

Annette's Mamey Sapote Pudding

<u>Ingredient</u>	<u>Quantity</u>	<u>Instruction</u>
Mamey sapote	2 cups	mashed
coconut milk	1 cup	Unsweetened
brown sugar	2 TBLSP	
fresh ginger	½ tsp	grated
vanilla extract	¼ tsp	
cinnamon	½ tsp	
ground cloves	¼ tsp	
ground cardamom	¼ tsp	

- Put all ingredients in a blender to puree.
- Optionally top with a dollup of freshly whipped cream.

NOTE: This is a DELICIOUS fresh dessert treat. It was Julia's idea to add the ginger.