

Title IV-E Collaborative Presents

Motivational Interviewing

Matthew Renzi

Matthew Renzi is an Associate Professional Clinical Counselor working as a Manager in the Training Division at Community Solutions. Matthew has experience providing therapy to the psychotic, homeless, and juvenile justice populations. He has experience providing CBT and MI trainings and has utilized his military service to develop and facilitate a community mental health safety training.

Part 1: Thursday, February 4, 2021

Part 2: Thursday, February 11, 2021

Part 3: Thursday, February 18, 2021

9:00 AM to 11:00 AM

ZOOM

Registration ends Wednesday, January 27th

Link sent on Friday, January 29th

Must attend all sessions

Course Description: In this course, participants will learn about the Motivational Interviewing approach to helping people change and see the crucial importance of matching interventions to individuals' stages of change in order to improve the likelihood of success. In addition to examining the principles of MI, participants will learn and practice specific skills and techniques that will support the primary goals of MI, which include establishing rapport, eliciting change talk, and establishing commitment language.

By the conclusion of this workshop, participants will be able to identify and practice:

- Foundational principles and spirit of Motivational Interviewing
- List the 4 processes of MI
- Help clients consider their own reasons for change
- Employ basic MI skills to help clients resolve ambivalence in favor of change
- How MI is used in different practice settings

Eligible County Employees



For questions contact Staff Development & Training at
Rianna.Garcia01@ssa.sccgov.org

Must obtain Supervisor approval prior to registering

Eligible Non-County Employees

Register on-line @

<https://register.asapconnected.com/Courses.aspx?CourseGroupID=28977>

If you have questions please email us at:
T4e.collaborative@gmail.com