

Burrito Bar

<u>Ingredient</u>	<u>Quantity</u>	<u>Instruction</u>
flour or corn tortillas	2 per person	
black or pinto beans	1 cup per person	mashed & refried
cumin	1 tsp per cup of beans	
Worcestershire sauce	1 tsp per cup of beans	
salt, black pepper	to taste	
shredded cheeses		
chopped tomatoes		
chopped cilantro		
chopped scallions		
sliced avocado		
pickled onions		
sour cream		
salsa		
hot sauces		
lime wedges		

- Warm the tortillas in a large, nonstick frying pan over medium heat.
- In a saucepan, heat the beans with the spices.
- Put each ingredient in its own dish on the table.
- Burrito bar is open.

Veggie