



REGNUM CHRISTI
PRAYERS

MORNING OFFERING

Pray one Our Father, one Hail Mary and one Glory Be.

Lord Jesus,

I give you my hands to do your work.

I give you my feet to follow your path.

I give you my eyes to see as you see.

I give you my tongue to speak your words.

I give you my mind so that you can think in me.

I give you my spirit so you can pray in me.

Above all I give you my heart so in me you can love your Father
and all people.

I give you my whole self so you can grow in me, till it is you,
Christ, who live and work and pray in me. Amen.

GOSPEL READING AND MEDITATION

Read a passage from the Gospel.

Reflect on what God is saying to me through his Word.

Converse with God about the meaning of the Gospel passage.

It may be helpful to use the RC Daily Meditation (go to regnumchristi.org/en, click on formation in the menu and then daily meditation). End with a prayer to renew my love for Christ and my desire to follow God's will as He's inspired me to in this Gospel passage. For example:

My Lord and Father, God of heaven and earth – creating Father, redeeming Son, sanctifying Holy Spirit – I love you with all my heart. I thank you for creating and redeeming me, and for bringing me to the Catholic faith. I offer you on this day my prayer, work, sufferings and joys. Enable me to do everything out of love for you and according to your will. Grant me charity in my dealings with others, patience in suffering, courage in proclaiming my faith and wisdom on my life's journey. Free me from sin and from all evil. May your grace always remain with me and with all who are dear to me. Amen.

DECADES OF THE ROSARY

Contemplating one of the mysteries, pray one Our Father, ten Hail Marys, and one Glory Be.

THE JOYFUL MYSTERIES: Monday and Saturday

- 1) Annunciation** “‘I am the Lord’s servant,’ said Mary, ‘let what you have said be done to me’” (Luke 1:38).
- 2) Visitation** “Mary went into Zechariah’s house and greeted Elizabeth” (Luke 1:40).
- 3) Nativity** “Mary gave birth to a son, her firstborn. She wrapped him in swaddling clothes and laid him in a manger” (Luke 2:7).
- 4) Presentation of the Child Jesus in the Temple** “Mary and Joseph took Jesus up to Jerusalem to present him to the Lord” (Luke 2:22).
- 5) Finding of Jesus in the Temple** “Three days later, they found him in the Temple, sitting among the teachers” (Luke 2:46).

THE LUMINOUS MYSTERIES: Thursday

- 1) Baptism of Jesus** “And a voice spoke from heaven, ‘This is my Son, the Beloved; my favor rests on him’” (Matthew 3:17).
- 2) Wedding at Cana** “This was the first of the signs given by Jesus: it was given at Cana in Galilee. He let his glory be seen, and his disciples believed in him”(John 2:11).

3) Proclamation of the Kingdom "Jesus went to Galilee. There he proclaimed the Good News from God. 'The time has come,' he said, 'and the Kingdom of God is close at hand. Repent, and believe the Good News'" (Mark 1:14, 15).

4) Transfiguration "As he prayed, he was transfigured in their presence: his face shone like the sun and his clothes became as white as the light" (Luke 9:29; Matthew 17:2).

5) Last Supper "I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever" (John 6:51).

THE SORROWFUL MYSTERIES: Tuesday and Friday

1) Agony In the Garden He was in such agony and he prayed so fervently that his sweat became like drops of blood falling on the ground (Luke 22:44).

2) Scourging at the Pillar With loud shouts, however, they persisted in calling for his crucifixion, and their voices prevailed (Luke 23:23).

3) Crowning with Thorns Weaving a crown out of thorns, they placed it on his head, and a reed in his right hand and kneeling before him, they mocked him, saying, "Hail, King of the Jews!" (Matthew 27:29).

4) Carrying of the Cross "Whoever wishes to come after me must deny himself, take up his cross, and follow me." (Mark 8:34)

5) Crucifixion Jesus cried out in a loud voice, "Father, into your hands I commend my spirit." (Luke 23:46) And bowing his head, he handed over the spirit (John 19:30b).

THE GLORIOUS MYSTERIES: Wednesday and Sunday

1) Resurrection “Why look among the dead for someone who is alive? He is not here, he has risen” (Luke 24:56).

2) Ascension “As he blessed them, he withdrew from them and was carried up to heaven” (Luke 24:51).

3) Pentecost “Something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit” (Acts 2:34).

4) Assumption of Mary into Heaven “Blessed is she who believed that the promise made her by the Lord would be fulfilled” (Lk 1:45).

5) Coronation of Mary, Mother of the Church “A great sign appeared in heaven: a woman, adorned with the sun, standing on the moon, with twelve stars on her head for a crown” (Rev 12:1).

MASS

ACT OF LOVE BEFORE MASS

O my God, I love Thee with all my heart, with all my soul, with all my strength and with no other desire than to be inseparably united to Thee. It is through Thy Divine Son that this union is about to be realized within me. In Holy Communion I long to identify myself with Him, that it will no longer be myself, but Him, who lives in me; and when I have received Jesus within myself, then I shall love and be loved by Thee in that same measure, in which I am united to Him. Hasten then, to give me Thy Divine Son, at the hands of Thy priest, that through Jesus, I may unite myself forever to Thee, O God the Father, in the unity of the Holy Spirit. Amen.

THANKSGIVING AFTER COMMUNION

Soul of Christ, sanctify me

Body of Christ, heal me

Blood of Christ, drench me

Water from the side of Christ, wash me

Passion of Christ, strengthen me

Good Jesus, hear me, in your wounds shelter me

From turning away, keep me

From the evil one, protect me

At the hour of my death call me, into your presence lead me

To praise you with all your saints, forever and ever. Amen

AFTER MASS

PRAYER TO ST. MICHAEL THE ARCHANGEL

Saint Michael the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray. And do thou, O Prince of the heavenly host, by the power of God, thrust into hell Satan and all the evil spirits who wander the earth seeking the ruin of souls. Amen.

GO FORTH FROM MASS *RADIATING CHRIST*

Dear Jesus, help me to spread Your fragrance everywhere I go. Flood my soul with Your spirit and life. Penetrate and possess my whole being so utterly that all my life may only be a radiance of Yours. Shine through me and be so in me that every soul I come in contact with may feel Your presence in my soul. Let them look up and see no longer me but only Jesus! Stay with me and then I shall begin to shine as You shine, so to shine as to be a light to others; the light, O Jesus, will be all from You; none of it will be mine: it will be You shining on others through me. Let me thus praise You in the way You love best: by shining on those around me. Let me preach You without preaching, not by words, but by my example, by the catching force, the sympathetic influence of what I do, the evident fullness of the love my heart bears to You. Amen

SPIRITUAL COMMUNION

It has long been a Catholic understanding that when circumstances prevent one from receiving Holy Communion, it is possible to make an Act of Spiritual Communion, which is a source of grace. Spiritual Communion is an ardent desire to receive Jesus in the Most Holy Sacrament and lovingly embrace him at a time or in circumstances when one cannot receive Him in sacramental Communion (ex: when a person cannot attend Mass). Acts of Spiritual Communion increase our desire to receive sacramental Communion and help us avoid the sins that would make us unable to receive Holy Communion worthily.

My Jesus, I believe that you are present in the Most Holy Sacrament.

I love you above all things and I desire to receive you in my soul.

**Since I cannot at this moment receive you sacramentally,
Come at least spiritually into my heart.**

**I embrace you as if you were already there
And unite myself wholly to you.**

**Never permit me to be separated from you.
Amen.**

ANGELUS

Said around noon to remind us of the Angel who appeared to Mary

The Angel of the Lord declared unto Mary,

And she conceived of the Holy Spirit.

Hail Mary...

Behold the Handmaid of the Lord,

Be it done unto me according to Thy word.

Hail Mary...

And the Word was made flesh,

And dwelt among us.

Hail Mary...

Pray for us O Holy Mother of God,

That we may be made worthy of the promises of Christ.

Let us pray: Pour forth we beseech thee O Lord Thy grace into our hearts, that we to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His Resurrection. Through the same Christ our Lord.

NIGHT PRAYERS

Pray one Our Father, one Hail Mary and one Glory Be.

PETITION FOR LIGHT

My Lord and my God, I thank you for the countless gifts you have given me, especially for creating and redeeming me, for calling me to the Catholic faith, for choosing me to be an apostle among my brothers and sisters, and for freeing me from so many dangers of soul and body. Enlighten my mind so I can recognize my faults, and grant me the grace to be truly sorry and sincerely mend my ways.

EXAMINATION OF THE DAY

Step One: Gratitude.

What am I most grateful for today, and what do I want to say to God about that?

Step Two: Petition.

Ask the Holy Spirit to help me to see my day as he saw it, and to bring to the surface whatever he wants me to recognize.

Step Three: Review my day with Jesus.

Here are some questions that could help.

What has the Lord told me in prayer today?

What has stirred in my heart today?

Which thoughts and feelings have helped me draw closer to Jesus?

Which thoughts and feelings have not helped me?

What could the Lord want to tell me in that?

In what ways have I been aware of creating space for God today?

What, if anything, can I do to help that space to grow tomorrow?

- How have I responded to what the Lord has called me to do today?

Step 4: Forgiveness.

As I review my day with Christ, I may notice that I wasn't always open to what he wanted to do in my soul. If so, I ask for the healing touch of the forgiving God who, with love and respect for me, removes my heart's burdens.

Step 5: Renewal.

I renew my awareness of God's loving presence. Tonight he will protect me and all those I love; tomorrow he wants to offer me a new step in our relationship. I could end by praying an Our Father slowly and thoughtfully.

Prayer Before Going to Sleep. Visit this house, we beg you, Lord, and banish from it the deadly power of the evil one. May your holy angels dwell here to keep us in peace, and may your blessing be always upon us. We ask this through Christ our Lord. Amen.

HOLY HOUR

SPIRITUAL COMMUNION

My Jesus, I believe you are present in the Most Blessed Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.

PRAYER TO THE HOLY SPIRIT

Holy Spirit, inspire in me what I should think, what I should say, what I should leave unsaid, what I should write, what I should do and how I should act to bring about the good of souls, the fulfillment of my mission and the triumph of the Kingdom of Christ. Amen.

MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. Mother of the Word incarnate, do not despise my petitions, but in thy mercy hear and answer me. Amen.

LITANY OF HUMILITY

V/ Jesus, meek and humble of heart.

R/ Hear me.

V/ From the desire of being...

honored

R/ Lord Jesus, free me.

approved

praised

preferred

consulted

recognized

V/ From the fear of being...

humiliated

R/ Lord Jesus, free me.

despised

dismissed

rebuked

defamed

forgotten

ridiculed

wronged

suspected

From resenting that my opinion is not followed

V/ That others will...

R/ Lord Jesus, Make this my prayer.

be esteemed more than I

increase in the opinion of the world while I diminish

be chosen while I am set aside

be praised while I am overlooked

be preferred to me in everything

V/ Let us pray:

Lord Jesus, though you were God, you humbled yourself to the extreme of dying on a cross to set an enduring example to the shame of our pride and self-love. Help us to learn from your example and put it into practice, so that, by humbling ourselves in accordance with our lowliness here on earth, you can lift us up to enjoy you for all eternity in heaven, where you live and reign for ever and ever. R/ Amen.

SAINT FRANCIS PRAYER

Lord, make me an instrument of your peace:

where there is hatred, let me sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

where there is sadness, joy.

O divine Master, grant that I may not so much seek

to be consoled as to console,

to be understood as to understand,

to be loved as to love.

For it is in giving that we receive,

it is in pardoning that we are pardoned,

and it is in dying that we are born to eternal life.

Amen.

LITANY OF TRUST

From the belief that I have to earn Your love, *Deliver me Jesus.*

From the fear that I am unlovable, *Deliver me Jesus.*

From the false security that I have what it takes,
Deliver me Jesus.

From the fear that trusting You will leave me more destitute,
Deliver me Jesus.

From all suspicion of Your words and promises,
Deliver me Jesus.

From the rebellion against childlike dependency on You,
Deliver me Jesus.

From refusals and reluctances in accepting Your will,
Deliver me Jesus.

From anxiety about the future, *Deliver me Jesus.*

From resentment or excessive preoccupation with the past,
Deliver me Jesus.

From restless self-seeking in the present moment,
Deliver me Jesus.

From disbelief in Your love and presence, *Deliver me Jesus.*

From the fear of being asked to give more than I have,
Deliver me Jesus.

From the belief that my life has no meaning or worth,
Deliver me Jesus.

From the fear of what love demands, *Deliver me Jesus.*

From discouragement, *Deliver me Jesus.*

That You are holding me, sustaining me, loving me,

Jesus, I trust in you.

That Your love goes deeper than my sins and failings, and transforms me, *Jesus, I trust in you.*

That not knowing what tomorrow brings is an invitation to lean on You, *Jesus, I trust in you.*

That you are with me in my suffering, *Jesus, I trust in you.*

That my suffering, united to Your own, will bear fruit in this life and the next, *Jesus, I trust in you.*

That You will not leave me orphan, that You are present in Your Church, *Jesus, I trust in you.*

That Your plan is better than anything else, *Jesus, I trust in you.*

That You always hear me and in Your goodness, always respond to me, *Jesus, I trust in you.*

That You give me the grace to accept forgiveness and to forgive others, *Jesus, I trust in you.*

That You give me all the strength I need for what is asked, *Jesus, I trust in you.*

That my life is a gift, *Jesus, I trust in you.*

That You will teach me to trust You, *Jesus, I trust in you.*

That You are my Lord and my God, *Jesus, I trust in you.*

That I am Your beloved one, *Jesus, I trust in you.*

PARENT'S PRAYER FOR MY CHILDREN'S VOCATIONS

Lord, I pray to you for my children's vocations. Grant them the grace to discover and accept according to your will whatever path you have chosen for each one of them. Help them to be docile and generous in giving themselves to their calling and may they faithfully carry out the duties it will demand of them. And if, in your infinite goodness, you choose to call them to serve you, form in me, Lord, a generous and willing heart, that will appreciate in all their greatness the matchless gifts of the priesthood and consecrated life. Lord, give me the joy and humility gratefully to acknowledge such a fruitful blessing. Amen.

***BE SATISFIED WITH ME* BY ST. ANTHONY OF PADUA**

Everyone longs to give themselves completely to someone, to have a deep soul relationship with another, to be loved thoroughly and exclusively. But to a Christian, God says, "No, not until you are satisfied, fulfilled and content with being loved by Me alone, with giving yourself totally and unreservedly to Me, with having an intensely personal and unique relationship with Me alone. Discovering that only in Me is your satisfaction to be found will you be capable of the perfect human relationship that I have planned for you. You will never be united to another until you are united with Me. Exclusive of anyone or anything else. Exclusive of any other desires or longings. I want you to...

...stop planning, to stop wishing, and allow Me to give you the most thrilling plan existing, one you cannot imagine. I want you to have the best. Please allow Me to bring it to you. You just keep watching Me, expecting the greatest things. Keep experiencing the satisfaction that I am. Keep listening and learning the things that I tell you. Just wait, that's all. Don't be anxious, don't worry, don't look around at things others have gotten or that I have given them. Don't look around at the things you think you want. Just keep looking off and away up to Me or you'll miss what I want to show you. And then, when you're ready, I'll surprise you with a love far more wonderful than you could dream of. You see, until you are ready, and until the one I have for you is ready, I am working even at this moment to have both of you ready at the same time. Until you are both satisfied exclusively with Me and the life I prepared for you, you won't be able to experience the love that exemplified your relationship with Me and this is perfect love. And dear one, I want you to have this most wonderful love. I want you to see in the flesh a picture of your relationship with Me and to enjoy materially and concretely the everlasting union of beauty, perfection and love that I offer you with Myself. Know that I love you utterly. I AM God. Believe it and be satisfied. Amen.

EXAMINATION OF CONSCIENCE

GENERAL

- Have I neglected to love the Lord God with all my heart, all my soul, and all my strength, and my neighbor as myself? If so, in what specific ways?
- In deed or in thought, have I killed, committed adultery, stolen, coveted or borne false witness?
- Have I failed to honor all people? Did I do to another what I would not have had done to myself? or done wrong to anyone?
- Did I prefer anything to the love of Christ?

SELF-DENIAL

- Have I been self-indulgent, have I been gluttonous or have I overindulged in alcohol or other things?
- Have I been lazy or slothful?
- Did I immerse myself in worldly affairs or fulfilled only the desires of the flesh?
- Have I sinned against chastity, modesty or purity?

CHARITY TOWARDS NEIGHBOR

- Have I neglected when possible to help the poor/hungry, clothe the naked, visit the sick, or console the sorrowing?
- Have I indulged in anger or fueled a desire of revenge?
- Have I been inauthentic in who I am or what is truth?

- Have I hated my enemies or anyone? Have I avoided making peace in disagreement and conflict?
- Have I indulged in excessive talk, vain words, or unfitting laughter? Have I cursed or said cruel words?
- Have I been jealous or envious?
- Did I give in to vanity? Have I been proud?
- Have I failed to respect my elders or failed to love those around me?

SEEKING FIRST GOD'S KINGDOM

- Have I not followed God's Commandment?
- Have I not put my hope in God?
- Have I lost trust in God's mercy?
- Have I attributed the good I see in myself to myself rather than to God?
- Have I failed to acknowledge evil I have done or tried to blame it on someone else?
- Have I avoided taking steps to amend my life, my sins, and my failings?
- Do I take care to avoid sinful thoughts?
- Have I been lax in prayer or reading Scripture?
- Have I not been desiring everlasting life?
- Have I not sought the counsel of God in my life?
- Have I been disobedient to authority?
- Do I seek reputation for holiness rather than holiness itself?
- Have I fallen to the temptation to treat Sunday like any other day with work or busyness?

SACRAMENT OF RECONCILIATION

PRAYER BEFORE RECONCILIATION

Come, Holy Spirit, into my soul. Enlighten my mind that I may know the sins I ought to confess, and grant me your grace to confess them fully, humbly and with contrite heart. help me to firmly resolve not to commit them again. O Blessed Virgin, mother of my Redeemer, mirror of innocence and sanctity, and refuge of sinners, intercede for me through the passion of your Son, that I may obtain the grace to make a good confession. All you blessed Angels and Saints of God, pray for me, that I may repent from my sins, that my heart may from now on be always united with with Jesus in eternal love. Amen.

ACT OF CONTRITION

O my Jesus, I love you above all else and I am sorry with all my heart for the wrong I have done and the good I have failed to do. I firmly intend with the help of your grace to do penance, to sin no more and to avoid whatever leads me to sin. Lord by the merits of your passion and death have pity on me and give the grace to never offend you again. Amen.

ENCOUNTER WITH CHRIST

The team leader leads the opening prayer and members remain standing while the Gospel is read.

VI Come, Holy Spirit!

R/ Fill the hearts of your faithful and kindle in them the fire of your love.

VI Send forth your Spirit and they shall be created,

R/ And you shall renew the face of the earth.

VI Let us pray, O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord.

R/ Amen.

VI Hail Mary...

VI Christ our King!

R/ Thy Kingdom come!

VI Queen of Apostles,

R/ Pray for us! In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

GOSPEL REFLECTION

After the Gospel is read, members kiss the Gospel as a sign of respect for the Word of God and are seated.

After an appropriate period of reflection, members are invited to share their own lights from the Holy Spirit in relation to this Gospel passage.

CASE STUDY

Members present cases they would like to share, pointing out the virtue and/or dilemma present in the case. After cases are presented, the team votes on which case to discuss based on its relevance to the needs of the team, and current societal issues.

RESOLUTIONS

Members propose resolutions, based on the Gospel and case study.

CLOSING PRAYER

VI We give you thanks for all your gifts, almighty God, living and reigning, now and forever. **RI** Amen.

VI Christ our King!

RI Thy Kingdom come!

VI Queen of Apostles,

RI Pray for us. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

EVANGELIZATION MISSIONS

Celebrant: *Lord Jesus Christ, you have wished to call countless sons and daughters of your Church to collaborate in the work of extending your kingdom, to be messengers of your love among men, and to stand as a living witness of your Church. Grant to these your missionaries who today consecrate themselves to your Sacred Heart, the grace of being unceasing apostles at the service of your Kingdom. Fortify their faith, so that they can confirm their brothers. Strengthen their hope, so that they can spread joy. Enkindle their charity, so that they can console the suffering and help them effectively. Grant them your Holy Spirit, and make them docile to his inspirations. Make them able to imitate the purity, simplicity, joy and generosity of your Mother. May she sustain them and encourage them during this mission and for the rest of their lives. Amen.*

Each missionary comes forward to receive his cross. After returning to their seats they say the following prayer:

Lord Jesus, I am here to do as Pope Francis told me: "Do not be afraid to go and to bring Christ into every area of life, to the fringes of society, even to those who seem farthest away, most indifferent." You invited me to take part in this missionary effort. You revealed yourself to me and now you send me out as your apostle. I am ready, Lord. I accept your invitation to the New Evangelization.

Recite the MORNING PRAYER (ON PAGE 1)

Mary, Mother of all missionaries, be with me always, but especially now. Tell Jesus how much I love Him and how I want to be a faithful instrument in His hands to spread the good news of His kingdom. Amen.

MISSION YOUTH



MY COMMITMENTS TO CHRIST

Lord, you have called me to consciously live my baptismal vocation to holiness and to apostolate according to the charism of Regnum Christi, to give myself to Christ in my state and condition of life so he may reign in my heart and in society. That is why I wish to join Regnum Christi, thus expressing my belonging to our spiritual family. Today, I begin a new stage on the journey of assimilating and living the spirituality, communion, and mission.

1. To grow in friendship with Christ, developing the life of grace through prayer and the sacraments.
2. To live the evangelical virtues of poverty, filial obedience, and purity in thought and action.
3. To fulfill the duties of my state in life with love and honesty as a service to God and to others.
4. To apply myself to my integral formation, and forge my Christian leadership.
5. To initiate and participate in apostolic initiatives.
6. To profess a faithful and active love for the Holy Church, the Pope, and the other bishops.
7. To generously offer my prayer, talents, time, and material goods to collaborate in the mission of Regnum Christi at the service of the Church.

LIVING AS AN APOSTLE

From the RC Rule of Life 2-18

Lay members of Regnum Christi ardently seek to establish and extend the Kingdom of Christ among all people. They let themselves be permeated by Christ's charity towards humanity and bring their apostolic zeal to life through intimate contact with him. They long for Christ to conquer their own souls and the souls of all those around them.

Impelled by the Holy Spirit and in the style of St. Paul, they endeavor to be supernatural in their aspirations, magnanimous of heart, audacious in self-giving, tenacious in the face of difficulties, and practical and effective in action. They seek to transform the world in Christ. Their motto is, "Christ our King, Thy Kingdom Come!" Therefore, the lay members of Regnum Christi:

1. Seek to encounter Christ daily in prayer, and to witness to him in the various circumstances of life;
2. In living their lay vocation, they make it their first priority to live their family life and the duties of their state in life, enlightened by the Word of God and Church teaching;
3. Seek to engage others in the concrete realities of their lives to proclaim the Gospel to them and invite them to participate in Christ's mission;

- 4. Take on their responsibility as lay faithful to bring the light of the Gospel into the public, cultural, economic, political, academic and social arenas of life. They also seek to awaken the apostolic commitment of different kinds of leaders in the world, so they live their ethical and religious convictions more consistently.**
- 5. Start and participate in apostolic initiatives and works, according to their possibilities;**
- 6. Seek to participate in parish and diocesan life, contributing the Regnum Christi charism to the local Church;**
- 7. Desire to share with others the gift of God they have discovered in Regnum Christi. So they introduce and invite others to Regnum Christi, and accompany those who show an interest in getting to know it, or in participating in its spirituality and mission.**

THE IMPORTANCE OF ECYD

Since the youth are fundamental for the future of the Church, Regnum Christi and society, lay members of Regnum Christi share the responsibility of ensuring that the young people who constitute ECYD receive proper attention and care.

THE 5 DIMENSIONS OF RC LIFE

Lay members of Regnum Christi live their baptismal commitments and fulfill their mission of being Christian leaven in the world by developing their way of life in five areas:

1. Spiritual Life
2. Formation
3. Apostolate
4. Personal Accompaniment
5. Team Life

BAPTISMAL COMMITMENTS

From the Catechism of the Catholic Church

#1270 Reborn as sons of God, [the baptized] must profess before men the faith they have received from God through the Church and participate in the apostolic and missionary activity of the People of God.

#1273 Incorporated into the Church by Baptism, the faithful have received the sacramental character that consecrates them for Christian religious worship. The baptismal seal enables and commits Christians to serve God by a vital participation in the holy liturgy of the Church and to exercise their baptismal priesthood by the witness of holy lives and practical charity.

FROM THE RC STATUTES

ULTIMATE PURPOSE

7. We seek to give glory to God and make the Kingdom of Christ present in the hearts of all people and in society, by our sanctification in the state and condition of life to which God has called us, and by personal and communal apostolic action.

OUR MISSION

8. To fulfill our mission, we seek to make present the mystery of Christ who goes out to people, reveals the love of his heart to them, gathers them together and forms them as apostles and Christian leaders, sends them out and accompanies them as they collaborate in the evangelization of people and of society.

APOSTOLIC FRUITFULNESS

9. Aware that the Kingdom of Christ is a gift and that we cannot build it by human strength alone, we seek to remain always in communion with Christ and with his Church, like the branch on the vine (see John 15:5). As followers and collaborators of Christ the Apostle, we know that prayer, participation in his cross, generosity in the service of others, trust in the action of his grace, and the witness of an authentically Christian life must precede and accompany all our apostolic action.

THROUGH
THE KINGDOM
OF CHRIST
TO THE GLORY
OF GOD

