

# TITLE IV-E COLLABORATIVE PRESENTS

## The Neurobiology of Trauma and its Application

*Gabriella Grant, MA*

**Gabriella Grant** is the director of the California Center of Excellence for Trauma Informed Care, overseeing the Center's research, program and professional development as well as policy analysis activities. Her background includes heading the nation's first community corrections-based victim advocacy program and running a three-year project funded by the California Department of Public Health to increase access to domestic violence shelters by women with mental health and/or substance abuse issues. The domestic violence shelter project showed that it is possible to increase capacity to serve women with co-occurring disorders by understanding trauma and developing programs that respond to people's need for safety.

Gabriella brings to the Center a long history of professional experience developing innovative programs for female offenders, crime victims, and domestic violence survivors. Through this work she has also gained an understanding of how program design, policies and procedures can positively affect the people being served. She earned her undergraduate degree from Amherst College, a Latin teaching certificate from the Pontifical Gregorian University in Rome, Italy and a Masters in Public Policy from Johns Hopkins University. She has taught at the primary, secondary and university levels and has trained professionals, advocates and consumers in a

Part 1: Friday, September 11, 2020

10:00 AM to 11:30 AM

And

Part 2: Friday, September 25, 2020

10:00 AM to 11:30 AM

Online Via ZOOM

\*This is a 2 Part training. Please register for BOTH days. Attendance is required for both classes.

This training includes the work done by Dr. Bill Perry, Dr. Belles van der Kolk and others regarding the interference of trauma with brain development and how the traumatized brain works. The first part of this training offers a lay-persons' understanding of the brain and trauma, accessible and understandable to any participant. Additional resources will be provided. The second part of this training will focus on practicing simple neurobiological self-care skills for both professionals and clients. These include grounding practice, emotional freedom technique and finger holds.

This course qualifies for 6 hours of continuing education. Continuing education (CE) hours are available to maintain the following licenses with the Board of Behavioral Sciences (BBS): Marriage and Family Therapists, Licensed Clinical Social Workers, and Licensed Professional Clinical Counselors.

West Valley College is an accredited post-secondary institution and is recognized by the BBS as an approved continuing education provider. The college is accredited by the Accrediting Commission for Community and Junior Colleges of the Western Association of Schools and Colleges.

### Eligible County Employees



For questions contact Staff Development & Training at [Bianna.Garcia@ssa.sccgov.org](mailto:Bianna.Garcia@ssa.sccgov.org)

\*Must obtain Supervisor approval prior to registering\*

### Eligible Non-County Employees

Register on-line at

<https://register.asapconnected.com/Courses.aspx?CourseGroupID=28977>

For any questions email us at

[T4e.collaborative@gmail.com](mailto:T4e.collaborative@gmail.com)