



**REGISTRATION  
INFORMATION  
and  
HANDBOOK  
2025-2026**

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# Body Talk Dance Company

## REQUIREMENTS TO JOIN BODY TALK

- Dancers should have completed at least one year of dance training
- Dancers must be at least 7 years old
- Dancers must commit to year-round technique classes (including summers).

## REGISTRATION

### Step 1: Tech Class Registration

Ms. Kallie places dancers into a level based on experience and ability. Dancers may dance “up” or “down” a level in a particular subject with direction/permission from Ms. Kallie.

Register for their recommended technique classes on [jwsdcrosspark.com](http://jwsdcrosspark.com) or directly through the [JWSD Portal](#) and complete JWSD’s electronic release forms. If you’re uncertain which classes to register for, email [dance@jwsdcrosspark.com](mailto:dance@jwsdcrosspark.com) for assistance.

### Step 2: Body Talk Registration

Each year, dancers who wish to officially join the company must register as members of Body Talk at the end of August. Part of registration is through the [JWSD Portal](#) as with your dancer’s Tech classes, where you’ll register for “Body Talk Tech [2/3/4/5]”. You must also:

- Complete the Company’s required paperwork
- Pay the Company’s required fees

### Body Talk Rehearsals

Rehearsals occur most Saturdays from September - June, but they may occur on Sundays or during the week especially close to performances. All dancers are expected to be at ALL rehearsals. Check the [Detailed Schedule](#) for the complete schedule.

We try to set the specific schedule at least two weeks in advance but the schedule is subject to change.

Rehearsals are CLOSED to parents unless otherwise specified. Please don’t enter the Body Talk breakroom except in a volunteer capacity as this is the dancer’s space.

Rehearsals are not guaranteed to finish on time. On occasion, please be prepared to wait for your dancer’s release. On rare occasions, please be prepared to pick your dancer up early. Changes, updates, and/or cancellations will be posted in Team App.

### Step 3: Body Talk Parent Orientation Meeting

At the JWSD Cross Park studio on August 23, 2025 with registering dancers and parent(s)/guardian(s).

1:00 pm -2:30 am – New Members

2:30 am-4:00 pm – Returning Members

#### Preparation:

- Have your dancer bring a pen and notebook
- Provide a copy of your dancers birth certificate (new members only). Scan and email to [dance@jwsdcrosspark.com](mailto:dance@jwsdcrosspark.com). BT is required to have a copy of each BT member's birth certificate on file.

## ATTENDANCE

### Tech Class Schedule

Tech 2	
Tuesday	Friday
5:30-7:00: Jazz w/ Ms. Kallie	5:30-7:00: Tap w/ Ms. Kim
7:00-8:00: Ballet w/ Ms. Carol	7:00 -8:00: Ballet w/ Ms. Anna
Tech 3	
Tuesday	Friday
5:30-7:00: Ballet w/ Ms. Carol	5:30-7:00: Ballet w/ Ms. Anna
7:00-8:30: Jazz w/ Ms. Kallie	7:00-8:30: Tap w/ Ms. Kim

Tech 4		
Monday	Wednesday	Thursday
5:30-7:00: Ballet w/ Ms. Carol	6:00-7:00 Hip Hop w/ Ms. Ki'ana	5:30-7:00 Jazz w/ Ms. Kallie
7:00-8:30: Jazz w/ Ms. Kim	7:00-8:30 Tap w/ Ms. Kim	7:00 -8:30 Ballet w/ Ms. Kallie

Tech 5		
Monday	Wednesday	Thursday
5:30-7:00 Ballet w/ Ms. Carol	6:00-7:00 Tap w/ Ms. Kim	5:30-7:00: Ballet w/ Ms. Carol

7:00 -8:30: Jazz w/ Ms. Kim	7:00-8:00 Hip Hop w/ Ms. Ki'ana	7:00 -8:30: Jazz w/ Ms Kallie
	8:00-8:30: Tap w/ Ms. Kim	

## Tech Class Attendance

The dancers improve by taking class. There is no substitute for being in class. We expect the kids to maintain good attendance. This year we have implemented an attendance policy.

**For the Fall semester (September through December), Tech 2s and 3s can miss 6 classes (a week & a half), Tech 4s and 5s can miss 9 classes (a week and a half), without any need for make-ups**—that's 10% of your classes this semester. After that, the dancers will need to make-up any classes that they miss.

<b>Tech 2 Make-up Options</b>	Monday Sparks 5:30-7:00 (Ballet & Jazz)	Wednesday Sparks 5:30-7:00 (Ballet & Tap)	
<b>Tech 3 Make-up Options</b>	Monday Sparks 5:30-7:00 (Ballet & Jazz)	Wednesday Sparks 5:30-7:00 (Ballet & Tap)	Thursday Tech 4 5:30-8:30 (Jazz & Ballet)
<b>Tech 4 &amp; 5 Make-up Options</b>	Tuesday Tech 3 5:30-8:30 (Ballet & Jazz)	Friday Tech 3 5:30-8:30 (Ballet & Tap)	

## Tech Class Availability

If a dancer needs to miss class, the dancer must submit a “Conflict” in Team App at least 2 weeks prior to the planned absence or conflict. If there are too many people missing, we may cancel the class.

- Submit using dancer’s Team App profile, or if using parent profile, be sure to include dancer’s name.
- Provide reason.
- Provide date submitted.

***If conflict occurs on the day of class, notify via Chat, in addition to updating Conflicts.***

Take the time now to go through the semester/year and place known conflicts (i.e., STAAR testing, school events) and revisit periodically to keep Conflicts current.

## Makeup Classes

Dancers should make-up missed tech classes. Check with Ms. Kim on makeup alternatives.

- Dancers who miss excessive amounts of classes run the risk of being dropped from dances.
- Class attendance expectations are in effect September through May. Summer months are required but absences for vacations are expected.

## Private Lessons

Private lessons may be arranged with Body Talk teachers depending on their availability – payment should be negotiated between the teacher and yourself.

## Rehearsal Availability

Dancers are allowed a maximum of 2 rehearsal absences each semester, but missing max or less than max does not guarantee a dancer's spot in a dance/show. Basically, do not schedule Saturday activities!

Expectation: If a dancer needs to miss rehearsal (partial or all), the dancer must submit a Conflict in Team App at the beginning of the semester (by September 1st).

- Submit using dancer's Team App profile, or if using parent profile, include dancer's name.
- Provide reason
- Provide information such as "all day," "available by...", "needs to leave at ...", "not available between..." Be sure to allow travel time to and from your conflict.
- Include date of submission
- Submitting a notice for absence from rehearsals does not ensure that an absence will be excused especially if submitted last minute - regardless of the excuse.
  - There is a possibility that the dancer may be cut from a dance and/or a show.
  - This decision will be at the director's discretion.
  - Dancers who miss crucial or excessive amounts of rehearsals will not perform.
- ***Please limit requests for commitments on rehearsal days to those of the utmost importance.***

The last two weeks of rehearsals prior to any performance or competition is considered mandatory. Any conflicts during this time warrants reaching out to the director for permission to miss. In most cases, a conflict during this time will result in removal from particular pieces or possibly the performance/competition.

Take the time now to go through the semester/year and place known conflicts (i.e., recitals, family events) and revisit periodically to keep conflicts current. If you add a conflict after Ms. Kallie sends around the e-mail confirming conflicts, please text Ms. Kallie directly.

Dancers that miss rehearsals are expected to review videos posted on Team App to learn missed choreography. If a dancer returns to rehearsal the following week unprepared, they risk being cut from that dance.

If a dancer misses an audition due to a scheduled absence, they may be cut from that particular dance. Audition schedule is at the discretion of the choreographer and may or may not be published in advance.

*Do not schedule a regular activity on Saturdays. We will not work around your dancer for the entire year. No tutoring, no gymnastics, no acting class etc. Dancers playing a sport may submit games as conflicts, if submitted early enough and feasible, we will work around their schedule. We try our best, but ultimately the dancers should not schedule activities for Saturdays.*

### **When In Doubt, Submit Conflict**

Submit important dates via Conflicts **even if they do not appear to conflict with the standard schedule** (i.e., Sunday, Holidays, not usual tech night, usually don't practice that early or that late, ...). Having a dancer's scheduled conflicts may help with arranging the rehearsal schedule.

<b>Tech 2/3 Overview Calendar</b>	
*Rehearsal every Saturday unless otherwise specified*	
9/6/2025	First Saturday Rehearsal
10/17/2025--10/19/2025	Elevation Dance Convention
11/16/2025	Sunday Costume Fitting for Trail of Lights
11/29/2025	No Rehearsal this Saturday (Thanksgiving Break)
12/5/2025-12/7/2025	Tremaine Dance Convention
12/13/2025	Dress Rehearsal
12/14/2025	Trail of Lights Performance (Tentative)
12/20/2025	BT Holiday Party
12/27/2025	No Rehearsal this Saturday (Winter Break)
1/11/2026	Sunday Costume Fitting for Competition Dances
2/8/2026	Sunday Dress Run Before Competition
2/13/2026--2/15/2026	8 National Talent Competition
2/27/2026-3/1/2026	Elevation Dance Competition
3/14/2026	No Rehearsal (Spring Break)
4/19/2026	Sunday Costume Fitting/Issue for Spring Show
5/2/2026 & 5/3/2026	Dress Rehearsal
5/9/2026 & 5/10/2026	Dress Rehearsal
5/16 & 5/17	Hopeful Show Dates





## **TUITION AND FEES**

### **Yearly Fees**

Yearly BT Registration Fee – \$25

Yearly Buy into Costume Closet Fee (Returning Member) – \$25

Yearly Buy into Costume Closet Fee (New Member) – \$50

*Billed September 1st*

### **Semester Fees**

Costume Fee – \$50: November 1st and February 1st

### **Monthly Tuition and Fees**

JWSD Tuition – Varies – June through July

BT Fees – \$60 – September through June

## COMPANY UNIFORM AND BAGS

### Required items:

#### Company will order:

BT Dance Backpack (Required)	\$60
BT Travel Duffle Bag (Optional)	\$65
BT Cover-Up Jersey (Required)	\$60
BT Company Pants (Required)	\$45
Bra Top	\$25
Booty Shorts	\$25
Black Leggings	\$45
Black Camisole Top	\$12

**Dancers must bring required items that they already own to the Registration Meeting.**

**Returning dancers do not need to order Booty Shorts or Black Camisole Top if they wear the items to the meeting. Returning dancers do not need to buy a backpack or BT Cover-up Jersey.**

**Please bring company uniform items that do not fit to pass down to smaller dancers.**

Dancers must:

- Provide black crew dress socks like [here](#). Last year's socks were too thick and too long. Please purchase a few pairs and keep them safe and ready to go.
- Wear company base under costumes unless told otherwise.
- Wear the base uniform any time a costume fitting is scheduled.
- Wear Cover-Up Jersey and Company Pants to performances, conventions, and competitions.

\*Please label EVERYTHING including shoes (silver permanent marker inside of shoes works well). This includes all uniform pieces, bags, shoes, water bottles, lunch bags, makeup, costumes...anything your dancer brings really needs to be labeled!

## PAYMENTS

Each family is required to create their own JWSD customer account [here](#) or by going to the Customer Portal login link on our [website](#). Dancers must have a credit card on file for their account. Accounts are automatically charged on the 1st of each month unless you have made arrangements for an alternate monthly payment date.

## STUDIO EXPECTATIONS

### Drop Off - Tech Classes and Rehearsals

Please drop off and pick up dancers outside of the studio.

Dancers who arrive late may not be allowed to participate. Please plan your time wisely.

## Dress Code and Dance Shoes

### **Dancer Personal Supplies**

Dancers should carry a small kit in a dance bag of items they may need such as hair brush, hair ties, Bobby pins, feminine hygiene products, deodorant, band aids, and any over the counter medicine they are allowed to take. We do not share hair brushes! Paper and a writing device helpful for jotting down notes. Everything must fit into a bag. Please do not bring a

### **Food at the Studio**

On rehearsal days, eating at the studio may be necessary. Plan on bringing snacks to any Saturday rehearsal. Water is the only drink allowed at the studio. We are a **NUT FREE studio**, some dancers have severe nut allergies, do not bring food containing nuts of any kind.

Please do not door dash/uber eats food or use another delivery service.

Please do not pack candy or desserts

Please only pack water (unflavored)

### **Dancer Technology at Studio**

Dancers must turn off Wifi on their phones and put them away during rehearsals and tech classes including before and after class and during breaks. They may use electronic devices to text/call parents about dance related events such as changes in pickup times.

The kids connect through phones and technology now, so I am keeping an open mind, especially if they are using the phone as a means of spending time with each other. If the phone or other device starts to become a way for them to tune out the community around them that is when I get concerned and may ask the dancer to put the device away.

Do not take or post pictures or videos of dancers without the instructor's permission.

### **Non-BT/JWSD Performances**

Ms. Kim must approve any dance performance involving a BT member. Prior approval/permission must be obtained before enrolling in any class, convention, competition, or in any form of dance training. This includes solo, duo, trio or any group work. No dancer may use choreography taught in BT without the director's permission. This includes local talent shows. We are interested in what your dancer is doing with their dance outside the studio.

## **COSTUMES**

BT provides most of the costumes for performances and competitions. In many cases, the base uniform pieces are part of a costume (review base requirements in uniforms section). Most of the time, shoes, socks, and undergarments are the responsibility of the parent to provide.

### **Dancer Provided Costumes**

- Costume committee will communicate needs

- Your dancer may need basic undergarments for shows such as strapless or nude bra and tights.
  - Even young dancers may need a strapless or nude bra to facilitate costume changes or to maintain modesty under stage lighting.
  - When a unified look is needed, BT may purchase and charge dancers' accounts (for example, specific tights) but then that/those item(s) are yours to keep and are not expected to be returned to the costume closet.
- Sometimes dancers will provide their own costume. This usually happens when we are going for a particular "look" but do not want everyone dressed the same. It is a chance for your dancer to be creative. We try to give as much direction as possible and parents are always welcome to consult with a costume committee person for further clarification.
  - If you do buy something for your dancer for a "dancer provides" number, remember to keep all tags and receipts until after the item receives approval at dress rehearsal.
- Dancers may be required to purchase black combat boots, black converse, or other "costume" shoes. Do not purchase until you know your dancer will need them for a show.

*Please note: last minute changes from time to time are necessary. Parents expected to purchase, make alterations, and label costumes. This includes putting clear elastic in head pieces and elastic in shoes.*

## Issuing Costumes

When costumes are issued, dancers must bring a laundry basket to collect their costume pieces. Dancers must wear their base uniforms for trying on costumes and often the base uniform is part of their costume. Please **label everything**. Blue painters tape works well on costumes issued to you.

## Costumes at Dress Runs

On dress run days, dancers must bring two laundry baskets along with all their costume pieces including base uniforms.

## Make-Up Requirements

### Foundation

- Why is it required for everyone?
  - To set other makeup and...
  - Bright lights wash out skin, so choose carefully and feel free to ask for guidance!
- Color
  - Fair tone, apply shade that is one or two shades darker than your tone
  - Olive tone, consider applying shade one darker or that matches your tone
  - Darker tone, apply shade that matches your tone

### Blush

- Color
  - Find a color that matched Mary Kay Bold Berry as shown in this [chart](#)
  - Possibilities

- [Maybelline](#)
- [Revlon](#)
- [NYX](#)

### Eye Shadow

- Colors
  - [Main Color](#)- The brown and golden one would work
  - <https://www.sephora.es/p/sombra-de-ojos-en-textura-liquida--sombra-de-ojos-liquida-P10025289.html>
  - [https://www.ulta.com/p/colorstay-creme-eyeshadow-xlsImpprod15361017?sku=2501438&cmpid=PS\\_Non!google!Product\\_Listing\\_Ads&utm\\_source=google&utm\\_medium=paidsearch&cagpspn=pla&CATCI=&CAAGID=&CAWELAID=330000200001059148&gad\\_source=1&gad\\_campaignid=18825555802&gbraid=0AAAAAD9rLH49mBOrG1HjCTGyPRttwN5Tu&gclid=Cj0KCQjwqqDFBhDhARIsAIHTIktdvKam\\_IVSc9mXYW e-eWbVwdON2hNLvCTaSZCR7o\\_RxHNz5SJFiWMaAgpnEALw\\_wcB](https://www.ulta.com/p/colorstay-creme-eyeshadow-xlsImpprod15361017?sku=2501438&cmpid=PS_Non!google!Product_Listing_Ads&utm_source=google&utm_medium=paidsearch&cagpspn=pla&CATCI=&CAAGID=&CAWELAID=330000200001059148&gad_source=1&gad_campaignid=18825555802&gbraid=0AAAAAD9rLH49mBOrG1HjCTGyPRttwN5Tu&gclid=Cj0KCQjwqqDFBhDhARIsAIHTIktdvKam_IVSc9mXYW e-eWbVwdON2hNLvCTaSZCR7o_RxHNz5SJFiWMaAgpnEALw_wcB)

### Waterproof Liquid EyeLiner

- [Black like this](#)

### Waterproof Mascara

- [Black like this](#)

### Lips

- **Must be this one:** [Maybelline SuperStay 24, 2-Step Liquid Lipstick, Keep Up the Flame](#)

### Application Tools/Other

- Sponges
- Q-tips
- Makeup wipe removers
- Bag to hold all in
- Chapstick
- Power to set (optional)
- Tissues
- brushes

Other than siblings, no sharing! Everyone needs their own set. It's a health and safety thing.

## COMMUNICATION

### Team App

- Every dancer must have access to this free app.
- Where ALL information about the Company is communicated.
- At least one parent must be a member. It is recommended that each dancer have their own member profile.
- Browser Version or Link to App (see [Team App How To Guide](#))

## Website/Email

- <https://jwsdcrosspark.com/>
  - Studio (registrations, billings) [dance@jwsdcrosspark.com](mailto:dance@jwsdcrosspark.com)
- Team App is your best resource.

## PERFORMANCES

This year BT will participate in two Austin conventions and the TATD summer convention. Please view the events tab in Team App for more information. Tentative performance dates have also been added to Team App.

## VOLUNTEERING

All families must volunteer in some capacity each semester. When reviewing the list of opportunities, please select ALL the areas that you can participate in. We are a small company and will not survive without your participation.

You will select your preferences when completing your [registration paperwork](#).

Once everyone is assigned to a group, chairpersons will coordinate with their group and assign tasks. We expect two parent households will have two volunteers to contribute. We also welcome volunteers from your larger community. I think that there are some great ways to get grandparents, extended family, neighbors, etc. involved. This is a great way to expand our community and I love intergenerational ties—its great for our kids!

There is no longer an opt out option. If you have a special gift, talent, resource, profession, etc. that may benefit the company, please include this information in your registration.

## CONVENTIONS AND COMPETITIONS

### Definitions

**Competition:** A contest in which a winner is selected from among two or more entrants. A dance competition is an event in which dancers perform previously learned dances for judges.

**Convention:** A large formal assembly of a group with common interests. A convention is an organized event with nationally renowned teachers. While at a convention, your dancer will learn the different disciplines (ballet, tap, and jazz) in a concentrated setting. Competition is usually a factor but not the focus.

### Participation

Although BT does not require convention participation, it is expected as it is a crucial step in training your dancer. All eligible dancers are expected to participate.

Dancers who can commit to attending the scheduled conventions, will be considered for competition pieces designed especially for these conventions. These pieces may be used at other times throughout the year.

Dancers must make a commitment to participate in order to be considered for the special numbers.

## **Conventions**

### **Elevation on Tour Convention**

- Date: Oct 17-19, 2025
- Cost: \$310 (need at least 15 registered to attend)
- Where: Kalahari Resort  
3001 Kalahari Blvd.  
Round Rock, TX 78665
- Website: <https://elevationontour.com/convention/>

### **Tremaine Dance Convention**

- Date: Dec 7-9, 2025
- Cost: \$310 + any competition cost
- Where: Hyatt Regency Lost Pines Resort & Spa  
575 Hyatt Lost Pines Road  
Lost Pines, TX 78612
- Website: <https://www.tremainedance.com/winter-2025-26/austin-tx/>

### **TATD Convention**

- Date: June 20-25, 2026
- Cost: It depends—budget \$1000, last year I believe it ended up being \$850 (\$400 tuition and \$450 hotel/food costs)
- Where: Marriott Sugar Land Town Square  
16090 City Walk  
Sugar Land, TX 77479
- Website: <https://tatd.org/convention/>

## **Competitions**

### **8 National Talent Competition**

- Date: Feb 13-15, 2026
- Cost: \$60-70 per dance
- Where: Courtyard by Marriott Conference Center  
16100 Impact Way



Pflugerville, TX 78660

### **Elevation on Tour Competition**

- Date: Feb 27-March 1
- Cost: \$60-70 per dance
- Where: Austin, TX

### **Expectations at Conventions/Competitions**

Before attending Convention/Competition, Dancers, Chaperones, and/or Dressers must read through expectations of behavior in [Competition/Convention/TATD Information](#).

### **Convention/Competition Notes**

- NO dancer may register for a convention or competition with an outstanding JWSD/BT balance.
  - If there is a balance, all money turned in will go toward the balance, first.
- When a convention is out of town, dancers will attend with a chaperone (parent and/or teacher)
- Dancers that are interested in working on solo/duo/trios are expected to attend all conventions.
  - A [solo duo trio approval form](#) must be submitted and signed by Ms. Kallie
  - Ms. Kallie will ultimately decide what dancers will work best together for duo trios
  - It is recommended to start working on any solo, duo or trio during the summer.
  - All dancers can benefit from a 30 minute private lesson weekly, regardless if they are ready to perform a solo. You can reach out to Ms. Kallie for suggestions on a private instructor.

### **CONTACT INFORMATION**

Ms. Kallie (512)-203-2256; [ms.kallie@jwsdcrosspark.com](mailto:ms.kallie@jwsdcrosspark.com)

Ms Kim (512) 797 4983; [kmwjwsd@gmail.com](mailto:kmwjwsd@gmail.com)

Parent Liaison: Ms. Allison (513) 373-1394; [ruth.allisonm@gmail.com](mailto:ruth.allisonm@gmail.com)

If you have any questions, please send them our way. We know it can be a bit overwhelming as you step into this world and we sometimes forget what it is like to be new. Your questions help us communicate better. In return though, we ask that you try and read and look for your answers here or in Team App as well.