

Our Mission:

Comprehend's mission is to enhance the well-being of individuals, families, and communities by advocating for and providing integrated healthcare services in a welcoming and caring environment.

Our Values:

Integrity: We will be truthful, honest and open with everyone in word and deed.

Excellence: We will make a continual effort to achieve the highest degree of professional standards possible in all areas.

Stewardship: We will be responsible for the management of our resources to provide and sustain our ability to serve.

We will take full ownership for our failures and our successes, being ever mindful that we are accountable to our past, present and future employees, clients, and the community at large.

Respect: We will be ever mindful – in all we do and say – in order to treat everyone with dignity, courtesy and consideration.

Kindness: We will show all individuals we interact with, internally and externally, the same consideration and care we expect.

Dedication: We will show unconditional commitment to serve each other so that together we can serve and meet the needs of our community.



In 2017, Comprehend was awarded the highest level of accreditation (3 year accreditation) for its Mental Health, Substance Abuse and Prevention programs by the Commission on Accreditation of

Rehabilitation Facilities (CARF). CARF accreditation is evidence that Comprehend strives to improve efficiency, fiscal health, and service delivery – creating a foundation for consumer satisfaction. It is a sign of the continuing advancement of quality on which Comprehend's consumers rely.

Comprehend is a Licensed
Mental Health Center Serving
the Buffalo Trace Region

Please feel free to call any of our area offices listed below for further information about our services

Mason County

611 Forest Avenue
Maysville, KY
606-564-4016

Bracken County

429 Frankfort Street
Brooksville, KY 41004
T: 606-564-4016

Fleming County

610 Elizaville Avenue
Flemingsburg, KY 41041
T: 606-849-2212

Lewis County

83 Second Street
Vanceburg, KY 41179
T: 606-796-3021



School Based Therapy Program



Is your **child's**
behavior limiting his/
her **success** in school?

Helping You Put the Pieces Together

Some children experience significant emotional or behavioral difficulties in the school. School-based services enable our clinicians, your child's teachers, and other support staff to communicate directly and effectively coordinate care. We work closely with your child's school to maximize the benefits from counseling. Many families have difficulties attending a traditional outpatient clinic. This service enables children to receive counseling directly in the school they attend each day. Family counseling is also provided and encouraged. Parents are required to be a part of treatment planning.

We Can Help With:

- School problems
- Conflicts with peers
- Problems following directions
- Poor attention span
- Anxiety/school anxiety
- Irritability
- Poor frustration tolerance
- Anger management
- Depression/mood disregulation
- Disruptive behaviors
- Childhood trauma
- Grief and loss

WHAT SERVICES DO SCHOOL-BASED THERAPISTS PROVIDE?

- A team of professionals, including master's level counselors, social workers and physicians, listening to and working closely with the student, family, school and community
- Individual, family and group counseling
- Referral to community resources
- Parent support groups

- Crisis consultation/intervention
- Educational presentations on topics relevant to child/adolescent behavior
- Billing based on sliding fee scale; Medicaid and other insurances accepted

WHEN SHOULD YOU CALL US ABOUT YOUR CHILD?

- If your child has had a sudden change in mood, sleep or seems depressed.
- If your child has had an abrupt change in school performance.
- If your child has had a marked change in their social interactions.

HOW DO SCHOOL-BASED THERAPISTS HELP?

School-based therapists work with students, parents, teachers, and principals to help children succeed in school.

The professional counseling team will....

- Receive referrals from parents/guardians, teachers, or any other school personnel.
- Contact parents/guardians to obtain proper parental approvals and a record of the child's history.
- Determine the best intervention based on the student's and guardian's needs.
- Provide professional evaluations by a



- mental health physician at each school site.
- Provide personalized counseling services.

OUR SCHOOL-BASED THERAPY PROGRAM HAS...

- A proven track record of service to five school systems in the Region;
- An holistic approach to behavioral counseling involving students, families, teachers, and others;
- Proven results in helping raise academic performance of students by lowering absenteeism, suspensions, expulsions and other classroom disturbances;
- Access to a vast in-house network of professionals providing screenings, assessments and referrals, mobile crisis/emergency teams, hospitalization, physician services, suicide prevention, and treatment for drug and alcohol use;
- High satisfaction scores among students, families, principals and faculty;
- Dependable and flexible services when and where needed in the schools; and
- Training for students, parents, teachers, staff, and other school or community officials on behavioral health topics parish wide.

Results speak for themselves

School-based therapy reduces absenteeism, suspensions, and expulsions, and has even been shown to improve students' grades.