

Our Mission

Comprehend's mission is to enhance the well-being of individuals, families, and communities by advocating for and providing behavioral healthcare services in a welcoming and caring environment.

Our Values:

Integrity: We will be truthful, honest and open with everyone in word and deed.

Excellence: We will make a continual effort to achieve the highest degree of professional standards possible in all areas.

Stewardship: We will be responsible for the management of our resources to provide and sustain our ability to serve.

We will take full ownership for our failures and our successes, being ever mindful that we are accountable to our past, present and future employees, clients, and the community at large.

Respect: We will be ever mindful – in all we do and say – in order to treat everyone with dignity, courtesy and consideration.

Kindness: We will show all individuals we interact with, internally and externally, the same consideration and care we expect.

Dedication: We will show unconditional commitment to serve each other so that together we can serve and meet the needs of our community.



Comprehend is
an Accredited Mental
Health Center Serving
the Buffalo Trace Region

Comprehend, Inc.
Serving Bracken, Fleming, Lewis, Mason
& Robertson Counties

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Helping You Put the Pieces Together



**Family Peer
Support Services**

The Family Peer Support Specialist

Kentucky Family Peer Support Specialist is a biological parent, adoptive parent, or relative caregiver who is raising or has raised a child with an emotional, social, behavioral, and/or substance use disability, and whose child has been a consumer of at least one state funded service for children. The Specialist will provide mentoring and support to parents/caregivers.

The Family Liaison helps families and children with:

- Goal Setting
- Connecting to community resources
- Self Advocacy

The Family Specialist can meet with parents to understand their questions and concerns. Meetings take place in mutually agreed upon locations.

Partnerships are developed by improving communication between parents, schools, mental health providers and other community resources.

The ultimate goal is for parents and caregivers to become empowered to make the decisions necessary for their child.

What Family Peer Support Does

- Educates family members about community resources
- Link parents to support groups or other parents
- Provide information about Special Education and the law 504, IEP, Mental Health
- Listen to family concerns and answer questions
- Builds a network of parents within our community

When to call the family liaison

- Questions arise about Special Education
- You need resources regarding Special Education



How can referrals be made

- Referrals can be made by:
- Parents
- Caregivers
- Social Workers
- School staff
- Concerned Citizens
- Mental Health Providers and other professionals

Support Group Meetings*

⇒ *Tumbling with Autism (once a month)*

⇒ **Events held throughout the year:**

- Parent Café
- Back to School Bash
- Family Outings

* Please note that Comprehend serves all five counties of the Buffalo Trace Region which includes Bracken, Fleming, Lewis, Mason, and Robertson Counties. Support groups may be set up in any county as long as there is enough interest. Families living in counties that do not currently have Support Group meetings are invited to attend meetings in the counties that do have them.