ACSMH | ASSYRIAN CHALDEAN SYRIAC MENTAL HEALTH

x chai

present

CHAI and CHAT Power Hour

Join us for a weekly virtual co-working session to work on our own projects and stay productive together. This space is focused and supportive, blending productivity and mental well-being to help you tackle tasks, build better habits, and stay connected.

Starting August 14, Every Thursday at 11:00 AM EST

Scan the QR code to join ACSMH's Discord server & get started!