**2nd YEAR BREAKDOWN** **BIOLOGY**

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| NO: OF DAYS | DATE: | DAY | CHAPTERS |  TOPICS |
| 01 | 15/01/2024 | Monday | Chapter# 16 | Human skeleton, Structure of bone  |
| 02 | 16/01/2024 | Tuesday |  | Main division, axial skeleton |
| 03 | 17/01/2024 | Wednesday |  | Appendicular skeleton, joints  |
| 04 | 18/01/2024 | Thursday |  | Disorders of skeleton |
| 05 | 19/01/2024 | Friday |  | Muscles, structure of skeletal muscle |
| 06 | 20/01/2024 | Saturday |  | Muscle contraction, muscle problems |
| 07 | 21/01/2024 | Sunday |  | Exercise of Chapter # 16 |
| 08 | 22/01/2024 | Monday | Chapter#17 | Steps involved in Nervous coordination, Neurons |
| 09 | 23/01/2024 | Tuesday |  | Nerve impulse, types of nerve impulse |
| 10 | 24/01/2024 | Wednesday |  | Synapse, protection of brain and spinal cord |
| 11 | 25/01/2024 | Thursday |  | Structure and function of Brain and spinal cord |
| 12 | 26/01/2024 | Friday |  | peripheral nervous system |
| 13 | 27/01/2024 | Saturday |  | Structure and function of special receptors |
| 14 | 28/01/2024 | Sunday |  | Effects of Drugs on nervous system |
| 15 | 29/01/2024 | Monday |  | Nervous disorders and diagnostic test |
| 16 | 30/01/2024 | Tuesday |  | Exercise of Chapter # 17 |
| 17 | 01/02/2024 | Wednesday | Chapter#18 | Hormones, Endocrine system of man, role of hypothalamus |
| 18 | 02/02/2024 | Thursday |  | Pituitary gland, Thyroid gland |
| 19 | 03/02/2024 | Friday |  | Parathyroid gland, pancreas |
| 20 | 04/02/2024 | Saturday |  | Adrenal gland, gonads |
| 21 | 05/02/2024 | Monday |  | Feedback mechanism |
| 22 | 06/02/2024 | Tuesday |  | Exercise of Chapter # 18 |
| 23 | 07/02/2024 | Wednesday |  |  |