

St. Alphonsus Rodriguez Church

Confirmation – Saint Research Paper

Purpose: For Confirmation, you must choose a Confirmation name. You may use your baptismal name, if it is the name of a canonized saint, or you may choose the name of a canonized saint. The saint you choose should hold personal significance for you and you should strive to be more like the saint in his/her qualities and/or the way the saint followed God. The purpose of this paper is for you to reflect on your choice of a saint for your Confirmation Name.

This will be the name that will be given to you when you receive Confirmation. Therefore, when choosing a saint's name, look at one whose life you admire and one who you would consider a role model.

Due: February 11, 2026

Upload your completed paper to the link provided on the Confirmation Hub.

Guidelines:

- Write in complete sentences and follow basic grammar rules.
- A minimum of one full page is required.
- Double spaced, font size 12.
- Typed in Word or a similar program. Do not submit papers that were typed in a phone's Notes app.
- Your paper should include all of the following:
 - Who is your saint?
 - Why did you choose this saint?
 - What was their life like?
 - What is it about their life that made the Pope decide he/she should be a saint?
 - What are they the patron saint of?
 - When is their feast day?
 - Explain how you will try to be like this saint as you prepare for Confirmation. Also, explain how you will continue to try to be like this saint after you receive Confirmation.

The Bishop will likely be asking you questions and talking to you about your saint the day of your Confirmation Mass. Thus, you want to know your saint well!