

聖心會空手道連盟



SEISHIN KAI INVITATIONAL

USA  
CHAMPIONSHIP

OCTOBER 15, 1988



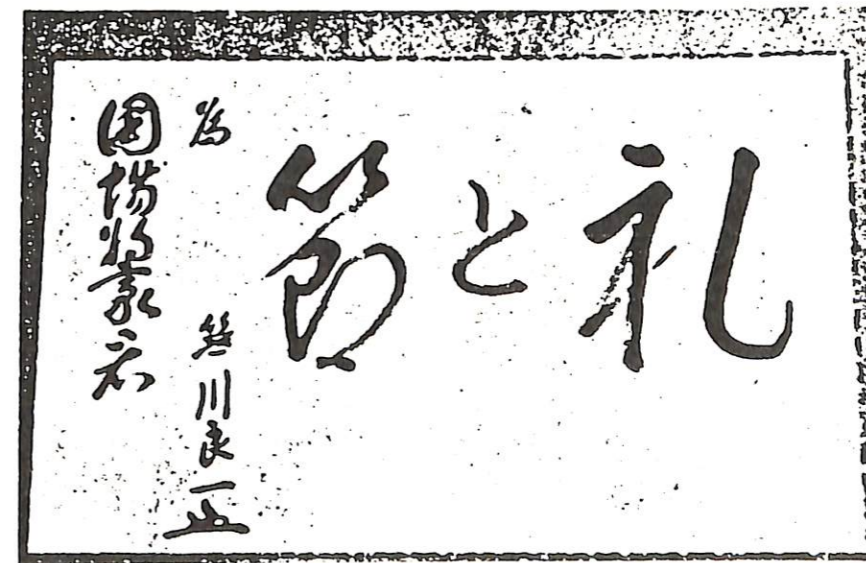
I am very pleased to welcome everyone to the 1988 Seishin Kai Invitational Tournament. The entire tournament staff has worked many hours to prepare for today's event. It is my sincere wish that everyone, spectators and competitors alike, find the day enjoyable and educational.

Our wish at Seishin Kai is to provide an avenue of expression for all traditional martial artists and to create a bond between all those working in the true spirit of Budo.

Thank you for your support and best of luck to all participants.

*Shogo Kuniba.*

Soke Shogo Kuniba  
Seishin Kai Martial Arts



Calligraphy By:  
RYOICHI SASAKAWA

President of the World Union of Karate-Do Organizations  
President of the Federation of All Japan Karate-Do Organizations



Established 1752

Office of the Mayor

# City of Portsmouth Virginia



P. O. Box 820  
23705

October 1, 1988

Shogo Kuniba  
Soke, Motobu-Ha Shito-Ryu Karate-Do

Welcome to Portsmouth,

As the Mayor of the City of Portsmouth, and on behalf of the entire City Council, I would like to take this opportunity to officially welcome you to our city. We are very pleased and honored that, once again, this prestigious tournament is being held in the City of Portsmouth.

While you are enjoying our city we hope that you will take the time to enjoy some of our many attractions. Visit our Portside -- there's a whole new world of excitement waiting for you there. You may also wish to take the trolley tour of Olde Towne, where you can marvel at the largest collection of antique houses on the Atlantic Coast between Alexandria and Charleston. Visit our museums, enjoy our waterfront, let our people share Portsmouth with you. Our hospitality is tops!

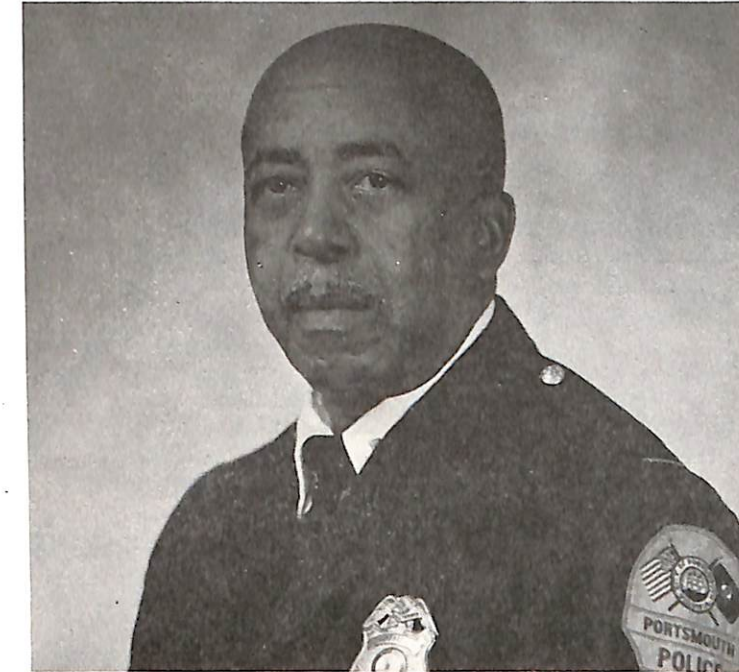
Best wishes for a successful and memorable championship. It is our hope that this tournament will bring out the "winner" in everyone who participates.

Sincerely,

*Gloria O. Webb*  
Gloria O. Webb  
Mayor

## IN MEMORIAL

**LT. CHARLES O. NEAL**  
JULY 17, 1927 - JANUARY 20, 1988



Charles Octavius Neal was born on July 17, 1927, in Portsmouth, VA. He was the son of the late Charles Neal and Rev. Naomi Parker Neal Fuller.

In 1960, he became a member of the Portsmouth Police Department where he rose through the ranks to Lieutenant. At the time of his death he was the Commander of the Crime Prevention Unit.

Well known as Lt. Neal, he was world renowned in the Martial Arts, thus being the highest ranking martial artist employed as a police instructor in the state of Virginia.

One of the many accomplishments he cherished was to develop and teach a self-defense class for the physically handicapped and initiate self confidence and pride of accomplishment in his students.

Lt. Neal held the rank of third dan in Seishin Kai Goshin Budo Union and a second dan in Seishin Kai Karate Union. He was honored with the title of Shihan in the art of Judo. He was a true martial artist in every sense and one of the most loyal members of Seishin Kai. The spirit of Budo emanated from his work and he will be greatly missed by all.

This 1988 Seishin Kai Invitational Tournament is, for the first time, without a true and loyal friend. We salute Lt. Neal and honor him by way of dedicating this tournament to his memory. We at Seishin Kai will hold him forever close in our hearts and memories.

## TOURNAMENT OFFICIALS

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SOKE SHOGO KUNIBA

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### SPECIAL THANKS TO:

The Blue Hawaiians for Elvis for their donation of the Black Belt Kata award in memory of Elvis Presley's dedication to the martial arts. Thanks also go to all those who gave of their time and energy to make this tournament a success.

## SCHEDULE of EVENTS

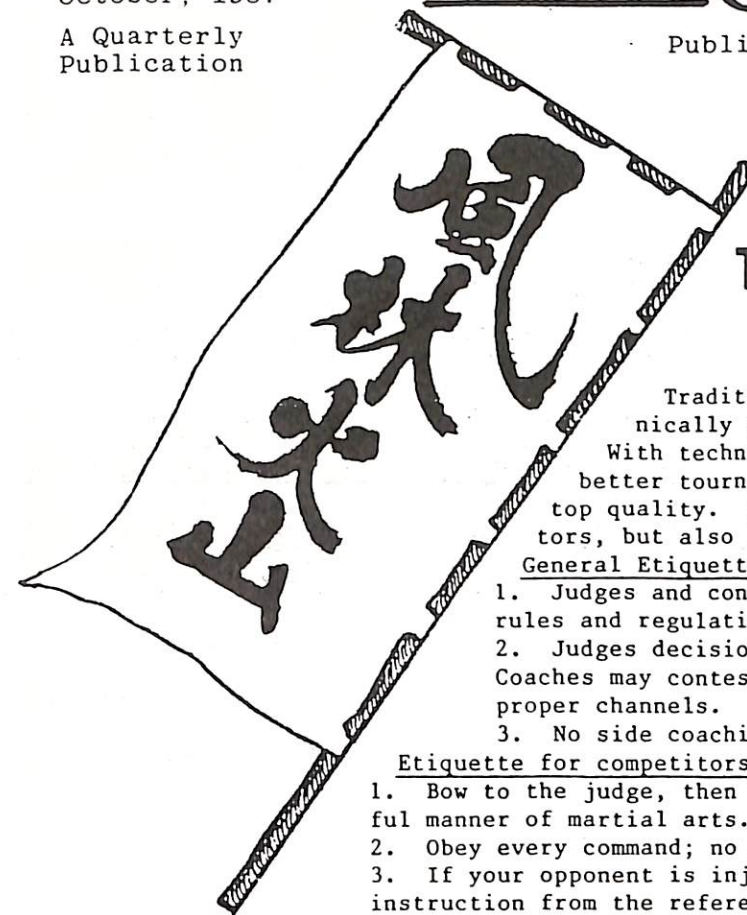
10:00	Opening Ceremony
10:15	Competition
1:30	Demonstrations
5:00	Awards Ceremony

Volume 1 No.4  
October, 1987

A Quarterly  
Publication

# FU RIN KA ZAN

Published by Traditional Karate Association  
Written by Lisa Schambach  
Edited by Janie Ostlund  
Advisor Liz Hanley



## TOURNAMENT ETIQUETTE

Traditional karate tournaments are improving technically as world-wide standards are set and followed. With technical improvements there arises a need for better tournament etiquette, if competition is to be of top quality. Rules of etiquette apply not only to competitors, but also to judges and audience.

### General Etiquette:

1. Judges and contestants must read, understand and honor all rules and regulations of the tournament.
2. Judges decisions should not be disputed during the match. Coaches may contest a decision after match is over through the proper channels.
3. No side coaching or comments.

### Etiquette for competitors:

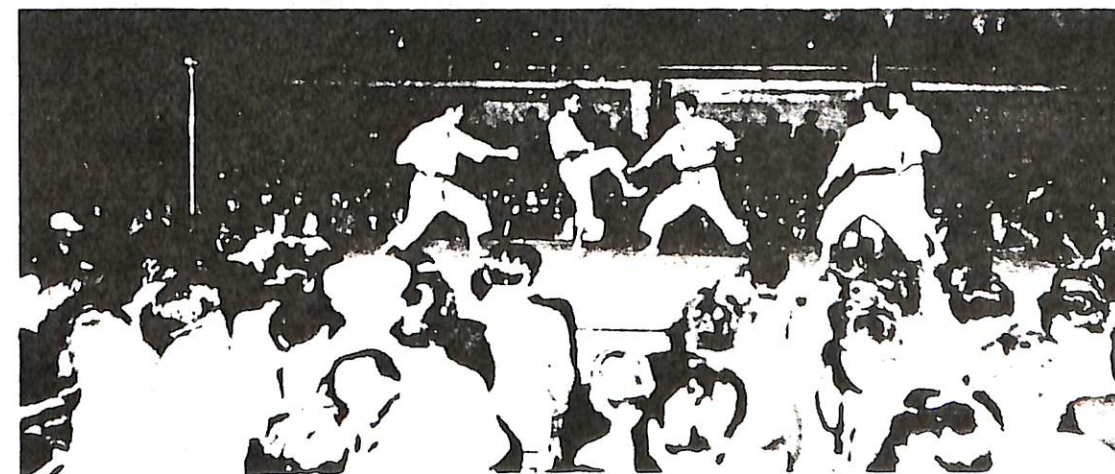
1. Bow to the judge, then to your opponent. This is the basic respectful manner of martial arts.
2. Obey every command; no arguing with the referee or judge.
3. If your opponent is injured, kneel with your back to judge and await instruction from the referee.
4. Respect match results, win or lose.
5. Stand respectfully when points are read. When finished, bow and back out of tournament area.

### Etiquette for judges:

1. Have a good attitude toward the contestants; command well.
2. Show no prejudice; be fair and open-minded.
3. Concentrate on fair judgement for all competitor's actions; be aware.

### Spectators' Etiquette

1. No chanting, coaching, booing, or berating. Show courtesy to all contestants.



The first large-scale Karate Demonstration was presented by Master Ozawa in 1950 at Kobe Japan.

# EXPLANATION OF CONTEST

## KUMITE (FREE SPARRING)

To win a match, a contestant must score three points, be leading at the end of the two-minute match, or be declared winner by decision.

(1) One Point is scored by a contestant that executes a strong well-controlled attack to a vital area of his opponent's body. This attack, when executed, must show, proper posture, good timing, correct angle of attack, and sufficient speed and power.

(2) A decision will be made by the judges only when either contestant fails to score the equivalent of one point within the given two minute time period. The judges' decision will be based upon the contestants' attitude, fighting spirit, and performance. If a draw is declared the contestants will go into overtime with the exception that a One Point score will be sufficient to win.

## HANSOKU (Foul)

When a contestant hits an opponent, a foul is called. Should such a foul be considered a mild one, the contestant at fault will receive a warning and the contest will be continued. However, such a warning will be counted against the contestant in case of a decision. If it is determined that the foul was due to his lack of physical or mental control, the contestant will be disqualified.

## KATA CONTEST (FORM)

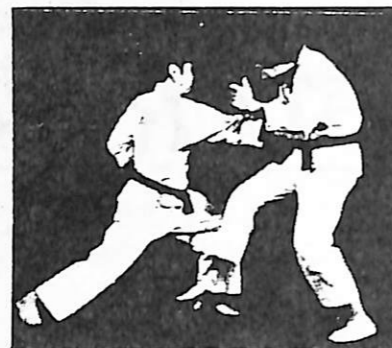
A KATA is a prearranged series of movement representing defensive and offensive techniques. There are many different Katas in Karate. The Kata is judged by correct application of body strength, proper tension and relaxation of muscles, and proper application of speed. In addition, vigor, attitude and self-control displayed by the contestant are considered.

There are Two Systems used in judging a Kata Contest:

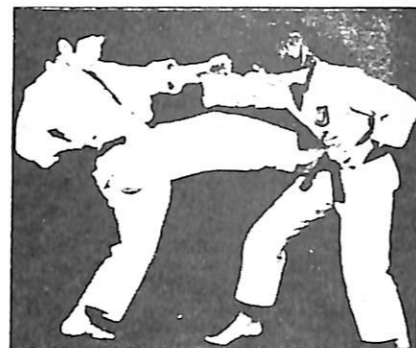
(1) Flag System: Two contestant perform a pre-chosen Kata together. Judges then decide the winner.

(2) Point System: Each contestant perform a Kata individually, and is awarded points by five (5) judges. The highest and lowest point is discarded and those remaining added. The contestant with the most points is the winner.

## CORRECT SCORING TECHNIQUE



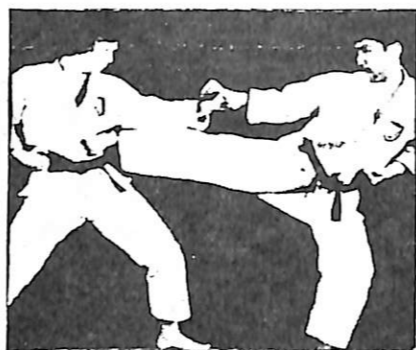
Fore Fist Punch



Front Kick



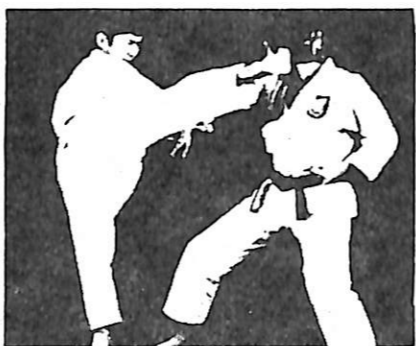
Back Fist Strike



Side Thrust Kick



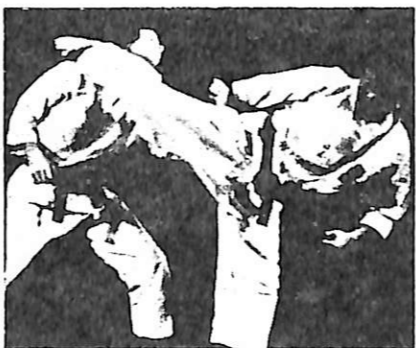
Knife Hand Strike



Roundhouse Kick



Swinging Ridge-Hand Strike



Spinning Heel Kick



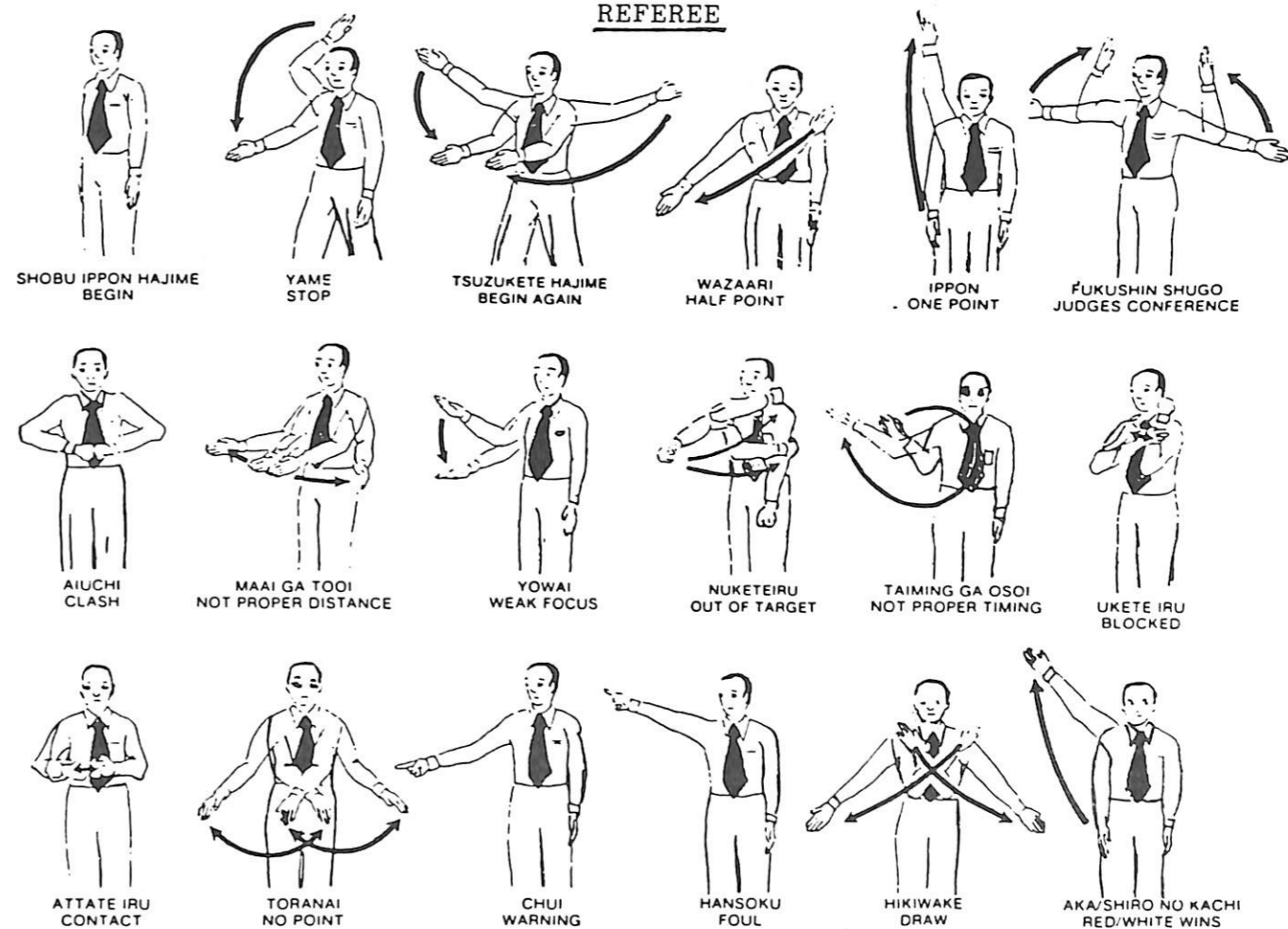
Elbow Strike



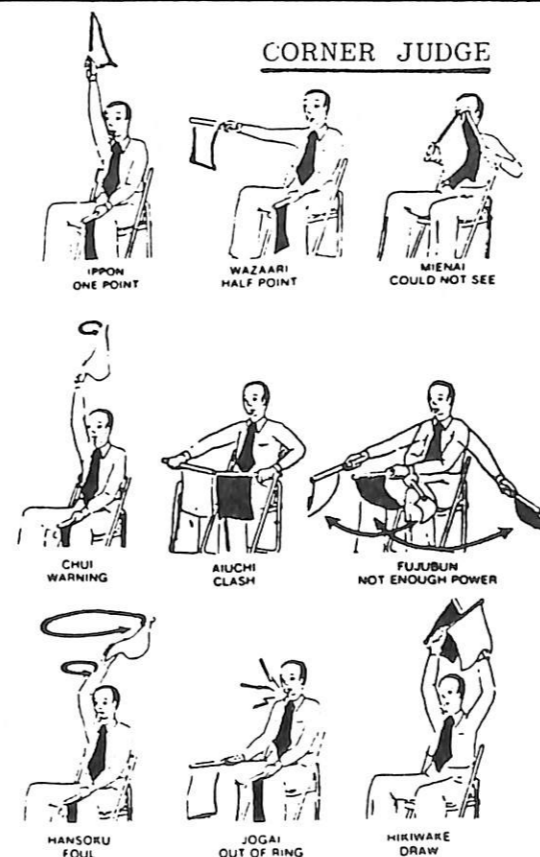
Knee Strike

# KUMITE JUDGING SIGNALS

## REFEREE



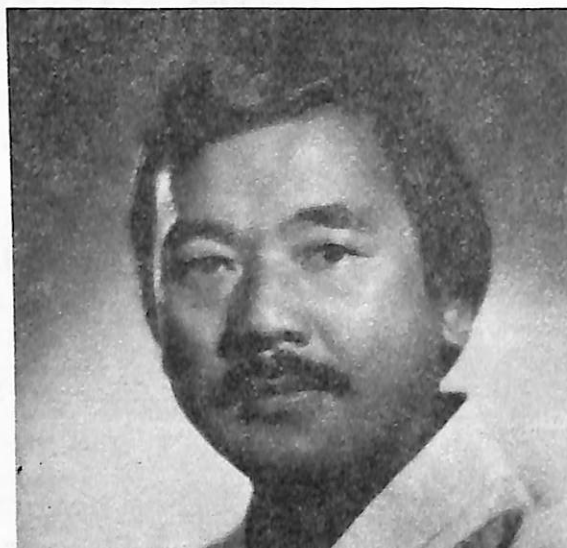
## CORNER JUDGE



## SCORE DECISION TABLE

P	P	P	P	Victory of "shiro"
P	P	P	F	Victory of "shiro"
P	P	P	⊗	Victory of "shiro"
P	P	⊗	⊗	Victory of "shiro" or a draw; depends on the judgment of the referee
P	F	F	F	Victory of "aka"
F	F	F	P	Victory of "aka"
F	F	⊗	⊗	Victory of "aka" or a draw; depends on the judgment of the referee
⊗	⊗	⊗	⊗	Draw
F	⊗	⊗	P	Draw
P	F	P	P	Draw, victory of "shiro" or victory of "aka"; depends on the judgment of the referee
P	⊗	⊗	⊗	Draw
P	⊗	⊗	⊗	Draw
P	P	P	⊗	Victory of "shiro" or a draw; depends on the judgment of the referee
P	P	P	⊗	Victory of "aka" or a draw; depends on the judgment of the referee
Note:	P			"shiro" (white)
	F			"aka" (red)
	⊗			draw

## SOKE SHOGO KUNIBA



Soke Shogo Kuniba, 9th degree black belt in Motobu-Ha Shito Ryu, is the highest ranking Japanese instructor making his residence in the United States. Born in Yamanashi prefecture on February 5, 1935, he began his studies of the martial arts at the age of 5 in his fathers dojo.

At the age of 8 Shogo Kuniba began to study judo and at 12 he was under the instruction of Kenwa Mabuni learning Shito-Ryu. In 1950 he attained his Nidan rank and by 1952 earned his Sandan. In 1955 Master Mabuni promoted Shogo Kuniba to Yondan. That same year he was also promoted to Sandan in Iaido and Yondan in Kobudo. In 1956 he traveled to Okinawa where he trained under Master Nagamine Shojin in his style of Shorin-Ryu.

In 1959, at the age of 24, Shogo Kuniba inherited the responsibility of tradition. He became the Soke of Motobu-Ha Shito-Ryu following the death of his father. This was certainly an honor being that he is only the third individual to hold this position.

In 1962 Kuniba Soke was promoted to Rokudan by the Nippon Karate-Do Rengo-Kai. In 1966 he was promoted to Nanadan and in 1970 was chosen by the Zen Nippon Karate-Do Renmei (now JKF) to give a demonstration at the First World Karate-Do Championship held in Tokyo at the Budo-Kan.

At the age of 38 in 1973 he was promoted to Hachidan by the Rengo-Kai. At this time formal recognition was given by Rengo-Kai to his system of Goshin Budo which is a self-defense system he developed using his knowledge of judo, jiu jitsu, and aikido.

Kuniba Soke has been featured not only in countless magazine articles but also a number of Japanese movies including a documentary on the Martial Arts entitled BUDO: GREAT MASTERS OF THE MARTIAL ARTS.

In 1983 he opened the USA Hombu Dojo in Portsmouth, Va, where he now resides and concentrates his efforts on teaching. In 1984 the Rengo-Kai promoted Kuniba Soke to Kudan.

Most recently he has received such honors as to an appointment as technical advisor for the Pan American Union of Karate Organizations (PUKO). Kuniba Soke adheres to the teaching and philosophies of the Okinawan masters from which he decended and believes that the true goals of karate-do are the development of patience, self-discipline, humility and inner strength.



SEISHIN KAI MARTIAL ARTS is an all-encompassing organization that incorporates many forms of traditional martial arts including karate, aikido, jiu jitsu, kobudo and goshin-budo. SOKE SHOGO KUNIBA, head of Motobu-Ha Shito Ryu, directs all activities sponsored by Seishin Kai and the USA Hombu Dojo. Shihan Goichi Kobayashi and Sensei Kozo Kuniba are also in residence at the Hombu Dojo instructing students on a daily basis. Seishin Kai offers instruction to adults and children alike with Sensei Kozo Kuniba specializing with the children. His most recent accomplishment was placing first in Senior Kata Competition at the First Seishin Kai International Karate Tournament in Paris, France. The USA Hombu is proud to have such an instructor present. For further information please contact us at 483-0195 or come by 5913 Churchland Blvd..

## SKMA Instructor Directory

Aguero, Yovanny, Sensei  
Calle San Ignacio entre  
Giradot e Hipodromo N 62  
Maracay-Araqua, Venezuela

Baker, Ron, Shihan  
Box 2295  
Weber City, Va. 24251

Antonio Balderas, Sensei  
Ocampo #9  
Cerritos, S.L.P., Mexico

Benton, Doug, Sensei  
606 South 2nd Ave.  
Dillon, SC 29536

Bernal, Frank, Sensei  
1726 West Hildebrand  
San Antonio, Texas 78201

Bernstein, David, Sensei  
P.O. Box 12711  
Gilboa Str. 618/15  
Nazareth-Elite 17000 Israel

Boyette, Mark, Sensei  
3308 Old Carolina Rd.  
Virginia Beach, Va. 23457

Burks, Darrell, Sensei  
Star Rt., Box 29A  
Grundt, Va. 24614

Cantu, Raul, Sensei  
Mid Valley Karate Academy  
Rt.2, Box 17  
Mercedes, Texas 78570

Cooper, Tony, Sensei  
648 South Wayne Ave.  
Waynesboro, Va. 22980

Degnan, Greg, Sensei  
2956 East Point Dr.  
Chesapeake, Va. 23321

Degnan, Patti, Sensei  
2956 East Point Dr.  
Chesapeake, Va. 23321

Dixon, Richard, Shihan  
2538 Old Colony Rd.  
East Point, Ga. 30344

Doyle, Mike, Sensei  
511 Glenwood Dr.  
Chesapeake, Va. 23322

Ecroyd, Barry, Sensei  
Rt. 4, Box 617  
Elkton, Va. 22827

Estes, Lewis, Sensei  
1321-A Ivy Trail  
Chesapeake, Va. 23320

Faulkner, Venita, Sensei  
3848 Elliot Ave.  
Portsmouth, Va. 23701

Fletcher, Mike, Sensei  
Box 232 E. Spotswood  
Elkton, Va. 22827

Garcia, Tony, Sensei  
Harlingen Karate Academy  
121 W. Ebanco Ct.  
Harlingen, Texas 78550

Hernandez, Jose, Shihan  
3012 Taylor Rd.  
Chesapeake, Va. 23321

Kelley, Hugh, Shihan  
United Martial Arts Assoc.  
P.O. Box 91633  
Mobile, Alabama 36603

Kirk, Terry, Sensei  
108 Tolbert St.  
Bluefield, Va. 24605

Kobayashi, Goichi, Shihan  
4648 Helensburgh Dr.  
Chesapeake, Va. 23321

Kuniba, Kozo, Sensei  
4648 Helensburgh Dr.  
Chesapeake, Va. 23321

Mann, John, Sensei  
7930-J Edgebrook Circle  
N. Charleston, SC 29418

Marte, Reynaldo, Sensei  
Hohmann Str. #15  
8730 Bad Kissingen  
West Germany

Marvin, Earle and Sherry  
Rt.1, Box 178  
Green Pond, SC 29446

McElroy, Rick, Sensei  
P.O. Box 2243  
Hilton Head Island, SC 29938

Miller, John, Sensei  
Rt. 1, Box 178  
Green Pond, SC 29446

Mills, Jerry, Sensei  
P.O. Box 5984  
Hilton Head Island, SC 29938

Mizer, Darryl, Shihan  
P.O. Box 2662 Staunton, Va.  
24401-1316

Newton, Frank, Shihan  
43 Fuchsia Grove  
Silverburn, Ballasalla  
Isle of Man, U.K.

Prater, Alan, Sensei  
286 Settlers Park Dr.  
Shreveport, La. 71115

Price, Bill, Shihan  
P.O. Box 701  
Lebanon, Va. 24266

Revell, Jimmy, Sensei  
5 Sioux Trail  
Cimarron Plantation  
Myrtle Beach, SC 29577

Rogers, Danny, Sensei  
P.O. Box 13208  
Florence, SC 29504

(Le) Rolland, Marcel, Shihan  
5 Bld. Vavban  
Residence Espale-Bat  
Mirage, 2200 Saint Brieul  
France

Stanton, Terry, Shihan  
P.O. Box 2585  
Misson, Kansas 66201

Stratacos, Nick, Sensei  
P.O. Box 14279  
Jeddah 21424  
Kingdom of Saudi Arabia

Tamburini, Patrick, Shihan  
18 Allee Andre-Louis  
92290 Chatenay-Malabry  
France

White, Freddie, Shihan  
P.O. Box 2632  
Newport News, Va. 23602

Williams, Darryl, Sensei  
Bushido Karate Dojo  
Williams Dr., Superville Quarry Rd.  
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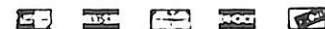
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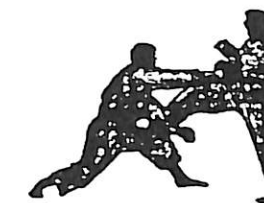
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The USA Karate Federation  
Office of the President  
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World Union of Karatedo Orgs  
Office of the First Vice-President  
United States Karate Association  
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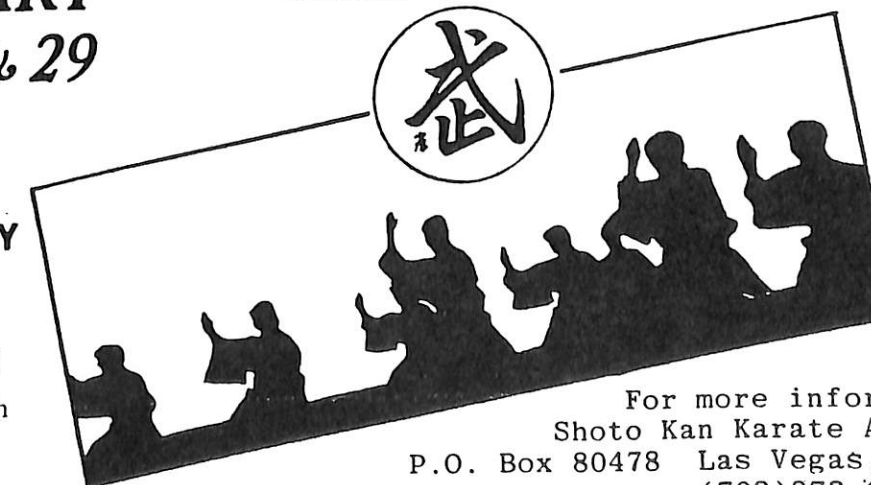
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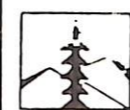
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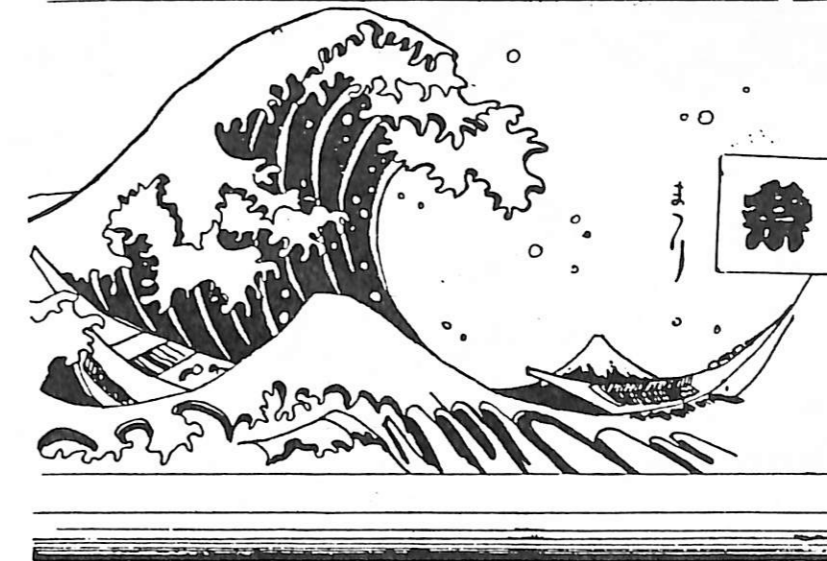
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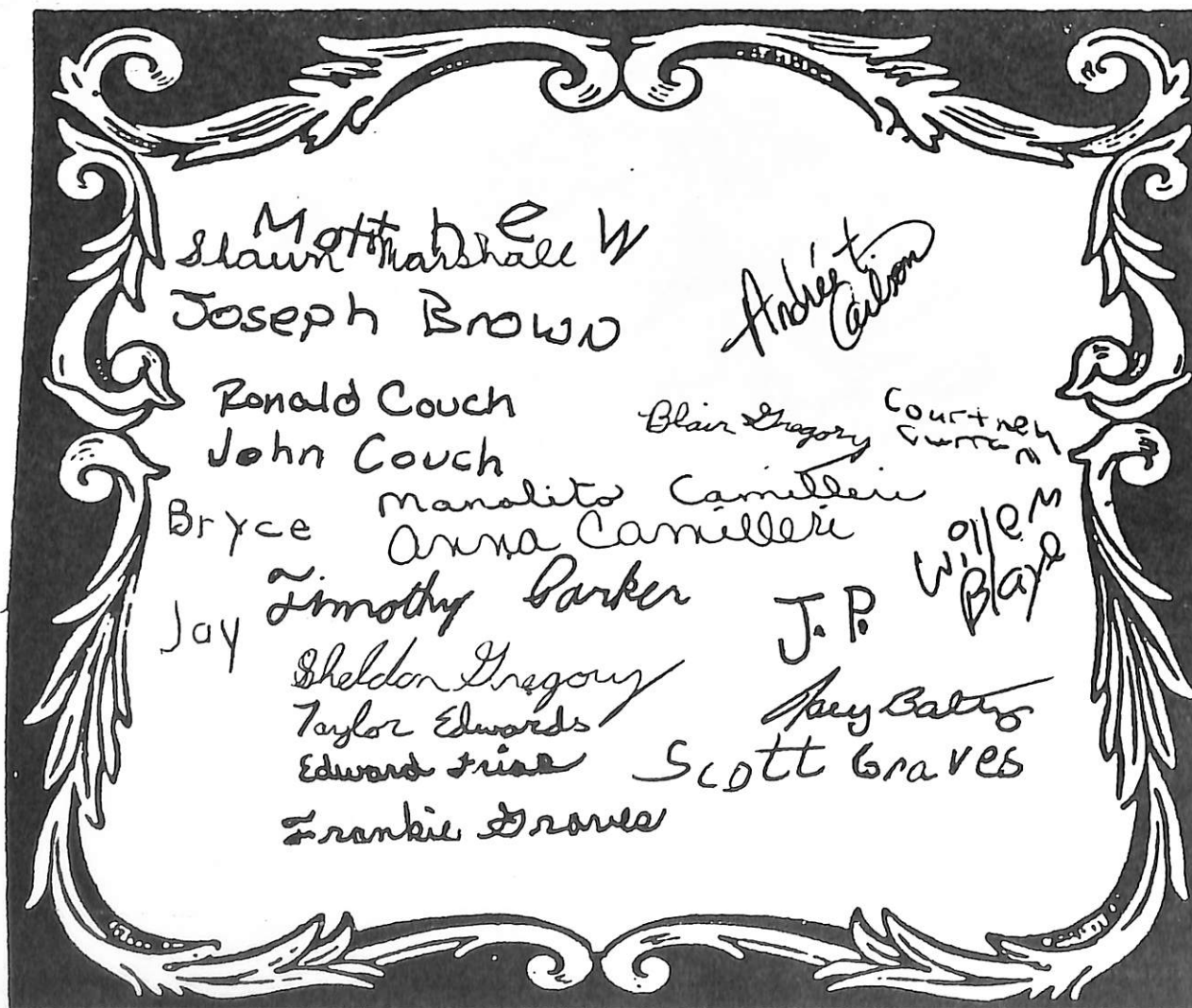
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I have lost 30" I went from a size 18 down to size 10. I will never give these tables up.  
 Nellie Mullen — Walnut Ridge, AR

I reached my goal in only 12 visits and I am maintaining my shape.  
 Arieta Daniel — Butler, MO

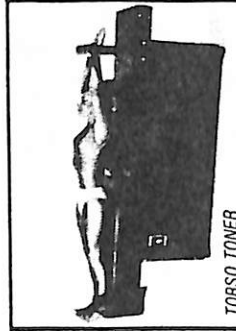
It's hard to believe I've lost 14" in only 6 sessions.  
 Pauline Williams — Winthrop Harbor, IL

I have lost 29" in just 10 visits. This is the best exercise program I've seen.  
 Prince — Abingdon, VA

I've lost 23 1/2" in only 8 visits. I am not only smaller but I also feel better.  
 Lynn Shaw — Lafayette, TN



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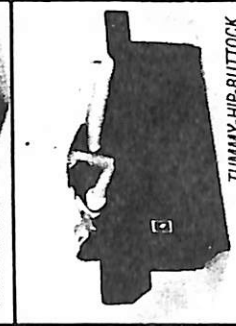
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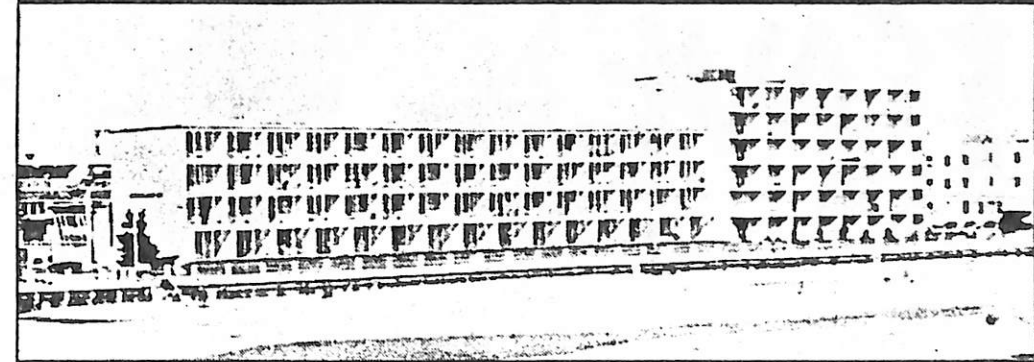
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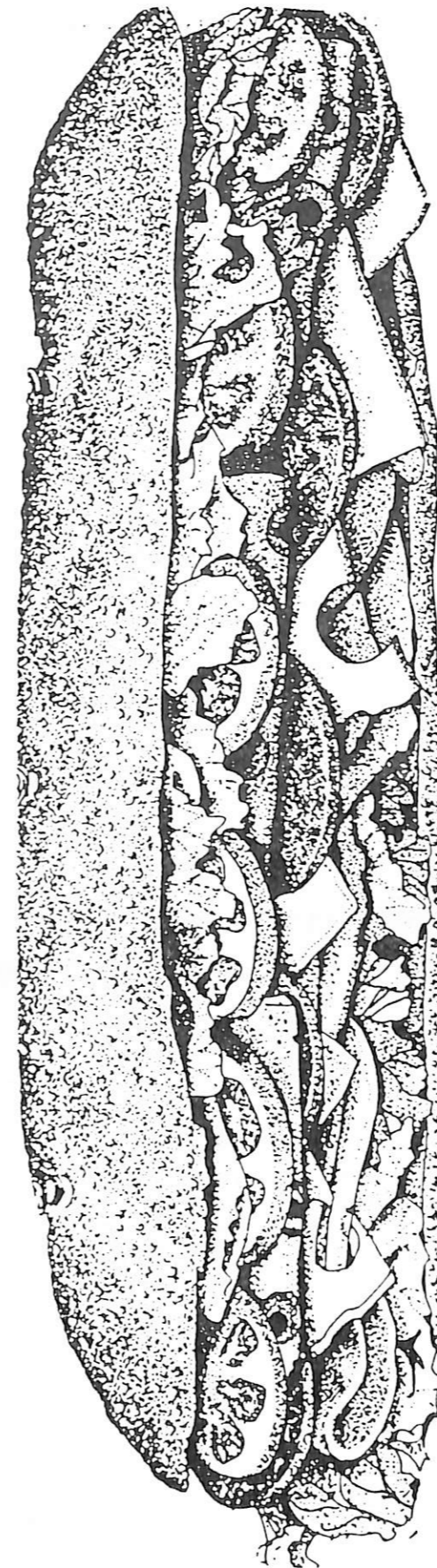
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