

# Title IV-E Collaborative Presents

## Suicide Prevention

*Melissa Lawton*

Monday, February 22, 2021

9:00am - 4:00pm

**ZOOM**

Registration ends Wednesday, February 17th

Link sent out Friday, February 19th

**Melissa Lawton, MS, LMFT, CRC**, is the Assistant Director of Willow Rock Crisis Stabilization Unit, the Alameda County WIC 5585.50 receiving center for adolescents ages 12 to 17 on a civil commitment hold. As the Assistant Director and a former clinician at this center, she has personally completed over 500 risk assessments and continues to provide clinical supervision to crisis clinicians. As a Seneca Risk Workgroup member, she works with the agency's Clinical Director and Executive staff members on developing best practices regarding risk assessment and provides in-service trainings to programs within and outside the agency around suicide risk. She is also an adjunct instructor for San Francisco State University's Graduate Clinical Mental Health and Marriage and Family Therapy programs.

### Training Summary:

During this training, participants will review their roles in assessing and intervening to prevent suicide as defined by professional organizational ethics and legal statutes. They will also view current Centers for Disease Control (CDC) statistics identifying demographic trends of suicide completion and exploring the most lethal methods of suicide attempts. Participants will learn to identify risk and protective factors for suicide as defined by SAMHSA. They will also be introduced to Thomas Joiner's Interpersonal Theory of Suicide to better understand drivers for suicide. Participants will be introduced to the Ask Suicide Screening Questions (ASQ) screening and brief suicide assessment tools as best practice for opening new clients and for assessing suicide risk when there is a positive screening and when there suspicion of suicidality with current clients. Participants will use Edwin Shneidman's Ten Commonalities of Suicide as a basis for having conversations with suicidal individual. Participants will also discuss evidence-based practices for managing suicidality including CBT, Dialectical Behavior Therapy for Adolescents (DBT-A), and Collaborative Assessment and Management of Suicidality (CAMS). Participants will be provided handouts, a PowerPoint, experiential exercises, as well as an aftercare test to reinforce learning.

### Eligible County Employees



For questions contact Staff Development & Training at  
[Rianna.Garcia01@ssa.sccgov.org](mailto:Rianna.Garcia01@ssa.sccgov.org)

\*Must obtain Supervisor approval prior to registering\*

### Eligible Non-County Employees

Register on-line here:

<https://register.asapconnected.com/Courses.aspx?CourseGroupID=28977>

If you have questions please email us at:  
[T4e.collaborative@gmail.com](mailto:T4e.collaborative@gmail.com)