

Title IV-E Collaborative Presents

Addressing Suicide, Self-Harm and Unsafe Behaviors

Gabriella Grant, MA

Gabriella Grant is the director of the California Center of Excellence for Trauma Informed Care, overseeing the Center's research, program and professional development as well as policy analysis activities. Her background includes heading the nation's first community corrections-based victim advocacy program and running a three-year project funded by the California Department of Public Health to increase access to domestic violence shelters by women with mental health and/or substance abuse issues. The domestic violence shelter project showed that it is possible to increase capacity to serve women with co-occurring disorders by understanding trauma and developing programs that respond to people's need for safety. Gabriella brings to the Center a long history of professional experience developing innovative programs for female offenders, crime victims, and domestic violence survivors. Through this work she has also gained an understanding of how program design, policies and procedures can positively affect the people being served. She earned her undergraduate degree from Amherst College, a Latin teaching certificate from the Pontifical Gregorian University in Rome, Italy and a Masters in Public Policy from Johns Hopkins University. She has taught at the primary, secondary and university levels and has trained professionals, advocates and consumers in a wide variety of settings.

Friday, March 6th, 2020

9:00 AM to 4:00 PM

Registration 8:30 AM

West Valley Campbell Community Center
One West Campbell Avenue, Campbell CA
Room J69

In this topic, participants will learn about the connection between earlier experiences of violence and abuse and current or recent suicidal, self-harming and unsafe behaviors in young people. Professionals and advocates can assist in minimizing the negative effects of these behaviors by addressing the current safety issues, emphasizing consumer choice, and developing a list of options to reduce reliance on self-harm and self-injury. The training will emphasize skills-building related to asking about suicide, addressing unsafe behaviors, promoting connection and providing resources. Techniques practiced will include grounding, safe coping, and responding empathetically to disclosures of suicidal thoughts and unsafe behaviors. Laws and legal parameters will also be discussed.

This course qualifies for 6 hours of continuing education. Continuing education (CE) hours are available to maintain the following licenses with the Board of Behavioral Sciences (BBS): Marriage and Family Therapists, Licensed Clinical Social Workers, and Licensed Professional Clinical Counselors. West Valley College is an accredited post-secondary institution and is recognized by the BBS as an approved continuing education provider. The college is accredited by the Accrediting Commission for Community and Junior Colleges of the Western Association of Schools and Colleges.

Eligible County Employees



For questions contact Staff Development & Training at

Rianna.Garcia01@ssa.sccgov.org

Must obtain Supervisor approval prior to registering

Eligible Non-County Employees

Register on-line at

<https://register.asapconnected.com/Courses.aspx?CourseGroupID=28977>

For any questions please email us at

T4e.collaborative@gmail.com