



**What are the typical activities within a Mind Centric PA Day / March Break and Summer Camps?**

**‘Acting 101’**

- Acting games exploring body language, Facial expressions, character voices
- ‘Audition tape’ (line delivery activity)

**Yoga for Children:**

- Breathing Exercises
- Meditation
- Flexibility Maneuvers

**Brain Aerobics:**

- Vocabulary
- Memory games
- Mental math

**Registration & Pricing**

Below table provides an overview of our camps and applicable pricing.

**For siblings a discount of \$10 will be applied!**

Camp Details	Pricing
PA Day – full day	\$69 + HST = \$77.97
PA Day – half day	\$39 + HST = \$44.07
March Break – 5 full days (12-16 Mar)	\$250 + HST = \$ 282.50
March Break – 5 half days	\$150 + HST = \$169.50
Summer Camps – 5 full days (Jul – Aug)	\$259 + HST = \$292.67
Summer Camps – 5 half days	\$159+ HST = \$179.67

**Contact Us to Book Your Child a Spot!**

Phone: 647-864-2674  
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**MIND CENTRIC**

*March Break  
Summer &  
PA Day  
Camps*

*Fun filled camps with brain aerobics, drama lessons, yoga classes and abacus based math for kids!*



## About our custom made camp activities

### Mental Math

Welcome to the world's leading abacus and mental arithmetic program. A scientifically proved and globally recognized child development program on mental mathematics and abacus for children aged 4-13 years.

### What do we focus in our camps ?

Over the course of the camp we will explore the many elements of drama, yoga and brain aerobics through educational games and activities, with a focus on loads of fun!

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*"An excellent way of combining fun and learning that truly engaged my kids!"*

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### Elements of Drama

Using multimedia to help us along the way, we'll learn about all the things that go into a performance, and each child will have opportunities to try their hand at different roles that they find interesting- acting, writing, music, costumes, light, and sound, and more!

### Yoga for Children

We use yoga movements to de-stress and to improve children's overall well-being, while at the same time teaching them the importance of exercise.



Mind and body connection is pivotal to growth and we use this philosophy to design our day camps

### Brain Aerobics

Through simple mental math and vocabulary exercises, our day camps will engage all of your child's senses, stimulating brain development and growth. When combined with exercise, brain aerobics can prove to be highly effective in regards to raising a child's mental faculty.

Brain aerobic activities include mental mathematics, abacus work, vocabulary development games and memory games.

Simply, the brain is a muscle, it only gets more effective, with proportional stimulation. And our day camps provide exactly that.