

May 2025

Flint Serenity House www.flintserenityhouse.org



Serenity House Communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	01	02	03
Closed	Closed	Youth & Family Group 5:00-6:30pm	Acudetox 30-6:30pm	Men's Meditation 5:00-6:00pm	SMART Recovery 5:00-6:00pm SMART Recovery (Friends / Family) 5:00-6:00pm	Slow Flow Yoga 10:30-11:30am Acudetox 11:30-12:30pm Recovery Reiki 12:30-1:30pm
04	05	06	07	08	09	10
Closed	Closed	Youth & Family Group 5:00-6:30pm	Acudetox 30-6:30pm	Men's Meditation 5:00-6:00pm	SMART Recovery 5:00-6:00pm SMART Recovery (Friends / Family) 5:00-6:00pm	Slow Flow Yoga 10:30-11:30am Acudetox 11:30-12:30pm Recovery Reiki 12:30-1:30pm
11	12	13	14	15	16	17
Closed	Closed	Sacred Heart Acudetox 11:00-12:30pm Youth & Family Group 5:00-6:30pm	Acudetox 30-6:30pm	Men's Meditation 5:00-6:00pm	SMART Recovery 5:00-6:00pm SMART Recovery (Friends / Family) 5:00-6:00pm	Slow Flow Yoga 10:30-11:30am Acudetox 11:30-12:30pm Recovery Reiki 12:30-1:30pm
18	19	20	21	22	23	24
Closed	Closed	Youth & Family Group 5:00-6:30pm	Acudetox 30-6:30pm	Men's Meditation 5:00-6:00pm	SMART Recovery 5:00-6:00pm SMART Recovery (Friends / Family) 5:00-6:00pm	Slow Flow Yoga 10:30-11:30am Acudetox 11:30-12:30pm Recovery Reiki 12:30-1:30pm
25	26	27	28	29	30	31
Closed	Closed	Sacred Heart Acudetox 11:00-12:30pm Youth & Family Group 5:00-6:30pm	Acudetox 30-6:30pm	Men's Meditation 5:00-6:00pm	SMART Recovery 5:00-6:00pm SMART Recovery (Friends / Family) 5:00-6:00pm	Slow Flow Yoga 10:30-11:30am Acudetox 11:30-12:30pm Recovery Reiki 12:30-1:30pm

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Lapeer Serenity House www.lapeerserenityhouse.org



Serenity House Communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	01	02	03
						No Class
04	05	06	07	08	09	10
Closed	Closed	No Class	Emotional Freedom Technique (Tapping) Group 5:30-6: 30pm	*SMART RECOVERY 5:30-6:30PM	No Class	No Class
11	12	13	14	15	16	17
Closed	Closed	No Class	Acudetox 6:30pm	5:30- *SMART RECOVERY 5:30-6:30PM	No Class	No Class
18	19	20	21	22	23	24
Closed	Closed	No Class	Emotional Freedom Technique (Tapping) Group 5:30-6: 30pm	*SMART RECOVERY 5:30-6:30PM	No Class	No Class
25	26	27	28	29	30	31
Closed	Closed	No Class	Acudetox 6:30pm	5:30- *SMART RECOVERY 5:30-6:30PM	No Class	No Class

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Owosso Serenity House
Please See Our FB Page www.flintserenityhouse.org



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	01	02	03
						No Class
04	05	06	07	08	09	10
Closed	Youth Group 1:00-5:00pm	No Class	No Class	No Class	Acudetox 5:00-6:00pm SMART RECOVERY (Friends / Family) 5:00-6:00PM	No Class
11	12	13	14	15	16	17
Closed	Youth Group 1:00-5:00pm	No Class	No Class	No Class	Presentation 8:30-9:30am Acudetox 5:00-6:00pm *SMART RECOVERY (Friends / Family) 5:00-6:00PM	No Class
18	19	20	21	22	23	24
Closed	Youth Group 1:00-5:00pm	No Class	SPN Meeting 8:30-9:30am	No Class	Acudetox 5:00-6:00pm SMART RECOVERY (Friends / Family) 5:00-6:00PM	No Class
25	26	27	28	29	30	31
Closed	Youth Group 1:00-5:00pm	No Class	No Class	No Class	Acudetox 5:00-6:00pm SMART RECOVERY (Friends / Family) 5:00-6:00PM	No Class

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Serenity House Communities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				01	02	03
						No Class
04	05	06	07	08	09	10
Closed	Closed	No Class	RECOVERY Reiki 4: 30-5:30pm Acudetox 5:30-6: 30pm	*Hybrid SMART RECOVERY 5:30-6: 30PM	No Class	No Class
11	12	13	14	15	16	17
Closed	Closed	No Class	RECOVERY Reiki 4: 30-5:30pm Emotional Freedom Technique (Tapping) Group 5:30-6:30pm	*HybridSMART RECOVERY 5:30-6: 30PM	No Class	No Class
18	19	20	21	22	23	24
Closed	Closed	No Class	RECOVERY Reiki 4: 30-5:30pm Acudetox 5:30-6: 30pm	*Hybrid SMART RECOVERY 5:30-6: 30PM	No Class	No Class
25	26	27	28	29	30	31
Closed	Closed	No Class	RECOVERY Reiki 4: 30-5:30pm Emotional Freedom Technique (Tapping) Group 5:30-6:30pm	*Hybrid SMART RECOVERY 5:30-6: 30PM	No Class	No Class