

## COVID-19

**Daily Symptom Screening:** All parents must take their child's temperature and complete the Daily Health Check on the Tadpoles App prior to drop-off.

**Symptoms:** If **TWO OR MORE of the fields in Column A** are checked off **OR AT LEAST ONE field in column B** is checked off, your child must remain home and will need a **negative** COVID test prior to return.

### Column A

	Fever ( measured or subjective)
	Chills
	Rigors( Shivers)
	Myalgia ( muscle aches)
	Headache
	Sore throat
	Nausea or vomiting
	Diarrhea
	Fatigue
	Congestion or runny nose

### Column B

	Cough
	Shortness of Breath
	Difficulty Breathing
	New loss of smell
	New loss of taste

**Testing Protocols:** Rapid and at home tests are **NOT** recommended due to the higher percentage of false positives. An at home test, will not be accepted. If your child is exhibiting symptoms, it is imperative that it is a **PCR test in a clinical setting.**

**Quarantine Time Frame:** While CDC and NJDOH continue to endorse 14 days as the preferred quarantine period – and thus the preferred school exclusion period. The [NJDOH COVID-19 Activity Level Index Report \(CALI\)](https://www.nj.gov/health/cd/statistics/covid/) <https://www.nj.gov/health/cd/statistics/covid/> provides information on COVID-19 transmission risk by region and statewide and characterizes risk as Very High (red), High (orange), moderate (yellow), or low (green). In the childcare setting, excluded individuals who are close contacts of staff or attendees with COVID-19 compatible symptoms or who tested positive for COVID-19 may be considered for a reduced exclusion period based on Regional Risk Levels:

- **High Orange/Very High Red**, exposed close contacts should be excluded from school for 14 days from last date of contact.
- **Moderate Yellow/Low Green**, exposed close contacts should be excluded from school for 10 days or after Day 7 if the individual tests negative with a viral PCR test between day 5-7 and if no symptoms were reported during daily monitoring.

**Close Contact:** A close contact is defined as having close contact (within 6 feet of an infected person for **at least 15 minutes or more during a 24-hour period**) with a person with confirmed COVID-19.

Secondary contacts (i.e. a sibling of a close contact) are permitted to attend school as long as the close contact remains symptom free.

**This guidance is based on what is currently known about the transmission and severity of coronavirus disease 2019 (COVID-19). This is an evolving situation and guidance is subject to change.**