

## Where can you paddle? - Guidelines

Where you can paddle is determined by your paddling experience, your ability to self-rescue and do an assisted rescue, and the type of kayak you are using (ie. Sit-on-top or Sit-in). The guidelines are part of KSC's duty of care to ensure your safety.

Always check weather conditions using MetEye or Willy Weather App before paddling off.

PADDLI	SKILLS / EXPERIENCE	PADDLING AREAS		
NG	Please Note: Any paddler who can't	ENCLOSED WATERS		
SKILL	perform a self-rescue in the kayak type they			
LEVEL	are using MUST stay within 50m of shore unless accompanied by a paddler able to perform assisted rescue as rescuer.	(Bays and Harbour areas)		
From Hayes Street Beach, Neutral Bay				
NB	Have completed initial paddling	NB Area 1		
Level 1	<ul> <li>Able to perform an assisted rescue, as rescuer and rescuee, in the kayak type you are using.</li> </ul>	Neutral Bay and adjoining Careening and Shell Coves, no further west than Wudyong Point (Royal Sydney Yacht Squadron)		
		< 10 knots		
		(NB Area 2 if accompanied by a NB Level 2 paddler)		
NB Level 2	Able to perform an assisted rescue, both as a rescuer and rescuee, in the kayak type you are using.	NB Area 2 Mosman and Chowder Bay		
	Have completed 6 trips in NB Area 1.	< 15 knots		
		(NB Area 3 if accompanied by NB Level 3 paddler)		
NB	Able to perform a self-rescue in the	NB Area 3		
Level 3	<ul><li>kayak type you are using.</li><li>Have completed 6 trips in NB Area 2.</li><li>Completed a half-day guided paddle</li></ul>	Across the harbour to Watsons Bay and to areas west of the bridge.		
	involving transits of major shipping/ferry lanes.	< 20 knots		
From Pearl Bay				

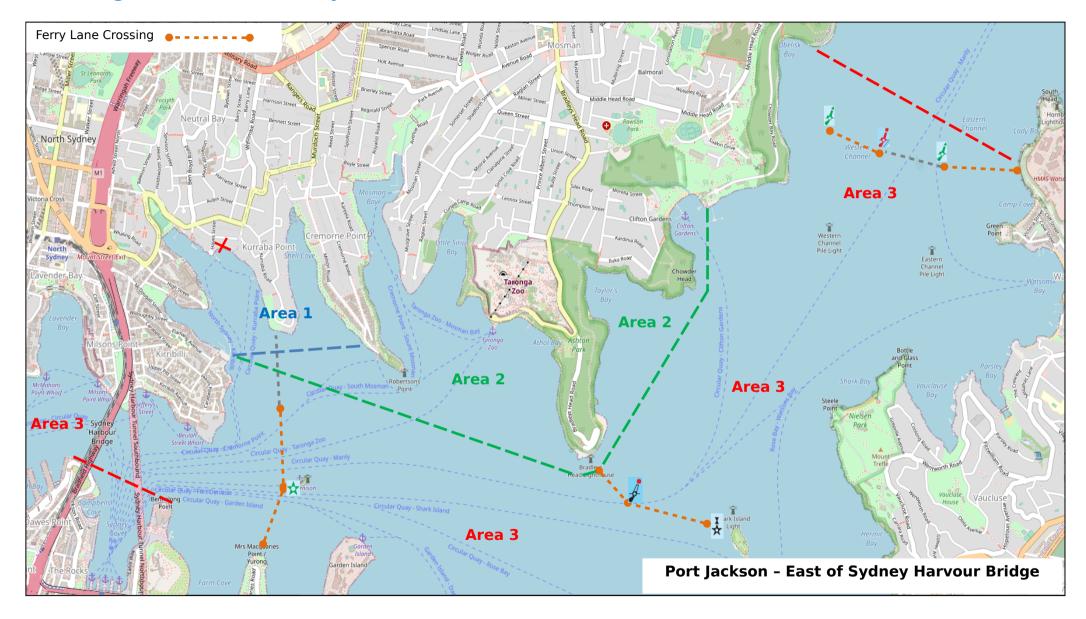
PB Level 1	• #	Completed initial paddling safety craining.  Able to perform an assisted rescue, as rescuer and rescuee, in the kayak cype you are using.	PB Area 1  South of D'Albora Marina and Northbridge Sailing Club  < 10 knots  (Area 2 if accompanied by a PB Level 2 paddler)
PB Level 2	k k	Able to perform an assisted rescue, both as a rescuer and rescuee, in the kayak type you are using.  Have completed 6 trips in PB Area 1.	PB Area 2  Anywhere within Middle Harbour west of Grotto Point and HMAS Penguin Marina  < 15 knots
PB Level 3  PADDLIN SKILL QUALIFIC ON	• H	Able to perform a self-rescue in the cayak type you are using.  Have completed 6 or more trips in PB Area 2.  Completed a half-day guided paddle.  SKILLS / EXPERIENCE  .	PB Area 2  Anywhere within Middle Harbour west of Grotto Point and HMAS Penguin Marina  < 17 knots  PADDLING AREAS
Accredited Enclosed Se Guide and/or Enclosed Sea Instructor  Accredited Sea Guide and/or Sea Instructor		Holders of Paddle Australia  Has extensive knowledge to make complex decisions in new situations in enclosed sea conditions.  (For those interested in gaining PA qualifications, keeping a logbook is a great start)  Has extensive knowledge to make complex decisions in new situations in sea conditions, including coastal waters.  (For those interested in gaining PA qualifications, keeping a logbook is a great start)	Anywhere in Sydney Harbour except restricted areas eg. Circular Quay, Garden Island, HMAS Penguin and Chowder Bay Naval Facilities.  < 17 knots  < 1.5 nautical miles from shore  Coastal waters  < 17 knots  < 18 knots  < 19 knots  < 19 knots  < 10 knots

## **Club Trips**

Our Club works to develop effective paddling skills, so you paddle further, and for longer. As a recreational club, KSC runs half day trips and overnight excursions. These are a great opportunity to upskill with trip planning, crossing the harbour and meeting other paddlers. We encourage and support members to become coaches, guides, trip leaders and instructors. Please let us know if you are interested in getting involved in the community. Adrian Clayton, our club's certified instructor, can assist with accreditation.

**Enjoy your paddling. Stay safe.** 

## **Paddling Limits - Neutral Bay**



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