

Annual Report



2017



*50 Years of Caring and Commitment...
Past, Present & Future*

Mission

Comprehends mission is to enhance the well-being of individuals, families, and communities by advocating for and providing behavioral healthcare services in a welcoming and caring environment.

Vision

Comprehend is committed to the continual pursuit of excellence in behavioral health services by providing the highest quality individualized care through a staff of dedicated and expert professionals, thereby becoming the employer, provider, and partner of choice.

Value

Integrity: We will be truthful, honest and open with everyone in word and deed.

Excellence: We will make a continual effort to achieve the highest degree of professional standards possible in all areas.

Stewardship: We will be responsible for the management of our resources to provide and sustain our ability to serve. We will take full ownership for our failures and our successes, being ever mindful that we are accountable to our past, present and future employees, clients, and the community at large.

Respect: We will be ever mindful – in all we do and say – in order to treat everyone with dignity, courtesy and consideration.

Kindness: We will show all individuals we interact with, internally and externally, the same consideration and care we expect.

Dedication: We will show unconditional commitment to serve each other so that together we can serve and meet the needs of our community.



Fifty years is a milestone. It is an occasion to celebrate - an opportunity to momentarily look back and a golden ticket to chart the path forward.

An anniversary is a time to celebrate the joys of today, the memories of yesterday, and hopes of tomorrow. Comprehend, Inc. is celebrating fifty (50) years of serving the Buffalo Trace Region. As we have said so many times, each year is another year of change and challenges. Our fiftieth year has been no different. The Board of Directors has once again provided governance over the organization while recognizing our workforce and providing support to the continuous improvement in our service array and the programs we provide.

As we look at the year in summary, we service 7,245 unique individuals and made information and resources available to over 26,000 individuals through various initiatives such as the Regional Prevention Center, Another Man's Treasure/The Wardrobe, and Kentucky Kandy Kitchen. For Fiscal Year 2016-2017 Comprehend:



- ✓ Obtained our first CARF National Accreditation (Commission on Accreditation for Rehabilitation Facilities)
- ✓ Increased the capacity of Human Resources to meet the needs of our employees
- ✓ Enhanced services to individuals/families with substance abuse issues and at risk children by adding KSTEP
- ✓ Increased family involvement in our ID/DD homes by holding family "home" cookouts and events
- ✓ Implemented our regions first Crisis Intervention Training (CIT) for 30 area KY law enforcements officers
- ✓ Expanded our continuum of care of individuals with substance use issues to include The January House - the regions first sober living facility
- ✓ The Board of Directors began an initiative to increase service provision space, expand services, and to increase meeting and training spacy by approving the development of a new building
- ✓ Successfully partnered with the Women's Crisis center to hold a New Year's Eve Fundraising event which saw over 1000 people in attendance.

Continued growth and improvement in our services and quality of care are expected as we begin our next 50 years. Comprehend's valuable, compassionate, and competent employees work diligently to meet the behavioral health needs to the individuals in the communities we serve. At Comprehend, Inc. we believe service to those in need of behavioral health care is what we do best and we are committed to recognizing Behavioral Health Matters! Comprehend, Inc. welcomes the opportunity to continue to be the Buffalo Trace Region's quality behavioral health provided of choice.

A handwritten signature in black ink, appearing to read "Martin L. Voiers".

Martin L. Voiers
Chairman Board of Directors

A handwritten signature in blue ink, appearing to read "Pamela Vaught".

Pamela Vaught, EdD
President/CEO

50 Year History of Comprehend, Inc.

- Early 1960's** Ms. Harriet Cartmell (President, Maysville Planning Commission) meets with Mr. James Sills (Director, Mason County Health Department) to discuss need for MH/MR resources in the Buffalo Trace Area. Appropriate statistics are gathered, needs assessment performed.
- 1964** Kentucky General Assembly passes Community Mental Health Services Act.
- 1964-66** Mason; Bracken and Robertson County citizens meet with representatives from six other Northern Kentucky counties to gather statistics and develop blueprints.
- 1966** Amendment to the Community Mental Health Center Act permits Buffalo Trace counties to form Board. Public meeting held, needs assessed, plans made.
- 1967** Comprehend MH-MR Board is incorporated, appropriate documents drawn, officers elected.
- 1968** Ms. Betsy Burke of Fayette County MH-MR Board helps Comprehend, Inc. develop and submit staffing grant application. First clinic held at the Mason County Health Department, with assistance from Kentucky Department of Mental Health, Eastern State Hospital, local public health personnel, and volunteer workers.
- 1969** Staffing grant approved, Matt Amato was hired as Administrator, a facility rented, Donald Tatro, Ph.D. employed as Chief Psychologist and additional personnel employed.
- 1970** Donald Tatro, Ph.D. named first Executive Director. Additional staff employed. Five basic services established. Offices opened in all counties. Medication clinics began operation.
- 1971** Day Care Centers established through 4A funding for developmentally disabled/mentally retarded children. Application submitted for Alcohol Grant.



FOUNDER - *Harriett Hord Cartmell*

Mrs. Harriett Hord Cartmell, founded Comprehend in 1967. A devoted member to the community, Mrs. Cartmell saw a need for mental health services in our community and through her dedications persistence and hard work, she established Comprehend, Inc.

- 1972** Adult Activity training programs established through Title 16 funds for developmentally disabled/mentally retarded individuals 16+ years of age, Area Teams organized, emergency service system implemented. Operated first week-long day camp for the developmentally disabled during the summer. New Executive Director (William I. Ivey, MA) hired.
- 1973** Jointly established Interagency Council and Retired .Senior Volunteer Program. Purchased vans for the Developmental Disabilities Program. Received permit to operate a Drug Abuse Treatment and Education Program. Employed first speech therapist in area.
- 1974** Received three-year Alcohol Grant. SID Unit facility rented. Established a community youth center to serve adolescent population.
- 1975** Established first Citizen Advocacy Program in the state for developmentally disabled. Established agreement with the University of Kentucky for placement of psychology and social work interns.
- 1976** Developed regular radio shows, Negotiated contracts with local hospital to provide speech and social .work services to their extended care facility. Initiated weekly newspaper articles concerning center services.
- 1977** Received commendation from Department of Health, Education and Welfare for our 24-hour emergency service stemming from a telephone survey conducted earlier in the year. Loss of 8-year NIMH staffing grant resulted in layoff of 40% of center staff. Received overwhelming financial support from local city and county governments resulting in receipt of about \$1.35 per capita — highest in the state. Mason County Fiscal Court donated rent-free facilities to house Mason County Offices. Received financial distress grant of approximately \$98,000.
- 1978** Purchased and renovated facility to provide non-medical alcohol/drug detox and half-way house services, known as Limestone Alcohol Recovery Center located in Rectorville. Considered to be a model facility in state. New Executive Director (Paul Trussell, MA) hired.

INTEGRITY - *Steve Lowder*

As evidenced by his many years of service and continuing daily efforts. Steve always tries to do what is best for his clients and his staff.



- 1979** Purchased Group Home facility located on West Second Street in Maysville to provide a residence for eight developmentally disabled/mentally retarded adults. Foster Grandparent Program started.
- 1981** Opened Family & Psychological Services offices. Developed community program for the deinstitutionalization of the mentally retarded. Closed Limestone Alcohol Recovery Center and converted to outpatient substance abuse program.
- 1982** Lost Federal Financial Distress Grant.
- 1983** Started the Alternative Intermediate Services for the mentally retarded/developmentally disabled. Purchased facility at 741 Kenton Station Road for Family & Psychological Services offices and Bridgeway Enterprises.
- 1984** New Executive Director (Donna S. Penrose, MPH) hired.
- 1985** Received J.T.P.A. funding to start Kentucky Kandy Kitchen, a candy making business staffed by developmentally disabled/mentally retarded adults. Expanded Partial Hospitalization services to all five counties in the region. Implemented Elderly MR/DD pilot project — only one of its kind in the state.
- 1986** Received Substance Abuse expansion monies for new program development. Received Case Management grant for Mental Health. Sponsored day-long workshop keynoted by Marie Baiter, subject of the movie "Nobody's Child". Purchased the Robertson County Outpatient/Therapeutic Rehabilitation facility located on Highway 165 in Robertson County.
- 1987** Purchased new facility for regional offices at 611 Forest Avenue, Maysville (formerly Denham Medical Clinic). Received approval from HUD for development of a 30-apartment complex for disabled citizens. Received JTPA funding to start "Another Man's Treasure" thrift store. Also received JTPA funding to implement Supported Employment Program and Teen Parent Program.



EXCELLENCE - *Jennifer Gordley*

Jennifer is an exceptional, model employee. I could easily nominate her for every category on this form as she excels in many capacities - which is why I've chosen excellence. Jennifer's attitude, work ethic and job performance all reflect a high degree of professionalism.

- 1988** Received approval from HUD for development of a 30 Apartment Complex in Flemingsburg for disabled citizens — plans halted due to lack of housing need. Received Project Asset Grant. Received funding for Regional Action Group.
- 1989** Purchased new outpatient facility in Flemingsburg located at 610 Elizaville Avenue. Began construction of HUD 30 Apartment Complex in Maysville to be completed by January, 1990. Received JTPA Job Coach Grant for DSS referred clients. Received JTPA Grant for employment training for .DSS referred clients. Received JTPA Grant to provide Teen Parent Program in Lewis County.
- 1990** Purchased the Staffed Residence I facility at 420 East Second Street in Maysville to provide residence for three developmentally disabled/mentally retarded adults. Construction completed for the 30-apartment building complex in Maysville.
- 1992** Purchased the Bracken County Outpatient/Therapeutic Rehabilitation facility in Brooksville located at 134 Grandview Drive. Purchased facility at 731 Kenton Station Road to house the Mason County Therapeutic Rehabilitation Program, First Steps Program, Regional Prevention offices and Another Man's Treasure Thrift Store.
- 1996** Purchased new facility at 505 Second Street in Vanceburg for the Lewis County Outpatient offices, Lewis County Therapeutic Rehabilitation Program and Lewis County Bridgeway workshop. Started operation of the Thrift Store in Lewis County.
- 2000** Purchased the Staff Residence II facility at 2330 US Hwy 69 to provide a residence for three developmentally disabled/mentally retarded adults. Purchased facility located at 221 Wood Street (formerly Mason Manor) for the Children's Crisis Stabilization Unit.
- 2001** Received grant for School Based Services from the Health Foundation of Greater Cincinnati.

STEWARDSHIP - *Becky Forman*

Becky Foreman is an excellent selection for Comprehend's Stewardship award. Her ownership and dedication to her job is what we all should strive for. Becky has for years valued her work with Comprehend's clients and their well-being and success.



- 2002** Purchased property next door to 611 Forest Avenue to provide office space for maintenance staff and a respite facility for developmentally disabled/mentally retarded adults. Partnered with Maysville Housing Authority and Women's Crisis Center for the purpose of providing permanent housing for homeless disabled clients of Comprehend and Women's Crisis Center.
- 2003** Purchased facility at 611 Reynolds Drive in Maysville for the Acute Care Team Program. Received the following grants from the Health of Greater Cincinnati: ACT Team Grant, School Services Coordinator Grant and the Planning for a Drug Free Future Grant.
- 2004** Started the Families in Transition (FIT) Program for divorcing parents with children.
- 2005** Purchased new Group Home facility located at 4011 KY. 10, Maysville to provide a residence to eight developmentally disabled/mentally retarded adults. Sold old facility located on West Second Street, Maysville.
- 2007** Received an Illness Management Grant from the Health Foundation of Greater Cincinnati. Due to budget constraints, closed Fleming County Therapeutic Rehabilitation Program in December and merged with the Mason County Therapeutic Program.
- 2008** Received \$100,000 Integrated Care Grant from the Foundation for Healthy Kentucky. AIOP Program moved from Brooksville to Comprehend owned facility located next to Administrative Office on Forest Avenue. Purchased and renovated two warehouse buildings from Sapp Electric located at 610 East Third Street to be used for maintenance. Board member Dwayne "Pie" Jett died. Donna S. Penrose, Executive Director announced retirement effective August 1, 2008. New Executive Director (Pamela M. Vaught, Ph.D.) hired August 1, 2008. Changed Executive Director's title to President/CEO and Administrator to Vice-President of Finance.



RESPECT - *Chad Burn*

Chad is one of the most respectful employees I have worked with. He treats people with grace even when it isn't deserved. Chad is a wonderful person who sees good in everyone.

- 2009** Created CompTran for the transportation of clients to programs. Increased fleet of company vehicles for employee use. Purchased house on Forest Avenue for POE
- 2010** Remolded Treasure Trunk thrift store. Developed a Supportive Employment Evidence based program from Dartmouth. Added a shuttle bus to CompTran to transport clients to programs.
- 2011** Managed Care began November 1. Purchased new Group Home in Rectorville. Opening an Adult Crisis Unit in Maysville. Remodeled Another Man's Treasure. Recipients of the Balloon Race proceeds. Received \$100,000 NIATX grant to further Substance Services. Received \$300,000 KY Seed Grant. Regional Prevention Center started the S.T.O.P. Regional Youth Coalition which empowered teens to take a stand against drugs and bullying and to promote mental health. Switched paper filing system to EMR (Electronic Medical Records) system.
- 2012** Opened an Adult Crisis Stabilization Unit.
- 2013** Combined Mason and Bracken County Therapeutic Rehabilitation programs to offer increased services. Comprehend hosted An Evening of Jazz Gala with Barbara Zweigart and Fathead Davis for Entertainment.
- 2014** Relocated the First Steps Program to E. Second Street. Relocated Administration to 619/621 Forest Avenue to allow for increased clinical services at 611 Forest Ave. Closed the Adult Crisis Stabilization Unit due to lack of reimbursement by MCOs. Combined Robertson TR program with the Mason program. Opened ID/DD residential house in Robertson County. Started the Peer Support Program as another tool to assist clients in their journey in seeking services. Comprehend held the Harriett Hord Cartmell Charity Golf Benefit at Laurel Oaks Golf Club. Comprehend hosted An Evening of Mystery Gala with the late Emmy Award Winner Jay Flippin and Barbara Zweigart for entertainment.

KINDNESS - *Brenda Wolfe*

Brenda is always willing to help out with no questions ask. She is kind to clients and staff. She is one of the most considerate employees of Comprehend and is a great example for others.



- 2015** Received a grant to continue the Foster Grandparent program from the Cooperation for National and community Service. Kentucky Kandy Kitchen celebrated 30 years of business. Comprehend and the Maysville Younger Women's Club hosted An Evening of Elegance Gala with the band Superfecta for Entertainment. The Regional Prevent Center received the KidsNow Grant which allowed the expansion of prevention services for expectant mothers and the provision of substance abuse case management for expectant mothers.
- 2016** March of Dimes Grant to develop a new consortium Safe Beginnings. Awarded a State grant to start a sober living facility. Comprehend joined with the Women's Crisis center and provided Maysville with a New Year's Eve Celebration as a fundraiser which included a Ball Drop and Fireworks. Comprehend hosted Paint The Town Red Gala with the band Superfecta for Entertainment. The Regional Prevention Center received the DJJ Grant for \$49,000 which allowed for the expansion of adolescent substance abuse prevention and early intervention programming.
- 2017** Comprehend received a 3 year accreditation for its Mental Health, Substance Abuse and Prevention program from CARF (Commission on Accreditation of Rehabilitation Facilities). Comprehend opened the January House – a sober living facility in Fleming County. Comprehend along with two other Community Behavioral companies, contracted with Maysville Community and Technical College to provide counseling services to college students on each of their regional campuses. Began the KSTEP program which is to prevent unnecessary removal of children by providing substance abuse services children to parents. Hired architectural firm GRW to develop plans for expansion/addition to the main office located at 611 Forest Avenue.



DEDICATION - *Lane Stephenson*

Lane has dedicated over 40 years of service to Comprehend, Him being awarded the dedication award would be well-deserved!

Year In Review

7,245 TOTAL NUMBER OF UNDUPLICATED CLIENTS

PROGRAMS **74**
LOCATIONS **5**

MENTAL HEALTH **2,812**

1,206 CHILDRENS SERVICES

234 INTELLECTUAL AND DEVELOPMENTAL

769 SUBSTANCE ABUSE

2,003 PSYCHIATRIC

Community Support **221**

26,295 Regional Prevention Center
Reached

28 Licensed Clinicians

68,369 Total # of Services

\$12 MILLION ANNUAL BUDGET

Addiction Services

- Adult & Child Substance Abuse Assessment and Treatment
- Intensive Outpatient Program
- Intensive Outpatient Program for Expectant and New Mothers
- Brief Substance Abuse Program
- DUI Education and Treatment
- Zero Tolerance Program
- Federal Probation and Parole and Drug Court
- Jail Substance Abuse Program
- Sober Living Facility
- Substance Abuse Peer Support
- Substance Abuse Case Management
- SAFE Beginnings Program
- Group Therapy
- KY Alternative Program SA Provider
- Medication Assisted Treatment
- Psychiatric/Medical Assessment
- Psychological Evaluations
- Involuntary Substance Abuse Evaluations

Children's Services

- Adolescent and Child Outpatient Therapy
- Kentucky Impact Program
- School Based Therapy Program
- First Steps Point of Entry
- Early Childhood Mental Health
- Dinosaur School
- K Step Program
- Community Support Youth Mentoring Program

Clinical Services

- Batterer's Intervention Program
- Guardianship Evaluations
- Psychological Evaluations
- Assertive Community Treatment
- Centralized Intake
- Assessment Individual Therapy
- Family Therapy
- Group Therapy
- Crisis Intervention Team
- Forensic Court Evaluations

- Therapeutic Rehabilitation
- Adult Case Management
- Supported Employment
- Treasure Trunk

Crisis Services

- Acute Care Team
- Children's Crisis Stabilization Unit
- Crisis Response Center
- Mobile Crisis Response
- After Hours On Call Clinician

Intellectual/Development Disabilities Services

- Respite & Care Intervention Services
- Adult Day Training
- Foster Grandparent Program
- Another Man's Treasure
- Kentucky Kandy Kitchen
- CompTran
- Case Management
- Residential Services
- Michelle P Assessments
- Crisis Services
- PASRR Services

Regional Prevention Center

- STOP Regional Youth Coalition
- Parent Education - Guiding Good Choices
- Families in Transition - Divorce Education Program
- Buffalo Trace Agency for Substance Abuse Policy
- Zero Tolerance Education Program
- Champions Against Drugs
- HOT Conference
- Give Your Baby A Healthy Start
- Petey the Prevention Panda
- Community and School Health Fairs
- Drug Prevention Presentations and Workshops
- Substance Abuse Resource Library
- Project ALERT
- KY-Moms: Maternal Assistance Towards Recovery
- QUIT Kits for anti-smoking
- SPIT kits for anti-smokeless tobacco
- Safe Homes
- Nicotine Replacement

Community Support Services

PROGRAMS

We continue to strive toward our mission and vision and seek to provide programs that will benefit the individuals and families of our community.

	As of June 30	
	<u>2017</u>	<u>2016</u>
ASSETS		
Cash & Near Cash Equivalents	\$ 6,677,351.00	\$ 4,783,026.00
Net Accounts Receivable	1,005,042.00	1,194,144.00
Prepaid Expenses	79,264.00	71,404.00
Property & Equipment, less accum depr	1,548,515.00	1,422,140.00
Other Assets	1,337,730.00	1,338,112.00
TOTAL ASSETS	\$ 10,647,902.00	\$ 8,808,826.00
LIABILITIES		
Accounts Payable	\$ 478,512.00	\$ 426,856.00
Current Portion of Debt	19,404.00	18,280.00
Accrued Payroll & Fringe	496,353.00	490,372.00
Deferred/Unearned Revenue	465,877.00	271,101.00
Long Term Debt	966,144.00	982,819.00
TOTAL LIABILITIES	\$ 2,426,290.00	\$ 2,198,428.00
FUND BALANCES	\$ 8,221,612.00	\$ 6,619,398.00
TOTAL LIABILITIES & FUND BALANCES	\$ 10,647,902.00	\$ 8,808,826.00

Board of Directors

(2016-2017)

Bracken County

Mr. Tony Cox
Ms. Louie King
Mr. Roger King

Fleming County

Ms. Bettsy Kalb
Mr. Bobby Money (*Treasurer*)
Mr. Martin Voiers (*Chair*)
Mr. Ricky Hurst

Lewis County

Mr. Thomas Bertram
Mr. Sam Howard
Ms. Candy Noble

Robertson County

Ms. Annette Lovins

Mason County

Dr. Michael Berry (*Vice Chair*)
Ms. Lovell Knox
Mr. David Fritz
Ms. Debbie Estill (*Secretary*)
Mr. James "Buddy" Gallenstein
Mr. David Reed

Leadership Team

Pamela Vaught, EdD

Chief Executive Officer

Chris Jones

*Vice President of Finance and
Operations*

Mary Breeze

Vice President of Human Resources

Jeff Drury, PhD

Vice President of Adult Services

David Green

*Director of Business Development/
Marketing*

Steve Lowder, LCSW

Vice President of Community Support

Kelly Miller

*Vice President of Intellectual/
Developmental Disabilities*

Eric Ross

Director of Information Services

Janis Records

Director of Quality and Compliance

Goldie Williams, MA, LMFT

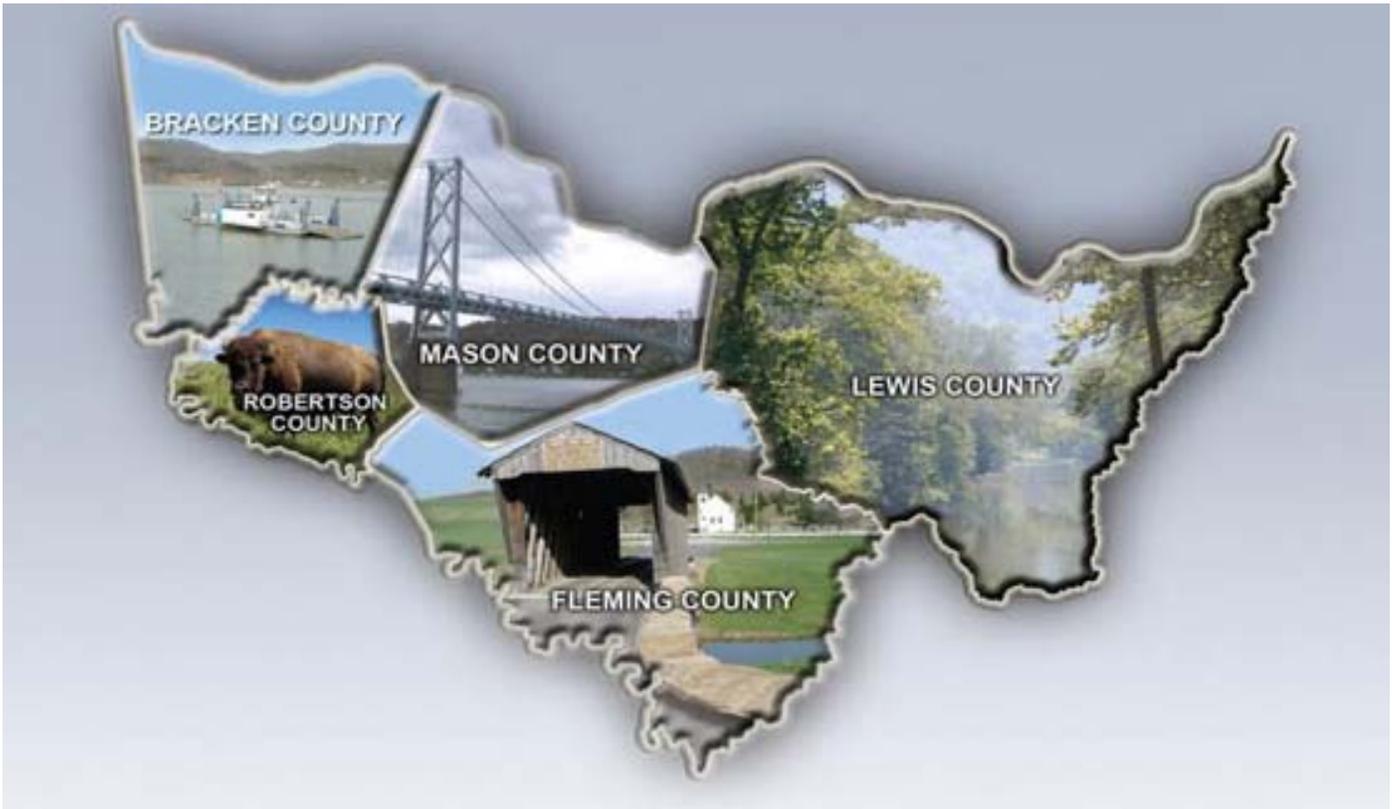
Vice President of Children's Services

Marianne Swearingen

Executive Administrative Assistant

BOARD OF DIRECTORS AND LEADERSHIP TEAM

True leaders don't create followers, they create more leaders.



Mason County

611 Forest Avenue
Maysville, KY
606-564-4016

Bracken County

134 Grandview Drive
Brooksville, KY 41004
T: 606-735-3611

Fleming County

610 Elizaville Avenue
Flemingsburg, KY 41041
T: 606-849-2212

Lewis County

83 Second Street
Vanceburg, KY 41179
T: 606-796-3021

Website: www.comprehendinc.org

Facebook: www.facebook.com/comprehend611

LOCATIONS

