

UNION COUNTY SCHOOL NURSES ASSOCIATION

MAY 2026 POSTER CONTEST

ARE YOU IN THE 2nd, 3rd, 4th or 5TH GRADE?

YOU CAN WIN A \$25 GIFT CARD!



**MAKE A POSTER ABOUT THE IMPORTANCE
OF
SLEEP!**

**Bring your completed poster to the Health Office at your
school by Thursday April 30, 2026**

The winning poster will be selected on May 6, 2026

*Create a poster that shows something about **what we can do to get enough sleep!**

*Use standard paper sized 8 ½ x 11”.

*Use any materials such as glitter, construction paper, paint, pencils, or crayons to create an original **handmade** poster.

*Make sure to place your **name, grade, and the name of your school** on the back of the poster.

* A photograph of the winning poster will be posted on the UCSNA website.