

Program Director: Melanie Mineer

Phone: 606-564-4016

A team approach to mental health treatment and support for people with serious and long-term mental health issues.

Bracken County 429 Frankfort St. Brooksville, KY 41004

T: 606-564-4016

**Fleming County** 

610 Elizaville Avenue Flemingsburg, KY 41041

T: 606-849-2212

**Lewis County** 

83 Second Street Vanceburg, KY 41179 T: 606-796-3021

**Mason County** 

611 Forest Avenue Maysville, KY 41056 T: 606-564-4016 Assertive Community Treatment



"Helping You Put the Pieces Together"

### What does it offer?

Assistance and support with treatment, medication, housing, employment and family stresses to assist the client to remain in the community successfully.

### Who is on the team?

The team consists of the client, team leader, case manager, peer support specialist, counselor, psychiatrist, nurse and vocational (work) specialist.

# **How long does it last?**

It is different for each person depending on their needs but can be long term.

## What do I have to do?

- 1. Your therapist makes a referral to the team.
- 2. ACT members will set a time to meet with you.
- 3. You are expected to be available at those times.
- 4. You will play an active role in setting goals for yourself and making plans to meet those goals.
- 5. You are asked to let the team know if you are having any problems.
- You are expected to listen to the staff recommendations and voice any concerns or changes to them.
- 7. Participation is voluntary though is encouraged to help you stay in the community and avoid crisis situations.

### **Our Mission:**

Comprehend's mission is to enhance the well-being of individuals, families, and communities by advocating for and providing behavioral healthcare services in a welcoming and caring environment.

#### **Our Values:**

**Integrity:** We will be truthful, honest and open with everyone in word and deed.

**Excellence:** We will make a continual effort to achieve the highest degree of professional standards possible in all areas.

**Stewardship:** We will be responsible for the management of our resources to provide and sustain our ability to serve. We will take full ownership for our failures and our successes, being ever mindful that we are accountable to our past, present and future employees, clients, and the community at large.

**Respect:** We will be ever mindful – in all we do and say – in order to treat everyone with dignity, courtesy and consideration.

**Kindness:** We will show all individuals we interact with, internally and externally, the same consideration and care we expect.

**Dedication:** We will show unconditional commitment to serve each other so that together we can serve and meet the needs of our community.