Butterflies, Syrphid & Tachinid Flies, Wasps, Birds **Larval Host:** Gorgone Checkerspot, Bordered Patch butterfly **Special:** Nectar seeking pollinators. A favorite of a wide variety of pollinators. Will self-seed easily. Grows in disturbed 'hot spots' Zone 5a. Native to Maine
- Blue Vervain** (*Verbena hastata*) **Perennial** (Herbaceous) | **Sun:** Full/Part Shade/Shade **Soil:** Damp/Moist to Wet **Flower:** Purple (spikes) **Bloom time:** July-September **Height:** 2-5 feet **Attracts:** Bees, Bumblebees, Butterflies, Birds **Larval Host:** Common Buckeye. Subtle interest in pollinator or hummingbird garden. Tall plant which can be interplanted with Joe Pye, Tall Garden Phlox and Anise Hyssop. Native to Maine
- Boneset** (*Eupatorium perfoliatum*) **Perennial** (Herbaceous) | **Sun:** Sun/Part Shade/Shade **Soil:** Moist/Wet **Flower:** White (fuzzy cluster) atop a leafy stem. **Bloom time:** August-October **Height:** 3-6 feet **Attracts:** Butterflies, Birds **Special:** Native bees. Traditionally used in herbal medicine. Understated, plant may be used in a rain garden or naturalized wet areas. Native to Maine




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**Bristly Sarsaparilla** (*Aralia hispida*) **Perennial** (Shrub) | **Sun:** Full/Part Shade **Soil:** Moist/Medium Wet **Flower:** White/Green radial **Bloom time:** June-July **Height:** 4 feet **Attracts:** Bumblebees, Wasps, Native bees **Special:** Native Bees. Grows as vining as it does tall in an open habit. Very interesting globes of flowers that become dark blue berries. Fall interest as the spent flower stems and flower heads turn purple. Native to Maine

 **Brome-like Sedge** (*Carex bromoides*) **Perennial** (Herbaceous) | **Sun:** Part Shade **Soil:** Moist to Wet **Flower:** Green fading to light brown **Bloom time:** May-July **Height:** Up to 1' with slightly larger spread **Attracts:** Butterflies and Songbirds **Special:** Wet soil. Clump or tussock forming. Native to Maine

**Bunchberry** (*Cornus canadense*) **Perennial** (Herbaceous) | **Sun:** Full/Part Shade/Shade **Soil:** Humus rich (woodland) **Flower:** Green sepals; white bracts **Bloom time:** May-September **Height:** 6-8 inches (groundcover) **Fruit:** Bright red berries in fall **Attracts:** Native bees, birds, large & small mammals. Sepals burgundy colored in fall. Prefers damp, cool, acidic soils. Woodland native. Often found in seasonal succession with Winterberry, Canada Mayflower, Partridgeberry, Low Bush Blueberry, Goldthread, Starflower (in that order) with Bunchberry as the last to bloom. Native to Maine

**Butterfly Weed** (*Asclepias tuberosus*) **Perennial** (Herbaceous) | **Sun:** Full Sun **Soil:** Well drained/Sandy/Drought Tolerant **Flower:** Orange; Umbel of many small flowers **Bloom time:** August-September **Height:** 1-2 feet **Attracts:** Hummingbirds, Butterflies, Ants **Special:** Larval host Grey Hairstreak, Monarch Butterflies. One of the Milkweeds and the showiest native plants with its bright orange flowers. Traditionally used as a medicinal by indigenous people. Deer resistant. Native to Maine

**Buttonbush** (*Cephalanthus occidentalis*) **Perennial** (Shrub) | **Sun:** Full Sun **Soil:** Consistently moist/Rich **Flower:** Small fragrant tubular flowers on round clusters **Bloom time:** June-September **Height:** Up to 12'-20' feet & 8' wide **Attracts:** Every pollinator! **Special:** Attracts as many pollinators as the non-native/invasive Chaste Tree (*Vitex*) & Butterfly Bush (*Buddleia*). Enjoyed by a wide variety of wildlife, including waterfowl, birds and mammals. Mildly deer resistant. Native to Maine



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**Cardinal Flower** (*Lobelia cardinalis*) **Perennial** (Herbaceous) | **Sun:** Full Sun **Soil:** Moist/Wet, Loam, Clay or Sandy **Flower:** Red (8" terminal spikes w/multiple flowers) **Bloom time:** July-October **Height:** 1'-6' feet **Attracts:** Hummingbirds **Special:** Hummingbirds are the principal pollinator. Spectacular plant of river, pond and wetland edges. Prefers wet areas but grows in a variety of soils. One of very few truly deep red native flowers. Native to Maine



**Clustered Mountain Mint** (*Pycnanthemum muticum*) **Perennial** (Herbaceous) | **Sun:** Full Sun to Part Shade **Soil:** Moist to medium, well drained **Flower:** Pink **Bloom time:** July-September **Height:** 1'-3' upright stems **Attracts:** Native Bees, Honeybees and Bumble Bees, Butterflies **Special:** Traditional uses include tea and medicinal. Lovely scent of mint. Use in meadows and open spaces. Native to Southern Maine

**Common Milkweed** (*Asclepias syriaca*) **Perennial** (Herbaceous) | **Sun:** Full Sun **Soil:** Moist (but may grow in a variety of soils) **Flower:** Umbel with up to 100 flowers per head. **Bloom time:** June-August **Height:** 3-6 feet **Attracts:** Over 450 different lifeforms **Special:** Larval host to many species of insects including Monarch Butterfly; fragrant, HUGELY beneficial plant. Milkweed is a food, nesting and larval host to over 450 different species of insects, moths, butterflies, beetles, etc., etc., Toxic to livestock. Native to Maine

**Common Yarrow** (*Achillea millefolium*) **Perennial** (Herbaceous) | **Sun:** Full, Full, Full **Soil:** Dry (road edge) **Flower:** White (flat head) **Bloom time:** July-September **Height:** 1-3 feet **Attracts:** Native bees, Honeybees, Syrphid and Hover Flies. VERY drought tolerant can be used in poor soils. Scented leaves are traditionally used in skin care, i.e., soaps, lotions for the soothing properties. Also used as a calming tea. Native to Maine

**Culver's Root** (*Veronicastrum virginicum*) **Perennial** (Herbaceous) | **Sun:** Full **Soil:** Medium (well drained) to Dry **Flower:** White (spires) **Bloom time:** July-September **Height:** 3-6 feet **Attracts:** Bees, Bumblebees, Moths, Butterflies **Special:** Native Bees Adaptable. Great in a pollinator or cottage garden



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flower and looks wonderful planted with Bee Balm and Butterfly Weed. Good for woodland edges. Native to Maine

**Elderberry** (*Sambucus spp.*) **Perennial** (Shrub) | **Sun:** FULL Sun (best for flowers & fruit) **Soil:** Variety Moist to Dry – Clay, Loam \*\*Prefers rich, moist, acidic\*\* **Flower:** White clusters small flowers; fragrant **Bloom time:** May-June (fruits July-Sept) **Height:** 5-12 feet (6-10 feet wide) **Attracts:** Many pollinators, Birds **Special:** Native bees May look unkempt from a distance; excellent as a hedge or in problem, moist areas. Traditional medicinal & edible uses. Native to Maine

**Foam Flower** (*Tiarella cordifolia*) **Perennial** (Herbaceous) | **Sun:** Shade/Deep shade **Soil:** Rich, well drained **Flower:** White or Pink with pink accents **Bloom time:** August-October **Height:** 6 inches to 1 foot **Attracts:** Native bees (small flowers) **Special:** Native bees. A plant of shaded woodland gardens. Understory plant that thrives under deepest shade provided by larger plants. Native to Maine



**Fox Sedge** (*Carex vulpinoidea*) **Perennial** (Herbaceous) | **Sun:** Full Sun to Part & Full Shade **Soil:** Moist to Wet **Flower:** Clustered spikelet turns bronze later in the season **Bloom time:** July-Sept. **Height:** 2'-4' tall w/equal spread **Attracts:** Bees, Butterflies, Syrphid Flies **Special:** Host plant of Skipper Butterflies. Narrow grass like leaves (gives a spray appearance). A plant of floodplains, sedge meadows and wet areas near ponds and seeps. Unpalatable to deer. Native to Maine

**Golden Alexanders** (*Zizia aurea*) **Perennial** (Herbaceous) | **Sun:** Full/Part Shade **Soil:** Moist/Sandy or Clay **Flower:** Yellow umbel **Bloom time:** June-August **Height:** Up to 3 feet **Attracts:** Butterflies & Bees **Special:** A plant of moist woods, prairies and glades. Does well in a variety of soils & light conditions. Good in naturalized areas, rain or wild gardens. Native to Maine



**Gray's Sedge** (*Carex grayi*) **Perennial** (Herbaceous) | **Sun:** Part Sun to Part Shade **Soil:** Moist to Wet/Clay **Flower:** Green/Tan; club like capsules. **Bloom time:** June-July **Height:** 12"-18" with equal spread **Attracts:** Pollinators and Songbirds **Special:** Broader leaf than most sedges. Light green almost



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lime color leaf blades. Great for wetland restoration. Tolerates periods of flooding. Grows naturally in my Orono woodland. Native to Northeast US

**Great Blue Lobelia** (*Lobelia siphilitica*) **Perennial** (Herbaceous) | **Sun:** Full/Part Shade **Soil:** Well drained/Moist/Medium Wet **Flower:** Blue (spire) **Bloom time:** July-October **Height:** 1-3 feet **Attracts:** Birds, Hummingbirds **Special:** Bumblebees, Native Bees. Great for woodland gardens, meadows, streambanks. Striking blue color, a standout in a naturalized garden. Open-pollinated. Native to Maine



**Green Headed Coneflower** (*Rudbeckia laciniata*) **Perennial** (Herbaceous) | **Sun:** Full to Part Shade **Soil:** Variety inc. Clay, loam, sand & humus rich; Good drainage **Flower:** Yellow (green centers) **Bloom time:** July-October **Height:** 3-10 feet **Attracts:** Butterflies, Pollinators, Small mammals & Songbirds. Goldfinches eat seeds in fall. **Special:** Good for slopes, banks, meadows, and woodland edges. Resistant to deer, heat & humidity. Needs deadheading. Good cut flower. Native to Maine

**Grey Birch** (*Betula populifolia*) **Perennial** (Tree) | **Sun:** Full/Part Shade/Shade **Soil:** Dry to moist **Flower:** White w/dark pink stamens **Bloom time:** May-June **Height:** 3-10 feet **Attracts:** Butterflies, songbirds, mammals **Special:** Larval host Eastern Tiger Swallowtail. Short lived. Yellow leaves in Fall. White bark (hints of grey). Its catkins (seed pods) provide food for birds and small mammals at the beginning of the season. Considered a 'nurse' tree as it protects seedlings of slower growing, larger trees species. Native to Maine



**Hoary Mountain Mint** (*Pycnanthemum incanum*) **Perennial** (Herbaceous) | **Sun:** Full Sun to Part Shade **Soil:** Dry to moist **Flower:** White, purple; silvery foliage **Bloom time:** June-July **Height:** 2-6 feet **Attracts:** Native bees, butterflies, and Bumblebees; Deer eat leaves **Special:** Traditional uses include tea and flavoring. Has been used to repel mosquitoes (rubbing leaves on skin). Use in meadows and open spaces. Divide every 3-5 years. Supports biological control. Native to Eastern US

**Jacob's Ladder** (*Polemonium reptans*) **Perennial** (Herbaceous) | **Sun:** Part Sun/Part Shade/Shade **Soil:** Loose, Rich Soil **Flower:** Lavender/Blue **Bloom time:** May-June **Height:** 12" flower stem & leaves



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**Attracts:** Bees, Syrphid Flies **Special:** Native Bees Spring ephemeral with long season foliage. One of the first to bloom in the late spring (stops blooming in mid-June). Understory plant. Happiest in early succession gardens. Lovely green leaves all season. Native to Eastern US

**Juneberry/Shadblow/Serviceberry** (*Amelanchier canadensis*) **Perennial** (Shrub) | **Sun:** Full/Part Shade **Soil:** Moist but well drained **Flower:** White with yellow anthers **Bloom time:** April-May **Height:** 3-30 feet **Attracts:** Native bees, wasps, beetles, songbirds (fruit) **Special:** Native bees; Browse food for deer. Beautiful in the spring when the wild plums are in bloom. Fruit is similar in size to blueberries but are eaten by birds before harvest. Native to Maine

**Meadowsweet** (*Spirea alba*) **Perennial** (Shrub) | **Sun:** Part Shade/Shade **Soil:** Moist/Wet **Flower:** White & pink **Bloom time:** August-October **Height:** 3-7 feet **Attracts:** Native bees, wasps, beetles **Special:** Native bees; Deer tolerant; **Larval host:** Spring Azure butterfly. Traditional uses include food & medicine. Understated may be used in a rain garden or naturalized wet areas. Native to Maine



**Narrowleaf Mountain Mint** (*Pycnanthemum tenuifolium*) **Perennial** (Herbaceous) | **Sun:** Full Sun to Part Shade **Soil:** Dry to moist **Flower:** White, blue or purple; flowers when grown to 1' foot wide **Bloom time:** July-September **Height:** 2-4 feet, stiff erect stems **Attracts:** Bees, Butterflies and birds; Deer eat leaves **Special:** Traditional uses include tea and flavoring. Has been used to repel mosquitoes (rubbing leaves on skin). Use in meadows and open spaces. Native to Maine

**NY Ironweed** (*Vernonia noveboracensis*) **Perennial** (Herbaceous) | **Sun:** Full **Soil:** Moist (clay) **Flower:** Reddish purple (clusters) **Bloom time:** August-September **Height:** 5-8 feet **Attracts:** Bees, Bumblebees, Butterflies, Birds **Special:** Native bees; Tall plant of bottomlands. Good for fence lines or to add interest to empty corners. Will grow as wide as it does tall. Native to Eastern US

**Path Rush** (*Juncus tenuis*) **Perennial** (Herbaceous) | **Sun:** Full/Part Shade **Soil:** Wet to Dry (variety of soils) **Flower:** Green pods (1/16" inch) turn straw colored when ripened. Sticky seed inside. **Bloom time:** August **Height:** 6-12 inches **Attracts:** Bumblebees, Skipper Butterflies & smaller bees **Special:**



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Native Bees. Rush or sedge family. Clumping form. Ground cover for problem areas. Rain gardens, etc. Useful in erosion control. Salt tolerant. Native to Maine

**Pennsylvania Sedge** (*Carex pensylvanica*) **Perennial** (Herbaceous) | **Sun:** Partial to Full Shade **Soil:** Dry to Medium, Sandy **Flower:** Greenish w/Pink edges **Bloom time:** April-June (Spring) **Height:** Up to 8" in bloom; very, very small delicate flowers **Attracts:** Bees, Butterflies, Syrphid Flies **Special:** Native Bees. Lawn alternative. Fills in overtime to form a dense low growing turf with textural interest. Perfect in a glade. Native to Eastern US

**Plantain Pussytoes** (*Antennaria plantaginifolia*) **Perennial** (Herbaceous) | **Sun:** Sun/Part Shade **Soil:** Thin/Acidic/Dry Soils **Flower:** Creamy white **Bloom time:** June-July **Height:** 1-3 feet **Attracts:** Butterflies, Adrenid, Halictic and Cuckoo Bees **Special:** Tolerates drought; deer & rabbit resistant. Host plant of American Lady Butterfly. Spreads to form a mat. Perfect for poor soils at the edges of woodlands. Needs well drained to dry conditions. May be used as a turf substitute, rock gardens, dry beds, etc. Tolerates more shade than Prairie Pussytoes (*A. neglecta*). Native to Maine

 **Poverty Oat Grass** (*Danthonia spicata*) **Perennial** (Herbaceous) | **Sun:** Full to Part Sun **Soil:** Dry, rocky slopes and roadsides **Flower:** Green **Bloom time:** June-July **Height:** 1-2 feet **Attracts:** Butterflies **Special:** Good for erosion control, groundcover, lawn replacement. Meadows, green roof, restoration and waterwise planting. Good candidate for use in regenerative landscaping. Native to Maine

 **Prairie Pussytoes** (*Antennaria neglecta*) **Perennial** (Herbaceous) | **Sun:** Full Sun **Soil:** Dry-Medium; does well in some clay soil **Flower:** White w/silvery leaves **Bloom time:** June/July **Height:** Up to 10" stem **Special:** Deer & rabbit resistant. Spread up to 12" as a groundcover. Tolerates more intense sun than Plantain Pussytoes. Especially important to overwintering native pollinators. **Host:** American Painted Lady Butterfly. Native to Maine

**Purple Coneflower** (*Echinacea purpurea*) **Perennial** (Herbaceous) | **Sun:** Full/Part Shade **Soil:** Moist/Well drained **Flower:** Purple/Magenta **Bloom time:** July-September **Height:** 6-20 feet **Attracts:**





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Butterflies **Special:** Beautiful, erect flowers that stand out in any garden. A rich nectar plant and favorite of butterflies. Native to Central US

**Rattlesnake Master** (*Eryngium yuccifolium*) **Perennial** (Herbaceous) | **Sun:** Full Sun **Soil:** Dry/Well Drained Soil **Flower:** Greenish/white (1" globes) **Bloom time:** July-September **Height:** 12" leaves up to 3-6 feet flower stems **Attracts:** Bees, Butterflies **Special:** Aggressive self-seeder. Rigid stems hold multiple globular flowers. Adds interest in all seasons. The stems and flower heads dry to a bronze color in the fall. Native to Central US.

**Red Twig (Osier) Dogwood** (*Cornus sericea*) **Perennial** (Shrub) | **Sun:** Sun/Part Shade/Shade **Soil:** Moist/Wet **Flower:** White (very small) grows in an umbel. **Bloom time:** August-October **Height:** 3-12 feet **Attracts:** Birds, Butterflies. **Special:** Waterfowl, marsh birds, shorebirds; Deer browse. Large & small mammals. **Larval host:** Spring Azure butterfly. A plant of wet areas, riverbanks, lakes wooded or open streambanks. Most distinctive in winter, red twigs against white snow are striking. Native to Maine



**Rose Sedge** (*Carex rosea*) **Perennial** (Herbaceous) | **Sun:** Part Sun to Part Shade **Soil:** Moist to Wet/Clay **Flower:** Green/Tan (star shaped clusters) **Bloom time:** June-July **Height:** 12"-18" with equal spread **Attracts:** Pollinators and Songbirds **Special:** Great for wetland restoration. Tolerates periods flooding. Native to Maine

**Silverrod or White Goldenrod** (*Solidago bicolor*) **Perennial** (Herbaceous) | **Sun:** Full Sun/Part Shade **Soil:** Sandy/Poor/Rocky/Heavy Clay **Bloom time:** August-October **Height:** 3-6 feet **Attracts:** Butterflies, Bumblebees, Birds **Special:** Native bees. Beautiful, unusual as only Solidago with white flower rays. Stands out in areas where other plants may not thrive well. Broad, soft leaf. Native to Maine

**Sneezeweed** (*Helenium autumnale*) **Perennial** (Herbaceous) | **Sun:** Full **Soil:** Moist (clay) **Flower:** Yellow (discs) **Bloom time:** July-October **Height:** 3-6 feet **Attracts:** Bees, Bumblebees, Butterflies, Birds **Special:** Native Bees and Bumblebees love this flower. Striking against a dark backdrop. Bright yellow. This flower makes me smile. With its bright yellow color and fluffy 'pom-pom'. Native to Maine



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**Solomon's Seal** (*Polygonatum biflorum*) **Perennial** (Herbaceous) | **Sun:** Partial Shade/Shade **Soil:** Cool, Humus rich, Moist/Well drained **Flower:** Small white bell-shaped twin (or more) flowers under the arching stem. **Bloom time:** May (fruits July-Sept) **Height:** 1-3 feet **Attracts:** Bumblebees, Hummingbirds **Special:** Native bees. An attractive architectural plant which will add interest to the shade or woodland garden. Traditional medicinal & edible uses. Native to Maine

**Spotted Bee Balm/Horsemint** (*Monarda punctata*) **Perennial** (Herbaceous) | **Sun:** Sun/Part Shade/Shade **Soil:** Dry/Well drained. **Flower:** Bracts green, white or purple. Tubular flowers yellow w/maroon dots **Bloom time:** August-October **Height:** 1-3 feet **Attracts:** Butterflies, Birds **Special:** Native bees Traditionally used in herbal medicine. Stunning and unusual in a wildflower meadow or pocket prairie. Can be aggressive spreader. Native to Central US

**Sunchoke** (*Helianthus tuberosus*) **Perennial** (Herbaceous) | **Sun:** Full, Full, Full **Soil:** Well drained, rich soil **Flower:** Yellow (many branches) **Bloom time:** July-September **Height:** Up to 12 feet (Heavy plant) **Fruit:** Roots are eaten as a vegetable, high in inulin. **Attracts:** Native bees, birds, large & small animals (rodents will eat tubers). Very heavy, thick, hairy stems. May need caging to support its multi-stemmed flowering branches. Native to Maine

**Virginia Mountain Mint** (*Pycnanthemum virginianum*) **Perennial** (Herbaceous) | **Sun:** Part Shade **Soil:** Moist/Calcareous (chalk/limestone) **Flower:** White (tiny mint like flowers) **Bloom time:** August-September **Height:** 2'-3' multibranched stem **Attracts:** Bees, Butterflies & Beneficials **Special:** Native Bees, Bumblebees, Honeybees and Pearl Crescent butterflies. Erect stems. Leaves are narrow w/a whitish bloom. Can be aggressive (in shade), less so in dry soils (in sun). Lovely scent of mint. Use in meadows, naturalized areas and tall borders. Great cut flower. Native to Maine



**White-tinged Sedge** (*Carex albicans*) **Perennial** (Herbaceous) | **Sun:** Partial to Full Shade **Soil:** Dry to Medium **Flower:** Scaly flower spikes **Bloom time:** June **Height:** 15"-20" with equal spread **Attracts:** Bees, Butterflies, Songbirds **Special:** Prefers drier soils than most Carex. Good as a groundcover or lawn replacement. Grows in dry areas within communities of Oak, Maple & Beech.



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**Wild Bleeding Heart** (*Dicentra eximia*) **Perennial** (Herbaceous) | **Sun:** Partial Sun/Full-Part Shade **Soil:** Moist, Well Drained, Humus soil **Flower:** Pink (pearlescent) 1" **Bloom time:** May-August **Height:** 6"-12" foliage & flower stem **Attracts:** Bees **Special:** Native Bees This lovely, understated plant producing 5-6 beautiful pink pearlescent flowers per stem. Mounding habit. Delicate looking, perfect for foundation, rock garden or woodland garden settings. Self-seeds. Native to the Appalachian Mountains

**Wild Clematis or Virgin's Bower** (*Clematis virginiana*) **Perennial** | **Sun:** Full/Part Shade **Soil:** Moist/Medium Wet **Flower:** White (elliptical) 1" **Bloom time:** July-September **Height:** 6-20 feet **Attracts:** Bumblebees, Wasps, Skipper Butterflies & smaller bees **Special:** Native Bees. Vigorous native twining vine of moist woods. Woody perennial: great against a wall or shed side. Interesting flower and stunning flower pod. Native to Maine

**Wild Senna** (*Cassia hebecarpa*) **Perennial** (Herbaceous) | **Sun:** Full/Part Shade **Soil:** Medium Well drained **Flower:** Yellow w/5 divided sepals (brown anthers) **Bloom time:** August-September **Height:** 3-6 feet (2-3 feet wide) **Attracts:** Cloudless Sulphur Butterflies & gamebirds Bobwhites **Special:** Larval Host Sulphur Butterflies. Grows in rich, well-drained soil. Prefers no competition in the garden. Seed pods resemble pea pods. Native to Central US

**Wild Strawberry** (*Fragaria virginiana*) **Perennial** (Herbaceous) | **Sun:** Full/Part Shade **Soil:** Humus rich (woodland) and disturbed areas. **Flower:** White **Bloom time:** May-September **Height:** 3-6 inches (groundcover) **Fruit:** Red flavorful fruit **Attracts:** Native bees, birds, large & small mammals. Spreads via rhizomes and stolon (runners). Prefers well drained, acidic, rocky soils. Native to Maine

**Willows** (*Salix spp*) **Perennial** (Shrub) | **Sun:** Full Sun/Part Shade **Soil:** Moist/Wet **Flower:** Grey to White w/green & yellow anthers. **Bloom time:** Early spring **Height:** 3-12 feet **Attracts:** Birds, Butterflies, Moths, Bees. **Special:** Over 150 species of Lepidoptera (Butterflies & Moths) use Willows. There are 26 Willows native to Maine. **Larval host:** A variety of Moths and Butterflies. This remarkable shrub/small tree is beneficial to other flora, fauna and its roots filter water and stabilize the root systems. Great benefit to amphibians and other living things. Native to Maine



# Plant List & Information | 2024

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Bas Rouge Farm & Forge native plants are Zone 3-8 adaptable. The orange butterfly  indicates a new 2024 addition to our nursery stock.

**Winterberry** (*Ilex verticillata*) **Perennial** (Shrub) | **Sun:** Sun/Part Shade/Deep Shade **Soil:** Moist/Acidic/Well drained **Flower:** White/Red berries. **Bloom time:** Fruit in Winter **Height:** 3-15 feet **Attracts:** Butterflies, Native Bees, Songbirds **Special:** Slow growing. Requires moist, acidic soil with good drainage. Tolerates heat, drought, soil compaction. Winter forage for Black Capped Chickadee. Native to Maine

**Witchhazel** (*Hamamelis virginiana*) **Perennial** (Shrub) | **Sun:** Sun/Part Shade **Soil:** Moist/Well drained **Flower:** Yellow **Bloom time:** Fall **Height:** 15-20 feet **Attracts:** Butterflies, Native Bees, Songbirds **Special:** Spidery, cheerful yellow flowers which bloom in the fall. Intolerant of drought. Tolerates heavy, clay, cool soils and deer browsing. Understory woodland margin tree found with Grey Birch. Native to Maine

**ZigZag Goldenrod** (*Solidago flexicaulis*) **Perennial** (Herbaceous) | **Sun:** Sun/Part Shade/Shade **Soil:** Medium/Well drained **Flower:** Yellow **Bloom time:** August-October **Height:** 1-3 feet **Attracts:** Butterflies, Native Bees, Bumblebees **Special:** Tolerates Deer, Heavy Shade & Clay. Spreads by seed and rhizome. Broadleaf. Grows in rich woods and thickets. Good for shaded woodland areas. Native to Maine



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## Glossary

**Deciduous** – Woody shrubs & trees which drop their leaves in the fall. Woody stems remain above ground.

**Groundcover** – Sometimes herbaceous, sometimes evergreen. Grows low to the ground (less than 6" high) may spread via **rhizome** (horizontal underground roots & nodes) or **stolon** (or runners, sprout from the base of the plant, run along the surface of the soil (e.g., Strawberries)).

**Herbaceous** – Plants die back in the late fall/early winter and re-emerge with new growth in the spring.

**Shrub** – Indicated by multi-stemmed growth. May grow from 2' – 20' tall. Many understory 'trees' are shrubs, e.g., Hazelnut, Chokeberry, Serviceberry, etc.

**Sapling Tree** – A young tree, usually 2-5 years old (based on growth of the species) with less than 2" diameter stem. Not yet producing fruit or seed.

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We strive to have all the listed plants available. We are a small nursery and have limited quantities of many species. Additionally, we may have plants which are either listed/not listed which may not be ready for market until later in the season or the following year.

Please do not hesitate to contact us [ivonne@basrougefarm.com](mailto:ivonne@basrougefarm.com) with any questions or inquiries.

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If you notice that our font is large it is to ensure that information may be read with assistive technology. We use a Verdana 14pt font for this purpose.