



Where can you paddle? - Guidelines

Where you can paddle is determined by your paddling experience, your ability to self-rescue and do an assisted rescue and the type of kayak you are using, a Sit-on-top or Sit-in. The guidelines are part of KSC's duty of care to ensure your safety.

Always check weather conditions using Meteye or Willy Weather App before paddling off.

Paddling Skill Progression	Skills	Paddling Areas Enclosed Waters (Bays and Harbour areas)
Novice	Completed initial paddling safety Able to perform an assisted rescue, as rescuer and rescuee. (If can't demonstrate a self-rescue you must always stay within 50m of shore)	Area 1 Neutral Bay and adjoining Careening and Shell Coves < 10 knots (Area 2 - if accompanied by a competent paddler)
Competent	Have demonstrated an assisted rescue, both as a rescuee and rescuer And completed 6 trips	Area 2 Mosman and Chowder Bay < 15 knots (Area 3 - if accompanied by an advanced paddler)
Advanced	Have demonstrated a self-rescue and completed 6 more trips And a half-day guided paddle.	Area 3 Across the harbour to Watson Bay and to areas west of the bridge. <20 knots
Accredited Guide, Leader and/or Instructor	Achieved Paddle Australia qualifications. (Keeping a logbook is a great start.) Has extensive knowledge to make complex decisions in new situations	The waterways of the world are your oyster! >20 knots

Our Club works to develop effective paddling skills, so you paddle further, and for longer. As a recreational club, KSC runs half day trips and overnight excursions. These are a great opportunity to upskill with trip planning, crossing the harbour and meeting other paddlers. We encourage and support members to become coaches, guides, trip leaders and instructors. Please let us know if you are interested in getting involved in the community. Adrian Clayton, our club's certified instructor can assist with accreditation.

Enjoy your paddling, stay safe.

