

## CARF ACCREDITED

In 2017 and again in 2020, Comprehend was awarded a three year international accreditation for its Mental Health, Substance Abuse, Supported Employment, and Prevention Programs by the Commission on Accreditation of Rehabilitation Facilities (CARF). CARF accreditation is acknowledgement that Comprehend strives to improve efficiency, fiscal health, and service delivery – creating a foundation for client satisfaction. It is a sign of the continuing advancement of quality of care on which our clients can rely.

*The Life Connections program serves as an integral part of treatment; helping people living with mental illness have a positive life style within the community.*

*Our team approach to care ties all services together in a wrap-around effect.*



**Comprehend serves the Buffalo Trace Region which consist of Bracken, Fleming, Lewis, Mason and Robertson Counties**

Comprehend, Inc.  
**Life Connections Programs**

**Maysville, KY**  
731 Kenton Station Road  
606.759.5423

**Vanceburg, KY**  
83 Second Street  
606.796.3021

8 a.m. – 3 p.m.  
Monday through Friday  
**Transportation Service Available**



**To You and Your Family Good Mental Health Matters!**



## WHO WE ARE

Comprehend's Life Connections is a therapeutic program designed to assist those with mental illness or emotional disorders and to facilitate their daily living skills and overall functioning. Life Connections foster a personal support network to increase quality of life.

### Core Principles

1. All people have the capacity to learn and grow
2. All people are to be treated with respect, dignity, and with a conscious and consistent effort to eliminate discrimination of any type, including discrimination based on disabling conditions.
3. Services are to be designed to address the unique needs of each individual.
4. Services encourage and support the involvement of the person in community activities.
5. The involvement of persons receiving services and their family members is essential to the effective operation and evaluation of the Life Connections Program.

## WHAT WE DO

Life Connections helps individuals to live and achieve social and personal functioning. The Life Connections' services include:

- Rehabilitation
- Case Management
- Crisis Services
- Supported Employment
- Medication Management
- Psychiatric Services

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Life Connections Services are design to:

- Decrease need for hospitalization
- Build on personal strengths of an individual to work toward and accomplish goals
- Help individuals to increase social skills and build quality relationships
- Develop strategies to cope with emotional stressors and avoid crisis.
- Provide opportunities to enhance self reliance and productivity.
- Help individuals regain skills in coping with everyday life
- Help individuals build back relationships that may have changed due to their mental illness.

Life Connections Program services are

## HOW TO BEGIN

intended to help those who have significant problems with the ability to perform:

- Self-maintenance
- Occupational Responsibilities
- Independent Living/Social Skills
- Effective Management of Their Disability

An individual can be referred to the Life Connections Program if he or she has severe problems due to mental illness or other emotional disorders.

***Referrals are made by therapist and medical staff.***

