

Perfect 2020 vision for the Journey.  
Considering letting go of New Year's  
hard edged resolutions and embrace the  
concept of living your life with gentle inner  
intentions.



I acknowledge these 2019 celebrations (Send energy to  
what IS working great in your life)

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This year I desire letting go of (perhaps a behavior/  
thought or belief) which is no longer serving me?

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My intention word or motto phrase for 2020 is...

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This intention is meaningful for me because...

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The areas of my life this intention will infuse...

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I intend to manifest more...

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By focusing on my intention, I will feel more...

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