

Lotus Take-Away Menu (March 2019)

Nature's Best Catering Ltd trading as Lotus Restaurant 01994 452578

Appetisers

1	Deep Fried Combination (for 2 Persons): Cantonese Ribs, Sesame Prawn on Toast, Spring Rolls, Crispy Seaweed & Smoked Shredded Chicken	£ 8.50
2	Crispy Aromatic Duck Served with Pancakes, Cucumber, Spring Onions & Hoi Sin Sauce	
	Quarter	£ 8.50
	Half	£ 15.50
2a	Crispy Aromatic Vegetarian Duck.....	£ 5.50
3	Butterfly Prawns in Breadcrumbs.....	£ 5.50
4	Satay Chicken on Skewers.....	£ 4.80
5	Sesame Prawn on Toast.....	£ 4.60
6	Chicken Samosas.....	£ 3.10
7	Spring Rolls with Meat.....	£ 3.00
8	Spring Rolls with Vegetables.....	£ 2.80
9	Crispy Fried Won Ton.....	£ 3.50
10	Crispy Seaweed.....	£ 3.10
11	Smoked Shredded Chicken.....	£ 5.00

Spare Ribs

12	Spare Ribs with Cantonese Sauce.....	£ 6.00
13	Spare Ribs with Barbecue Sauce.....	£ 6.00
14	Honey Glazed BBQ Spare Ribs.....	£ 6.00
15	Spare Ribs with Salt & Chilli Pepper.....	£ 6.00
16	Spare Ribs with Sweet & Sour Sauce.....	£ 6.00

Soups

17	Crab Meat & Sweetcorn Soup.....	£ 3.50
18	Chicken & Sweetcorn Soup.....	£ 3.00
19	Hot & Sour Soup.....	£ 3.60
20	Chicken & Noodle Soup.....	£ 3.00
21	Chicken & Mushroom Soup.....	£ 3.00
22	Sweetcorn Soup.....	£ 2.80
23	Won Ton Soup.....	£ 3.50

Please inform us before ordering if you are allergic to any of the following and we will do our best to advise.

Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

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|----|--|--------|
| | Thai Tom Yum Soup | |
| 24 | flavoured with Lemon Grass in Spicy Sour Soup | |
| | a) Chicken..... | £ 4.00 |
| | b) Prawns..... | £ 4.50 |
| | c) Seafood | £ 4.50 |
| 25 | Authentic Malaysian Chilli Sauce, Ginger & Garlic | |
| | a) Chicken..... | £ 6.30 |
| | b) Mussels..... | £ 7.20 |
| | c) Mixed Seafood..... | £ 7.20 |
| | d) King Prawns..... | £ 7.20 |
| 26 | Stir Fried with Black Pepper Sauce & Pepper | |
| | a) Chicken..... | £ 6.30 |
| | b) Beef..... | £ 6.30 |
| | c) Lamb | £ 6.80 |
| | d) King Prawns | £ 7.20 |
| 27 | Chicken with Thai Creamy Chilli Fragrant Sauce | £ 6.30 |
| 28 | Kung Po Style with Cashew Nuts | |
| | a) Chicken..... | £ 6.30 |
| | b) Beef..... | £ 6.30 |
| | c) King Prawns..... | £ 7.20 |
| 29 | Stir Fried with Pepper in Black Bean Sauce | |
| | a) Chicken..... | £ 6.30 |
| | b) Beef..... | £ 6.30 |
| | c) Roast Pork..... | £ 6.30 |
| | d) Lamb..... | £ 6.80 |
| | e) Duck..... | £ 7.20 |
| | f) King Prawns..... | £ 7.20 |
| 30 | Cantonese Style (Fruity Sauce) | |
| | a) Chicken..... | £ 6.30 |
| | b) Beef..... | £ 6.30 |

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	c) Roast Pork.....	£ 6.30
	d) Duck.....	£ 7.20
	e) King Prawns.....	£ 7.20
31	Sweet & Sour (Sauce)	
	a) Chicken (Hong Kong Style or in Batter).....	£ 6.30
	b) Pork (Hong Kong Style).....	£ 6.30
	c) King Prawns (Hong Kong Style or in Batter).....	£ 7.20
32	Szechuan Style (Sauce) 	
	a) Chicken.....	£ 6.30
	b) Beef.....	£ 6.30
	c) Roast Pork.....	£ 6.30
	d) Duck.....	£ 7.20
	e) King Prawns.....	£ 7.20
33	Fruity Sauce	
	a) Chicken with Plum, Lemon or Orange Sauce.....	£ 6.30
	b) Duck with Plum, Lemon or Orange Sauce.....	£ 7.20
34	Yellow Bean Sauce	
	a) Chicken.....	£ 6.30
	b) Roast Pork.....	£ 6.30
	c) Duck.....	£ 7.20
	d) King Prawns.....	£ 7.20
35	Beef with Onions.....	£ 6.30
36	Satay Sauce (with Peanuts) 	
	a) Chicken.....	£ 6.30
	b) Beef.....	£ 6.30
	c) King Prawns.....	£ 7.20
37	Beef with Bamboo Shoots & Water Chestnuts.....	£ 6.30
38	Beef with Garlic Sauce.....	£ 6.30
39	Chicken with Garlic Sauce.....	£ 6.30

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- 40 Chicken with Cashew Nuts..... £ 6.30
- 41 Chicken with Bamboo Shoots & Water Chestnuts..... £ 6.30

Seafood Dishes

- 42 Deep Fried Squid with Spicy Salt & Chilli Pepper (dry)..... £ 6.80
- 43 Deep Fried Squid with Sweet & Sour Sauce..... £ 6.80
- 44 Deep Fried Squid with Thai Sauce..... £ 6.80
- 45 Deep Fried Squid with Chilli in Black Bean Sauce..... £ 6.80
- 46 Stir Fried Mussels with Fresh Ginger & Spring Onion..... £ 7.20
- 47 Stir Fried Mussels with Chilli in Black Bean Sauce..... £ 7.20

48 Thai Style

- a) Chicken..... £ 6.30
- b) Beef..... £ 6.30
- c) King Prawns..... £ 7.20

49 Deep Fried with Salt & Chilli Pepper (dry)

- a) Chicken..... £ 6.30
- b) Pork..... £ 6.30
- c) King Prawns..... £ 7.20

- 50 Deep Fried Crispy Beef with Chilli in Cantonese Sauce..... £ 6.30














51 Stir Fried with Mixed Vegetables

- a) Chicken..... £ 6.30
- b) Beef..... £ 6.30
- c) Roast Pork..... £ 6.30
- d) King Prawns..... £ 7.20

52 Stir Fried with Ginger & Spring Onion





- a) Chicken..... £ 6.30
- b) Beef..... £ 6.30
- c) Lamb..... £ 6.80
- d) Duck..... £ 7.20
- e) King Prawns..... £ 7.20

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53	Stir Fried with Mushrooms, Pineapple or Beansprouts	
	a) Chicken.....	£ 6.30
	b) Beef.....	£ 6.30
	c) Roast Pork.....	£ 6.30
54	Stir Fried Mixed Vegetables with Sweet & Sour Sauce	£ 4.50
55	Stir Fried Mushrooms with Garlic	£ 3.00
56	Chow Mein Noodles Dishes	
	a) House Special (Mixed Meat).....	£ 7.00
	b) King Prawns.....	£ 7.00
	c) Beef (Dry or with Sauce).....	£ 6.30
	d) Chicken (Dry or with Sauce).....	£ 6.30
	e) Roast Pork (Dry or with Sauce).....	£ 6.30
57	Beef with Black Bean Sauce Chow Mein (Noodles)..... 	£ 6.50
58	Beef with Satay Sauce Chow Mein (Noodles)..... 	£ 6.50
59	Chicken with Satay Sauce Chow Mein (Noodles)..... 	£ 6.50
60	Chicken with Black Bean Sauce Chow Mein (Noodles)..... 	£ 6.50
61	Singapore Rice Vermicelli Noodles..... 	£ 6.50
62	Vegetable Rice Vermicelli Noodles.....	£ 4.50
63	Mixed Vegetable Chow Mein (Noodles).....	£ 4.50
64	Plain Fried Noodles.....	£ 3.00
65	Chop Suey Dishes	
	a) House Special (Mixed Meat).....	£ 6.80
	b) King Prawns.....	£ 6.80
	c) Roast Pork.....	£ 6.00
	d) Beef.....	£ 6.00
	e) Chicken.....	£ 6.00
66	Egg Foo Yung Dishes	
	a) House Special (Mixed Meat).....	£ 6.80
	b) King Prawns.....	£ 6.80
	c) Roast Pork.....	£ 6.20

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d) Beef.....	£ 6.20
e) Chicken.....	£ 6.20
f) Mushrooms.....	£ 5.30

Vegetarian Dishes

67	Fried Bean Curd with Black Bean Sauce.....	£ 4.50
68	Fried Bean Curd with Mixed Vegetables.....	£ 4.50
69	Fried Bean Curd with Hot Sauce.....	£ 4.50
70	Deep Fried Bean Curd with Salt & Chilli Pepper (Dry).....	£ 4.50
71	Sweet & Sour Bean Curd with Pineapple.....	£ 4.50
72	Fried Aubergines with Garlic in Black Bean Sauce.....	£ 4.50
73	Fried Aubergines with Hot Sauce.....	£ 4.50
74	Stir Fried Mixed Vegetables.....	£ 3.00
75	Mock Duck with Chilli in Black Bean Sauce.....	£ 4.50
76	Mock Duck with Black Pepper Sauce.....	£ 4.50

77 Fried Rice Dishes

a)	House Special (Mixed Meat).....	£ 6.80
b)	King Prawns.....	£ 6.80
c)	Young Chow (Mixed Meat).....	£ 6.50
d)	Shrimps (Small Prawns).....	£ 6.50
e)	Chicken.....	£ 6.30
f)	Beef.....	£ 6.30
g)	Roast Pork.....	£ 6.30
h)	Singapore Fried Rice (Mixed Meat).....	£ 6.50
i)	Mixed Vegetables.....	£ 4.80
j)	Mushrooms.....	£ 4.80

78 Curry Dishes with Onions & Peas

a)	House Special (Mixed Meat).....	£ 6.50
b)	King Prawns.....	£ 6.50
c)	Duck.....	£ 6.50
d)	Shrimps (Small Prawns).....	£ 6.30
e)	Chicken.....	£ 6.30
f)	Beef.....	£ 6.30
g)	Roast Pork.....	£ 6.30

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- h) Mushrooms..... £ 4.50
- i) Mixed Vegetables..... £ 4.50

Thai Green Curry Dishes

79 with Aubergine, Corn & Bamboo Shoots

- a) Chicken..... £ 6.30
- b) Beef..... £ 6.30
- c) King Prawns..... £ 7.30
- d) Duck..... £ 7.20
- e) Mixed Vegetables (Mushrooms, Tofu, Corn & Mange Tout) £ 4.80

Thai Red Curry Dishes

80 with Aubergine, Tofu, Corn & Mange Tout

- a) Chicken..... £ 6.30
- b) Beef..... £ 6.30
- c) King Prawns..... £ 7.20
- d) Duck..... £ 7.20
- e) Mixed Vegetables (Mushrooms, Tofu, Corn & Mange Tout) £ 4.80





Extra Side Dishes

- 81 Stir Fried Beansprouts..... £ 2.50
- 82 Stir Fried Bamboo Shoots & Water Chestnuts..... £ 3.00
- 83 Stir Fried Onions..... £ 2.50
- 84 Egg Fried Rice..... £ 2.50
- 85 Boiled Rice..... £ 2.20
- 86 Chips..... £ 1.80
- 87 Salt & Chilli Pepper Chips..... £ 2.50
- 88 Duck Pancakes..... £ 1.00
- 89 Banana Fritters..... £ 2.50
- 90 Pineapple Fritters..... £ 2.50
- 91 Prawn Crackers..... £ 1.80
- 92 Choice of one of the following Sauces: £ 1.50

Cantonese
Barbecue
Satay
Hoi Sin

Curry
Sweet & Sour
Black Bean

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SET MEALS

Set Meal A for Two Persons £23.00

Starters

Spare Ribs with Barbecue Sauce
Spring Rolls

Main Courses

Sweet & Sour Chicken (Hong Kong Style)
Beef with Chilli in Black Bean Sauce
Young Chow Fried Rice (x2)
Prawn Crackers

Set Meal B for Three Persons £36.00















Starters

Spare Ribs with Barbecue Sauce
Sesame Prawn on Toast
Crispy Seaweed

Main Courses

Sweet & Sour Chicken (Hong Kong Style)
Beef with Szechuan Sauce
Roast Pork with Mixed Vegetables
Young Chow Fried Rice (x3)
Prawn Crackers

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Set Meal C
for Three Persons £32.00

Starters

Spare Ribs with Barbecue Sauce

Spring Rolls

Chicken Samosas

Main Courses

Sweet & Sour Chicken in Batter













Beef with Mushrooms

Chicken Curry

Egg Fried Rice (x3)

Prawn Crackers

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Set Meal D

for Two Persons £34.00

for Three Persons £50.00

for Four Persons £68.00

Starters

Spare Ribs with Barbecue Sauce

Spring Rolls

Sesame Prawn on Toast

Smoked Shredded Chicken

Crispy Seaweed

2nd Course

Crispy Aromatic Duck

served with Pancakes, Cucumber, Spring Onion & Hoi Sin Sauce

Main Courses

Crispy Shredded Beef with Cantonese Sauce

King Prawns with Garlic Sauce













Lemon Chicken

Stir Fried Mixed Vegetables

Young Chow Fried Rice

Prawn Crackers

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