

INSTRUCTIONS FOR HOMEMADE FACE MASK (NO ELASTIC NEEDED)

Materials needed

- Tight-weave cotton fabric (i.e. quilting cotton)
 - Fabric must be newly purchased within approximately the past year and never used.
 - Wash and dry fabric without fragrance or dyes prior to sewing.
- Options for Ties
 - Bias Tape (either ½ or 7/8 as available)

OR

- - Make ties from strips of fabric indicated above (cut strips 2 " wide by 16" long)

One adult mask requires two (2) 9"x6" pieces tight-weave cotton and four (4) 16" pieces of bias tape or fabric ties (64" total per mask). Therefore, one yard of 44" wide fabric yields 12-15 masks. You need 21 1/3 yards of bias tape for 12 masks.

You can make two sizes: Adult or Child. Adult-sized masks will be the greatest need.

1. Place right sides of cotton fabric together (Be sure any fabric design is placed horizontally.)
 - a. Cut 9x6 (Adult) or 7.5 x 5 (Child)
2. Starting at the center of the bottom edge, sew around the edges of the fabric leaving about 1.5" to 2" open.
3. Stop, cut the thread. Turn inside out.
4. Pin three (3) ½" tucks on each side of the mask. Make sure the tucks are the same direction.
5. Make ties using Bias Tape or Fabric.
 - a. Bias tape: stitch closed.
 - b. Fabric: Fold in half, turn under 1/4 " on each long side, iron in place. Stitch long edges closed.
6. Pin one (1) tie at each corner.
7. Sew around the edge of the mask twice, catching the bias tape as you go.