

Title IV-E Collaborative Presents

Trauma Informed Interventions for Youth In Case Management & Peer Support

Lisa Colliss is a Licensed Clinical Social Worker. Lisa has clinical and training experience in a variety of evidence-based practices and trauma-informed care, including TF-CBT, Seeking Safety, Mindfulness, and the use of movement and yoga in trauma work. She has served as a clinician in large community-based organizations, an inpatient psychiatric hospital, and in private practice with experience providing individual and group therapy to clients of all ages.

Lisa Colliss

Part 1: Monday, March 1, 2021

Part 2: Monday, March 8, 2021

Part 3: Monday, March 15, 2021

10:00 am - 12:00 pm

ZOOM

Registration ends Wednesday, February 24th

Link sent on Friday, February 26th

****Must attend all 3 sessions****

Course Description: In our work with children and families, we are often supporting them in identifying and healing from trauma. As Case Managers and Peer Partners, understanding and supporting trauma symptoms within your role is of great value. In this training you will be introduced to best practices within the Trauma Focused Cognitive Behavioral Therapy (TF-CBT) model. TF-CBT is an evidenced-based treatment model for children ages 18 and under who experience symptoms of PTSD. This course will include psychoeducation on trauma symptoms, rationale for trauma treatment, and provide specific trauma-informed interventions that are within the scope of case management and peer support. This training is intended for case managers or peer support staff, to provide guidance on how to best support clients receiving TF-CBT Treatment. It does not include clinical interventions or certification.

By the conclusion of this workshop, participants will be able to identify and practice:

- Identify common symptoms and reactions to childhood trauma
- Identify at least 2 ways to describe the rationale for trauma treatment to children and families
- Identify at least 3 skills in each of the following areas: feelings expression, relaxation skills, affective regulation, and cognitive coping

Eligible County Employees



For questions contact Staff Development & Training at
Rianna.Garcia01@ssa.sccgov.org

Must obtain Supervisor approval prior to registering

Eligible Non-County Employees

Register on-line @

<https://register.asapconnected.com/Courses.aspx?CourseGroupID=28977>

If you have questions please email us at:
T4e.collaborative@gmail.com