**Daily COVID-19 Home Screening for Students**

**Parents/Guardians:** Please conduct this short home health check each morning. The form does not need to be turned in. It is to be used as a reference for if your child will need a COVID test.

**Section 1: Symptoms**

Any of the symptoms below could indicate a COVID-19 infection in children. Please note that this list does not include all possible symptoms and children with COVID-19 may experience any, all or none of these symptoms. Please check your child daily for these symptoms to help reduce the spread of COVID-19.

|  |  |
| --- | --- |
|  | Cough |
|  | Shortness of Breath |
|  | Difficulty Breathing |
|  | New loss of smell |
|  | New loss of taste |

**Column A Column B**

|  |  |
| --- | --- |
|  | Fever ( measured or subjective) |
|  | Chills |
|  | Rigors( Shivers) |
|  | Myalgia ( muscle aches) |
|  | Headache |
|  | Sore throat |
|  | Nausea or vomiting |
|  | Diarrhea |
|  | Fatigue |
|  | Congestion or runny nose |

If **TWO OR MORE of the fields in Column A** **are checked off** OR **AT LEAST ONE field in column B** **is checked off**, your child must remain home and will need a negative COVID test prior to return.

* **Alternate Diagnosis are no longer accepted.**
* **If your child is unwell but symptoms do not warrant a COVID test, please refer to the sick policy in the family guide regarding attendance.**

**Section 2: Close Contact/Potential Exposure**

Please verify if:

|  |  |
| --- | --- |
|  | Your child has had close contact ( within 6 feet of an infected person for at least 15 minutes or more during a 24 hour period) with a person with confirmed COVID-19 |
|  | Someone in your household is diagnosed with or has symptoms ( see above) of COVID-19 |

If **ANY** of the fields in section 2 are checked off, please keep your child home for 14 days from last date of contact.

**Section 3: Out of state travel**

If your child has traveled outside the immediate region of NY, NJ, CT, DE, it is recommended he/she be tested 3-5 days after return from the trip. If travelers test negative, they should **quarantine for a full 7 days after travel**. If testing is not available (or if the results are delayed), travelers should **quarantine for 10 days after travel** prior to return to school.