



# ANNUAL REPORT FY 2022-2023

**Comprehend, Inc.**

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# LETTER FROM THE PRESIDENT, CEO



The last year has provided a season of change for Comprehend, Inc. and its staff. We have experienced new hires across all programs, we had some very seasoned staff retire, and our executive team has a new look as well. Change can be hard, but it can also be viewed as an opportunity. We have chosen to embrace it and only look forward as we plan for the continued opportunity to serve this region as your local Community Mental Health Center.

Without a doubt this year has had its challenges. Along with many other employers, we have faced a workforce shortage. As we have worked to overcome these challenges, we have begun to explore new work modalities for our staff. In addition to the benefits that are offered, we want to be an employer that supports the needs of our staff, in addition to those that we serve.

In addition to the workforce issue, we also experienced a devastating flood due to water and sprinkler lines that burst during a frigid weather episode. This flood completely shut down the original 611-building location for 6 months while the remediation and construction occurred. Our staff never hesitated to pivot to continue to meet the needs of the communities that we serve by moving office locations or providing telehealth options. We are proud to say that not one client service was cancelled during this 6-month period! This shows the dedication and passion for the work that each of our staff demonstrates daily.

Despite the challenges that the last year has brought, we have spent a great deal of time focusing on growth and change to meet the needs of our communities. We have begun a thorough evaluation of our programs. We have a robust 3-year strategic plan for the organization, as well as one for fundraising and marketing. We are looking at new ways to expand our existing programs and engaging in conversations with community partners to enhance those partnerships as well.

We feel that this next year will be one of growth that will have a large impact on the communities that we serve. We are certain that with an amazing group of compassionate and committed employees and a Board of Directors who give of their hearts to serve some of the most vulnerable individuals in our communities, the future of Comprehend is strong.

We welcome the opportunity to be this community's employer and provider of choice and we look forward to being your Behavioral Public Safety Net for decades to come!

*Melissa Greenwell*

# AGENCY OVERVIEW

Comprehend is the designated Behavioral Health Care provider for the Buffalo Trace Region (Bracken, Fleming, Lewis, Mason, and Robertson counties) by the State of Kentucky, and provides services to individuals from southern counties of Ohio. We are committed to the continual pursuit of excellence in behavioral health services by providing the highest quality individualized care through a staff of dedicated and expert professionals.

## OUR MISSION

Comprehend's mission is to enhance the well-being of individuals, families, and communities by advocating for and providing behavioral healthcare services in a welcoming and caring environment.

## OUR VISION

Comprehend is committed to the continual pursuit of excellence in behavioral health services by providing the highest quality individualized care through a staff of dedicated and expert professionals, thereby becoming the employer, provider, and partner of choice.

## OUR VALUES

**Integrity:** We will be truthful, honest, and open with everyone in word and deed.

**Excellence:** We will make a continual effort to achieve the highest degree of professional standards possible in all areas.

**Stewardship:** We will be responsible for the management of our resources to provide and sustain our ability to serve. We will take full ownership for our failures and our successes, being ever mindful that we are accountable to our past, present and future employees, clients, and the community at large.

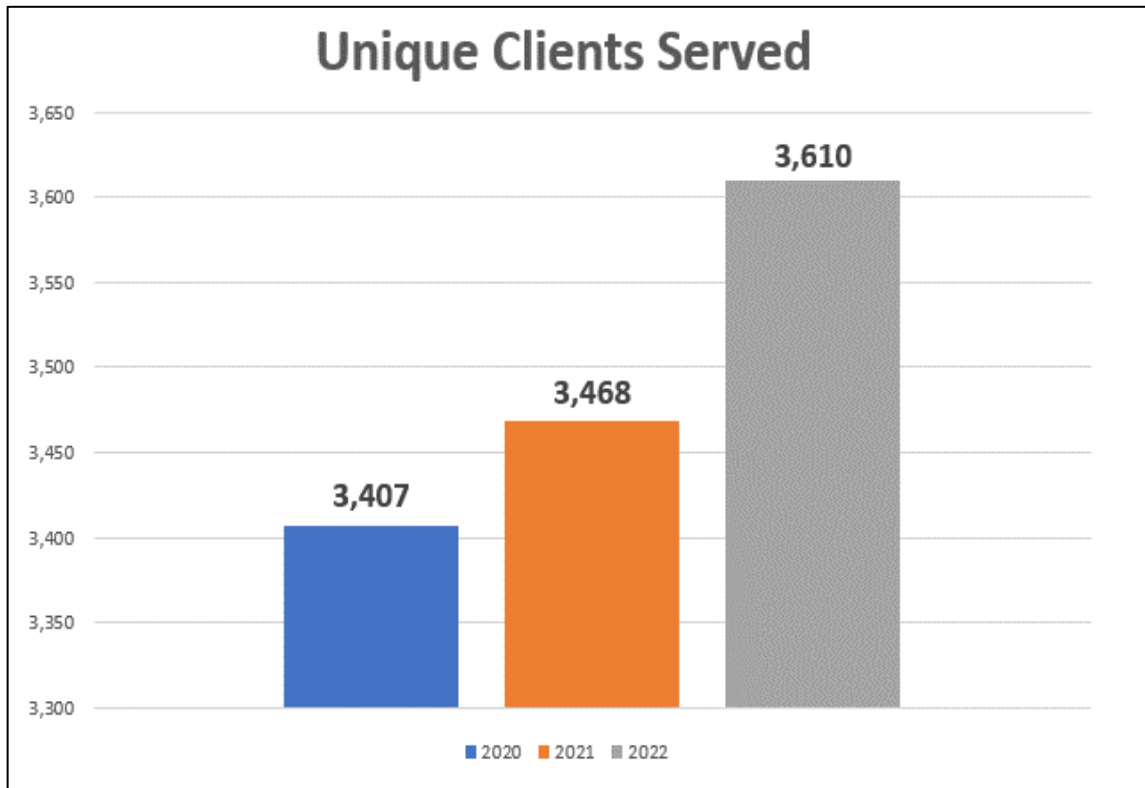
**Respect:** We will be ever mindful - in all we do and say - in order to treat everyone with dignity, courtesy and consideration.

**Kindness:** We will show all individuals we interact with, internally and externally, the same consideration and care we expect.

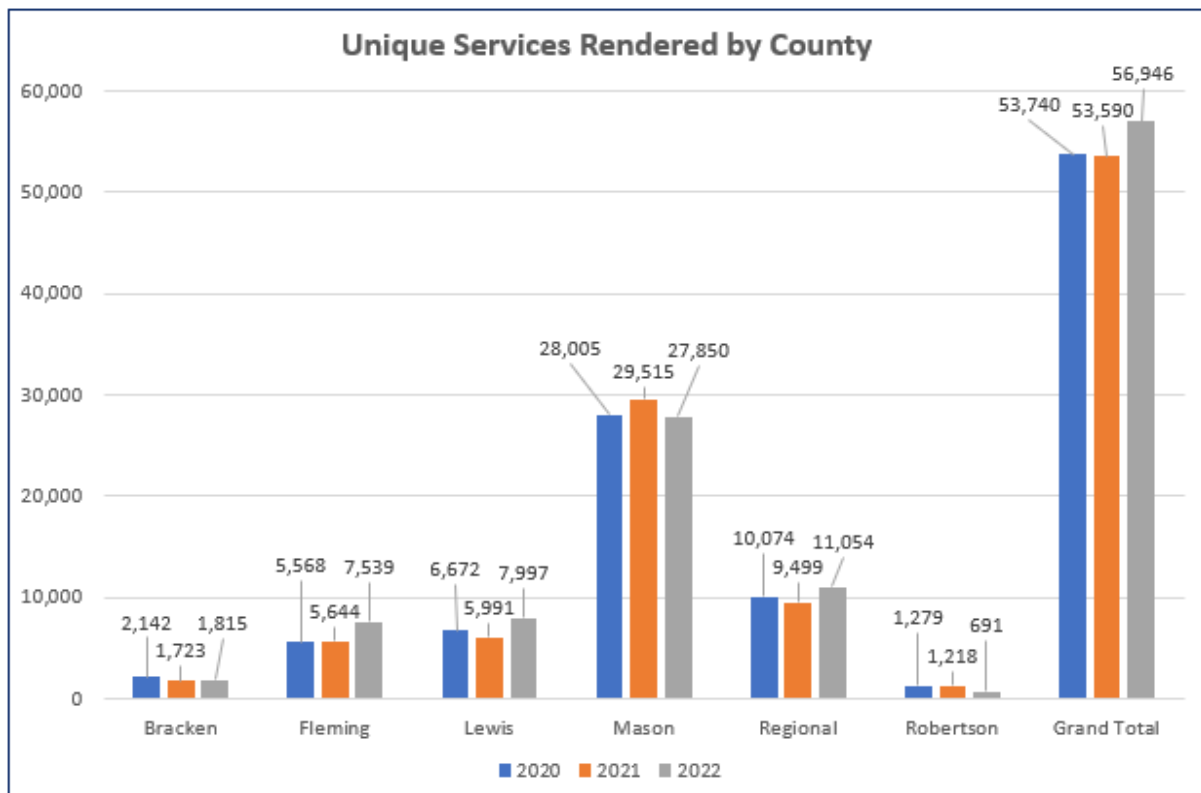
**Dedication:** We will show unconditional commitment to serve each other so that together we can serve and meet the needs of our community.

**COMPREHEND - YOUR BEHAVIORAL HEALTH PUBLIC SAFETY NET**

## CLIENT DEMOGRAPHICS – WHO WE SERVE

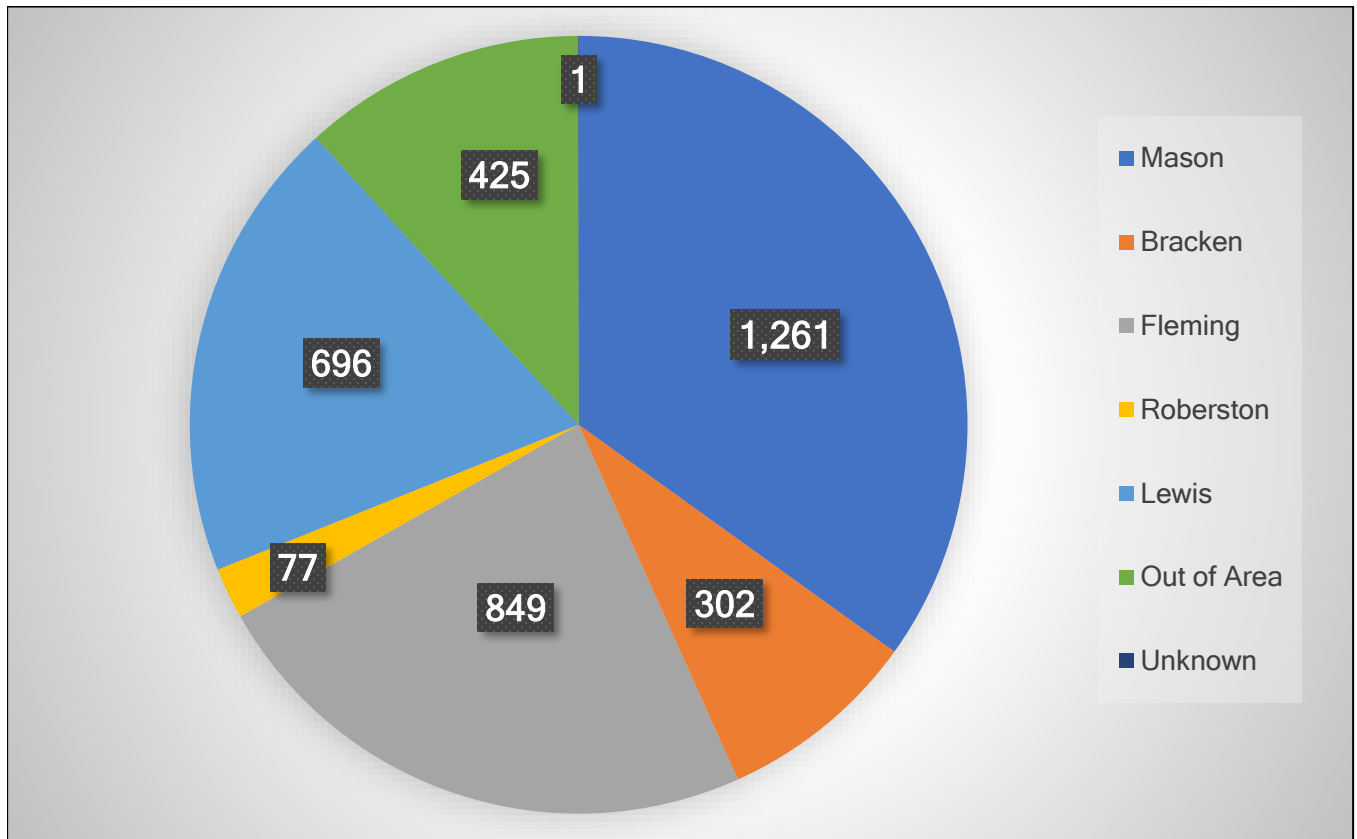


## UNIQUE SERVICES BY COUNTY





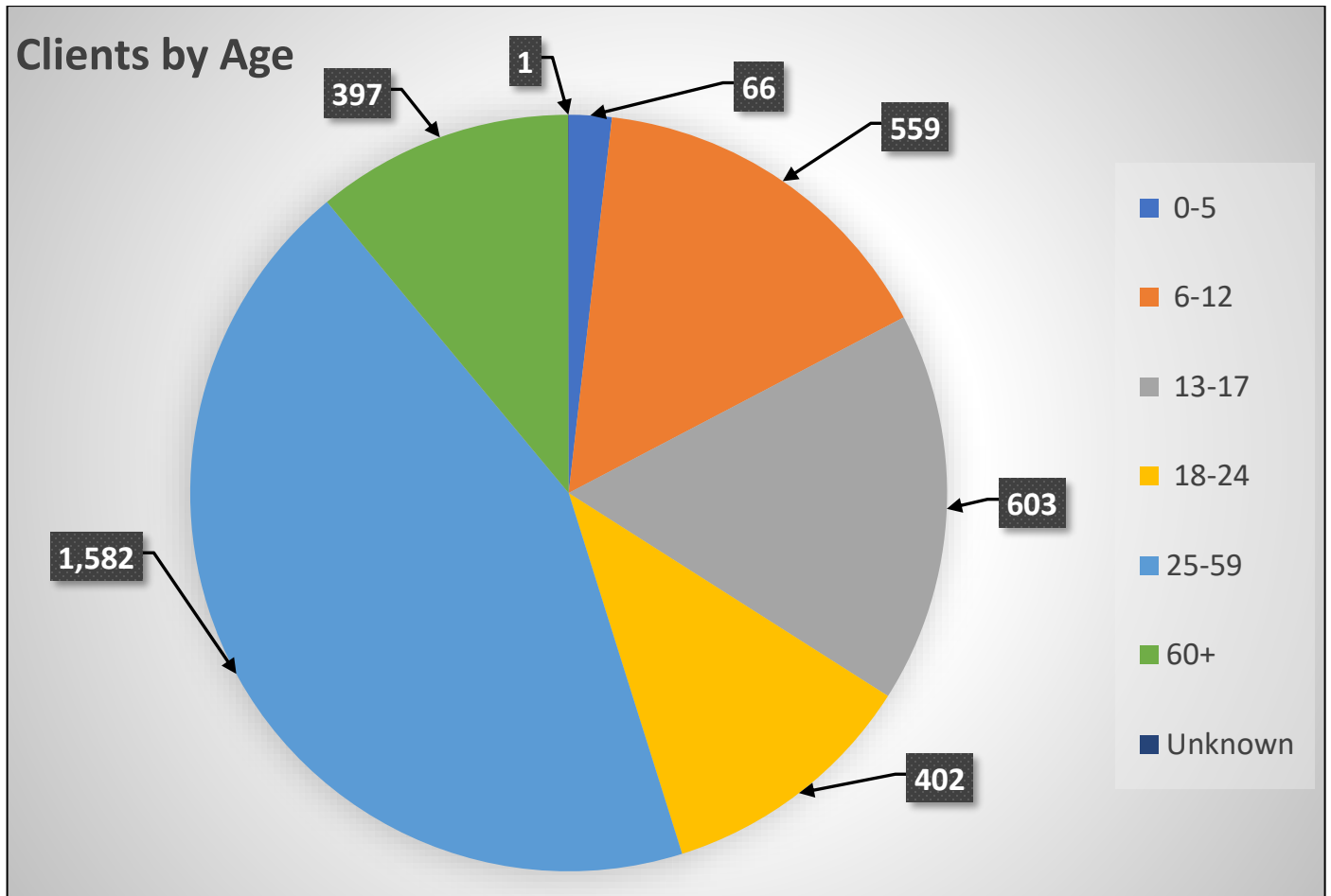
## CLIENTS BY COUNTY



## CLIENTS BY GENDER

Unique Clients by Gender	Number	%
Female	1,908	52.9%
Male	1,702	47.1%
<b>Grand Total</b>	<b>3,610</b>	<b>100.0%</b>

## CLIENTS BY AGE & RACE / ETHNICITY



Clients by Race / Ethnicity - 2022	% of Overall Clients	# of Clients
Asian / American Indian / Alaskan	0.5%	18
Multi-Racial	1.3%	48
Black / African American	3.9%	140
No Entry /Other / Unknown	5.4%	195
White/Caucasian	88.9%	3,209
<b>Total</b>	<b>100.0%</b>	<b>3,610</b>

## OUR SERVICE AREA



## FINANCIAL REPORT

		As of June 30th	
		2022	2021
<b>Assets</b>			
	Cash & Cash Equivalents	\$ 4,393,132	\$ 5,217,468
	Net Accounts Receivable	\$ 783,919	\$ 1,202,762
	Prepaid Expenses	\$ 271,206	\$ 25,920
	Property & Equipment (Less Accum. Depr	\$ 8,035,063	\$ 8,150,270
	Other Assets	\$ 5,225,811	\$ 5,239,152
<b>Total Assets</b>		<b>\$ 18,709,131</b>	<b>\$ 19,835,572</b>
<b>Liabilities</b>			
	Accounts Payable	\$ 126,883	\$ 135,053
	Current Portion of Debt	\$ 158,356	\$ 149,849
	Accrued Payroll & Fringe	\$ 679,238	\$ 724,164
	Deferred/Unearned Revenue	\$ 42,497	\$ 271,473
	Other Liabilities	\$ 660,196	\$ 656,814
	Long Term Debt	\$ 10,891,891	\$ 10,947,942
<b>Total Liabilities</b>		<b>\$ 12,559,061</b>	<b>\$ 12,885,295</b>
<b>Fund Balances</b>		\$ 6,150,070	\$ 6,950,277
<b>Total Liabilities &amp; Fund Balances</b>		<b>\$ 18,709,131</b>	<b>\$ 19,835,572</b>



# OUR PROGRAMS



# FOUR PILLARS

Comprehend points to four pillars when sharing our story. Those four pillars are:

- Behavioral Health
- Addiction and Recovery Services
- Intellectual and Developmental Disabilities
- Prevention

Each of the programs we offer fall under one of these pillars and helps to support the community we serve.

## Building Stronger Communities: Our Comprehensive Approach to Behavioral Health and Well-Being

Comprehend, Inc. is the Buffalo Trace Region's Community Mental Health Center. We are committed to supporting the well-being of our community through our four essential pillars: Behavioral Health, Substance Abuse, Developmental Disabilities, and Prevention. We believe that a holistic approach to mental health not only transforms individuals but strengthens our entire community.

In the realm of Behavioral Health, we provide a safe and nurturing space for individuals to address their emotional and mental well-being. Our team of compassionate professionals, including licensed therapists, medical providers, social workers, etc. offers a range of services from individual therapy to group counseling sessions. We recognize the importance of reducing the stigma surrounding mental health and strive to create an environment where seeking help is a sign of strength.

Substance Abuse can have a profound impact on an individual's life and the community at large. We are dedicated to helping those affected by addiction find their path to recovery. Our Substance Abuse program offers comprehensive services, including peer support, counseling, intensive outpatient services, and groups. We understand that recovery is a journey and we are here to provide the resources and support needed for individuals to regain control of their lives.

Every individual, regardless of their abilities, deserves respect, dignity, and the opportunity to lead a fulfilling life. Our Developmental Disabilities services are designed to support individuals with diverse needs. We offer tailored programs and therapies to enhance their skills and independence. Our team collaborates closely with families to create personalized plans that foster growth and inclusion within the community. We offer two service sites for individuals in this program where our staff work to assist them in gaining new skills.

## FOUR PILLARS

Prevention is at the heart of our mission. We believe that by addressing mental health issues and substance abuse at an early stage, we can make a significant impact on the overall well-being of our community. Our prevention programs focus on education, awareness, and outreach. We work with schools, local organizations, and community leaders to promote mental health and substance use literacy and to provide tools to recognize and address issues proactively.

Comprehend, YOUR Community Mental Health Center, is more than just an organization that provides a multitude of services under each of these four pillars; we are a support network, a place of hope, and a catalyst for change. Our commitment to these four pillars reflects our dedication to building a stronger, healthier, and more resilient community. Together, we can create a future where everyone has the opportunity to thrive.

## OUR PEOPLE

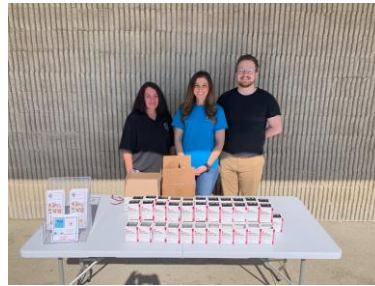
Our people are the greatest asset we have. As of August 2023, we had a total of 115 associates of which, 92 are women and 23 are men. The following chart illustrates the representation of race and ethnicity of our workforce:

Race/Ethnicity	# of employees	Percentage of Workforce
Asian	1	.8%
Black or African American	8	6.9%
Hispanic or Latino	2	1.7%
Other/chose not to specify	2	1.7%
White	104	90%

At Comprehend we recognize the need for more diversity among our workforce and will continue to promote diversity and inclusion at all levels of the organization. The Diversity and Inclusivity Committee is dedicated to ensuring that Comprehend continuously strives to encourage cultural competence, equity, and inclusivity. Select members of the organizational leadership participate in the committee and make recommendations for further diversity and inclusion efforts to the leadership team.



# COMMUNITY ENGAGEMENT



# LEADERSHIP TEAM/BOARD OF DIRECTORS

## LEADERSHIP TEAM

Melissa Greenwell  
President/Chief Executive Officer  
mgreenwell@comprehendinc.org

Rod Baker  
Chief Operating Officer  
rbaker@comprehendinc.org

Christal Henderson  
Chief Human Resources Officer  
chenderson@comprehendinc.org

Donna Hicks  
Chief Financial Officer  
dhicks@comprehendinc.org

Natalie McLeskey  
Chief Compliance Officer  
nmcleskey@comprehendinc.org

Meagan Brannon  
Vice President of IDD Services  
mbrannon@comprehendinc.org

Marilee Ford  
Vice President of Substance Abuse  
mford@comprehendinc.org

Mary McDaniel  
Vice President of Community Support  
mmcdaniel@comprehendinc.org

Damon Turner  
Vice President of Children's Services  
dturner@comprehendinc.org

Dan Cardona, M.D.  
Behavioral Health Medical Director

## BOARD OF DIRECTORS

Mr. David Reed (Chair)

Ms. Rebecca Cartmell (Vice Chair)

Mr. Tracey Florer (Treasurer)

Ms. Vicki Haley-Rosser (Secretary)

Dr. Michael Berry

Mr. Dennis Brown

Mr. Earl Bush

Ms. Alice Dunlap

Ms. Debbie Emmons

Ms. Patti Insko

Mr. Owen McNeill

Mr. George Sparks

Ms. Angela Sweeney

Ms. Regina Rose

Mr. Marty Voiers

Dr. Glenn Womack

**Our board of directors meets monthly on the fourth Monday of each month at 6:00pm. The meetings are held at 611 Forest Ave. Maysville, Kentucky 41056.**

The meetings are open to the public.

# CLIENT FEEDBACK

"Having them (Lewis County Sheriff Department) equipped with the right equipment helps them be safer and more successful getting drugs off the streets. We appreciate the support and partnership with the Regional Prevention Center. Thank you to Scott Phillips, Patricia Massie, and Comprehend Inc. CEO Melissa Greenwell." Judge Executive's Report - George Sparks - Lewis County Herald, September 12, 2023

"...people here are very caring." "Always been a God sent organization to me and the community."

"Comprehend is an awesome organization because of its mission."

"Really care about the people that come here." "Personal touch. Convenient location."

"They take the time to get to know their clients."

"Services across each county, participating in community events, flexibility for clients/families."

"Access, excellent nurse practitioner." "Quick response from the nurses."

"Diverse programs available." "They have a caring and helpful staff."

"Having someone to listen, help with certain meds, make my PTSD and depression, anxiety controllable."

"Very Caring, listen to what you have to say, trust."

"...working with patients to accommodate budgets, accessibility to all people regardless of income, insurance."

"...less bureaucracy for patients-I don't have to wrangle insurance myself..."

"School Based Therapy is a key strength of Comprehend. This program is able to deliver services to the youth of the community on a consistent and reliable basis. The clientele is always available and there are excellent clinicians within this program."



# COMMUNITY PARTNERS

We value our partnerships with our community partners. The relationships and connections built have allowed us to make changes in the communities we serve that really matter.

- A League of Their Own
- Augusta Schools
- Assured Partners
- Bank of Maysville
- Big Blue Outdoor
- Bracken County Fiscal Court
- Bracken County Health Department
- Bracken County Schools
- Buffalo Trace ADD
- Buffalo Trace Agency for Substance Abuse Policy
- Buffalo Trace Children's Advocacy Center
- Buffalo Trace District Health Department
- Bracken County Cooperative Extension Office
- City of Maysville
- Community Cares of Mason County
- Community Trust Bank
- Department of Community Based Services
- Department of Juvenile Justice
- Drug Court
- Edward Jones
- EnviroFlight, LLC
- First Guaranty Bank
- Fleming County Cooperative Extension Office
- Fleming County Fiscal Court
- Fleming County Health Department
- Fleming County Hospital
- Fleming County Schools
- Fox, Fox, Wood & Estill
- Head Start – All 5 Counties
- ION Center for Violence Prevention
- Kentucky Association of Regional Programs
- Ledger Independent
- Lewis County Cooperative Extension Office
- Lewis County Fiscal Court
- Lewis County Health Department
- Lewis County Schools
- Licking Valley Community Action
- Limestone Properties
- Maysville Area Chamber of Commerce
- Maysville Community & Technical College
- Mason County Cooperative Extension Office
- Mason County Detention Center
- Mason County Fiscal Court
- Mason County Health Coalition
- Mason County Schools
- Mason Family Drug
- Meadowview Regional Medical Center
- Mitsubishi Electric
- Northeast Kentucky Substance Use Response Coalition
- Office of Probation and Parole
- Peoples Bank of Kentucky
- Peoples Bank of Ohio
- Police Department – (Bracken, Fleming, Lewis, Mason & Robertson Counties)
- Primary Plus
- Rotary Club of Maysville
- Robertson County Cooperative Extension office
- Robertson County Fiscal Court
- STOBER Drives
- Sheriff's Department – (Bracken, Fleming, Lewis, Mason & Robertson Counties)
- St. Augustine School
- St. Patrick School
- Tom Browning Boys & Girls Club
- US Bank Commerce Bank
- Voc Rehab

## OUR OUTPATIENT OFFICE LOCATIONS:

### Fleming County

610 Elizaville Avenue  
Flemingsburg, KY 41041  
606-849-2212

### Lewis County

83 Second Street  
Vanceburg, KY 41179  
606-796-3021

### Mason County

611 Forest Avenue  
Maysville, KY  
606-564-4016





**The Community Mental Health Center for the Buffalo Trace Region  
and an approved 501(c)3 organization.**

**Hotline Numbers**

Crisis Hotline (24 hours): (877) 852-1523

Drug Tip Hotline: (866) 950-DRUG (3784)

**Office Hours**

Monday - Thursday: 8 am - 6 pm

Friday: 8 am - 5 pm

**Appointments**

Same day appointments and walk-ins available in any of our clinics for anyone in an emergency situation or discharging from a psychiatric hospital.

Monday - Friday 9am - 5pm

**No One Will Be Denied Access To Services Due To Inability To Pay  
Sliding Fee Scale Available**

**Funding is in whole or in part from Federal, CHFS, or other state funds.**