

# TITLE IV-E COLLABORATIVE PRESENTS



## Advanced Critical Incident Stress Management (CISM)

**Dr. Janet Childs**



**Dr. Janet Childs,**  
**AAETS:** Since 1970, Janet Childs has been actively providing crisis intervention counseling and education focusing on the dynamics of loss, illness, crisis and grief. As a founding member of the Centre for Living with Dying, Janet has participated in the growth of this organization, and has worked with thousands of individuals, groups and professionals on the front lines. The Centre is an international bereavement counseling program - the most comprehensive of its kind in the country, serving over one and a half million people since 1976. The Centre provides support, intervention and education for all age groups and professions on the life issues of loss, serious illness, death, grief and trauma. She presently oversees the educational programs and coordinates the Bay Area Critical Incident Stress Management Team. For the past 30 years, she has offered POST Certified Training for public safety personnel and for the past 35 years, has provided Certified Training for social workers, nurses, teachers and therapists. She has received many awards for working with schools, fire and police departments, traumatic grief and crisis intervention. She has responded with support to major critical incidents such as 9-11, Hurricane Katrina and several earthquakes, locally, such as Loma Prieta. Combining her love of music with her personal and professional experience with loss, she creates a safe and healing environment to gently examine these difficult life issues.

### Three Day Training

Tuesday, Wednesday, Thursday

March 2nd, 3rd, & 4th

8:30 am - 3:30 pm

**ZOOM**

Registration ends Wednesday, February 24th

Links sent Friday, February 26th

***Must attend all 3 sessions***

This course will cover how to identify a critical incident in the workplace, identify stressors that can create cumulative impact, how to identify challenges faced by co-workers and employees as well as how to care for yourself. Refine CIS debriefing and defusing techniques for both individual and group responses by scenarios, examples, and role-plays. Refine skills in team morale development, training, and practice tools for debriefing the debriefers. This course is an **ADVANCED** course with focus on managers and other employees in supportive positions.

#### **Eligible County Employees**

For questions contact Staff Development & Training at  
[Rianna.Garcia01@ssa.sccgov.org](mailto:Rianna.Garcia01@ssa.sccgov.org)

**\*Must obtain Supervisor approval prior to registering\***

#### **Eligible Non-County Employees**

Register on-line at  
<https://register.asapconnected.com/Courses.aspx?CourseGroupID=28972>

For any questions please email us at  
[T4e.collaborative@gmail.com](mailto:T4e.collaborative@gmail.com)