

TITLE IV-E COLLABORATIVE PRESENTS



WHAT TO SAY AFTER I'M SORRY



Dr. Janet Childs

Tuesday, February 9, 2021

1:00 PM to 3:00 PM

ZOOM

Registration ends, Wednesday, February 3rd

Links sent Friday, February 5th

Dr. Janet Childs,

AAETS:

Since 1970, Janet Childs has been actively providing crisis intervention counseling and education focusing on the dynamics of loss, illness, crisis and grief. As a founding member of the Centre for Living with Dying, Janet has participated in the growth of this organization, and has worked with thousands of individuals, groups and professionals on the front lines. The Centre is an international bereavement counseling program - the most comprehensive of its kind in the country, serving over one and a half million people since 1976. The Centre provides support, intervention and education for all age groups and professions on the life issues of loss, serious illness, death, grief and trauma. She presently oversees the educational programs and coordinates the Bay Area Critical Incident Stress Management Team. For the past 30 years, she has offered POST Certified Training for public safety personnel and for the past 35 years, has provided Certified Training for social workers, nurses, teachers and therapists. She has received many awards for working with schools, fire and police departments, traumatic grief and crisis intervention. She has responded with support to major critical incidents such as 9-11, Hurricane Katrina and several earthquakes, locally, such as Loma Prieta. Combining her love of music with her personal and professional experience with loss, she creates a safe and healing environment to gently examine these difficult life issues.

Very few of us are taught what to say or do in the event of loss, illness or trauma. We may want to help, but may not be sure what works. Explore simple and profound techniques for being present to a co-worker, friend, family member, or client in a positive, helpful way; learn useful techniques for self-care.

Outcomes:

- Identify situations in which you would want to reach out to support someone
- Learn what is a helpful or what is detrimental for different relationships and types of people
- Practice helpful responses in interaction with others facing loss or change
- Explore tools for self-care, as you are supporting others

Eligible County Employees

For questions contact Staff Development & Training at

Rianna.Garcia01@ssa.sccgov.org

Must obtain Supervisor approval prior to registering

Eligible Non-County Employees

Register on-line here:

<https://register.asapconnected.com/Courses.aspx?CourseGroupID=28927>

If you have questions please email us at:

T4e.collaborative@gmail.com