

TITLE IV-E COLLABORATIVE
PRESENTS

Intro to Motivational Interviewing

Jennifer Baity, LCSW

JENNIFER BAITY, LCSW, LAADC is a licensed clinical social worker and licensed advanced alcohol and drug counselor. She is the Program Director at the Mental Health Rehabilitation Center at Zuckerberg San Francisco General Hospital. She provides staff and intern supervision and training; provides individual, group, and family treatment for adults with serious and persistent mental illness who also have problematic substance use histories; and co-developed the co-occurring disorders (dual diagnosis) program at the San Francisco Behavioral Health Center. She has provided in-depth training to clinicians providing services to youth and adults since 1991 and regularly trains staff in mental health and substance abuse programs throughout the San Francisco Bay Area and beyond. She specializes in training on diagnosis and treatment of individuals with co-occurring mental health and substance use conditions and motivational interviewing.

Two Day Training

Day 1 Monday, March 8, 2021

Day 2 Tuesday, March 9, 2021

9:00 AM to 5:00 PM

ZOOM

Registration ends Wednesday, March 3rd

Links sent Friday, March 5th

How to help your clients to build and strengthen motivation to change problematic and risky behaviors (eg. substance use disorders, eating habits, poor treatment engagement and adherence, and tobacco use). "Motivational interviewing is a collaborative, goal-oriented style of communication with particular attention to the language of change. It is designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the person's own reasons for change within an atmosphere of acceptance and compassion." (Miller and Rollnick 2013) Strengthen your ability to motivate your clients to make and maintain positive changes. You will become familiar with the spirit, principles and basic techniques of MI. Through interactive exercises, role-play, practice, and case examples, you will learn to apply MI flexibly and effectively and begin to make it a natural and integrated part of your clinical practice. MI was redesigned in 2013 to include Miller & Rollnick's new four-process model and Jennifer includes these changes in her trainings.

Eligible County Employees

For questions contact Staff Development & Training at
Rianna.Garcia01@ssa.sccgov.org

Must obtain Supervisor approval prior to registering

Eligible Non-County Employees

Register on-line here:

<https://register.asapconnected.com/Courses.aspx?CourseGroupID=28977>

Please email us with any questions:
t4e.collaborative@gmail.com