

Title IV-E Collaborative Presents

Intro to Trauma Informed Care

Melissa Santos

Melissa Santos, BSW is the Senior Director of Professional Development and Organizational Initiatives at Community Solutions overseeing internal clinical training, leadership development, community-based training and strategic initiatives. She has over 20 years of experience in the behavioral health field and is a national trainer and CA Lead of the *Celebrating Families!* evidence-based model. Melissa has been a member of the Santa Clara County Touchpoints training team for over 10 years and facilitates trainings, conference workshops and webinars on trauma-informed care, mindfulness, recovery, and organizational leadership throughout the country.

Wednesday, March 3, 2021

2:00 pm - 5:00 pm

ZOOM

Registration ends Wednesday, February 24th

Link sent on Friday, February 26th

Course Description: This course provides an overview of Kaiser's ACE study as part of an introduction in understanding the impact that early childhood toxic stress has on lifelong health outcomes. Participants will be taught through lecture and group activities best practices in responding to trauma and the Stages of Trauma Recovery. Opportunity for connecting the concepts to participants own experiences will be guided and interventions for client self-care will be identified and practiced. This course is required for all Community Solutions employees.

By the conclusion of this workshop, participants will be able to identify and practice:

- Greater awareness of the impact of early childhood trauma on brain development
- 3 ways to enhance confidence, responsiveness and awareness for supporting survivors of trauma, abuse, and addiction in your role
- Acquired knowledge and skills in how self-care and one's own lens impacts trauma treatment and the importance of supervision and a trauma sensitive work environment

Eligible County Employees



For questions contact Staff Development & Training at
Rianna.Garcia01@ssa.sccgov.org

Must obtain Supervisor approval prior to registering

Eligible Non-County Employees

Register on-line @

<https://register.asapconnected.com/Courses.aspx?CourseGroupID=28977>

If you have questions please email us at:
T4e.collaborative@gmail.com