

# Title IV-E Collaborative Presents

## Motivational Interviewing

**Matthew Renzi**

**Matthew Renzi** is an Associate Professional Clinical Counselor working as a Manager in the Training Division at Community Solutions. Matthew has experience providing therapy to the psychotic, homeless, and juvenile justice populations. He has experience providing CBT and MI trainings and has utilized his military service to develop and facilitate a community mental health safety training.

Part 1: Tuesday, March 23, 2021

Part 2: Tuesday, 30, 2021

Part 3: Tuesday, April 6, 2021

10:00 am - 12:00 pm

**ZOOM**

Registration ends Wednesday, March 17th

Link sent on Friday, March 19th

***\*Must attend all sessions\****

**Course Description:** In this course, participants will learn about the Motivational Interviewing approach to helping people change and see the crucial importance of matching interventions to individuals' stages of change in order to improve the likelihood of success. In addition to examining the principles of MI, participants will learn and practice specific skills and techniques that will support the primary goals of MI, which include establishing rapport, eliciting change talk, and establishing commitment language.

**By the conclusion of this workshop, participants will be able to identify and practice:**

- Foundational principles and spirit of Motivational Interviewing
- List the 4 processes of MI
- Help clients consider their own reasons for change
- Employ basic MI skills to help clients resolve ambivalence in favor of change
- How MI is used in different practice settings

### **Eligible County Employees**



For questions contact Staff Development & Training at  
[Rianna.Garcia01@ssa.sccgov.org](mailto:Rianna.Garcia01@ssa.sccgov.org)

**\*Must obtain Supervisor approval prior to registering\***

### **Eligible Non-County Employees**

Register on-line @

<https://register.asapconnected.com/Courses.aspx?CourseGroupID=28977>

If you have questions please email us at:  
[T4e.collaborative@gmail.com](mailto:T4e.collaborative@gmail.com)