

UNION COUNTY SCHOOL NURSES ASSOCIATION

MAY 2026 POSTER CONTEST

ARE YOU IN THE 6th, 7th, or 8th GRADE?

YOU CAN WIN A \$25 GIFT CARD!



**MAKE A POSTER ABOUT THE IMPORTANCE
OF
SLEEP!**

**Bring your completed poster to the Health Office at your
school by Thursday, April 30, 2026**

The winning poster will be selected on May 6, 2026

- *Create a poster that shows something about **getting enough sleep**.
- *Use standard paper sized 8 ½ x 11”.
- *Use any materials such as glitter, construction paper, paint, pencils, or crayons to create an original handmade poster.
- *Make sure to place your name, grade, and the name of your school on the back of the poster.
- * A photograph of the winning poster will be posted on the UCSNA website.