



## 2020 LEVEL ONE WATER SPORTS CAMP

Name \_\_\_\_\_ Nickname \_\_\_\_\_

Birth Date \_\_\_\_\_ Entering grade in fall \_\_\_\_\_ (Must be entering at least 5<sup>th</sup> grade in the fall)

Email Address \_\_\_\_\_

Parents' Names \_\_\_\_\_

Address \_\_\_\_\_

Cell Phone \_\_\_\_\_

T-Shirt Size (please circle): Youth – S      M      L      Adult – S      M      L

### PLEASE CIRCLE SESSION(S):

Monday, July 6 through Friday, July 10      9:30 – 11:30  
1:30 – 3:30

Monday, July 13 through Friday, July 17      9:30-11:30  
1:30 – 3:30

Monday, July 20 through Friday, July 24      9:30-11:30  
1:30 – 3:30

Monday, July 27 through Friday, July 31      9:30 – 11:30  
1:30 – 3:30

Monday, August 3 through Friday, August 7      9:30 – 11:30  
1:30 – 3:30

**Enrollment will be limited to 10 campers and enrollment is based on date payment is received**

**Camp will not be run unless we get a minimum number of campers**

**Campers must be able to swim 50 feet in order to be enrolled in the class.**

**Program Fee: \$150 per week** for residents of the Sears School District only.

Program includes one KSC T-shirt per camper.

Mail this form, permission form and check payable to **KENILWORTH SAILING CLUB** to:

Debbie Zelten, 609 Brier St., Kenilworth, IL 60043 Questions: [debbiezelten@comcast.net](mailto:debbiezelten@comcast.net) or [leeannshay2@gmail.com](mailto:leeannshay2@gmail.com)



**APPLICATION FOR LEVEL ONE WATER SPORTS AND LIABILITY RELEASE**

I hereby enroll the following child(ren) in the Level One Water Sports Program operated by the Kenilworth Sailing Club:

**NAMES:**

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On behalf of the above-named person(s), their executors, administrators and assigns, I do hereby remise, release, and forever discharge the Kenilworth Sailing Club, the Village of Kenilworth, the Kenilworth Park District, and all of their officers, directors, employees, members and agents, and each of them, of and from any and all liability, demands, claims, damage, actions, causes of action, and loss whatsoever which now exist or may hereafter arise out of, or which in any way relate to, participation of any of the of the above-named persons, in the Sailing School operated by the Kenilworth Sailing Club, or any use with or without permission of the property, equipment, facilities owned, leased, operated or controlled by the Village of Kenilworth, the Kenilworth Park District, the Kenilworth Sailing Club, or any of them. Further, the undersigned assumes full responsibility for any and all personal injury which may result to any of the above-named persons and for any and all damage to the undersigned’s sailboat, equipment or other property which belongs to the undersigned or the Kenilworth Sailing Club, which injury or damage arises or may arise out of or in any way relates to the use of such sailboat, equipment or other property provided by the Kenilworth Sailing Club in connection with the operation of the Sailing School. Further, the undersigned agrees to indemnify and save harmless the Kenilworth Sailing Club, the Village of Kenilworth and the Kenilworth Park District, their officers, directors, employees, agents, successors and assigns, and each of them, of and from any and all liability, demands, claims, damages, actions, causes of action, and loss which may arise or be asserted against them, or any of them, as a result of the operation or use by the above-named persons, or any of them, or any of the aforesaid facilities, property or equipment.

**Photo/Audio/Video Release:**

I, hereby give permission for audio and visual images of me and/or my child under age 18, captured during regular KSC activities through audio, photo, and/or video recording means, to be used solely for promotional material, multimedia and publication purposes of the Kenilworth Sailing Club.

Signed this \_\_\_\_\_ day of \_\_\_\_\_, 2020

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Email Address

Return to: Debbie Zelten  
609 Brier St., Kenilworth, IL 60043



## KENILWORTH SAILING CLUB 2020 SEASON

The Kenilworth Sailing Club is pleased to offer its Level One Water Sports Program for 2020. This instructional and recreational program offers fun and challenge for those who are new to the sports of sailing, kayaking, and paddle boarding. The class is open to children entering at least 5th grade in the fall. Instruction on the water and on shore is under the careful direction of our experienced sailing staff. There will be three instructors for twelve students.

**The Program:** The level one Water Sports Program is held weekdays, two hours each morning. We will take up to 10 students in each session. Enrollment will be on a first come basis.

**The Curriculum:** The level one Water Sports Program will be what your children will remember most about growing up near the lake. They will like it because it is all about enjoying the lake with friends. Parents will like it because it is safe, supervised, and in the neighborhood! The camp focuses on enjoying three water sports: kayaking, paddle boarding, and sailing. Daily activities will depend on the weather and the water. At different times during the camp, there will be relays, races, and games. Each sport will be introduced with an overview of the basic skills needed in order to safely use and enjoy the equipment. While sailing with an instructor, beginners will learn the basics of using the tiller and adjusting the sails. Safety skills will be taught for both kayaking and paddle boarding: how to launch and board from the beach, how to return to the beach and disembark, how to board from the water, and how to paddle and maneuver. Each session will emphasize the importance of water safety.

**Safety:** Trained instructors are on duty at all times to assist in the launch and return of boats, and retrieval by boat rescue, if necessary. **Every participant must wear the camp provided US Coast Guard approved vest-type life jacket at all times on the water.**

**Eligibility and Requirements:** The program is open to non-club members and to residents of the Sears School District, as well as to KSC members and residents who are entering grades four and five. A simple swimming check of 50 feet in lake waters is given during the first week of the program. Shoes (tennis or water) must be worn at all times, and warm clothing, such as a windbreaker and sweatshirt, and a snack should be brought each day.

For further information, please contact Debbie Zelten or Lee Ann Shay at [leeannshay2@gmail.com](mailto:leeannshay2@gmail.com) or [debbiezelten@comcast.net](mailto:debbiezelten@comcast.net)