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SEISHIN KAI INTERNATIONAL

USA  
CHAMPIONSHIP

OCTOBER 14, 1989

Welcome by Kuniba Soke



I am very happy to welcome everyone to the 1989 Seishin Kai Invitational Tournament. I wish to extend my personal thank you to all who have worked long hours to make this event possible. It is my sincere wish that all of you enjoy the day and make it a learning experience. It is also my wish that all my Seishin Kai family cooperate together to make this a memorable event.

Thank you for your support. Best of luck to all competitors.

Soke Shogo Kuniba  
Seishin Kai Martial Arts



September 25, 1989

Shogo Kuniba  
Soke Motobu- Ha Shito Ryu Karate- Do  
Seishin Kai Invitational Tournament  
3217 Stamford Road  
Portsmouth, Virginia 23703

Dear Mr. Kuniba:

On behalf of the Board of Directors of the Chesapeake Division of the Hampton Roads Chamber of Commerce, I am very pleased to extend a warm and hearty welcome to you and all of the participants in the Seishin Kai Invitational Tournament. We are very grateful that you have chosen Chesapeake for your tournament. As you know we are very proud of our city and we always look forward to an opportunity to host such a prestigious event in the international community.

Please let me know if there is anything that we can do to assist you to make your tournament what I am sure will be a great success.

I look forward to seeing you at the tournament on October 14, 1989.

Very truly yours,



Howard I. Tew  
Chairman  
Hampton Roads Chamber of  
Commerce Chesapeake Division

cc: Mayor David I. Wynne

**SEISHIN KAI JAPAN**

PRESIDENT'S MESSAGE



It gives me great pleasure to be able to welcome all competitors and spectators to the 1989 Seishin Kai Invitational Tournament. Seishin Kai Karate Union in Japan is now making preparation for our own All-Japan Seishin Kai Tournament to be held on October 22 in Osaka. Both Soke and I join in wishing all competitors in both these prestigious events the best of luck.

As I am a very busy man, I am unable to attend your tournament in the USA but Seishin Kai Japan has sent fine representatives for myself and the Kai. Thank you for making them welcome in your country. These representatives are:

Kaneda, Toshio, Shihan  
Kuniba, Kosuke, Shihan-Dai  
Kokudo, Shojiro, Shihan-Dai  
Satono, Yoshinori, Nidan  
Kaneda, Hidenori, Nidan  
Fukuyama, Takeshi, Shodan  
Tsuchimaruya, Shinji, Shodan

I also wish to take this opportunity to invite all of you to attend our Seishin Kai World Tournament to be held in Osaka, Japan in 1990. Thank you for your continuing support of Seishin Kai.

Tatsuno, Kunio  
Kaicho, Seishin Kai Japan



## TOURNAMENT OFFICIALS

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SPECIAL THANKS TO:  
ELVIS PRESLEY FOR HIS DEDICATION AND CONTRIBUTION TO  
KARATE-DO. IN HIS HONOR THE TWO BLACK BELT  
TROPHIES FOR KATA WERE DONATED BY  
MARY LAUSE OF OHIO AND  
ELVIS COUNTRY FAN CLUB.

## SCHEDULE OF EVENTS

10:00 AM	OPENING CEREMONY
10:15 AM	COMPETITION BEGINS
1:00 PM	JAPANESE MASTERS DEMONSTRATION
5:00 PM	CONCLUSION OF TOURNAMENT

Volume 1 No.4  
October, 1987  
A Quarterly  
Publication

# FU RIN KA ZAN

Published by Traditional Karate Association  
Written by Lisa Schambach  
Edited by Janie Ostlund  
Advisor Liz Hanley



## TOURNAMENT ETIQUETTE

Traditional karate tournaments are improving technically as world-wide standards are set and followed. With technical improvements there arises a need for better tournament etiquette, if competition is to be of top quality. Rules of etiquette apply not only to competitors, but also to judges and audience.

### General Etiquette:

1. Judges and contestants must read, understand and honor all rules and regulations of the tournament.
2. Judges decisions should not be disputed during the match. Coaches may contest a decision after match is over through the proper channels.
3. No side coaching or comments.

### Etiquette for competitors:

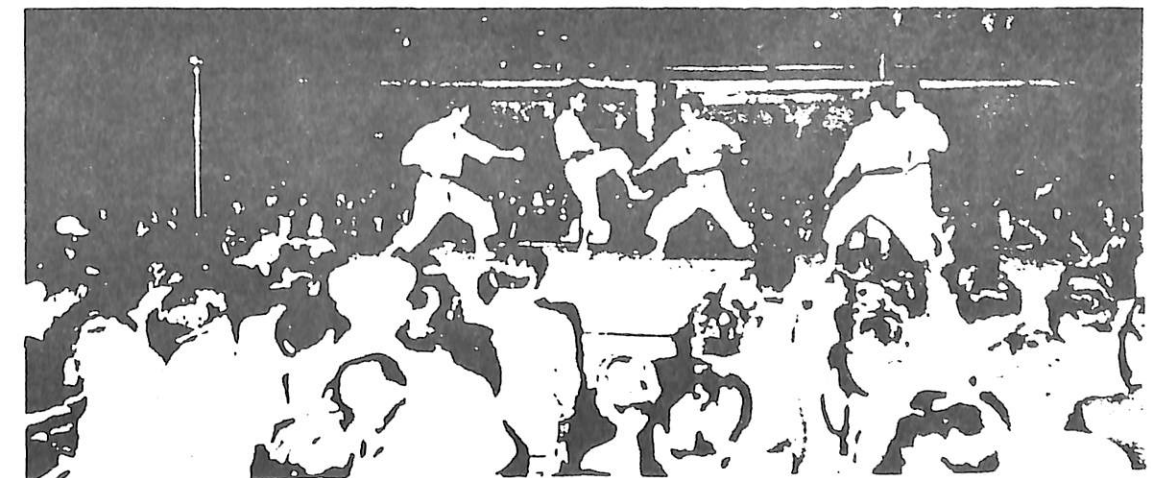
1. Bow to the judge, then to your opponent. This is the basic respectful manner of martial arts.
2. Obey every command; no arguing with the referee or judge.
3. If your opponent is injured, kneel with your back to judge and await instruction from the referee.
4. Respect match results, win or lose.
5. Stand respectfully when points are read. When finished, bow and back out of tournament area.

### Etiquette for judges:

1. Have a good attitude toward the contestants; command well.
2. Show no prejudice; be fair and open-minded.
3. Concentrate on fair judgement for all competitor's actions; be aware.

### Spectators' Etiquette

1. No chanting, coaching, booing, or berating. Show courtesy to all contestants.



The first large-scale Karate Demonstration was presented by Master Ozawa in 1950 at Kobe Japan.

# EXPLANATION OF CONTEST

## KUMITE (FREE SPARRING)

To win a match, a contestant must score three points, be leading at the end of the two-minute match, or be declared winner by decision.

(1) One Point is scored by a contestant that executes a strong well-controlled attack to a vital area of his opponent's body. This attack, when executed, must show, proper posture, good timing, correct angle of attack, and sufficient speed and power.

(2) A decision will be made by the judges only when either contestant fails to score the equivalent of one point within the given two minute time period. The judges' decision will be based upon the contestants' attitude, fighting spirit, and performance. If a draw is declared the contestants will go into overtime with the exception that a One Point score will be sufficient to win.

### HANSOKU (Foul)

When a contestant hits an opponent, a foul is called. Should such a foul be considered a mild one, the contestant at fault will receive a warning and the contest will be continued. However, such a warning will be counted against the contestant in case of a decision. If it is determined that the foul was due to his lack of physical or mental control, the contestant will be disqualified.

### KATA CONTEST (FORM)

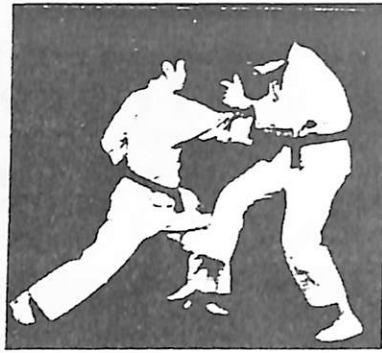
A KATA is a prearranged series of movement representing defensive and offensive techniques. There are many different Katas in Karate. The Kata is judged by correct application of body strength, proper tension and relaxation of muscles, and proper application of speed. In addition, vigor, attitude and self-control displayed by the contestant are considered.

There are Two Systems used in judging a Kata Contest:

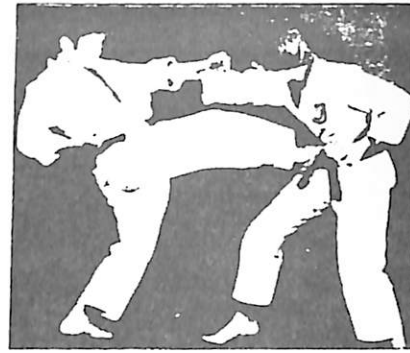
(1) Flag System: Two contestant perform a pre-chosen Kata together. Judges then decide the winner.

(2) Point System: Each contestant perform a Kata individually, and is awarded points by five (5) judges. The highest and lowest point is discarded and those remaining added. The contestant with the most points is the winner.

## CORRECT SCORING TECHNIQUE



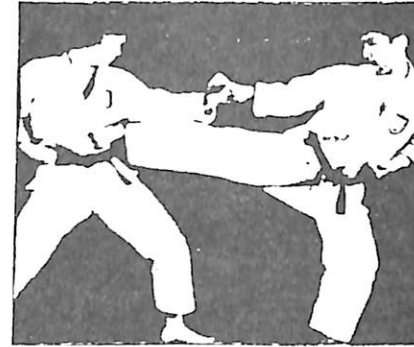
Fore Fist Punch



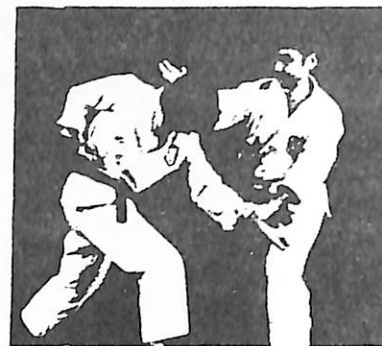
Front Kick



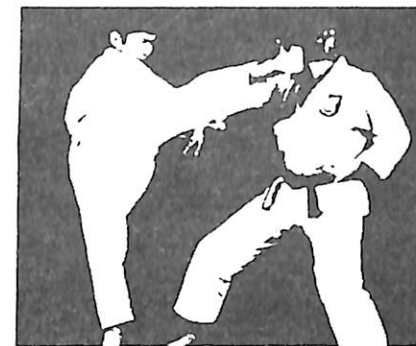
Back Fist Strike



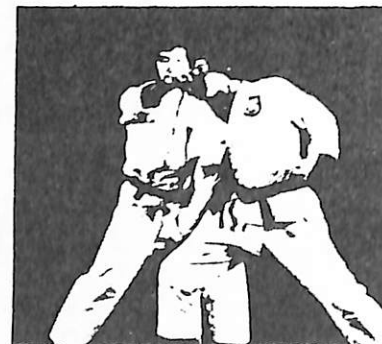
Side Thrust Kick



Knife Hand Strike



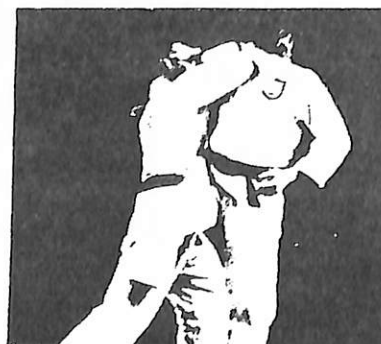
Roundhouse Kick



Swinging Ridge-Hand Strike



Spinning Heel Kick



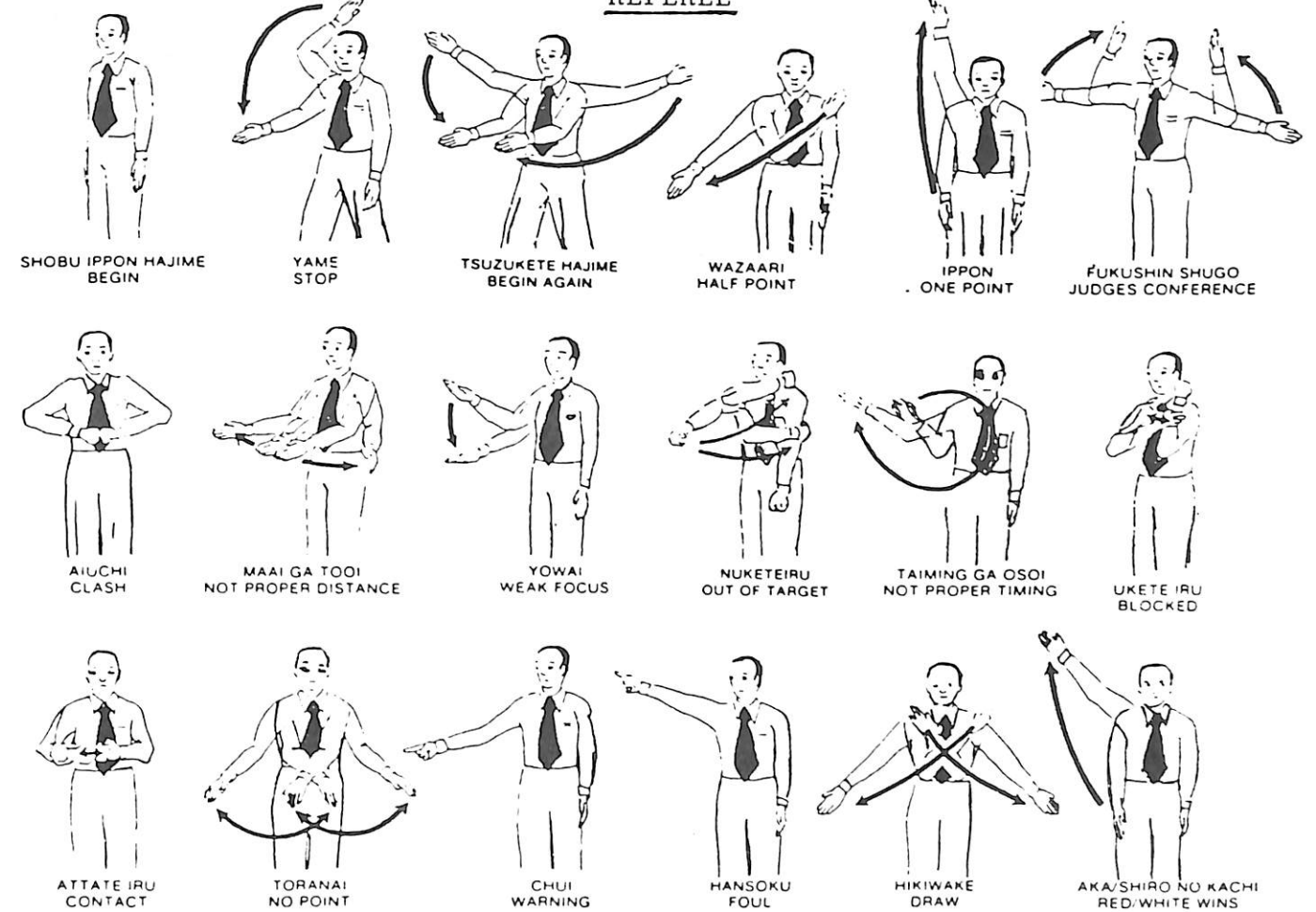
Elbow Strike



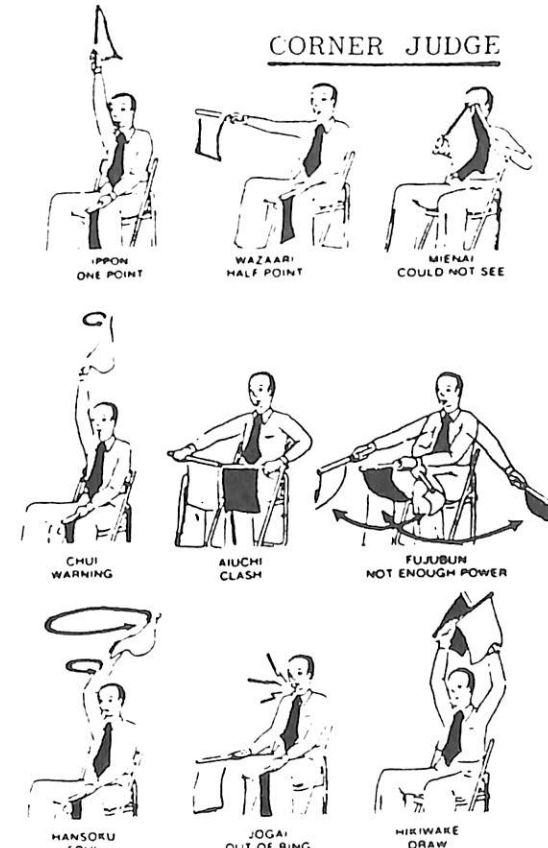
Knee Strike

# KUMITE JUDGING SIGNALS

## REFEREE



## CORNER JUDGE



## SCORE DECISION TABLE

P	P	P	P	Victory of "shiro"
P	P	P	P	Victory of "shiro"
P	P	P	⊗	Victory of "shiro"
P	P	⊗	⊗	Victory of "shiro" or a draw; depends on the judgment of the referee
P	P	P	P	Victory of "aka"
P	P	P	P	Victory of "aka"
P	P	P	⊗	Victory of "aka"
P	P	⊗	⊗	Victory of "aka" or a draw; depends on the judgment of the referee
⊗	⊗	⊗	⊗	Draw
P	⊗	⊗	P	Draw
P	P	P	P	Draw, victory of "shiro" or victory of "aka"; depends on the judgment of the referee
P	⊗	⊗	⊗	Draw
P	⊗	⊗	⊗	Draw
P	P	P	⊗	Victory of "shiro" or a draw; depends on the judgment of the referee
P	P	P	⊗	Victory of "aka" or a draw; depends on the judgment of the referee
Note:	P			"shiro" (white)
	P			"aka" (red)
	⊗			draw



## SOKE SHOGO KUNIBA



Shogo Kuniba, a descendent of the Sho Shi Royal family of Okinawa, was born near Mount Fuji in Yamanashi-Shi, Japan, February 5, 1935. At the age of five he began training with his father, Kokuba Kosei, in Motobu-Ha Karate-Do, an Okinawa style developed by Kokuba's friend and sensei, Motobu Choki.

As Kuniba Soke was of samurai descent, his father planned for him to follow the traditional path and be trained in all martial arts. Therefore, at the age of eight, young Kuniba began Judo training at an Osaka dojo. Master Mabuni Kenwa, founder of Shito-Ryu Karate-Do, came from Okinawa to live in Osaka around the time young Kosho (Shogo) turned age ten. Master Mabuni trained him in Shito-Ryu aided by Master Mabuni's old friend, Kokuba Kosei, also from Okinawa. Master Kuniba also continued his Judo training during this time. When he was 12 he was promoted to Shodan by Master Mabuni.

Master Kuniba also studied privately with other masters of many martial arts as his father's home in Osaka was a familiar meeting place for all martial artists. In 1943 Master Kokuba founded Seishin Kai (Pure Heart Association) which was to become his only son's legacy.

Today Master Kuniba has achieved a Ninth Dan ranking and, as such, is the highest ranking Japanese karateka living outside Japan today. In addition to rank in Karate-do, he holds high rank in Judo, Kobudo, Iaido and Goshin-Do. Goshin-Do is a new art which he developed from his knowledge of Judo, Jiu Jitsu and Aikido. He is also the Soke, or family head, of Seishin Kai Martial Arts which he has developed into an international organization with many branches worldwide.

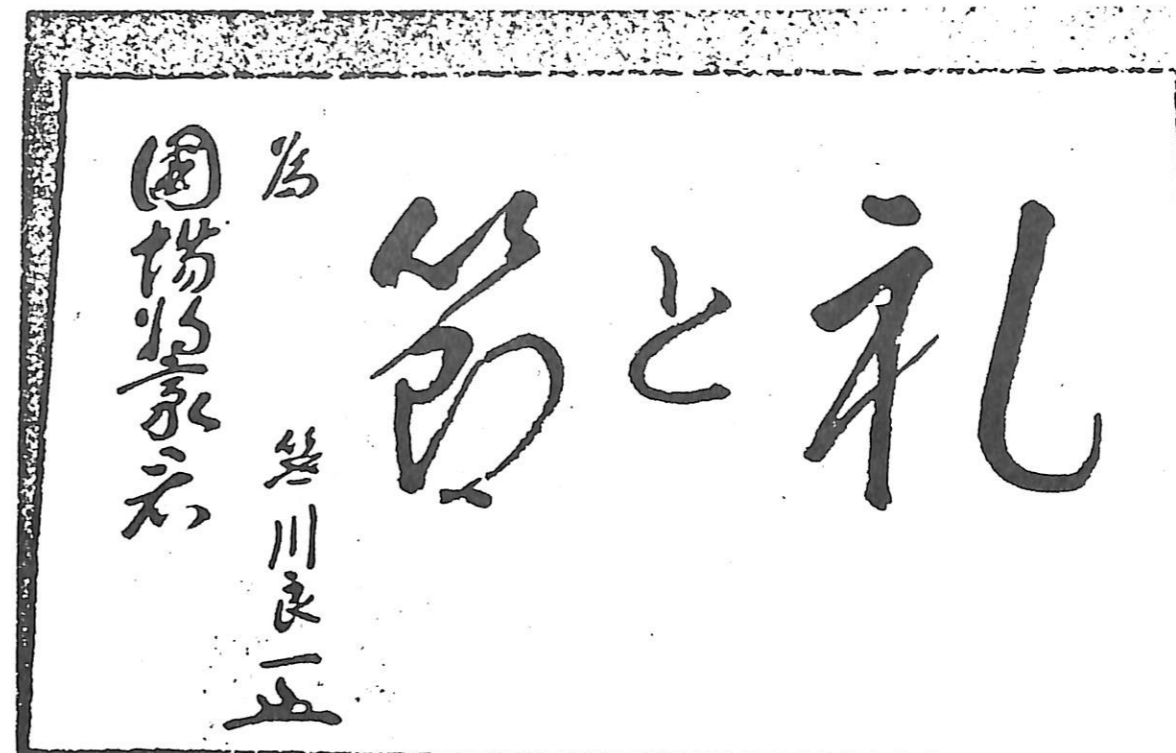
Kuniba Soke was one of the first martial artists to do work with movie choreography and was in 22 martial arts movies in Japan. A 1978 documentary, "Budo," shown in the USA, featured Master Kuniba and other famous Japanese martial artists. He has also been featured in numerous magazine articles in Europe, Japan and the U.S.A.

Currently, Kuniba Soke resides in Chesapeake, Virginia and operates the USA Seishin Kai Honbu Dojo in nearby Portsmouth. From there he travels throughout the world visiting and adding to the Seishin Kai family. Karate-Do, for Kuniba Soke, is truly a "way of life."

## SEISHIN KAI MARTIAL ARTS

Seishin Kai Martial Arts is an international organization with branches in Japan, U.S.A., France, Israel, Trinidad, West Germany, Mexico, and Venezuela. Soke Shogo Kuniba, the driving force and spirit behind the organization, oversees the technical growth and direction of the Kai. His headquarters in the USA is the Honbu Dojo in Portsmouth, Virginia. For further information, please contact the Honbu at 5913 Churchland Boulevard, Portsmouth, VA, 23703 or call (804) 483-0195.

The business affairs of the Kai outside Japan are handled by a Board of Directors. The Board includes: Shogo Kuniba, Chairman; Gary Naigle, President; Doug Gregory, Vice-President; Ron Baker, Bill Price and Gordon Edwards.



Calligraphy By:  
RYOICHI SASAGAWA

President of the World Union of Karate-Do Organizations  
President of the Federation of All Japan Karate-Do Organizations

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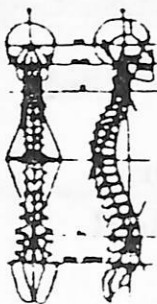
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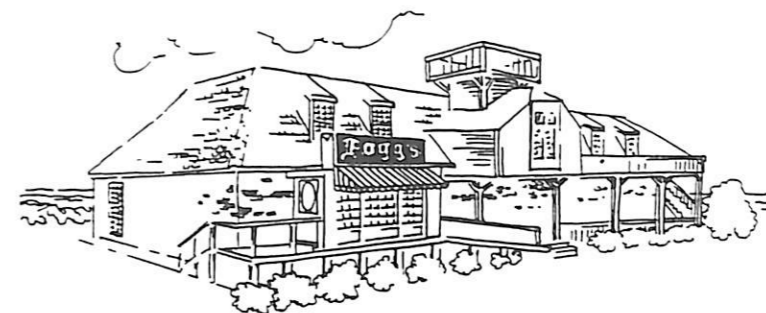
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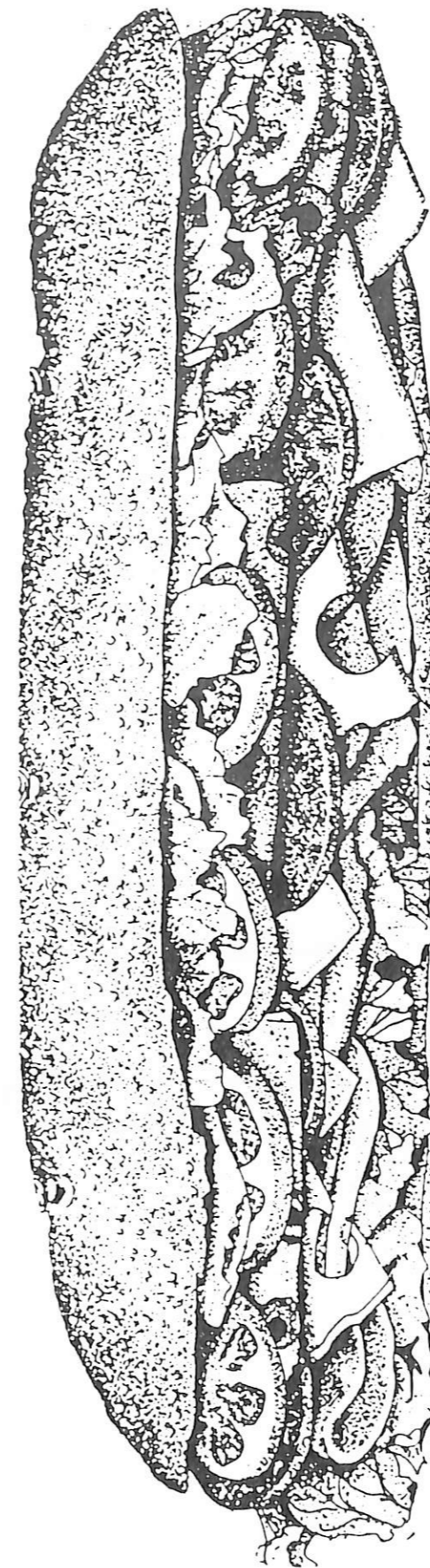
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 5:00 p.m.

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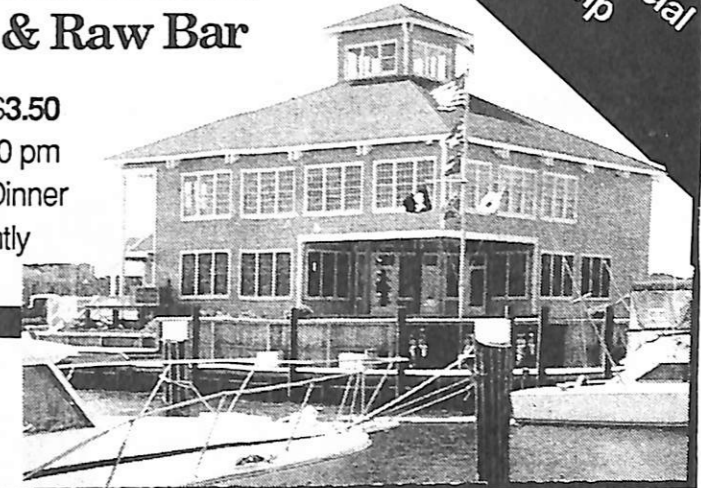
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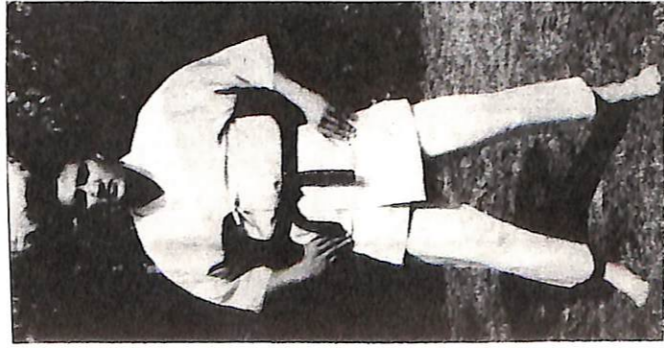
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