

Whole-Person Healthcare for Aging Adults

Unlock a New Era of Health and Aging

At the Center for Better Aging (CBA), we are revolutionizing the way aging adults receive healthcare. Our comprehensive and compassionate approach is designed to empower individuals over 50 to age well with confidence and independence. With CBA, you can expect convenience, personalized care, and superior health outcomes at every step of your aging journey.

WHY CHOOSE CBA?

Tailored Care for the 50+ Population

We understand the unique needs of the aging population. CBA is specifically designed to address the care requirements of the growing and often underserved 50+ population on the South Side. Our research-backed strategies focus on healthy behaviors, early clinical intervention and post-care, enabling you to stay active and vibrant well into your golden years.

All-in-One Healthcare Hub

Imagine having access to a comprehensive healthcare ecosystem all in one place. CBA has partnered with St. Bernard Hospital—boasting an **'A' safety rating from Leapfrog**, a respected hospital evaluation agency—to bring you a seamless and convenient healthcare experience. Enjoy access to primary care, urgent care, geriatric-certified ER (GEDA), diagnostics, and pharmacy services, all conveniently located on our state-of-the-art campus.

Superior Health Outcomes

Your well-being is our top priority. CBA's whole-person care approach enhances your overall health, vitality, and longevity. Our expert medical team, coupled with advanced diagnostic equipment, provides specialized care for conditions commonly affecting aging adults, such as heart disease, diabetes, strokes, chronic illness, mental and cognitive issues, and more. Our memory care program offers screening for difficulties with comprehension, self-care, and cognitive functions. We bring together therapy and technology that empower you to stay active and engaged in your community.

**Center for
Better Aging**
at St. Bernard Hospital



HTC

Healthcare Transformation
Collaboratives

LOCATED
AT AN
**'A' SAFETY
RATED
HOSPITAL***

*As of May 2023

**CBA CLINIC
OPENING JULY 2024**

Take Control of Your Aging Journey Today
Learn more at centerforbetteraging.org

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