

**Lotus Take-Away Menu**  
**01994 452 578 Unit 5 Parry Thomas Centre Pendine SA33 4NY**

**www.lotuspendine.com**  
*All prices include VAT*

**Appetisers**

- |    |   |         |
|----|---|---------|
| 1  | Deep Fried Combination (for minimum 2 Persons).....   | £ 9.00  |
|    | Cantonese Ribs, Sesame Prawn on Toast, Spring Rolls, Crispy Seaweed & Smoked Shredded Chicken |         |
| 2  | Crispy Aromatic Duck  |         |
|    | Served with Pancakes, Cucumber, Spring Onions & Hoi Sin Sauce                                 |         |
|    | Quarter   | £ 9.00  |
|    | Half  | £ 17.00 |
| 2a | Crispy Aromatic Vegetarian Duck.....  | £ 6.50  |
| 3  | Butterfly Prawns in Breadcrumbs.....  | £ 6.00  |
| 4  | Satay Chicken on Skewers.....   | £ 5.30  |
| 5  | Sesame Prawn on Toast.....  | £ 5.30  |
| 6  | Chicken Samosas.....  | £ 3.80  |
| 7  | Spring Rolls with Meat.....   | £ 3.80  |
| 8  | Spring Rolls with Vegetables.....   | £ 3.60  |
| 9  | Crispy Fried Won Ton.....   | £ 3.80  |
| 10 | Crispy Seaweed.....   | £ 3.80  |
| 11 | Smoked Shredded Chicken.....  | £ 5.50  |

**Spare Ribs**

- |    |   |        |
|----|---|--------|
| 12 | Spare Ribs with Cantonese Sauce.....      | £ 6.80 |
| 13 | Spare Ribs with Barbecue Sauce.....       | £ 6.80 |
| 14 | Honey Glazed BBQ Spare Ribs.....          | £ 6.80 |
| 15 | Spare Ribs with Salt & Chilli Pepper..... | £ 6.80 |
| 16 | Spare Ribs with Sweet & Sour Sauce.....   | £ 6.80 |






**Soups**



- |    |                                 |        |
|----|---------------------------------|--------|
| 17 | Crab Meat & Sweetcorn Soup..... | £ 4.00 |
| 18 | Chicken & Sweetcorn.....        | £ 3.50 |
| 19 | Hot & Sour Soup.....            | £ 4.00 |
| 20 | Chicken & Noodle Soup.....      | £ 3.50 |
| 21 | Chicken & Mushroom Soup.....    | £ 3.50 |
| 22 | Sweetcorn Soup.....             | £ 4.00 |
| 23 | Won Ton Soup.....               | £ 4.00 |

Dywedwch wrthym am unrhyw alergeddau bwyd cyn archebu. Byddwn yn gwneud ein gorau i gyngori.

<b>Seleri</b>	Grawnfwydydd yn cynnwys <b>GLUTEN</b>	Crustaceaidd	WYAU	Pysgod	Lupin	LLAETH	Melysg	Mustard	NUTS	PEANUTS	Sesame Hadau	SOIA	Syffwr Deuocsi
Celery	Cereals containing <b>GLUTEN</b>	Crustacean	EGGS	Fish	Lupin	MILK	Mollusc	Mustard	NUTS	PEANUTS	Sesame seeds	SOYA	Sulphur Dioxide

Please tell us about any food allergies before ordering. We will do our best to advise.


- Thai Tom Yum Soup**
- 24 flavoured with Lemon Grass in Spicy Sour Soup** 
- a) Chicken..... £ 4.50
- b) Prawns..... £ 5.00
- c) Seafood..... £ 5.00
- 25 Authentic Malaysian Chilli Sauce, Ginger & Garlic** 
- a) Chicken..... £ 7.00
- b) Mussels..... £ 8.00
- c) Mixed Seafood..... £ 8.00
- d) King Prawns..... £ 8.00
- 26 Stir Fried with Black Pepper Sauce & Butter** 
- a) Chicken..... £ 7.00
- b) Beef..... £ 7.00
- c) Lamb..... £ 8.00
- d) King Prawns..... £ 8.00
- 27 Kung Po Style with Cashew Nuts** 
- a) Chicken..... £ 7.00
- b) Beef..... £ 7.00
- c) King Prawns..... £ 8.00
- 28 Stir Fried with Pepper in Black Bean Sauce** 
- a) Chicken..... £ 7.00
- b) Beef..... £ 7.00
- c) Roast Pork..... £ 7.00
- d) Lamb..... £ 8.00
- e) Duck..... £ 8.00
- f) King Prawns..... £ 8.00
- 29 Cantonese Style (Fruity Sauce)**
- a) Chicken..... £ 7.00
- b) Beef..... £ 7.00
- c) Roast Pork..... £ 7.00
- d) Duck..... £ 8.00
- e) King Prawns..... £ 8.00


<b>30 Sweet &amp; Sour (Sauce)</b>	
a) Chicken..... (Hong Kong Style or in Batter).....	£ 7.00
b) Pork.....(Hong Kong Style).....	£ 7.00
c) King Prawns (Hong Kong Style or in Batter).....	£ 8.00
<b>31 Szechuan Style (Sauce)</b>	
a) Chicken.....	£ 7.00
b) Beef.....	£ 7.00
c) Roast Pork.....	£ 7.00
d) Duck.....	£ 8.00
e) King Prawns.....	£ 8.00
<b>32 Fruity Sauce</b>	
a) Chicken with Plum Sauce or Lemon Sauce or Orange Sauce	£ 7.00
b) Duck..... with Plum Sauce or Lemon Sauce or Orange Sauce	£ 8.00
<b>33 Yellow Bean Sauce with Cashew Nuts</b>	
a) Chicken.....	£ 7.00
b) Roast Pork.....	£ 7.00
c) Duck.....	£ 8.00
d) King Prawns.....	£ 8.00
<b>34 Beef with Onions.....</b>	£ 7.00
<b>35 Satay Sauce (with Peanuts)</b>	
a) Chicken.....	£ 7.00
b) Beef.....	£ 7.00
c) King Prawns.....	£ 8.00
<b>36 Beef with Bamboo Shoots &amp; Water Chestnuts.....</b>	£ 7.00
<b>37 Beef with Garlic Sauce.....</b>	£ 7.00
<b>38 Chicken with Garlic Sauce.....</b>	£ 7.00
<b>39 Chicken with Cashew Nuts.....</b>	£ 7.00
<b>40 Chicken with Bamboo Shoots &amp; Water Chestnuts.....</b>	£ 7.00

### Seafood Dishes

41	Deep Fried Squid with Spicy Salt & Chilli Pepper (dry).....	£ 7.50
42	Deep Fried Squid with Sweet & Sour Sauce.....	£ 7.50
43	Deep Fried Squid with Thai Sauce.....	£ 7.50
44	Deep Fried Squid with Chilli in Black Bean Sauce.....	£ 7.50
45	Stir Fried Mussels with Fresh Ginger & Spring Onion.....	£ 8.00
46	Stir Fried Mussels with Chilli in Black Bean Sauce.....	£ 8.00

47	<b>Thai Style</b> 	
	a) Chicken.....	£ 7.00
	b) Beef.....	£ 7.00
	c) King Prawns.....	£ 8.00

48	<b>Deep Fried with Salt &amp; Chilli Pepper (dry)</b> 	
	a) Chicken.....	£ 7.00
	b) Pork.....	£ 7.00
	c) King Prawns.....	£ 8.00

49	Deep Fried Crispy Shredded Beef with Chilli in Cantonese  Sauce.....	£ 7.00
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50	<b>Stir Fried with Mixed Vegetables</b>	
	a) Chicken.....	£ 7.00
	b) Beef.....	£ 7.00
	c) Roast Pork.....	£ 7.00
	d) King Prawns.....	£ 8.00

51	<b>Stir Fried with Ginger &amp; Spring Onion</b>	
	a) Chicken.....	£ 7.00
	b) Beef.....	£ 7.00
	c) Lamb.....	£ 8.00
	d) Duck.....	£ 8.00
	e) King Prawns.....	£ 8.00

<b>52</b>	<b>Stir Fried with Mushrooms or Pineapple or Beansprouts</b>	
	a) Chicken.....	£ 7.00
	b) Beef.....	£ 7.00
	c) Roast Pork.....	£ 7.00
53	Stir Fried Mixed Vegetables with Sweet & Sour Sauce	£ 5.30
54	Stir Fried Mushrooms with Garlic	£ 3.60
<b>55</b>	<b><u>Chow Mein Noodles Dishes</u></b>	
	a)House Special (Mixed Meat).....	£ 8.00
	b) King Prawns... (Dry or with Sauce).....	£ 8.00
	c) Beef.....(Dry or with Sauce).....	£ 7.00
	d) Chicken..... (Dry or with Sauce).....	£ 7.00
	e)Roast Por.....(Dry or with Sauce).....	£ 7.00
56	Beef with Black Bean Sauce Chow Mein (Noodles)..... 	£ 7.00
57	Beef with Satay Sauce Chow Mein (Noodles)..... 	£ 7.00
58	Chicken with Satay Sauce Chow Mein (Noodles)..... 	£ 7.00
59	Chicken with Black Bean Sauce Chow Mein (Noodles)... 	£ 7.00
60	Singapore Rice Vermicelli Noodles..... 	£ 7.00
61	Vegetable Rice Vermicelli Noodles.....	£ 5.30
62	Mixed Vegetable Chow Mein (Noodles).....	£ 5.30
63	Plain Fried Noodles with Beansprouts & Onions.....	£ 3.50
<b>64</b>	<b><u>Chop Suey Dishes</u></b>	
	a) House Special (Mixed Meat).....	£ 8.00
	b) King Prawns.....	£ 8.00
	c) Roast Pork.....	£ 7.00
	d) Beef.....	£ 7.00
	e) Chicken.....	£ 7.00
<b>65</b>	<b><u>Egg Foo Yung Dishes</u></b>	
	a) House Special (Mixed Meat).....	£ 8.00
	b) King Prawns.....	£ 8.00
	c) Roast Pork.....	£ 7.00
	d) Beef.....	£ 7.00
	e) Chicken.....	£ 7.00
	f) Mushrooms.....	£ 6.00

### Vegetarian Dishes

66	Fried Bean Curd with Black Bean Sauce.....	£ 5.50
67	Fried Bean Curd with Mixed Vegetables.....	£ 5.50
68	Fried Bean Curd with Hot Sauce.....	£ 5.50
69	Deep Fried Bean Curd with Salt & Chilli Pepper (Dry).....	£ 5.50
70	Sweet & Sour Bean Curd with Pineapple.....	£ 5.50
71	Fried Aubergines with Garlic in Black Bean Sauce.....	£ 5.50
72	Fried Aubergines with Hot Sauce.....	£ 5.50
73	Stir Fried Mixed Vegetables.....	£ 3.60
74	Stir Fried Mixed Vegetables with Satay Sauce.....	£ 5.50
75	Stir Fried Mixed Vegetables with Cashew Nuts in Kung Po Sauce	£ 6.00
76	Mock Duck with Chilli in Black Bean Sauce..... 	£ 5.50
77	Mock Duck with Black Pepper Sauce..... 	£ 5.50


### 78 Fried Rice Dishes


a)	House Special (Mixed Meat).....	£ 7.60
b)	King Prawns.....	£ 8.00
c)	Young Chow (Mixed Meat).....	£ 7.20
d)	Shrimps (Small Prawns).....	£ 7.20
e)	Chicken.....	£ 6.80
f)	Beef.....	£ 6.80
g)	Roast Pork.....	£ 6.80
h)	Singapore Fried Rice (Mixed Meat).....	£ 7.20
i)	Mixed Vegetables.....	£ 5.50
j)	Mushrooms.....	£ 5.50


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### Curry Dishes with Onions & Peas

a)	House Special (Mixed Meat).....	£ 7.20
b)	King Prawns.....	£ 7.50
c)	Duck.....	£ 7.20
d)	Shrimps (Small Prawns).....	£ 7.20
e)	Chicken.....	£ 6.80
f)	Beef.....	£ 6.80
g)	Roast Pork.....	£ 6.80
h)	Mushrooms.....	£ 5.00
i)	Mixed Vegetables.....	£ 5.00

	<b><u>Thai Green Curry Dishes</u></b>	
80	<b>with Aubergine, Corn &amp; Bamboo Shoots</b> 	
	a) Chicken.....	£ 7.00
	b) Beef.....	£ 7.00
	c) King Prawns.....	£ 8.00
	d) Duck.....	£ 8.00
	e) Mixed Vegetables (Mushrooms, Tofu, Corn & Mange Tout)	£ 5.50

81	<b><u>Thai Red Curry Dishes</u></b>	
	<b>with Aubergine, Tofu, Corn &amp; Mange Tout</b> 	
	a) Chicken.....	£ 7.00
	b) Beef.....	£ 7.00
	c) King Prawns.....	£ 8.00
	d) Duck.....	£ 8.00
	e) Mixed Vegetables (Mushrooms, Tofu, Corn & Mange Tout)	£ 5.50

	<b><u>Extra Side Dishes</u></b>	
82	Stir Fried Beansprouts.....	£ 3.00
83	Stir Fried Bamboo Shoots & Water Chestnuts.....	£ 3.50
84	Stir Fried Onions.....	£ 3.00
85	Egg Fried Rice.....	£ 2.80
86	Boiled Rice.....	£ 2.50
87	Chips.....	£ 2.30
88	Salt & Chilli Pepper Chips..... 	£ 3.30
89	Extra Pancake.....	£ 1.00
90	Banana Fritters.....	£ 2.80
91	Pineapple Fritters.....	£ 2.80
92	Prawn Crackers.....	£ 2.00
93	Choice of <b>one</b> of the following Sauces: .....	£ 1.80

Cantonese  
 Barbecue  
 Satay  
 Hoi Sin

Curry  
 Sweet & Sour  
 Black Bean

## **SET MEALS**

### **Set Meal A for Two Persons £24.50**

#### ***Starters***

Spare Ribs with Barbecue Sauce  
Spring Rolls

#### ***Main Courses***

Sweet & Sour Chicken (Hong Kong Style)  
Beef with Chilli in Black Bean Sauce  
Young Chow Fried Rice (x2)  
Prawn Crackers

### **Set Meal B for Three Persons £40.00**

#### ***Starters***

Spare Ribs with Barbecue Sauce  
Sesame Prawn on Toast  
Crispy Seaweed

#### ***Main Courses***

Sweet & Sour Chicken (Hong Kong Style)  
Beef with Szechuan Sauce  
Roast Pork with Mixed Vegetables  
Young Chow Fried Rice (x3)  
Prawn Crackers



## **Set Meal C**

**for Three Persons £35.00**

### ***Starters***

Spare Ribs with Barbecue Sauce

Spring Rolls

Chicken Samosas

### ***Main Courses***

Sweet & Sour Chicken in Batter

Beef with Mushrooms

Chicken Curry

Egg Fried Rice (x3)

Prawn Crackers

## **Set Meal D**

**for Two Persons    £36.00**  
**for Three Persons    £52.00**  
**for Four Persons    £72.00**

### ***Starters***

Spare Ribs with Barbecue Sauce

Spring Rolls

Sesame Prawn on Toast

Smoked Shredded Chicken

Crispy Seaweed

### ***2nd Course***

Crispy Aromatic Duck

served with Pancakes, Cucumber, Spring Onion & Hoi Sin Sauce

### ***Main Courses***

Crispy Shredded Beef with Cantonese Sauce

King Prawns with Garlic Sauce

Lemon Chicken

Stir Fried Mixed Vegetables

Young Chow Fried Rice

Prawn Crackers