

**Point of Entry (POE)
Contact Information:**

Barren River District

(270) 901-5749
(800) 643-6233
Allen, Barren, Butler,
Edmonson, Hart, Logan,
Metcalfe, Monroe, Simpson,
Warren

Big Sandy District

(606) 886-4417
(800) 230-6011
Floyd, Johnson, Magoffin, Martin,
Pike

Bluegrass District

(859) 271-9448
(800) 454-2764
Anderson, Bourbon, Boyle, Clark,
Estill, Fayette, Franklin, Garrard,
Harrison, Jessamine, Lincoln, Mad-
ison, Mercer, Nicholas, Powell,
Scott, Woodford

Buffalo Trace District

(606) 564-3919
(800) 335-4249
Bracken, Fleming, Lewis, Mason,
Robertson

**Cumberland
Valley District**

(606) 523-0229
(800) 509-9559
Bell, Clay, Harlan, Jackson, Knox,
Laurel, Rockcastle, Whitley

FIVCO District

(606) 929-9155
(800) 650-1329
Boyd, Carter, Elliott, Greenup,
Lawrence

Gateway District

(606) 674-3204
(800) 942-4358
Bath, Menifee, Montgomery, Mor-
gan, Rowan

Green River District

(270) 852-2905
(888) 686-1414
Daviness, Hancock, Henderson,
McLean, Ohio, Union, Webster

Kentuckiana District

(502) 459-0225
(800) 442-0087
Bullitt, Henry, Jefferson, Oldham,
Shelby, Spencer, Trimble

Kentucky River District

(606) 439-1325
(800) 328-1767
Breathitt, Knott, Lee, Leslie,
Letcher, Owsley, Perry, Wolfe

Lake Cumberland District

(606) 678-2821
(800) 378-2821
Adair, Casey, Clinton, Cumberland,
Green, McCreary, Pulaski, Russell,
Taylor, Wayne

Lincoln Trail District

(270) 737-5921
(800) 678-1879
Breckinridge, Grayson, Hardin,
Larue, Marion, Meade, Nelson,
Washington

Northern Kentucky

(859) 655-1195
(888) 300-8866
Boone, Campbell, Carroll, Gallatin,
Grant, Kenton, Owen, Pendleton

Pennyrile District

(270) 886-5186
(800) 609-0047
Caldwell, Christian, Crittenden,
Hopkins, Lyon, Muhlenberg, Todd,
Trigg

Purchase District

(270) 442-6223
(800) 648-6599
Ballard, Carlisle, Calloway, Fulton,
Graves, Hickman, Livingston,
Marshall, McCracken

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CABINET FOR HEALTH AND FAMILY SERVICES
Department for Public Health
275 E. Main St., HS2WC-C
Frankfort, KY 40621-0001

Place
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Helping Children Develop
and Succeed...



One Step at a Time

Cabinet for Health and Family Services
<http://fs.chfs.ky.gov>
1-877-417-8377



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What is First Steps?

First Steps is Kentucky's Early Intervention System (KEIS) that serves children from birth to age 3 who have a developmental delay or a particular medical condition that is known to cause a developmental delay. First Steps services are provided statewide and coordinated by the Cabinet for Health and Family Services.

Early Intervention means providing appropriate services and supports to families to enhance children's growth and development. First Steps believes that all families know their child best and are the primary decision makers.



What Services Are Available?

The First Steps program provides a wide variety of services and supports including:

- Service Coordination
- Evaluation
- Assessment
- Developmental intervention
- Occupational therapy
- Speech therapy
- Physical therapy
- Audiology services
- Vision services
- Nutrition
- Psychological
- Social Work

Eligibility for services is determined through a process of child and family assessment.

Where Are Services Provided?

Early Intervention services are provided in a child's natural environment which includes their home, child care, or other community setting.

What is the Cost?

Once determined eligible, families must pay a participation fee. This is called "Family Share" and it is based on the family's total household income and household size. The fee amounts range from \$0 to a maximum of \$100 per month.



Who Pays for Services?

First Steps uses a variety of funding sources including: Family Share Participation fees, private insurance and Medicaid. However, no family is denied services due to the lack of insurance or the inability to pay Family Share.

Who Can Make a Referral?

Anyone can make a referral.

For questions regarding program services or to make a referral to the First Steps program, contact the local First Steps Point of Entry (POE) office. (see back panel)