

# Title IV-E Collaborative Presents

## Resource Family Approval- Day 4

*Carla Felton*

**Carla Felton** received her Masters of Social Work in 2011 from the University of Denver, Colorado. She received her Bachelor of Social Work in June 2008 from Azusa Pacific University in California. She has worked as a social worker, permanency caseworker, and professor of social work prior to working for Seneca. In 2013, Carla started to work for Seneca as Foster/Adoption Social Worker at the Kinship program. She transitioned to a supervising social worker in July 2016 and then to a CFT Supervisor / Facilitator in March 2018. She is currently a crisis clinician at Seneca as well as a trainer for our Resource Family Pre-Approval trainings. She is also the facilitator of Diversity, Equity, and Inclusion Initiative in Seneca FOA programs. Carla is Co-Director and group leader for annual adoption camp (Camp PAKK) for Santa Clara County families. She also supervised a MSW intern from California State University, Monterey Bay for summer internship in the Seneca foster/adoptive placement program.

Saturday, April 11, 2020

10:00 AM to 4:00 PM

Registration 9:30 AM

West Valley Campbell Community Center

One West Campbell Avenue, Campbell CA

Room J69

### Becoming a Resource Parent

#### pt. 2

10:00 AM- 1:00 PM

Participants in this training will take part in a self-assessment and discussion exploring beliefs, attitudes, and motivations for becoming a resource parent. Training participants will also have the opportunity to hear from foster youth on a panel about what is needed to be a resource parent and what helped them.

Participants of this training will learn knowledge and skills required for being an effective trauma-informed resource parent.

#### Training Objectives:

- Explore and better understand beliefs, attitudes, and motivations for becoming a resource parent/family
- Learn key concepts related to trauma-informed foster parenting
- Learn and practice skills needed to be a trauma-informed resource parent

### Building Safe Caregiving Environments

1:30 PM- 4:00 PM

This training is designed for caregivers and providers of traumatized youth in the child welfare and juvenile probation systems. The content will include information about guidelines for providing a safe caregiving environment, the role of prudent parenting in creating safe caregiving environments and strategies for building safe, predictable, and appropriate responses to the behaviors of youth who have experienced trauma. Participants will also learn about how to support birth family relationships and address safety issues regarding contact.

#### Training Objectives:

- Increase knowledge and understanding about what it means to build and sustain psychologically and physically safe caregiving environments for traumatized youth in foster care
- Learn the importance of caregiver consistency, predictability, self-regulation when parenting traumatized youth
- Learn coping strategies for identifying and managing their own feelings and triggers related to any previous trauma history
- Understand key factors related to birth family relationships, visits and safety regarding contact.

#### Eligible County Employees



For questions contact Staff Development & Training at

[Rianna.Garcia01@ssa.sccgov.org](mailto:Rianna.Garcia01@ssa.sccgov.org)

\*Must obtain Supervisor approval prior to registering\*

#### Eligible Non-County Employees

Register on-line at

<https://register.asapconnected.com/Courses.aspx?CourseGroupID=28977>

For any questions please email us at

[T4e.collaborative@gmail.com](mailto:T4e.collaborative@gmail.com)