

Alexandra's Indian Tofu

<u>Ingredient</u>	<u>Quantity</u>	<u>Instruction</u>
blocks of firm tofu	2	pressed, then cut into 1" cubes melted
unrefined coconut oil	1 TBLSP	
whole milk Greek yogurt	2 TBLSP	
corn starch	2 TBLSP	
garam masala spice mix	1 tsp	
dried turmeric	1 tsp	
ground cumin	1 tsp	
salt	1 tsp	
minced ginger	1 tsp	
minced garlic	1 tsp	
<ul style="list-style-type: none"> Place the blocks of tofu in between two cutting boards, and place a weight, like a water kettle, on the top cutting board. Let the tofu expel water for 30 minutes. Preheat the oven to 400 deg F. In a large bowl, whisk together ingredients from oil to garlic, then using a large spoon, gently toss the tofu together with the other ingredients. Pour the tofu mixture into a rimmed cookie sheet, and bake for 20 mins. 		
butter	2 TBLSP	
UNrefined coconut oil	2 TBLSP	
minced ginger	1 tsp	
minced garlic	1 tsp	
minced onion	1 medium onion	
garam masala spice mix	1 tsp	
ground coriander	1 tsp	
ground cumin	1 tsp	
serrano pepper	1 medium	thinly sliced
sugar	1 tsp	
salt	1 tsp	
tomato paste	1 TBLSP	
crushed tomatoes	one 15-oz can	
UNSweetened coconut cream	1/3 cup	
<ul style="list-style-type: none"> Meanwhile, in a large pot, melt the butter & oil, then sauté the ginger, garlic, & onion for 5 minutes over medium heat or until onions are translucent. Reduce heat to low, add ingredients from garam masala to coconut cream, and cook another 10 minutes over low heat. Carefully pour into a blender and blend until smooth. Pour the smooth sauce back into the large pot, gently stir in the baked tofu mixture, and cook another 5 minutes over low heat. Serve with rice. Optionally top with chopped parsley or cilantro. 		