

Gabriella Grant is the director of the California Center of Excellence for Trauma Informed Care, overseeing the Center's research, program and professional development, as well as policy analysis activities. Her background includes heading the nation's first community corrections-based victim advocacy program and running a three-year project funded by the California Department of Public Health to increase access to domestic violence shelters by women with mental health and/or substance abuse issues. The domestic violence shelter project showed that it is possible to increase capacity to serve women with co-occurring disorders by understanding trauma and developing programs that respond to people's need for safety. Gabriella brings to the Center a long history of professional experience developing innovative programs for female offenders, crime victims, and domestic violence survivors. Through this work she has also gained an understanding of how program design, policies and procedures can positively affect the people being served. She earned her undergraduate degree from Amherst College, a Latin teaching certificate from the Pontifical Gregorian University in Rome, Italy, and a Masters in Public Policy from Johns Hopkins University. She has taught at the primary, secondary and university levels and has trained professionals, advocates, and consumers in a wide variety of settings.

Title IV-E Collaborative Presents

Trauma and Eating Disorders

During a Pandemic

Gabriella Grant, MA

Two day course

Friday, February 19, 2021

Friday, February 26, 2021

10:00 am to 11:30 am

ZOOM

Registrations ends Wednesday, February 10th

Links sent Friday, February 12th

Course Description:

This training gives providers a research-based understanding of eating disorders, the cultural role, and how to treat eating disorders (primary, secondary, and tertiary). Attendees will gain skills to discuss disordered eating and exercise in safety-focused ways that also facilitate trauma recovery. Ideally, attendees apply these concepts to themselves first, so that they can more clearly work with clients' disordered eating and exercise issues.

Course Objectives:

- Identify the culturally-specific elusive body idea for the practitioner
- Identify the role of the elusive body idea in disordered eating/exercising patterns
- Identify the central trauma roles and the elusive body ideal
- Select one addition to your own practice.

Note: You must attend both days of training.

Eligible County Employees

For questions contact Staff Development & Training at
Rianna.Garcia01@ssa.sccgov.org

*Must obtain Supervisor approval prior to Registering

Eligible Non-County Employees

Register on-line at
<https://register.asapconnected.com/Courses.aspx?CourseGroupID=28977>

For any questions please email us at

T4e.collaborative@gmail.com