

Your *Ultimate* Guide to the Granite State

Destination

New Hampshire

**A Tour of Our Seven
Remarkable Regions**
*with Mountains, Forests,
Lakes and Seacoast*

**Things To Do
& Resources You Need**

2013

\$4.95



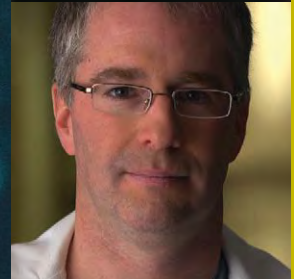
2013 Edition

FROM THE PUBLISHERS OF

New Hampshire
magazine

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Destination New Hampshire



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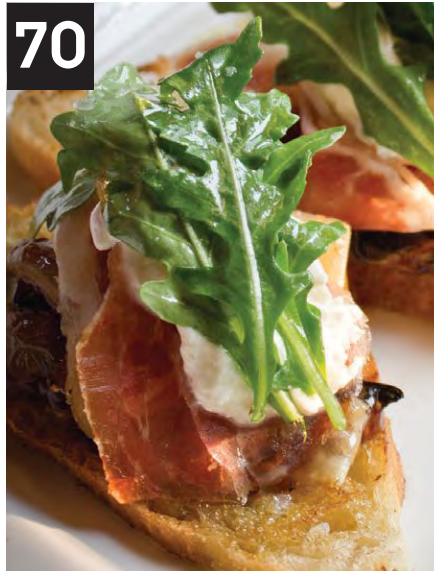
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ON THE COVER

A lovely summer day at Hampton Beach State Park is made even lovelier by the new Seashell Complex designed by Samyn-D'Elia Architects of Ashland.

Photography by John Hession



FUN

MUSIC

DANCING

PRIZES

**Great Food
& Drink!**

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RESTAURANTS
ACROSS THE STATE**

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The
New Hampshire
magazine

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For more information on purchasing tickets visit BestofNH.com

Editor's Note

Great Stuff In All Directions

Welcome to the 2013 edition of *Destination New Hampshire!*

We like to think of *Destination New Hampshire* as your guide to everything that is New Hampshire. On the following pages you'll find everything from information on food to state facts, sandy beaches to senior living, moose festivals to museums – in short, all you need to see, do and experience in the Granite State (yes, we even explain why we call it that).

New Hampshire is divided into seven regions, which may sound like a lot for such a small state. Each region, however, is wonderfully unique with a flavor and character all its own. That's part of what makes this state so magical; the diversity of its climate, its landscape, even its people give newcomers and longtime residents a singular opportunity to explore a wide range of experiences that can be had nowhere else.

In the 2013 edition of *Destination New Hampshire* you will get a small taste of each of our state's regions – from the seashore to the mountains to the vibrant urban scenes. You will also have the opportunity to sample what it's like to live here with sections focused on New Hampshire's award-winning schools and universities, world-class healthcare facilities, variety of retirement residences, and of course, shopping, restaurants and cultural hotspots.

We know people are using their computers and mobile devices like never before to research where to go and what to do. This year we've added many more website addresses to help you find just what you want, just when you need it. And look for our QR tags to access even more great information!

Whether you are new to New Hampshire or you have lived here for generations, we hope *Destination New Hampshire* will help you discover something new to explore in the Granite State.



PHOTOGRAPHY BY WENDY WOOD

As poet Robert Frost, one of New Hampshire's most famous sons, once wrote,

*"Two roads diverged in a wood, and I —
I took the one less traveled by,
And that has made all the difference."*

We invite you to do the same.

Happy Travels!

A handwritten signature in cursive that reads 'Cindy Kibbe'.

Cindy Kibbe, Editor

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Please Drink Responsibly



Governor's Letter



JOHN H. LYNCH
Governor

State of New Hampshire

OFFICE OF THE GOVERNOR

107 North Main Street, State House - Rm 208

Concord, New Hampshire 03301

Telephone (603) 271-2121

www.nh.gov/governor

governorlynch@nh.gov

Dear Friends:

With our rich history and culture, beautiful natural environment and low taxes, New Hampshire is a unique and wonderful place to live, work and play. On behalf of the people of New Hampshire, I invite you to come and enjoy all that our great state has to offer.

We take pride in our high quality of life. New Hampshire is consistently named the most livable state in the nation, the safest state and the best state in which to raise children. Our diverse economy, educated workforce and excellent schools make this a great place to raise a family and to do business.

New Hampshire's unique character is punctuated by our breathtaking landscapes – majestic mountains and forests, and clear, cool waters. There are picturesque villages and vibrant cities, which boast a variety of cultural, entertainment and fine dining experiences. And of course, shopping is always tax-free. From the Seacoast to the North Country, from the Connecticut River Valley to the Southern Tier – New Hampshire offers something for everyone.

With so much to offer, it is no wonder so many people are making New Hampshire their destination – whether it's for vacation or for a lifetime. I personally invite you to come experience the advantages of the Granite State for yourself. I can guarantee you will not be disappointed.

Sincerely,

A handwritten signature in black ink that reads "John H. Lynch".

John H. Lynch
Governor

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Regional Recreation

There are 39 state parks, including 19 campgrounds and historic sites in New Hampshire. Here are some places to start exploring our great outdoors. nhstateparks.org

Seacoast

- 27 Hampton Beach State Park
- 28 Kingston State Park
- 29 Odiorne Point State Park
- 30 Rye Harbor State Park

Merrimack Valley

- 17 Bear Brook State Park
- 18 Clough State Park
- 19 Northwood Meadows State Park
- 20 Pawtuckaway State Park
- 21 Silver Lake State Park

Monadnock

- 22 Greenfield State Park
- 23 Miller State Park
- 24 Monadnock State Park
- 25 Pisgah State Park
- 26 Rhododendron State Park

Dartmouth/ Lake Sunapee

- 13 Pillsbury State Park
- 14 Rollins State Park
- 15 Mt. Sunapee State Park
- 16 Winslow State Park

Lakes

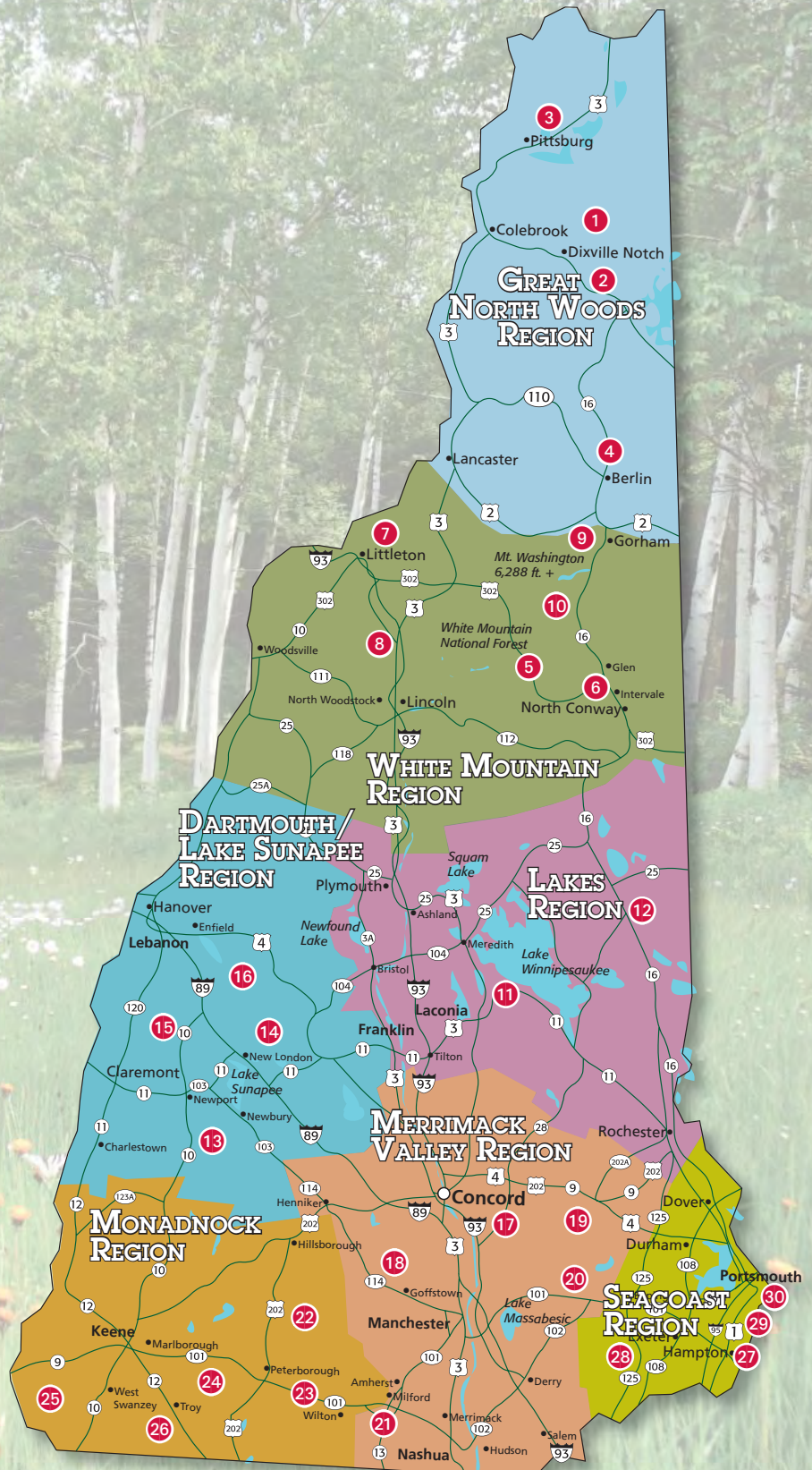
- 11 Ellacoya State Park
- 12 White Lake State Park

White Mountains

- 5 Crawford Notch State Park
- 6 Echo Lake State Park
- 7 Forest Lake State Park
- 8 Franconia Notch State Park
- 9 Moose Brook State Park
- 10 Mt. Washington State Park

Great North Woods

- 1 Coleman State Park
- 2 Dixville Notch State Park
- 3 Lake Francis State Park
- 4 Milan Hill State Park





QUICK LINK
 SCAN FOR MORE INFORMATION
 or go to
nhstateparks.org/uploads/pdf/NH-State-Parks_Map-all.pdf

Facts and Figures

Nicknames: The Granite State (because of the abundance of granite ledge and quarries), Mother of Rivers, White Mountain State and Switzerland of America

Settled: 1623

Population: 1,318,194 (Source: 2011 U.S. Census estimate)

Land area: 8,952.65 square miles (Source: U.S. Census Bureau)

Taxes: No personal income tax – no sales tax, rental and meals tax is 9%, Business Profits Tax is 8.5%

Statehood: New Hampshire became the ninth state on June 21, 1788. It was one of the original 13 colonies. New Hampshire has 10 counties, 13 municipalities, 221 towns and 22 unincorporated places.

Governor: John H. Lynch (D)

Capital: Concord (1808)

Highest peak: Mount Washington, 6,288 feet

State motto: "Live free or die," adopted in 1945.

Written by American Revolutionary War hero Gen. John Stark on July 31, 1809.

State flag: The body of the flag is blue. The center depicts the state's seal with the frigate *Raleigh* — all surrounded by laurel leaves and nine stars.

State flower: The purple lilac, *Syringa vulgaris*, adopted in 1919.

State wildflower: The pink lady's slipper, *Cypripedium acaule*, adopted in 1991

State tree: The white birch tree, *Betula papyrifera*, adopted in 1947

State dog: Chinook, adopted in 2009

State bird: The purple finch, adopted in 1957

State fruit: The pumpkin, adopted in 2006

State mineral: Beryl

State gem: Smoky quartz

State sport: Skiing, adopted in 1998

Official state song: "Old New Hampshire," with words by Dr. John F. Holmes and music by Maurice Hoffmann.

Famous Granite Staters: Author Dan Brown; filmmaker Ken Burns; founder of the Christian Science religion Mary Baker Eddy; poet Robert Frost; poet Donald Hall; singer Ray LaMontagne; professional wrestler Paul Michael Levesque (aka Triple H); first teacher in space S. Christa McAuliffe; pop singer Mandy Moore; U.S. President Franklin Pierce; author J.D. Salinger; comedian Seth Meyers; actor Adam Sandler; astronaut Alan B. Shepard Jr.; comedian Sarah Silverman; U.S. Supreme Court Justice David Souter; Revolutionary War Gen. John Stark; Olympian Jenny Thompson; and U.S. Secretary of State Daniel Webster.



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Entertainment Calendar

four seasons of fun

New Hampshire is known for its great skiing in the winter and its popular beaches in the summer, but the fun happens throughout the year in the Granite State. Autumn brings country fairs and harvest festivals, while spring ushers in events celebrating maple syrup and home and garden expos. The highlights listed here are just a sample of the excitement New Hampshire has in store for every season. Please note event dates can change.



SYLVANIA 300

Sept. 22, 2013
New Hampshire Motor
Speedway, Loudon
nhms.com
603-783-4931

The Sylvania 300 is one of the most important races in NASCAR's 10-race Chase for the Cup. Watch racing's elite compete for the championship title on New Hampshire's 'Magic Mile.'

SHUTTERSTOCK.COM/WALTER G. ARCE

Autumn

Seacoast

Hampton Beach Seafood Festival

Sept. 6-8, 2013
Ocean Blvd.
Hampton Beach
hamptonbeachseafood-festival.com
603-926-8718

The only place you'll find fresher seafood and more variety is in the ocean itself! This festival features 60 of the Seacoast's top restaurants serving everything from fried clams to lobster along with landlubber fare like BBQ ribs, onion blossoms and desserts. Craft vendors, music and fireworks add to this not-to-miss event.

Annual Apple Harvest Day

Oct. 5, 2013
Downtown Dover
dovernh.org
603-742-2218

Join thousands at Apple Harvest Day, the biggest autumn craft fair on the Seacoast. The Apple Harvest Day 5K gets the day off to a running start and includes more than 300 vendors, four stages filled with entertainment, Orchard Alley, children's activities and wonderful food.

New Hampshire Film Festival

Oct. 10-13, 2013
Downtown Portsmouth
nhfilmfestival.com
603-647-6439

Celebrate the art of filmmaking with more than 60 films screened

throughout Portsmouth. See nationally recognized independent films, talk with filmmakers and actors and hobnob with celebrities at the festival's famous after-parties, staged at some of Portsmouth's coolest restaurants.

Merrimack Valley

Deerfield Fair

Sept. 26-29, 2013
Deerfield Fair Grounds
Deerfield
deerfieldfair.com
603-463-7421

The Deerfield Fair, one of New Hampshire's largest agricultural fairs, celebrates farming, family and fun. Enjoy tractor pulls, livestock exhibitions, a demolition derby, the Ms. Deerfield Fair pageant, artisans and the exciting midway.

Monadnock Region Keene Pumpkin Festival

Oct. 19, 2013
Downtown Keene
pumpkinfestival.org

Bring a carved pumpkin and join thousands of spectators as Keene tries to regain its Guinness World Record for the largest number of lit jack-o-lanterns in one place. Street fair fun and food are on hand while the Guinness Records folks do their count.



Dartmouth-Lake Sunapee

Warner Fall Foliage Festival

Oct. 5 & 6, 2013
Downtown Warner
wfff.org, 603-456-9775

Celebrate the colors of autumn while enjoying food, entertainment, carnival rides and fine crafts along the main streets of Warner.

Pickpockets, Rogues & Highwaymen

Oct. 25 & 26, 2013
Fort at No. 4
Charlestown
fortat4.org
603-826-5700

Experience the "seedier" side of Colonial life along the Connecticut River. Unseemly characters will roam the Fort and grounds, which have

been transformed into hideouts, jails, a tavern (serving non-alcoholic beverages) and cemeteries. Children and adults can hunt for buried treasure or sing rowdy songs as they hoist a mug of cider at the Black Skull Tavern.

Lakes Region

Sandwich Fair

Oct. 7-9, 2013

Sandwich Fairgrounds
Center Sandwich
thesandwichfair.com
603-284-7062

Enjoy traditional country fair fun for the whole family at the Sandwich Fair. Tractor pulls, livestock judging, hand-milking demonstrations, food, amusement rides and music are just some of the highlights.

White Mountains

Oktoberfest at Attitash

Oct. 5 & 6, 2013

Attitash Resort, Bartlett
attitash.com
603-374-2600

Authentic German food, locally made beer at the Attitash Biergarten, live Bavarian music and the Keg Toss competition are just some of the festivities planned for Attitash's Oktoberfest weekend. Children's activities include face painting, arts and crafts, games, climbing wall and more.

Oktoberfest at Loon Mountain

Oct. 5 & 6, 2013

Loon Mountain Resort
Lincoln
loonmtn.com
603-745-8111

So much sauerkraut, so little time. Adults can enjoy the food, beer and "oom-pah" bands while the kids have their own fun with the Musical Chairs contest. The summit gondola will also be running all day.

Great North Woods

Annual Lumberjack Festival & Competition

Sept. 29, 2013

Northern Forest Heritage
Park, Berlin
northernforestheritage.org
603-752-7202

Berlin's nickname is the "City that Trees Built" and forest skills are a major part of the heritage of the North Country. At this annual festival, watch axe-wielding and saw-brandishing men and women vie for titles in lumberjack skills including chainsaw, axe chop, axe throwing, standing block chop, two-person log rolling and more. The day starts with the Lumberjack Breakfast and children's games run through the event.

RiverFire & Horror Fest

Oct. 19, 2013

Northern Forest Heritage
Park, Berlin
northernforestheritage.org
603-752-7202

RiverFire celebrates the North Country with food, fun and flames. A duck race on the Androscoggin River along with hayrides, haunted logging village and children's costume parade culminate with hundreds of torches lit at dusk on the River Walk.

Statewide

NH Open Doors

Nov. 2 & 3, 2013

nhopendoors.com
603-679-9800

This event, organized by the League of New Hampshire Craftsmen and New Hampshire Made, showcases the people, products and places of New Hampshire. Artisans across the state will "open their doors," inviting the public to see how beautiful art craft and other items are created.



SHUTTERSTOCK.COM

New Hampshire Highland Games and Festival

Sept. 20-22, 2013

Loon Mountain, Lincoln
nhscot.org
603-229-1975

Grab your kilt and head over to the Highland Games and Festival for a wee bit of Scotland in New Hampshire. More than 50 clans will gather along with mass bagpipe bands, food and entertainment – and of course, some amazing athletic feats.

Winter

Seacoast

Candlelight Stroll

Weekends Dec. 1-16, 2012

Strawbery Banke
Portsmouth
strawberybanke.org
603-433-1100

Walk back in time 350 years and stroll through the candlelit paths at historic Strawbery Banke Museum, where historic houses are decorated in period ornaments. A gingerbread house contest, live music, horse-drawn carriage rides and holiday hearth cooking demonstrations are just some of the fun activities that await visitors.

First Night Portsmouth

Dec. 31, 2012

Downtown Portsmouth
proportsmouth.org
603-433-4398

Ring in the New Year Portsmouth-style with music, dancing, ice sculpting and fireworks.

Merrimack Valley

Gift of Lights

Nov. 16, 2012-Jan. 5, 2013

New Hampshire Motor
Speedway, Loudon
nhms.com, 603-783-4931

Kick off the holiday season driving through more than a mile of light displays at the Gift of Lights. Visitors can also stop in Santa's Workshop to warm up while kids talk to the "big guy in the red suit" himself.

Winter Holiday Stroll

Nov. 24, 2012

Downtown Nashua
downtownnashua.org,
603-883-5700

The merchants of Downtown Nashua welcome thousands of shoppers at this annual holiday event. Enjoy the live entertainment and Victorian carolers, sample offerings from street vendors, dine at fine restaurants and shop at unique specialty shops and boutiques.

Christmas at Canterbury

Dec. 8 & 15, 2012

Canterbury Shaker

Museum, Canterbury
shakers.org
603-783-9511

Experience the simpler side of Christmas magic. Stroll through the candlelit Shaker Village, ride in a horse-drawn sleigh or wagon, sing carols, enjoy hot cider, music performances and more. Greenwood's Restaurant will be open for lunch and dinner (reservations strongly suggested) and hot/cold beverages and lighter fare will be available at the Shaker Box Lunch & Farm Stand.

New Hampshire Theatre Awards

Jan. 26, 2013

Stockbridge Theatre
Pinkerton Academy, Derry
stockbridgetheatre.com

The red carpet is rolled out to honor the state's best community and professional actors, productions and technicians at this lively, music-filled annual celebration of the finest local theatre. More information can also be found at nhtheatreawards.org.

**Monadnock Region
Annual Currier & Ives
Cookie Tour**

Dec. 8, 2012
Troy and Surrounding Towns
currierandivescookie.com
603-242-6495

Enjoy homemade treats and refreshments at some of the Monadnock Region's finest inns and boutiques. A portion of the proceeds will be donated to local charities.

**Keene Ice and Snow
Festival**

Feb. 16, 2013
Downtown Keene
keenechamber.com/ice-andsnow.html
603-352-1303

This free day of family fun will include ice carving competitions, snowman cookie decorating, s'more making, a snowball throwing competition with Swampbat baseball team mascot Ribby and more. Non-profit food vendors will be selling hot chocolate and other tasty treats while downtown merchants and restaurants will be featuring specials during the event.

**Dartmouth-Lake
Sunapee**

**New London Ski
Joring Competition**

Jan. 19 & 20, 2013
Colby Sawyer College

New London, nesja.com
The Wild West meets New England at the ski joring competition where skiers are towed on a rope behind a galloping horse through a course of gates, jumps and other obstacles. Truly a unique and fun winter event.

**Newport Winter
Carnival**

Feb. 3-10, 2013
Downtown Newport
lakesunapeeh.org
603-863-1332
Winter sports, food, music, fishing derby and a street fair complete with fireworks all combine to chase away the cold at the Newport Winter Carnival.

Newbury WinterFest

Feb. 16, 2013
Newbury Town Center
newburynh.org
603-763-4940
This family event features ice skating, an adult hockey tournament, guided trail hikes, warming bonfire, children's crafts and face painting, concessions, fireworks and much more.

Lakes Region

First Night Wolfeboro

Dec. 31, 2012
Downtown Wolfeboro
firstright.wolfeboro.net

**Great Rotary Ice
Fishing Derby**

Feb. 9 & 10, 2013
Lake Winnepesaukee,
Meredith
meredithrotary.org
603-279-7600

Anglers brave the cold for bragging rights and a \$5,000 grand prize for catching the largest rainbow trout and other fish at this annual ice fishing derby sponsored by the Meredith Rotary Club.



PHOTOGRAPHY BY SHUTTERSTOCK

603-569-2200

One of the largest First Night celebrations in New England, First Night Wolfeboro celebrates New Year's Eve with a parade, music, food and fireworks.

**Laconia World
Championship Sled
Dog Derby**

Feb. 22-24, 2013
Downtown Laconia
Irsdc.org

This International Sled Dog Racing Association-sanctioned event has mushers from all over the Northeast and Canada competing on a rigorous 16-mile course

over the lakes and into the woods. Cheer on your favorite dogs from one-, three- and six-dog teams.

**White Mountains
Polar Express Train**

Weekends, Nov. 23-
Dec. 22, 2012
Lincoln and North Conway
polarexpress.org
603-356-9980

Relive the magic and wonder of "The Polar Express" story, where a cynical little boy turns into a believer. The Polar Express departs from the Hobo Railroad Stations in Lincoln and Conway. Passengers are encouraged to arrive in their pajamas. This is an extremely popular event where tickets are awarded by lottery. Proceeds support the Believe in Books Literacy Foundation.

**Inn to Inn Cookie &
Candy Tour**

Dec. 8 & 9, 2012
Jackson and Surrounding
Towns
countryinnsinthe-
white-mountains.com
800-338-1356

What could be better than staying at a romantic country inn for the holidays? Sampling delicious cookies and gourmet candies, of

course! Enjoy sumptuous cookies, candies and holiday decorations at the 12 participating inns. Lodging packages are available.

**Mt. Washington
Valley Ski Touring
Chocolate Festival**

Feb. 24, 2013
Intervale and Surrounding
Towns
mwvskitouring.org
603-356-9920

Ski or snowshoe from inn to inn and enjoy chocolate treats at each stop. Chocolate-dipped strawberries, chocolate fountains and fondue, brownie sundaes and chocolate cookies of all kinds are just some of the delicacies featured. Equipment rentals, courtesy shuttle and lodging packages are also available.

Great North Woods

Heritage Holidays

Dec. 8, 2012
Northern Forest
Heritage Park, Berlin
northernforestheritage.org
603-752-7202

Northern Forest Heritage Park's logging camp is transformed into a winter wonderland. Enjoy a roast ham dinner, holiday treats, live performances and a visit from Santa and Mrs. Claus.

**White Mountains
Snow Sculpting
Competition**

Jan. 25, 2013
Black Mountain Ski Resort
Jackson
jacksonnh.com
603-383-9356

Hosted by the Jackson Chamber of Commerce, dozens of New England's most talented sculpting teams will be carving up the snow to create amazing sculptures. Vote for your favorite — the winner of this state-sanctioned event will move on to compete in the nationals in Lake Geneva, WI.



PHOTOGRAPHY BY WENDY WOOD

Great North Woods Vintage Snowmobile Race

Jan. 12, Feb. 2 & 23, March 16, 2013

Colebrook and Surrounding Towns
thegreatnorthwoods-snowmobilerace.com

Vintage snowmobiles race through the Great North Woods. View vintage snowmobiles on display and join the vintage sled raffle. Prizes awarded for men, women and youth racers.

Colebrook Winter Carnival

Feb. 9, 2013

Downtown Colebrook
northcountrychamber.org
800-698-8939

Embrace the cold at this winter carnival with a pancake breakfast and featured activities like ice carving, snow bocce tournament, snowshoe and snow tube relay, dog sledding and more.

Statewide

New Hampshire Wine Week

Jan. 18-25, 2013

New Hampshire Liquor Commission
liquorandwineoutlets.com
800-543-4664

All things wine are celebrated at this week-long event supported by the New Hampshire Liquor Commission. Wine dinners, talks by winemakers, samplings, auctions and more lead up to the Winter Wine Spectacular for Easter Seals NH. This is the largest wine event north of Boston and features 2,000 quality wines to sample.

Spring

Seacoast Jazzmouth Poetry & Jazz Festival

April 25-28, 2013

Downtown Portsmouth

jazzmouth.org

A celebration of poetry and jazz through films, musical performances, poetry readings and more. Jazzmouth features young poets and local artists as well as legendary national acts such as David Amram, Ed Sanders, Charles Simic and others.

Writers' Conference and Book Festival

May 18, 2013

Northern Forest Heritage Park, Berlin
northernforestheritage.org
603-752-7202

The Annual Writers' Conference & Book Festival features writing workshops, author lectures, book signings, book and craft sales and more. Supported by the New Hampshire Writers' Project, with assistance from the North Country Writers' Night Out Group, this event is quickly becoming one of the "must attend" events for writers in New England.

Merrimack Valley

The New Hampshire State Home Show

March 1-3, 2013

Radisson Hotel
Manchester
nhhomeshow.net
603-505-8342

More than 300 vendors will be showcasing products and projects for your home and yard at the state's largest home and garden show.

NHMS Annual Fantasy Drive Open House

April 6, 2013

New Hampshire Motor Speedway, Loudon
nhms.com, 603-783-4931

Take a behind-the-scenes look at "The Magic Mile," including Victory Lane, luxury suites, TV booth, NASCAR race control, garage areas and more. Visitors also have

Monadnock

Cathedral of the Pines Annual Memorial Day Service

May 30, 2013

Cathedral of the Pines Rindge
cathedralofthepines.org
603-899-3300

The natural cathedral of towering pines is an awe-inspiring backdrop for this Memorial Day interfaith ceremony honoring members of the military that sacrificed their lives for the country.



PHOTOGRAPHY BY WENDY WOOD

the opportunity to drive their own car around the speedway.

Made In NH Try It & Buy It Expo

April 12-14, 2013

Radisson Hotel
Manchester
eventsnh.com
603-626-6354

Sponsored in part by New Hampshire Made, specialty businesses from across the Granite State will display their wares for sampling and purchase. From food to crafts to manufacturing, if it's made in New Hampshire, you'll find it here. Music and other local entertainment take the stage during the event.

Dartmouth-Lake Sunapee

ChocolateFest

March 2, 2013

Colby Sawyer College
New London
lakesunapeenh.org
603-526-6575

Chocoholics, get ready to sample creations from some of the region's finest chocolatiers. Professional bakers, chefs and amateur enthusiasts will compete for top honors with the best chocolate creation.

Lakes Region

Lakes Region Spring Craft Fair

April 20 & 21, 2013

Opechee Conference Center, Laconia
joycescraftshows.com

The craft fair season begins in the Lakes Region with the annual Spring Craft Fair featuring more than 70 exhibitors. Vendors will display spring florals, garden decor, jewelry, pottery, wooden crafts, glass art creations, Americana folk art, gourmet food, photography, clothing and much more.



White Mountains

Annual Chowderfest & Brews

May 26, 2013

Waterville Valley Town Square
waterville.com
603-236-8175

Area restaurants compete for the coveted Golden Clam for the best chowder. Regional brewers will also be on hand with locally made beer. Live music adds to the fun.

Wildquack Duck River Festival & Jackson Cake Boss Competition

May 26, 2013

Jackson Village Park
Jackson
jacksonnh.com
603-383-9356

More than 3,000 yellow ducks float their way down the Wildcat River to the finish line where those holding winning tickets compete for \$2,500 and great prizes like spa packages. Also part of the event, Jackson's Cake Boss contest draws bakers and pastry chefs from around the region competing with their most outlandish cake creations. Food vendors, kids' games, the Jackson Fire Department obstacle course and more add to the day.

Great North Woods

Swift Diamond Riders SnoDeo

March 1 & 2, 2013

Coleman State Park
Stewartstown
nhsnodeo.com
603-228-4243

Thousands of snowmobile enthusiasts will converge on Coleman State Park in Stewartstown to enjoy two days of fun

New Hampshire Antiques Show

Aug. 8-10, 2013
Radisson Hotel
Manchester
nhada.org
603-876-4080

The New Hampshire Antiques Show, sponsored by New Hampshire Antiques Dealers Association, is considered one of the premier antique events in New England. Some 70 professional dealers feature country and formal antique furniture and accessories including clocks, folk art, paintings and prints, textiles and much more.



and food at the Swift Diamond Riders SnoDeo. Try a snowmobile demo ride, visit the Antique Snowmobile Museum and check out next year's sleds and equipment.

nhlra.com
603-228-9585
This annual event features prix fixe menus for lunch and dinner from restaurants all across New Hampshire.

Summer

Seacoast

Market Square Day

June 8, 2013
Market Square
Portsmouth
portsmouth.org
603-433-4398
This very popular event has all of the things you love about a street fair – food, live entertainment, hundreds of craft booths and much more. The event kicks off with the Market Square Day 10K Road Race.

Master Sand Sculpting Competition

June 20-22, 2013
Hampton Beach
hamptonbeach.org
603-926-8717
Watch sculptors transform sand into magical works of art. This three-day event also features sand sculpting lessons, live music and fireworks.

Merrimack Valley

Rock'n Ribfest
June 14-16, 2013
Anheuser-Busch Brewery

Merrimack
ribfestnh.com
603-589-2333
The Rock'n Ribfest has local "ribbers" serving up barbecued ribs and other specialties, competing for the New Hampshire State Barbeque Champion title. Live music, children's activities and of course, barbeque rib samples are some of the highlights.

Best of NH Party

June 20, 2013
Verizon Wireless Arena
Manchester
nhmagazine.com
603-624-1442
New Hampshire Magazine's annual Readers' Poll and Editor's Picks determine the guests of honor at the state's biggest celebration of food, fun and live music. A portion of the proceeds benefits local charities.

Lakes Region Fine Arts and Crafts Festival

Aug. 24 & 25, 2013
Downtown Meredith
meredithareachamber.com, 603-279-6121
Dozens of juried artists and craftspeople from across the country display and sell their creative works at this popular festival.

Southern New Hampshire Brewers Festival

July 13, 2013
White Birch Brewing
Hooksett
snhbf.com
603-206-5260
The Southern New Hampshire Brewers Festival, hosted by White Birch Brewing in Hooksett, features beer made by more than a dozen local and regional breweries. Food served by local restaurants and specials for designated drivers are also a part of the event.

World Quilt Show – New England

Aug. 15-18, 2013
Radisson Hotel
Manchester
quiltfest.com
215-862-5828
The World Quilt Show is one of the most internationally diverse events of its kind. The event features a wide variety of workshops, lectures and hundreds of extraordinary quilts.

PeopleFest Manchester

July 30-Aug. 4, 2013
Aug. 24, 2013
Veterans Park
Manchester
intownmanchester.com
603-669-6597
Explore Manchester's cultural roots with a variety of food, music, dance and art from around the world.

Hopkinton State Fair

Aug. 29-Sept. 2, 2013
Hopkinton State Fairgrounds, Contoocook

hsfair.org, 603-746-4191
One of the largest country fairs in the state, the Hopkinton State Fair has something for everyone. Watch daredevil bicyclists and skateboarders, dog agility trials, tractor pulls and more. All the traditional fun is here, too, including music, magic shows, livestock exhibits, farmers and crafts market and the midway.

Monadnock Region

Fitzwilliam Strawberry Festival

June 29, 2013
Fitzwilliam Town
Common
Fitzwilliam Historical Society, 603-585-7742
Luscious strawberries, fresh whipped cream, warm biscuits and homemade lemonade are the star attractions at this quaint small-town festival. Live music and tours of the Amos J. Blake House Museum are part of the event.

Cheshire Fair

July 30-Aug. 4, 2013
Cheshire Fairgrounds
Swansey
cheshirefair.com
603-357-4740
Enjoy the midway, amusement rides and cattle and horse shows. Enter your homemade jam for a shot at the blue ribbon.

Jaffrey Festival of Fireworks

Aug. 17, 2013
Jaffrey Airport, Jaffrey
jaffreychamber.com



Statewide

New Hampshire Maple Weekend

March 23-24, 2013
nhmapleproducers.com
603-225-3757
More than 60 sugar houses across the state hold open houses where visitors can learn how maple syrup is made and view the modern methods used to carry on this ancient tradition. Enjoy free samples, horse-drawn rides, "sugar on snow" desserts, pancake breakfasts and more.

New Hampshire Restaurant Week

May 17-24, 2013
New Hampshire Lodging & Restaurant Association



PHOTOGRAPHY BY WENDY WOOD



Hillsborough Balloon Fest & Fair

July 18-21, 2013
Grimes Field
Hillsborough
balloonfestival.org
603-464-0377

More than 30,000 people attend the annual Balloon Festival & Fair. Balloon flights, carnival midway, parade, road race, food, live entertainment and fireworks are all part of this family event.

603-532-4549

The Jaffrey Festival of Fireworks is considered one of the biggest and best fireworks displays in New England. Live entertainment, sky divers and food and craft vendors add to the fun.

Dartmouth/ Lake Sunapee

League of New Hampshire Craftsmen's Fair

Aug. 3-11, 2013
Mount Sunapee Resort
Newbury, nhcrafts.org
603-224-3375
More than 350 craftspeople showcase their work at the Annual League of New Hampshire Craftsmen's Fair. If it's made by hand, you can find it here – jewelry, textiles, wood, furniture, glass, pottery and much more. Don't forget to pick up a limited edition annual holiday ornament.

Lakes Region

Laconia Motorcycle Week & Rally

June 8-16, 2013
Laconia and
Surrounding Towns
laconiamcweek.com
603-366-2000

Hundreds of thousands of motorcycle enthusiasts roar into the Lakes Region each year for this event, which has everything from bike and gear vendors, demos, live music, food and group rides around the lake and mountains. Highlights include the ride up the Mount Washington Auto Road and races at nearby New Hampshire Motor Speedway.

New Hampshire Music Festival

July-August
Silver Center for the Arts
Plymouth
nhmf.org, 603-279-3300
New Hampshire Music Festival presents more than 150 events annually during the summer festival and year-round in the region's schools. World-class members of the NHMF orchestra perform a repertoire from the Baroque, Classical, Romantic and Modern eras.

Soul Fest

July 31 - Aug. 3, 2013
Gunstock Mountain
Resort, Gilford
thesoulfest.com
978-346-4577

Four days of inspirational

Christian music of all genres, guest speakers and authors from around the world, workshops, discussion groups and more make this the largest multi-day music festival of its kind in the Northeast.

White Mountains



Fields of Lupine Festival

June 1-16, 2013
Sugar Hill and
Surrounding Towns
franconianotch.org
603-823-5661

The brilliant spikes of purple, pink and white lupines carpet local fields and pastures drawing visitors from all over the world. Complementing all the natural beauty, the festival also features promotions and discounts at

local shops and restaurants, live entertainment, museum and historic inn tours and more.

New England Brewfest

June 29, 2013
Lincoln Village Shops
on Main Street
Lincoln
nebrewfest.com

Taste beers from over 30 breweries at the annual New England Brewfest. One ticket gets you admission into the festival for unlimited food and beer samples, great live music and access to vendors selling beer related paraphernalia. Visit NEBrewfest.com for more information.

Curious George Cottage Family Festival

Aug. 10 & 11, 2013
Margret and H.A. Rey
Center, Waterville Valley
thereycenter.org
603-236-3308

The Margret and H.A. Rey Center's annual Curious George Cottage Family Festival has a weekend full of family activities including a banana pancake breakfast, nature walk, planetarium shows, petting zoo, live music, face painting and visits with that lovable inquisitive monkey himself.

Great North Woods

Northern Woods Cultural/Heritage Festival

June 2, 2013
Northern Forest
Heritage Park
northernforestheritage.org
603-752-7202

This festival celebrates traditional foods from the cultures of the people that worked the Northern forests. Authentic cuisine spanning Russian, German, Canadian, Native American heritages and more are just some of the foods available for sampling.

Live entertainment, crafts and antique car displays are some of the additional highlights.

Jericho ATV Festival

July 26 & 27, 2013
Jericho Mountain State
Park, Berlin
jerichoatvfestival.com

This all-terrain vehicle competition and festival features ATV races through a variety of courses. Guided trail tours, demos, food and games are all part of the fun.



North Country Moose Festival

Aug. 23-25, 2013
Downtown Colebrook
northcountrychamber.org
603-237-8939

The North Country Moose Festival weekend-long event includes craft booths, classic car show and a moose-calling contest along with food and live entertainment.

QUICK LINK



SCAN FOR MORE
INFORMATION
or go to

nhmagazine.com/calendar

The seacoast town of Portsmouth is noted for its many restaurants, attractions and shopping opportunities, as well as its historical past.



'String Bridge'

Bill Childs has been an artist and a teacher in southern New Hampshire for over 50 years. His primary medium is watercolor although pen and ink and work in the monotype process have been of interest. He is an exhibiting member of the New Hampshire Art Association and the Seacoast Artists Association. billchildsart.com

SEACOAST Region



Little But Mighty Fun-Packed

New Hampshire has the nation's shortest coastline, which is generally taken to be 18 miles long. However, some at the National Oceanic and Atmospheric Administration say it's a mere 13 miles. But if all the bays, tidal pools, nooks and crannies are measured, there's some 220 miles of shoreline, according to the folks at the New Hampshire Department of Environmental Services.

Regardless of its length, the Seacoast Region is "summer central" for New Hampshire. There are, in fact, five state beaches (nhstateparks.org) to choose from, all located along N.H. Route 1A.

Hampton Beach (hamptonbeach.org) is where much of the action takes place. The pedestrian-friendly boulevard is lined with shops, restaurants and attractions to suit every taste. A \$14.5 million renovation project has brought refurbished bathhouses, parking and facilities to the beach, including a brand-new Seashell Stage featuring free music concerts. Hampton Beach Casino Ballroom (casinoballroom.com), situated across the street, hosts headliners like rocker-turned-country star Darius Rucker and ventriloquist-comedian Jeff Dunham. Weekly fireworks add spark to the nightlife.

Odiorne Point State Park (nhstateparks.org) in nearby Rye has some 135 acres of seaside trails. Its bluffs are a popular spot for weddings. Today's couples probably weren't the first to get married here, however. Odiorne was settled in 1623 – just three years after the Pilgrims arrived in Plymouth, Mass. – making it one of the oldest settlements in New Hampshire.

The site is also home to the popular Seacoast Science Center (seacoastsciencecenter.org), where visitors can learn more about New Hampshire's ocean ecosystem.

Portsmouth, also known as the Port City, has a history dating back 400 years. Homes-turned-museums are located throughout the city culminating with Strawberry Banke Museum (strawberrybanke.org), a neighborhood of restored historic buildings.

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PHOTOGRAPHY BY SHUTTERSTOCK



Hampton Beach is the most popular place in the state for sunbathing, swimming and snacking on fried dough during the summer.

PHOTOGRAPHY BY WENDY WOOD

AN INSIDER'S LOOK

Elizabeth Farish
Curator
Strawbery Banke Museum



PHOTOGRAPHY BY WENDY WOOD

What is Strawberry Banke Museum's mission?

ELIZABETH FARISH: Our mission as a living history museum is to present 400 years of history on Puddle Dock. We want to be a place to learn, to gather and to be a sustainable resource. Visitors can take a self-guided tour of the village and we also have guided tours of the gardens. We also have all the home artifacts and we have wonderful opportunities to showcase these items in realistic settings.

What made you want to work for the museum?

EF: I had just finished a program in historic preservation in June 2011 and came on board that September. I was really attracted to the incredible array of architecture at Strawberry Banke. I always laughed that a lot of places have been "preserved" because there was never any resources to actually preserve them – they were neither knocked down nor updated so they continued to exist.

What do you hope visitors come away with after visiting Strawberry Banke?

EF: I hope they are able to glimpse the history of this community and have a context for greater understanding of their own history.

What makes the Seacoast so special or unique from the state's other regions?

EF: All of New Hampshire's regions are very special and unique. The Seacoast's revival really offers a greater sense of urban living. All the cultural attractions and restaurants that you'd find in larger cities are available here on the Seacoast. And it's all just minutes from the ocean and all the natural wonders it offers.

Can you name a "hidden gem" of a restaurant or another experience in the region?

EF: Fort Stark in New Castle has bunkers and fortifications built before World War I and through World War II. It also has amazing breakwaters. It's owned by the state, so you can swim on the beach and walk along a wooded trail.

get up & GO

Strawbery Banke

Visitors to Strawberry Banke have the opportunity to experience and imagine how people lived and worked in this typical American neighborhood through nearly four centuries of history. Using restored houses, featured exhibits, historic landscapes and gardens and interpretive programs, Strawberry Banke tells the stories of the many generations who settled in Portsmouth's "Puddle Dock" community from the late 17th to the mid-20th century.

STRAWBERYBANKE.ORG
603-433-1100



PHOTOGRAPHY BY WENDY WOOD



Wish upon a starfish

Odiome Point at nearby Rye is home to the Seacoast Science Center. Part museum, part aquarium, visitors get an up-close-and-personal view of New Hampshire's coastal ecosystem and history. Touch tanks filled with seastars and blue lobsters, a virtual tour under the ocean or the Piscataque River and the 16,000-mile journey of the humpback whale are just some of the unique exhibits found there.

570 OCEAN BLVD., RYE
SEACOASTSCIENCECENTER.ORG

Kids allowed



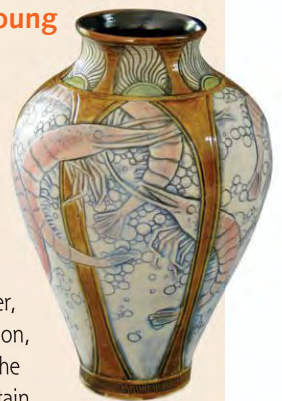
TARAPHOTOGRAPHY.COM

The Children's Museum of New Hampshire, located in Dover, has educated and entertained the young and young-at-heart with hands-on exhibits since 1983. Visitors of all ages can explore aeronautics, brain waves, dinosaurs, world cultures, nature, music, art and more. Special family events are held throughout year, including a make-your-own mask Mardi Gras party and a kid-friendly New Year's Eve celebration.

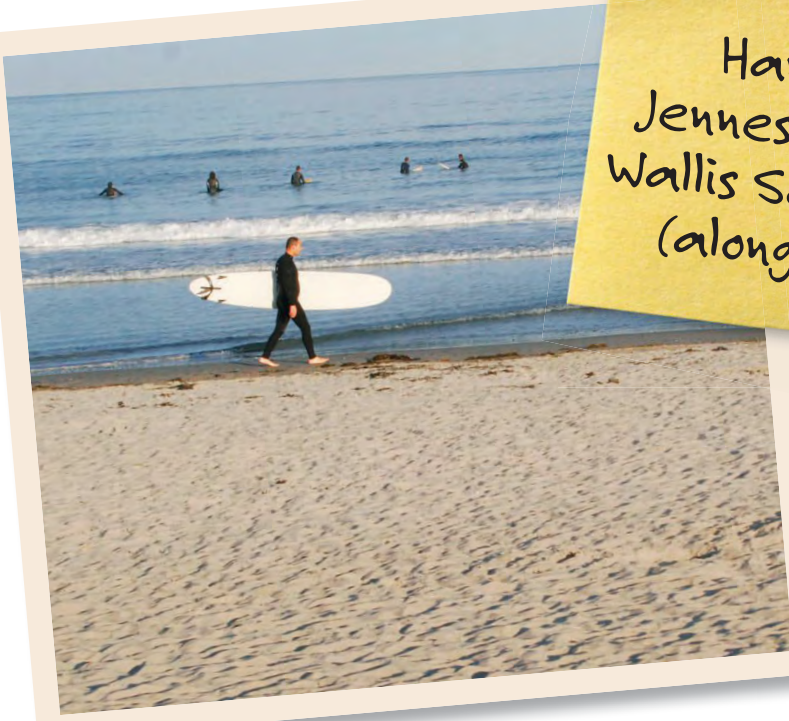
6 WASHINGTON ST., DOVER
CHILDRENS-MUSEUM.ORG

Carved porcelain vase by Stephanie Young

Inspired by the Art Nouveau period, Young draws and carves images of nature onto the surface of her wheel-thrown porcelain vases. For her, the carving is meditation, every line leading to the next. Her designs contain mathematical elements found in nature. Each uniquely carved porcelain piece is a balanced composition of art, science and history.



THREE GRACES GALLERY, PORTSMOUTH
EXETER FINE CRAFTS, EXETER
CALMWATERDESIGNS.COM



Hang 10 at
Jenness Beach or
Wallis Sands in Rye
(along Rte. 1A)

continued from page 17

One view of the iconic Moran Tugboats lets visitors know that this is still a working waterfront. The city's "eCoast" also has some of the most advanced industries in the state, encompassing the high-tech, social media and architecture sectors. The Gundalow Company (gundalow.org) is preserving the way business was done in the past. Named after a wooden barge raft, visitors can take a ride on the replica gundalow, *Piscataqua* and learn more about the region's maritime history.

The Port City is also a cultural destination for all seasons. The historic Music Hall (themusichall.org) draws audiences from all over New England with live performances, films and other productions. Prescott Park (prescottpark.org) has been presenting live performances since 1974 – with no fixed admission. Other events include the New Hampshire Film Festival (nhfilmfestival.com) in October, the annual Vintage Christmas (vintagechristmasnh.org/about) holiday celebrations and First Night Portsmouth (propoportsmouth.org/firstnight.cfm) to ring in the New Year.

The cities of Rochester and Dover are important manufacturing anchors for the Seacoast Region, but they also have a softer side. The Rochester Opera House (rochesteroperahouse.com), originally built in 1908, presents some of today's hottest up-and-coming performers. Dover's Cochecho Arts Festival (cochechoartsfestival.org) draws thousands each summer with outdoor events along the banks of the Cochecho River.

Another important destination is Durham, home to the University of New Hampshire. Some 15,000 students further their education and conduct groundbreaking research here, making it the largest college in the state.

So whether New Hampshire has 13, 18 or 220 miles of shoreline, the Seacoast Region is a little gem with a big impact on life here in the Granite State. **DNH**



Portsmouth
Harbor Light



Shell collecting at
Hampton Beach



The Taylor Saw Mill is situated on the 71-acre Ballard State Forest in Derry. nhstateparks.org



'Two Birches'

Focusing primarily on landscapes, **Diane MacPherson** works in both pastel and oil. She is a member of the Manchester Artist Association, Pastel Society of NH and Lowell Art Association. Her studio, MacPherson Art Studio & Gallery, is located at 7 Raymond Rd., Auburn. dianemacphersonart.com

MERRIMACK VALLEY Region



A River Runs Through It

New Hampshire's Merrimack Valley Region takes its name from the Merrimack River. The region is known as the state's governmental, financial and commercial center, but it is the river that has defined it for untold generations.

Evidence of human inhabitants in the region dates back some 11,000 years, undoubtedly drawn to the natural resources of the Merrimack River. Newer residents also used the river and its resources centuries later to power textile and manufacturing mills in the mid-1800s, giving rise to much of the urban landscape seen today.

In the northern part of the region is Concord, the state capital. The State House was built in 1818 and is the oldest such building in continuous use in the country. It may be one of the busiest, too: New Hampshire's General Court is the world's third largest legislative body – with more than 400 members. Only the U.S. Congress and Britain's Parliament are larger.

Although a thoroughly New Hampshire city, Concord also helped to conquer the Wild West. The Concord Coach (concordcoach.org), made by the Abbot-Downing Company in 1828, was considered the most luxurious mode of transportation in its day. A unique suspension made for a dramatically smoother ride, allowing drivers and passengers to cross the country in comfort. An example can be seen at the New Hampshire Historical Society Museum (nhhistory.org).

There is far more than history to Concord. Main Street is lined with shops and restaurants, and leads visitors to cultural landmarks such as the Red River Theatres (redrivertheatres.org) and the Capitol Center for the Arts (ccanh.com).

Nearby Loudon is home to the New Hampshire Motor Speedway (nhms.com), which draws some 500,000 NASCAR fans each year.

Down the river from Concord is Manchester. Also known as the Queen City – or with a wry

continued on page 23



PHOTOGRAPHY THIS PAGE BY WENDY WOOD



The New England Chili Classic (NECC) is a two-day competition between restaurants from all over New Hampshire and neighboring states. yourmanchesternh.com

AN INSIDER'S LOOK

Aurore Eaton
Executive Director
Millyard Museum



PHOTOGRAPHY BY JOHN HESSION

What is the history of the Millyard Museum?

AURORE EATON: Our mission is to tell the story of Manchester, and it has plenty of stories to tell; our permanent collection spans from prehistoric times to modern day. Coming in 2013, we will have "Manchester and the Performing Arts," featuring collections from the circuses of the 19th century to today with Adam Sandler.

What made you want to work for the museum?

AE: I'm from Manchester. I'm an enthusiastic amateur historian. I worked for the Historic Association in the 1990s, then came back in 2006.

What do you hope visitors come away with after visiting the Millyard Museum?

AE: We hope visitors come away with a good understanding of how Manchester came to be as a city and how we're unique. For example, Manchester was once the largest mill city in the world and the largest planned city in New England.

What makes the Merrimack Valley so special or unique from the state's other regions?

AE: The Merrimack River made industrialization possible and powered the city all the way until the 1950s. It was famous for water power and that helped develop technology. The region is a great example of how the Industrial Age happened, and school groups often come here to learn about that.

Can you name a "hidden gem" of a restaurant or another experience in the region?

AE: It's really Manchester itself, specifically all the restaurants on Elm and Hanover Streets. This has all come about in just the last 10 years or so. Dancing Lion makes incredible chocolates. Baked Downtown Café and Bakery makes really good sandwiches and has a nice bar, too.

get up & GO



Woven in Time

The Millyard Museum is housed in Mill No. 3 in the historic Amoskeag Millyard. The Museum features the permanent exhibit, "Woven in Time: 11,000 Years at Amoskeag Falls", that tells the story of Manchester and the people who have lived and worked here, from native peoples who fished at Amoskeag Falls 11,000 years ago to the development of the Amoskeag Manufacturing Company, the largest textile-producing company in the world.

603-622-7531
MANCHESTERHISTORIC.ORG

Reach for the stars

As one of New England's premier space science centers, the McAuliffe-Shepard Discovery Center in Concord offers interactive exhibits covering weather science, the electromagnetic spectrum and even a space shuttle simulator. Star shows at the state-of-the-art planetarium bring distant planets and galaxies down to earth.

2 INSTITUTE DRIVE, CONCORD
STARHOP.COM



SEE Science Center

Discover the wonderful world of science at the SEE Science Center in downtown Manchester. Touch and try exhibits on light, electricity, momentum, sound and much more. The center is also home to the Lego Millyard, the world's largest permanent installation of Lego bricks at mini-figure scale re-creating the Manchester Millyard as it was in the mid-1800s.

200 BEDFORD ST., MANCHESTER
SEE-SCIENCECENTER.ORG



Glass Beads by Marcia Herson

By blending polymer clay and hand-worked metals with her own lampworked beads and the occasional found object, Herson creates matchless wearable art. Six years ago she started making her own glass beads. A member and juror of the League of New Hampshire Craftsmen, her work can be found at many of the League stores throughout the state.

MARCIAHERSON.COM





Look for public art around the city of Manchester.

LEFT: The "Gold Star Mothers Memorial Statue," designed by Andrew Chernak, is located in front of the Radisson on Elm Street.

BELOW: "Bull" located at 100 Riverwalk behind the Northeast Delta Dental Stadium.



continued from page 21

smile, "ManchVegas" – it is the state's largest city, with some 110,000 residents. Not surprisingly, it is also the business hub of the state, as it has been for centuries. Levi Strauss had his eponymous denim woven here. Today, the Millyard serves as home for companies from a wide range of sectors, including financial services, technology, education and health care.

Manchester's cultural landmarks like the historic Palace Theatre (palacetheatre.org), Verizon Wireless Arena (verizonwirelessarena.com), Northeast Delta Dental Stadium, home of the minor league baseball's New Hampshire Fisher Cats (nhfishercats.com) and the Currier Museum of Art (currier.org) draw visitors from all over New England.

Nashua, the Gate City, is a major entrance into the state and the region. While Nashua has a diverse economic base, its picturesque Main Street is a vibrant dining, shopping and cultural destination. Annual events like the Farmers Market and the Holiday Stroll (downtownnashua.org) add to the downtown vibe.

Salem, another gateway city, is located near Interstates 93 and 95 as well as the Merrimack River. While it serves as an important industrial center for the region, Salem also knows how to have fun. Visitors can try the high-tech roller coasters and other thrills at Canobie Lake Park (canobelake.com) or try their luck at Rockingham Park (rockinghampark.com) for off-track gaming and other events.

From coaches to culture, the tea-stained ribbon of water known as the Merrimack River was, is and always will be an integral part of what has made New Hampshire, New Hampshire. **DNH**



**MANCHESTER
COUNTRY CLUB**

**ALL NEW
SPRING 2013**

Grand Ballroom & Conference Center
Year-round Golf Facility & Training
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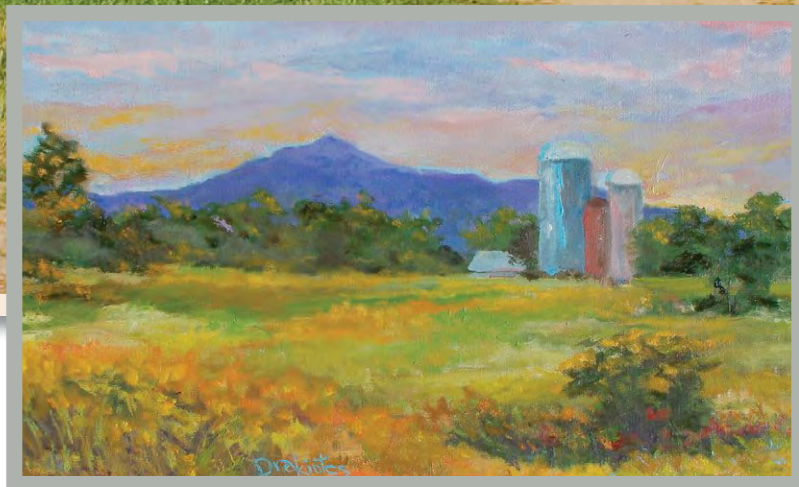
For a preview of the new MCC, please visit our website or call (603) 624-4096 to schedule a private tour.

Membership not required to host events at MCC.

Located in picturesque Bedford, NH just 50 miles north of Boston, MA and only minutes from Manchester-Boston Regional Airport.

manchestercountryclub.com
(603) 624-4096

Alyson's Orchard is a 500-acre working orchard in Walpole, surrounded by breathtaking views of the Connecticut River Valley.



Alicia K. Geilenberg-Drakiotes is a self-taught painter in Marlborough who specializes in Vintage Americana, portraying landscapes, rural scenes, Victorian architecture, vintage automobiles and more. An award-winning painter, she infuses color and spirit into her selected subjects. Studio hours by appointment; 603-313-3627; aliciadrakiotes.com

MONADNOCK Region

Of Apples and Art

When you think of New England, what comes to mind? Is it white-steepled churches nestled among forested glens? Maybe it's acres of honey-colored farmland interlaced with stone walls. Or perhaps it's rolling hills set ablaze with autumn colors.

Few places would better fit these images than New Hampshire's Monadnock Region. Although the region's namesake Mount Monadnock is hard to miss, rising above the surrounding forestland at 3,165 feet, this part of the Granite State is equally known for two more things – the countryside and art.

Keene, the Monadnock Region's largest city, has its roots in the mills and tanneries powered by the Ashuelot River. The rich, fertile soil also helped it to become something of a regional breadbasket. That is still evidenced today by the dozens of orchards, farm stands and other agricultural vendors (agriculture.nh.gov) offering pick-your-own fruit, berries, vegetables, flowers, herbs, as well as wine, cheese and more. And when it comes to local produce, Keene's annual Pumpkin Festival (pumpkinfestival.org) is a must-see. The late-October festival set eight world records for the largest number of lit jack-o'-lanterns, reaching 28,952 in 2003.

Galleries, boutiques, art fairs and artisans abound throughout the region. Some of the more notable destinations include the Thorne-Sagendorph Art Gallery (keene.edu/tsag) on the campus of Keene State College, Sharon Arts Center (sharonarts.org), Walpole Artisans Cooperative (walpoleartisans.org) and Peterborough Art Academy & Gallery (peterboroughartacademy.com).

Also in Peterborough is the MacDowell Colony (macdowellcolony.org), the nation's oldest artist residency program. Some of its more famous residents include composers Leonard Bernstein and Aaron Copland and playwright Thornton Wilder, whose "Our Town" was inspired by Peterborough.

The performing arts also take a prominent place here with groups like Monadnock Music (monadnockmusic.org), based in Peterborough, and venues such as the historic Wilton Town Hall

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PHOTOGRAPHY BY WENDY WOOD

A bike ride in the Monadnock Region will take you to many of the picturesque covered bridges.



AN INSIDER'S LOOK

Joshua Cline
Executive Director
Stonewall Farm



PHOTOGRAPH BY WENDY WOOD

get up

& GO

Talk to the Animals

Stonewall Farm is a nonprofit working farm and educational center. They operate a 30-head certified-organic dairy, a year-round community supported agriculture (CSA) garden, farmstand and a Learning Center that draws 20,000 visitors each year. Set in a scenic valley, the farm consists of pastures, fields and woodlands, and is open, free of charge, seven days a week, 365 days a year.

242 CHESTERFIELD RD., KEENE
STONEWALLFARM.ORG



PHOTOGRAPH BY WENDY WOOD

What is Stonewall Farm's mission?

JOSHUA CLINE: We're teaching about agriculture. In our case, it's about small-scale New England agriculture.

As a nation, we've lost our touch with agriculture. Many people don't know where our food comes from. We want to put people back in touch with agriculture, and embedded in that is the notion that if we don't support farms, we won't have food.

While we practice organic methods – our milk is certified organic – we don't preach that organic is the only method.

What made you want to work for the farm?

JC: I thrive on having lots of things to do. By definition, running a farm is very diverse; there's the education pieces, animals, insurance, the list goes on. I get to meet a lot of people. Many have a family history where agriculture was in their lives. Maybe their grandparents had a farm or a dairy. That rich history is so fundamental.

What do you hope visitors come away with after visiting the farm?

JC: We're hoping that by understanding where food comes from, they can make informed decisions. Consumers should have a voice in the quality of their food.

DNH: What do you think makes the Monadnock Region so special or unique from the state's other regions?

JC: Most people think of it as the "Currier & Ives" of New Hampshire. It's iconic New England, with the white-steepled church in the center of town. It's not exciting in the same way a city is, but it's homey, calm and has a level of history. We still have open land here, but the farms are disappearing.

Can you name a "hidden gem" of a restaurant or another experience in the region?

JC: Burdick's in Walpole is an amazing fine-dining restaurant. They use a lot of local produce. They're also known for their gourmet chocolate.



PHOTOGRAPH BY WENDY WOOD

Peace on earth

Experience moments of quiet reflection at Cathedral of the Pines in Rindge. Founded in 1945 as a memorial to patriotic service and sacrifice, the site is a historic natural sanctuary and outdoor cathedral honoring the past while promoting peace and interfaith understanding. The 55-foot-high women's memorial bell tower recognizes the contributions of women during war time. Events include open-air concerts, interfaith services, natural history presentations and more.

10 HALE HILL ROAD, RINDGE
CATHEDRALOFTHEPINES.ORG

Flower power

Each summer, Rhododendron State Park in Fitzwilliam bursts with color as 16 acres of flowers bloom in a riot of pink. Just over a half mile, the universally accessible trail encircles the rhododendron grove, allowing visitors to see and smell the fragrant clusters of blossoms during the warmer months. There is almost always something in bloom along the wildflower trail from early spring through autumn foliage season.

RHODODENDRON ROAD
OFF N.H. ROUTE 119 W, FITZWILLIAM
NHSTATEPARKS.ORG



Gerry Friedman

Gerry Friedman is a New Ipswich-based figurative sculptor who receives inspiration from the wildlife in the Monadnock Region and surrounding areas. "Through my sculpting of animals and birds I express myself, telling stories with my work."

TORCHANDPALETTE.COM

Theatre (wiltontowhalltheatre.com) and the Colonial Theatre (thecolonial.org) in Keene.

The sustainability movement has found a stronghold in the Monadnock Region. Many farms offer shares as part of community-supported agriculture, or CSA, programs, keeping the focus on eating locally but thinking globally. Green Up Keene is a formal citywide program urging residents to reduce, reuse and recycle. Keene Challenge assists businesses in reducing their greenhouse gas emission and even honors successful sustainability programs with the Monadnock Green Business Awards.

Even more ambitious is the Vision 2020 Plan (cheshire-med.com/vision_2020.html) created by Cheshire Medical Center and Dartmouth-Hitchcock Keene. With a goal of making Cheshire County the healthiest community in the country by the year 2020, many of its programs are tied to sustainability as part of a healthier lifestyle.

With this emphasis of healthy, sustainable living, there are a number of walking, biking and hiking trails throughout

the region. In fact, Mount Monadnock (nhstateparks.org) is said to be the world's third-most climbed mountain, following Japan's Mount Fuji and China's Mount Tai. Monadnock State Park was named a National Natural Landmark in 1987 and offers year-round recreational opportunities including camping, snowshoeing and cross-country skiing.

Ralph Waldo Emerson wrote of the effect the Monadnock Region had on him when he penned his 1845 poem "Monadnoc" from Mount Monadnock's summit: "Thousand minstrels woke within me, 'Our music's in the hills.'"

Many of today's visitors to the region will most certainly feel the same. **DNH**

Historic relics of the past still in use, five of these stone arch bridges can be found in Hillsborough.



PHOTOGRAPHY BY WENDY WOOD

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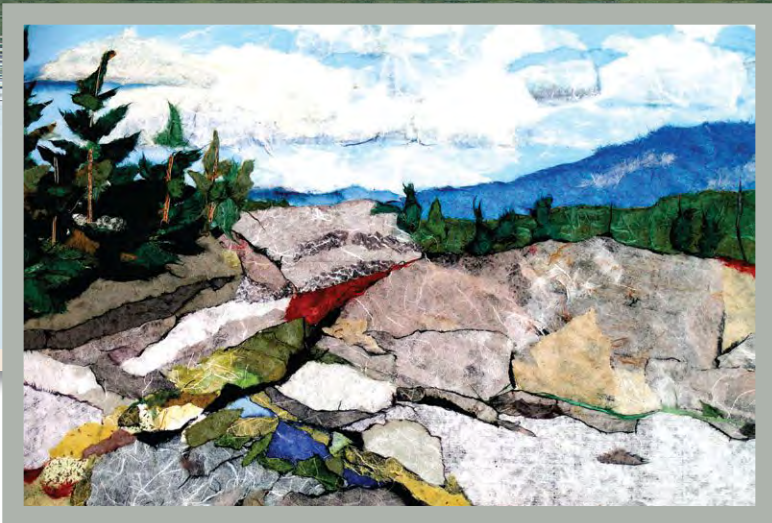
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Lake Sunapee is 8 miles long and 2-1/2 miles wide and the fifth largest freshwater lake in New Hampshire.



'Black Mountain'

Barbara Newton works in both collage and paint. She uses handmade Japanese-type papers on museum board in her collages. Influenced by her environment, Post Pond near her home in Lyme, NH, Cape Cod, mountains, etc. her style ranges from impressionistic to abstract. Her work is represented at Long River Studios in Lyme. longriverstudios.net

DARTMOUTH/ LAKE SUNAPEE Region

Knowledge and Nature in Balance

The Dartmouth-Lake Sunapee Region represents a harmonious dichotomy. The region is anchored by the prestigious Ivy League school Dartmouth College in Hanover and the serene Lake Sunapee. The powerful Connecticut River divides New Hampshire from Vermont, while precision technology companies lay close by. The graceful grounds of the Saint-Gaudens National Historic Site are juxtaposed against the groundbreaking discoveries at the world-renown Dartmouth-Hitchcock Medical Center. Despite these seeming opposites, the region has a cohesive character unlike any other part of the state.

Dartmouth College (dartmouth.edu) in Hanover was founded in 1769 by Reverend Eleazar Wheelock of Connecticut, making it among the nation's oldest higher learning institutions. Each fall, some 4,200 students attend classes at Big Green. Dartmouth College's list of illustrious alumni includes Daniel Webster, statesman and lawyer, and Theodor Seuss Geisel – better known as Dr. Seuss – for whom the newly rededicated Geisel School of Medicine is named.

It comes as no surprise that numerous businesses in the region are doing things no one has done before, drawing on the expertise of the college. For example, Mascoma Corp., in Lebanon, is making renewable ethanol fuels from sources as pedestrian as switchgrass. The firm got its start from two former professors of – you guessed it – Dartmouth College.

And the college itself has a number of business and technology incubators – including the Barris Incubator Program and the Dartmouth Regional Technology Center – developing and launching novel ventures.

The Dartmouth-Lake Sunapee Region is also known for its world-class precision manufacturing. Industry giants Hypertherm in Hanover, Timken Aerospace in Lebanon and Thermal Dynamics, a division of Thermadyne, in West Lebanon all have operations here. Firearms manufacturer Sturm, Ruger & Co. has facilities in Newport.

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PHOTOGRAPHY BY WENDY WOOD

The Shaw Memorial at Saint-Gaudens National Historic Site in Cornish.



AN INSIDER'S LOOK

Wendalyn Baker
Director
Fort at No. 4



What is the mission of the Fort at No. 4?

WENDALYN BAKER: Our mission is to collect, preserve and educate folks about the history of the Connecticut River Valley during the Colonial era. This was a frontier town, and the fort was not a military one, but one that was built by and for families.

What made you want to work for the Fort?

WB: I have a background in history and business management. My dream job, however, was to run a museum or be a docent. In 2010, groups came together again to re-open the museum after it closed in 2008. I told the new board, if they hired me as director, I wouldn't take a regular salary for the first year. Needless to say, they did bring me on. We are now open seven days a week in 2012.

What do you hope visitors come away with after visiting the Fort?

WB: We hope people come away saying, "Wow! That was cool!" We also hope they will feel places like this are interesting and important enough to continue supporting this type of education.

What makes the Dartmouth-Lake Sunapee Region so special or unique from the state's other regions?

WB: It all starts with the river; it's what brought the people here. But their determination to live their lives made it what it is today. It's the heartiness of the people of the region that is still evident today. It's that heartiness that allowed us to rebuild and reopen the fort.

Can you name a "hidden gem" of a restaurant or another experience in the region?

WB: The Summer House in Charlestown is a wonderful restaurant in a renovated 1823 historic property.

get up & GO



Fort at No. 4

The original fort was built to defend English settlers from the French and their Indian allies. The structure was made up of a series of large houses, a watch tower, meeting hall and a canon to sound the alarm in case of an attack. Throughout the 1750s and '60s the fort served as a rallying point for troops in the French and Indian conflict, and then in 1777, a station for Revolutionary soldiers during the Battle of Bennington. Eventually the fort fell into disarray, leaving nothing behind but a marker designating the original site. The fort was re-created 60 years ago using historical documents and images on 18th-century powder horns.

FORTAT4.ORG, 603-826-5700

Go fly a kite

Ever wonder what it's like to soar like a bird? Find out at Morningside Flight Park. Hang gliding and paragliding lessons take those new to the sport or experienced gliders on a safe and thrilling flight over the Connecticut River Valley. The park's gentle elevation slope makes it ideal for beginners and a challenging launch site for experienced pilots. The park also offers tandem hang gliding lessons, as well as aero-towing for pilots with proper ratings.

357 MORNINGSIDE LANE, CHARLESTOWN
FLYMORNINGSIDE.COM



ALEXANDRA LANDE/SHUTTERSTOCK.COM

Native Granite Staters

People have called New Hampshire home for some 20,000 years. Mt. Kearsarge Indian Museum, Education and Cultural Center in Warner is dedicated to connecting the people of today with centuries of ongoing Native American cultural expression.



The museum has more than 1,000 Native American artifacts from groups ranging from local Abenaki to Lakota Sioux and others. Self-guided tours of Medicine Woods feature a nature trail planted with botanicals used by native peoples for health and wellness.

18 HIGHLAWN ROAD, WARNER, INDIANMUSEUM.ORG



Finding her bliss

Susan Bliss of Susan Bliss Tiles in Warner has been doing what she loves for more than three decades. She transfers her drawings of everyday life to clay tiles, paints them with glazes, then fires them in a kiln. This piece of a woman holding a dove is one of her "wish tiles."

BLISS'S WORK CAN BE FOUND AT LEAGUE OF NEW HAMPSHIRE CRAFTSMEN'S STORES IN CONCORD, HANOVER, LITTLETON, MEREDITH AND NORTH CONWAY

continued from page 29

Technology in the Dartmouth-Lake Sunapee Region also has a gentler side. Dartmouth-Hitchcock Medical Center (dartmouth-hitchcock.org) in Lebanon is routinely ranked as one of the best healthcare facilities in the world. Clinical trials are paired alongside traditional and alternative therapies providing patients a wide range of treatment options.

Lake Sunapee lies at the region's heart, literally and figuratively. It shares its name with a town and a mountain. "Sunapee" comes from the Algonquin Indian words "suna," meaning goose, and "apee," meaning lake. As it was centuries earlier, the lake is indeed home to migrating geese.

Lake Sunapee (lakesunapee.org) is the Granite State's fifth largest freshwater lake, covering more than 4,000 acres. It runs about 8 miles long and 2-1/2 miles wide at its widest. It's actually the largest lake of its size at its altitude of just under 1,100 feet above sea level.

The easiest way to become acquainted with the lake is to be on it. A number of vendors rent watercraft, but for many, a sight-seeing cruise is the way to go. Lake Sunapee Cruises (sunapeecruises.com) offers excursions aboard *MV Mt. Sunapee II* and the *MV Kearsarge*. Among the sites on the tour are three lighthouses, which were built in the 1890s to assist steamboats with navigation around Lake Sunapee's rocky shoreline.

Overlooking the lake is the 2,700-foot Mount Sunapee. In the winter, the Mount Sunapee ski area (mountsunapee.com) offers some 233 skiable acres with dozens of hiking trails and other activities in the warmer months. In August, the popular Annual League of New Hampshire Craftsmen Fair (nhcrafts.org) takes over the mountain, with more than 200 booths, featuring a wide variety of fine art craft by juried artisans. **DNH**



The Fells Historic Estate & Gardens will satisfy history buffs and horticulturalists. It's located in Newbury overlooking Lake Sunapee.



Lake Sunapee

PHOTOGRAPHY THIS PAGE BY WENDY WOOD

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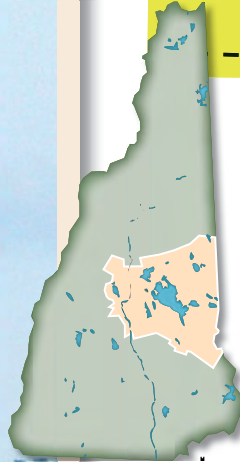
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'Winnepesaukee Daybreak'

As the designated artist for the annual New England Antique Boat Society posters chronicling life around the lakes, **Peter Ferber** hopes his work will stir an awareness of the value of preserving this rich landscape and culture. His paintings may be seen at The Art Place in Wolfeboro. theartplace.biz/pferber.html

LAKES Region



Boats, Beaches and Bikes

New Hampshire's Lakes Region has been a recreation destination for centuries. Crowned by mountains and ringed by forests, Lake Winnepesaukee serves as the region's star attraction. Its tourism history begins with John Wentworth, a native Granite Stater and the second royal governor of New Hampshire. In 1769, Wentworth built a summer mansion in Wolfeboro not far from the lake. At the time, many thought it was the largest home in Colonial New England. Although there is nothing left of Wentworth's summer house today, his love of the region and his desire to vacation here started a trend that has continued through the centuries. Since then, Wolfeboro – and in a sense, the region – earned the reputation of being "The Oldest Summer Resort in America."

Laconia, as the region's largest city, is the business center for the area, with Wolfeboro (of course), Meredith and Weirs Beach as the major tourist hubs.

Wolfeboro has many gracious summer homes from yesteryear that have been turned into modern, elegant bed-and-breakfasts. Wolfeboro is also home to several important museums. The Clark Museum Complex (wolfeborohistoricalsociety.org) has historic properties visitors can tour. The Wright Museum (wrightmuseum.org) pays tribute to World War II including re-creations of life on the homefront during wartime, while the Lake Winnepesaukee Museum (lwhs.us) and the Libby Museum (wolfeboronh.us) showcase the region's natural history.

Meredith has a number of charming shops and lodging properties. Eateries range from fine dining to beach bars. A beautiful boardwalk takes visitors on a lakeside stroll. The Winnepesaukee Scenic Railroad (hoborr.com) has entertaining and educational guides narrating the rides around the lake. In May, the annual Winni Derby (winniderby.com) has anglers competing for the largest salmon and trout.

PHOTOGRAPHY BY WENDY WOOD



Dining al fresco on Lake
Winnepesaukee in Meredith

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AN INSIDER'S LOOK

Iain MacLeod
Executive Director
Squam Lakes Natural Science Center



PHOTOGRAPH BY WENDY WOOD

What is the mission of the Squam Lakes Natural Science Center?

IAIN MACLEOD: To advance the understanding of ecology by exploring New Hampshire's natural world.

What made you want to work for the center?

IM: I've been in the environmental education field for many years; I have a passion for the outdoors. I spent 18 years with New Hampshire Audubon. The opportunity to be the director at Squam Lakes Natural Science Center was a perfect fit. Also moving to the Lakes Region from Hillsborough in the Monadnock Region was very appealing. I've been at the Squam Lakes center for six years now. We have a terrific board and staff, and the volunteers are just wonderful.

What do you hope visitors come away with after visiting the center?

IM: The hope is that they'll have a greater appreciation for what's around them, what's in their yards, on the lake. We think of ourselves as a zoo – we're accredited by the Association of Zoos and Aquariums – but we differ from other zoos in that we have only wildlife that is native to New Hampshire.

What makes the Lakes Region so special or unique from the state's other regions?

IM: It's the access to the water. That's very appealing to people and to me. Every corner you turn, you have a new view of a lake or a pond, or even the Pemigewasset River, which is close by. Squam Lake itself is so beautiful and picturesque; it's very different from Lake Winnepesaukee. When you're on Squam Lake, it feels more like the wilderness even though you're in the middle of a region where there are homes nearby.

Can you name a "hidden gem" of a restaurant or another experience in the region?

IM: Squam Lake Inn is just down the road from the center. They have a wonderful café and restaurant. Their turkey avocado sandwich is so delicious. It's a very special little place.

get up & GO

Nature vs. Nurture

Through spectacular live animal exhibits, natural science education programs and lake cruises, Squam Lakes Natural Science Center has educated and enlightened visitors for over 40 years about our natural world. Spend a day walking the trails, take a lake cruise and enjoy the beauty of Kirkwood Gardens. Visit interactive natural exhibits where native animals reside.

NHNATURE.ORG, 603-968-7194



PHOTOGRAPH BY WENDY WOOD

Pinball wizard

Funspot in Laconia, not far from the neon Weirs Beach sign, boasts more than 500 games as the largest arcade in the world. The venue, which celebrated 60 years of family fun in 2012, also has bowling, cash bingo, mini-golf, a restaurant and an arcade museum. Founder Bob Lawton was recently featured on History Channel's hit cable series "American Restoration" with a classic kiddie boat ride.

579 ENDICOTT ST., LACONIA
FUNSPOTNH.COM



Go loon-y

The Loon Center and Markus Wildlife Sanctuary in Moultonborough gives visitors a wonderful and unique opportunity to learn about some of the lake's most iconic residents. Take a walk through the nature preserve to glimpse these waterfowl and hear their soulful calls. The center also has interpretive exhibits, presentations and nature trails through the 200-acre wildlife sanctuary.

183 LEE'S MILL ROAD, MOULTONBOROUGH
LOON.ORG



McCrillis Hill Copper Works

Located near Lake Winnepesaukee, Brenda and Allen Caswell create each of their copper vessels at their studio in Center Harbor. The pieces are cut from sheets of copper and shaped using wooden molds. Then color is added through enameling with powdered glass. In her fern series, Brenda uses actual leaves that mask the powdered glass, letting the copper leaf shapes show through.

MCCRILLISHILLCOPPERWORKS.COM



continued from page 33

Just down the road is Weirs Beach (weirsbeach.com). Named after fishing traps used by native people, Weirs Beach is the perfect spot to cool off on a hot day, with summer water temperatures in the 70s. Home to the *M/S Mount Washington* (cruisenh.com), lake excursions leave Weirs Beach daily throughout the season, and are a do-not-miss attraction.

In nearby Holderness, the Squam Lakes Natural Science Center (nhnature.org) is part zoo, part boat ride and part educational hike where visitors can learn about the ecology of the Lakes Region and New Hampshire on the actual "Golden Pond."

The Laconia Motorcycle Week (laconiamcweek.com) roars into the Lakes Region each June bringing hundreds of thousands of motorcycle enthusiasts. Events take place throughout the region. And there is plenty for non-riders to do, too – the custom bikes on display are worth the trip as are the music groups, food and the colorful crowd itself.

What would a trip to the Lakes Region be without getting a little wet? Watercraft rentals are available in just about every town with shoreline.

Autumn and winter seasons in the Lakes Region offer nearly as many activities as the summer. Wine and dinner cruises and train rides are wonderful ways to take in the fall foliage. In February, hearty souls from all over the country set their tip-ups on the ice at the Meredith Rotary Club's Ice Fishing Derby (meredithrotary.org) and mushers race their dogs in the Laconia World Championship Sled Dog Derby (Irsdc.org).

While Gov. John Wentworth didn't get to enjoy the Lakes Region for long, we should thank him for starting such a grand tradition. **DNH**

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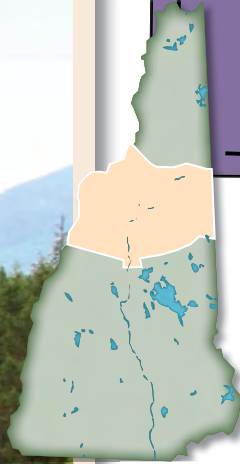
For about two weeks every June, lupines paint the fields of Sugar Hill in shades of pinks and purples.



'Spring on Sugar Hill'

Robert Gordon is a New England artist who works in oils and watercolors. He paints the mountains and rivers of New Hampshire, the villages and farms of Vermont and the coastline and harbors of Maine and Massachusetts. His gallery is on the Kancamagus Highway (next to Totem Pole), and is open year-round.
603-447-2853

WHITE MOUNTAIN Region



Mountains Majesty

Some say the White Mountains of New Hampshire resemble the Alps in Switzerland, the “Sound of Music” vistas of Austria or even the Scottish Highlands. With 48 peaks towering at more than 4,000 feet, it’s no wonder the White Mountain Region earns that reputation, but it is a place uniquely New Hampshire.

Mount Washington (mountwashington.org), the state’s tallest mountain at 6,288 feet, is said to be “the home of the world’s worst weather,” with record-breaking wind gusts and temperatures regularly plunging far below 0 degrees Fahrenheit.

Despite extreme conditions, the stark beauty of Mount Washington’s summit is readily accessible to mere mortals. The Mount Washington Auto Road (mtwashingtonautoroad.com) in Pinkham Notch takes drivers on a winding 7.6-mile ascent. Less challenging but just as beautiful is a guided tour in a van or a snow coach. Another popular way to reach the summit of Mount Washington is aboard the Cog Railway (thecog.com). Originally built in 1869 as the first mountain-climbing locomotive to scale the mountain, today it uses biodiesel instead of wood.

To most people, New Hampshire’s White Mountains are synonymous with great skiing. The region has dozens of winter sports parks with runs for skiers and snowboarders of every level. Most major ski resorts boast terrain parks for those wanting to hit half-pipes instead of moguls.

Looking for something a little less downhill? New Hampshire’s White Mountains also are a cross-country skiing mecca. With more than 150 kilometers of groomed trails, the town of Jackson (jacksonxc.org) is known as the best place for cross-country skiing in the Eastern U.S., as ranked by the America’s Best and Top 10 website. Winter hiking, snowshoeing

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PHOTOGRAPHY BY WENDY WOOD



Winter activities at Bretton Woods include dog sledding as well as downhill and XC-skiing.

AN INSIDER'S LOOK

Audrey Eisenhauer
Executive Director
Margret and H.A. Rey Center



PHOTOGRAPH BY WENDY WOOD

What is the Rey Center's mission?

AUDREY EISENHAUER: The Margret and H.A. Rey Center was founded in 2006 to honor the Reys, and is dedicated to the Reys' love of art and science and their spirit of curiosity and discovery.

Both were passionate about the environment and the natural world, and Hans was a well-known amateur astronomer. We carry that on with stargazing nights as well as other events focusing on natural history, art and science.

What made you want to work for the Rey Center?

AE: The mission's focus on a combination of art and science was important; both are areas I'm personally interested in. I came in 2007 as education director, only a year after the center first opened. I became executive director in 2009. It's really been wonderful being able to help shape such a young organization.

What do you hope visitors come away with after visiting the Rey Center?

AE: We hope to peak curiosity in people. We hope what they learn and do here at the Rey Center will continue in their lives.

What makes the White Mountain Region so special or unique from the state's other regions?

AE: Here in Waterville Valley, we are surrounded by the White Mountain National Forest. There are 4,000-foot peaks and hundreds of acres and trails all leading up from the valley floor. You could hike every day and not see the same place twice. It is still very natural and not commercialized. It really is a unique and different place.

Can you name a "hidden gem" of a restaurant or another experience in the region?

AE: In Waterville Valley, there is the Coyote Grill. They have a seasonal menu and do a great job. There's also the Papermill Playhouse in Lincoln, which has live performances and Broadway shows.

get up & GO



Curiouser and curiouser...

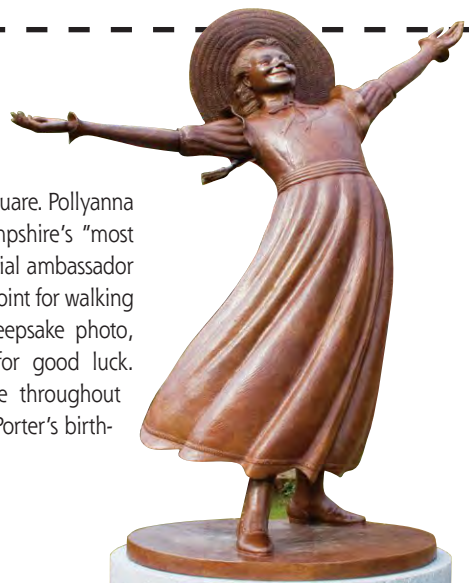
Waterville Valley's dark night sky inspired Margret and H.A. Rey to make their summer home in this beautiful neck of the woods. The Rey Center astronomy programs continue Hans' legacy of sharing his love of the nighttime sky. Dark sky observing nights at the Curious George Cottage, nighttime constellation snowshoeing and hands-on astronomy education for families are just a few of the ways the Rey Center keeps us looking toward the stars.

THEREYCENTER.ORG, 603-236-3308

Glad and cheerful

Littleton native Eleanor H. Porter, author of the ebullient Pollyanna series, is immortalized by a bronze statue of her creation in the town's square. Pollyanna of Littleton – considered New Hampshire's "most welcoming attraction" – is its unofficial ambassador of cheer and makes a great starting point for walking tours of Littleton. After taking a keepsake photo, be sure to rub Pollyanna's shoe for good luck. Pollyanna-themed events take place throughout the year, including a celebration of Porter's birthday in December.

15 MAIN ST., LITTLETON
GOLITTLETON.COM



PHOTOGRAPH BY SUSAN LAUGHLIN



COURTESY PHOTO

Mountain Inspiration

Philip Jacobs creates traditional and contemporary blown glass lighting and vessels that reflect the beauty and complexity of the natural world. Each piece voices an interpretation of nature, from its simplest designs to its most ornate. "I take inspiration from the mountains, oceans and sky and manifest my appreciation into glass with harmonious earth tones," says Jacobs.

EARTHANDFIRE.ORG, 603-356-8698
2526 WHITE MOUNTAIN HIGHWAY, NORTH CONWAY

Dine and dash

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3 CROSSING AT RIVER PLACE
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NHDINNERTRAIN.COM



COURTESY PHOTO

Walk through a gorge surrounded by 70+ foot tall granite walls at the Flume in Franconia Notch. Open May - October

continued from page 37

and snowmobiling are also very popular winter activities in the region.

Surrounding Mount Washington is the 800,000-acre White Mountain National Forest (fs.usda.gov/whitemountain). With 1,200 miles of trails — 170 miles of which are on the Appalachian Trail — as well as scenic drives and more than 20 campgrounds, the White Mountain National Forest draws more than 6 million visitors from around the world each year.

During the warmer months, there are dozens of attractions throughout the White Mountain Region. Family amusement parks such as Story Land (storylandnh.com) in Glen, water parks like the Whale's Tale Water Park (whalestalewaterpark.net) in Lincoln and more natural wonders per mile than just about anywhere can all be found here. Franconia Notch State Park (nhstateparks.org) alone contains the natural formations of the Flume and the Basin and the 4,100-foot Cannon Mountain recreational area.

One particular natural wonder remains deeply embedded in the hearts of Granite Staters, even if it no longer exists. The rock profile of the Old Man of the Mountain once jutted from the side of Cannon Mountain. The crumbling granite "face" gave way on May 3, 2003. Today, visitors can see what the Old Man looked like through an interpretive memorial (oldmanofthemountainlegacyfund.org) in Franconia Notch State Park.

New Hampshire native and statesman Daniel Webster once said of the Old Man, "God Almighty has hung out a sign to show that there He makes men." There aren't too many better recommendations than that for visiting the White Mountain Region. **DNH**



PHOTOGRAPHY BY WENDY WOOD



RIGHT: Ice climbers seen from Route 302 in Crawford Notch

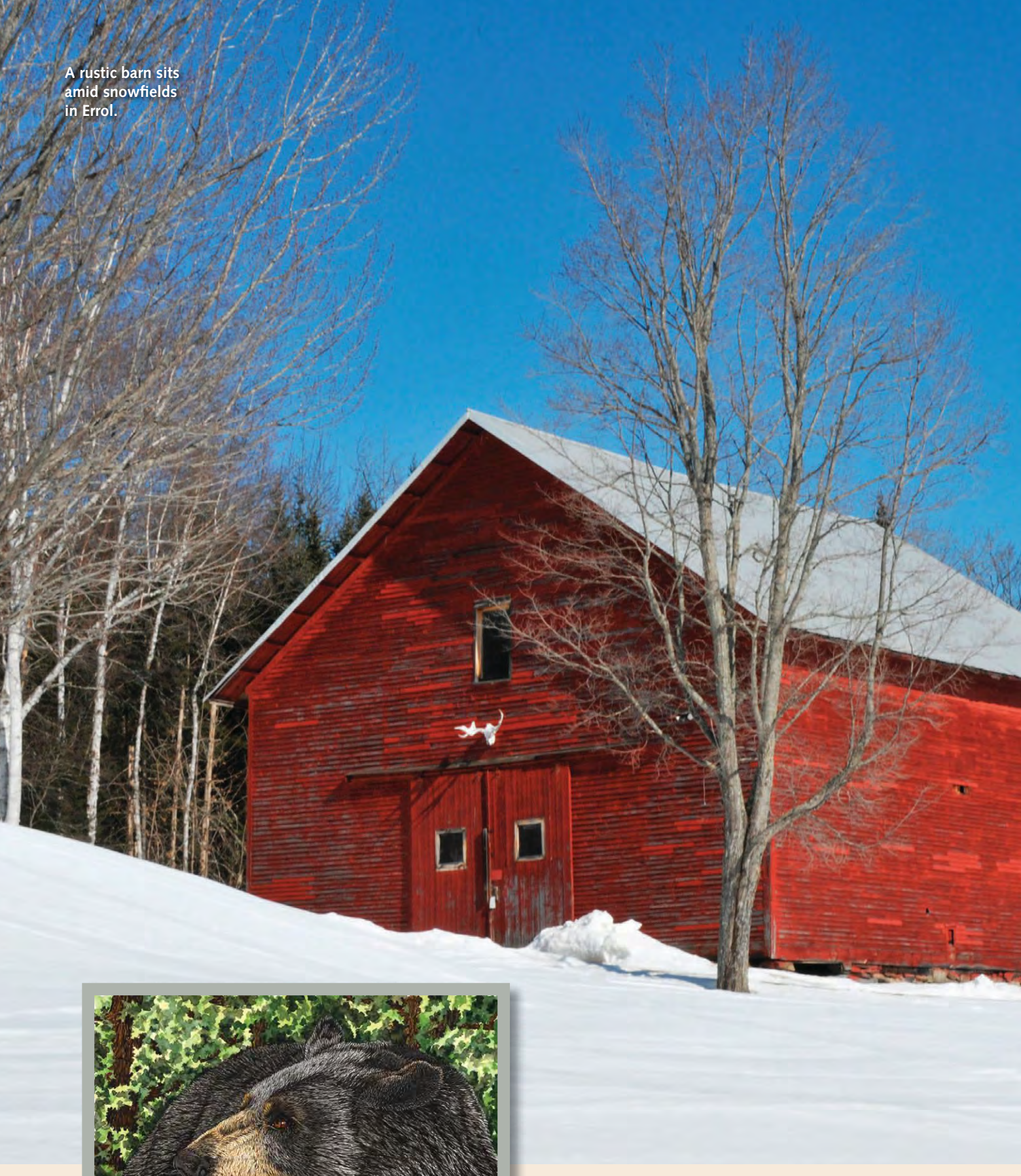
BELOW: A short hike off of the Kancamagus Highway reveals Sabaday Falls.

PHOTOGRAPHY BY WENDY WOOD



PHOTO BY SHUTTERSTOCK.COM: EAST VILLAGE IMAGES

A rustic barn sits amid snowfields in Errol.



'Ursus Americanus'

Jeanette Fournier is a watercolor artist whose paintings are inspired by nature, particularly the mountainous and forested areas in northern New Hampshire. She is a self-taught artist and specializes in watercolor paintings of animals and nature, which reflect a distinct and original style not commonly found with this medium. jfournierart.com

GREAT NORTH WOODS Region



Wild and Wonderful

The expansive rugged beauty of the Great North Woods runs from the northern edge of the White Mountains to the Canadian border, and is an outdoor enthusiast's paradise. Winter or summer, if it can be done outside, chances are it can be done in the Great North Woods.

There are more than 7,400 miles of snowmobiling trails throughout New Hampshire, with many in the Great North Woods. An extensive and well-managed trail system (wildnh.com) makes riding through the unspoiled wilderness easy.

When the weather turns warm, it's time to break out the fishing gear and head out to the rivers and lakes of the Great North Woods. The Connecticut Lakes Natural Area (nhstateparks.org) near Pittsburg has more than 25,000 acres on tap for fishing and other outdoor activities. The Androscoggin River is also known by some for the state's best fly-fishing.

Camping is an ideal way to experience the pristine landscape. There are nearly a dozen private campgrounds (ucampnh.com) and state parks in the region, many with boats or other gear for rental.

For those wanting to kick things up a notch, many trails are accessible by ATVs and trail bikes. Jericho Mountain State Park (nhstateparks.org) in Berlin is one of New Hampshire's newest state parks, and has 80 miles of trails currently open to off-highway recreational vehicles with plans to open 136 miles of trails and services in the future.

The Great North Woods are also home to some of New Hampshire's most iconic residents – moose. Standing nearly 7 feet tall and weighing a ton (literally), it's hard to believe these massive creatures can be so elusive. One way to see them is travelling along Route 3 from Pittsburg to Canada, also known as "Moose Alley." Groups of parked cars along the roadside in Moose Alley are a sure sign there is a moose around. Moose-spotting excursions (wildnh.com) are also popular and are a high-

continued on page 43



PHOTOGRAPH BY SHUTTERSTOCK/PAULA STEPHENS



Go 'Glamping' in a yurt in Milan Hill State Park. It's fully furnished with wood floors, bunkbeds, a couch and even a coffee table!

PHOTOGRAPHY BY WENDY WOOD

AN INSIDER'S LOOK

Dick Huot
Director
Northern Forest Heritage Park



PHOTO BY CINDY KIBBE

What is the mission of the Northern Forest Heritage Park?

DICK HUOT: The park is here to help people learn about our forest and the lives of those who came here, worked and made it their home.

The park, which opened to the public in 2001, consists of a re-created logging camp, the Brown Company House Museum and the Brown Research and Development Building.

What made you want to work for the park?

DH: I've actually worked for the Tri-County Community Action Program, which runs the park, since 1999. Because I was already based in one of the Heritage Park's offices, CAP asked if I would mind also being the go-to guy for the park. I agreed and became director in 2007. At the time, it was just my job, but this has really turned into my passion. What the park means to the community, what it means to the industry — it's the history that brought us all together.

What do you hope visitors come away with after visiting the park?

DH: We hope people come away with a new appreciation for the lumber and paper industries and the river.

What makes the Great North Woods Region so special or unique from the state's other regions?

DH: I really think it's the people. We get along really well. If something happens, the communities are there to help always. It's not just in Berlin or even up and down the Androscoggin, it's all the way to Pittsburg, to Errol.

Can you name a "hidden gem" of a restaurant or another experience in the region?

DH: The Northland Restaurant & Dairy Bar here in Berlin serves incredible family-style food. The service is always fantastic. Down the road in Gorham is Libby's Bistro and their pub, SAALT. I know that's technically in the White Mountain Region, but it's just a couple of miles away. The food is really top notch.

get up & GO

Step back in time

Northern Forest Heritage Park is a 3-acre site with waterfront access and walkways on the Androscoggin River. With a full-size replica logging camp and interactive exhibits, you can explore the history of the working forest and celebrate the multi-cultural heritage of the Great North Woods Region. Visit the website for special events throughout the year.

NORTHERNFORESTHERITAGE.ORG
603-752-7202



PHOTOGRAPHY BY WENDY WOOD



Moose on the loose

The region north of Pittsburg along N.H. Route 3, otherwise known as "Moose Alley," is prime moose-viewing territory. From May through October, moose are known to frequent this area as well as N.H. Route 16 north of Milan and N.H. Route 26 east of Dixville Notch. A cluster of cars stopped long these routes at dusk is a sure sign one of North America's largest mammals is nearby. North Country tour companies also provide guided moose-watching tours.

N.H. FISH AND GAME DEPARTMENT
WILDNH.COM

Current events

Rapid shooters don't have to travel all the way to the Colorado River to catch some white water. Based in Milan, North Woods Rafting has tours on the Androscoggin River suited to just about everyone. Beginners can float along Class I rapids while thrill-seekers can shoot some Class IV runs in nearby waterways. North Woods Rafting also offers flat water canoe and kayak tours, rentals and shuttles. Experienced guides ensure a safe — and wet! — adventure for the whole family.

308 N.H. ROUTE 16, MILAN
NORTHWOODSRAFTING.COM



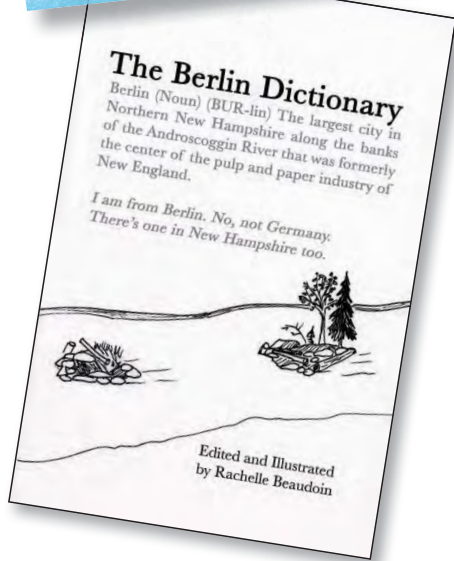
Naturally Sweet

Bisson's Sugar House has been making maple products since 1921. For three generations, the Bisson family has created delicious maple butter, taffy and candy, as well as maple syrup. Look for special events during New Hampshire Maple Sugar Weekend, held in late March.

61 CATES HILL ROAD, BERLIN
BISSONSSUGARHOUSE.COM

Learn to talk like a local. A combination of French-Canadian and North Country slang, "The Berlin Dictionary" will help you to find just the right expression.

Stop in and visit Elizabeth Ruediger, owner of SaVoir Flare on Main Street in Berlin, for a friendly welcome. Enjoy a cup of coffee and peruse the colorful collection of local art, jewelry and books. savoirflarenh.com



continued from page 41

light of the North Country Moose Festival (northcountrychamber.org) each August.

As much as the Great North Woods is an outdoor playground, it is also a hard-working part of New Hampshire. Berlin, the region's largest city, has a long tradition rooted in the lumber and paper industry. It was once known as the pulp and paper-making capital of New England.

Today, the area continues to evolve by learning to balance the resources of the forest with its untamed grandeur. New owners have reopened some of the mills in recent years. The former Fraser Paper Mill facility in Berlin was bought by Laidlaw Energy in 2008 and is currently being retrofitted to generate clean energy burning scrap wood. The mill in nearby Gorham, on the border of the Great North Woods and the White Mountain Region, has begun a second life as Gorham Paper and Tissue.

These examples show that the next chapter in the renaissance of the Great North Woods has only just begun. **DNH**

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One of New Hampshire's most important health centers is the Dartmouth-Hitchcock Medical Center (dhmc.org), located in Lebanon. DHMC is the state's only teaching hospital and is consistently ranked one of the best medical centers in the world. Because of DHMC's affiliation with the Geisel School of Medicine at Dartmouth College in nearby Hanover, the medical center has access to the most advanced medicine and health research available.

DHMC's family practice and specialty clinics, the Norris Cotton Cancer Center and the Children's Hospital at Dartmouth all have locations or affiliations with hospitals throughout the state, including the North Country and southern New Hampshire. This means patients do not have to travel out of state to take part in clinical trials or receive advanced medicine, adding to their quality of life.

The New England Heart Institute at Catholic Medical Center (catholicmedical-center.org) in Manchester provides comprehensive diagnoses and therapeutic management of cardiovascular disease at locations throughout the state. NEHI has three board-certified cardiovascular surgeons and 19 cardiologists who are board-certified in a number of specialized cardiac disciplines. NEHI also has the state's only board-certified lipidologist-cardiologist specializing in the treatment and management of cholesterol-related conditions and other blood lipid diseases.

Having some of the most advanced orthopedic and joint care located near New Hampshire's outdoor playgrounds of the Lakes Region and White Mountains is more than convenient – it's good medicine.

The new Total Joint Program at Spears Memorial Hospital (spearshospital.com) in Plymouth is a comprehensive, clinically integrated program designed to get patients



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or go to
[nhmagazine.com/
nhbest/954424-102/
top-doctors-2012.html](http://nhmagazine.com/nhbest/954424-102/top-doctors-2012.html)

back on their feet quickly and restore their quality of life. Clinical liaisons assist patients through the process and are a single point of contact to make sure questions are answered along the way.

Cheshire Medical Center (cheshire-med.com) in Keene has a goal of nothing less than to make the Monadnock Region the healthiest community in the country by 2020. Founded and developed by the medical center in 2006, Vision 2020's activities are guided by a community coalition. The program includes such far-reaching objectives as urban planning, job training programs and comprehensive lifestyle approaches to healthy living. A 2010 report shows the program is making a difference – most benchmarks measured better than the national average. Cheshire Medical Center's long-standing partnership with Dartmouth-Hitchcock augments the resources available in the region.

Concord Hospital (concordhospital.org) routinely ranks among the country's top hospitals for patient satisfaction and quality of care, but it's what happens outside of the treatment rooms that helps to set it apart. Concord Hospital was one of the first healthcare facilities in the state to focus on higher nutritional standards at its cafeteria. Recently, the hospital partnered with local producers and organic growers to provide the freshest, healthiest menu items possible. Concord Hospital's Therapeutic Arts and Activities program brings live music to inpatients by certified music practitioners, greatly enhancing the healing process. The hospital also reaches out to area companies through its Business Partners in Health, assisting local

HELPFUL INFORMATION:

- New Hampshire Department of Health & Human Services**
129 Pleasant Street, Concord
800-835-3345 or 603-271-4688
dhhs.nh.gov
- New Hampshire Hospital Association and Foundation for Healthy Communities**
125 Airport Road, Concord
603-225-0900
nhha.org and healthynh.com
- The New Hampshire Medical Society**
7 North State Street, Concord
800-564-1909 or 603-224-1909
nhms.org

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Photo by John W. Hession

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Bottom row (left to right):
Helen Poremba, M.D., F.A.A.P.
Alix Handelsman, M.D., F.A.A.P.
Martin Schwartzberg, M.D., F.A.A.P.
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Many of New Hampshire's hospitals have undertaken dramatic renovation and construction projects to better serve patients, adding tens of thousands of additional square feet to their existing campuses.

For example, Lakes Region General Hospital (lrgh.org) in Laconia unveiled in November 2011 a new 97,000-square-foot patient care section, with 15 intensive care unit beds, a 20-bed senior services unit, a renovated and reconfigured lobby and much more.

The newest addition to New Hampshire's health network is the Elliot at River's Edge, an ambulatory care center affiliated with Manchester's Elliot Hospital (elliotechospital.org). Opened April 2011 on the banks of the Merrimack River, Elliot at River's Edge includes urgent care, outpatient surgery, breast health care, pain management, wound care and a number of specialty practices. By combining so many specialties and services in one place, patients have unprecedented access to coordinated care.

Innovation takes place every day with New Hampshire's healthcare providers. Granite State hospitals are ahead of the trend to use electronic health records, or EHRs, to streamline care and decrease costs. A February 2012 report by the federal Office of the National Coordinator for Health Information Technology, the government's oversight office for the use of EHRs by providers, says nearly 44 percent of the state's acute care hospitals responding to the agency's survey indicated they already have EHRs, far exceeding the national average of 35 percent.

New Hampshire residents now have this advanced functionality available at their fingertips, providing information on their own health like never before. Online portals allow patients to see their records, view lab and x-ray results and more from their home computers. Providers such as Weeks Medical Center (weeksmedical.org) in the small North Country town of Lancaster, Core Physicians (corephysicians.org) group in Exeter on the Seacoast and Southern New Hampshire Health System's Foundation Medical Partners (snhs.org) in Nashua and others all have secure, patient-accessible records. Elliot Hospital's MyEChart mobile app allows patients to access their health records from any mobile device.

While new advances in technology may speed the healing process or improve accessibility, a tradition of caring has been part of the New Hampshire way of life for a very long time. Just ask Memorial Hospital (memorialhospitalnh.org) in North Conway. Celebrating 100 years of serving patients in May 2012, Memorial Hospital has buried a time capsule and says this important anniversary is just "the next step in preparing for the next century of caring."

As health care evolves, one thing that won't change is that New Hampshire's healthcare community will continue to provide the very best medicine, all close to home. **DNH**

HOSPITALS LISTED BY REGION:

SEACOAST

Exeter Hospital Inc.
 603-778-7311 • exeterhospital.org
 5 Alumni Drive, Exeter
 Beds 100, Doctors 212

Portsmouth Regional Hospital
 603-436-5110 • portsmouthhospital.com
 333 Borthwick Avenue, Portsmouth
 Beds 209, Doctors 271

Wentworth-Douglass Hospital
 603-742-5252 • wdhospital.com
 789 Central Avenue, Dover
 Beds 178, Doctors 269

MERRIMACK VALLEY

Catholic Medical Center
 603-668-3545 • catholicmedicalcenter.org
 100 McGregor Street, Manchester
 Beds 330, Doctors 504

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Concord Hospital
 603-225-2711 • concordhospital.org
 250 Pleasant Street, Concord
 Beds 295, Doctors 228

SEE OUR AD ON PAGE 49.

Elliot Hospital
 603-669-5300 • elliotechospital.org
 One Elliot Way, Manchester
 Beds 296, Doctors 530
SEE OUR AD ON PAGE 47.

Elliot Urgent Care Londonderry
 603-552-1550 • elliotechospital.org
 40 Buttrick Road, Londonderry

Elliot Urgent Care Manchester
 603-663-3000 • elliotechospital.org
 185 Queen City Avenue, Manchester

Immediate Care of Southern NH
 603-577-CARE • immediatecareofsnh.org
 29 Northwest Boulevard, Nashua

Manchester VA Medical Center

800-892-8384 or 603-624-4366
manchester.va.gov
718 Smyth Road, Manchester

Parkland Medical Center

603-432-1500 • parklandmedicalcenter.com
One Parkland Drive, Derry
Beds 86, Doctors 220

St. Joseph Hospital

603-882-3000 • stjosephhospital.com
172 Kinsley Street, Nashua
Beds 208, Doctors 340

Southern New Hampshire Medical Center

603-577-2000 • snhmc.org
8 Prospect Street, Nashua
Beds 188, Doctors 335

MONADNOCK

Cheshire Medical Center

603-354-5400 • cheshire-med.com
580-590 Court Street, Keene
Beds 169, Doctors 114

Monadnock Community Hospital

603-924-7191
monadnockcommunityhospital.org
452 Old Street Road, Peterborough
Beds 25, Doctors 55

DARTMOUTH-LAKE SUNAPEE

Alice Peck Day Memorial Hospital

603-448-3121 • alicepeckday.org
10 Alice Peck Day Drive, Lebanon
Beds 75, Doctors 39

Dartmouth-Hitchcock Medical Center

603-650-5000 • dhmc.org
One Medical Center Drive, Lebanon
Beds 396, Doctors 962

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LAKES REGION

Franklin Regional Hospital/ LRG Healthcare

603-934-2060 • lrg.org
15 Aiken Avenue, Franklin
Beds 25, Doctors 42

Frisbie Memorial Hospital

603-332-5211 • frisbiehospital.com
11 Whitehall Road, Rochester
Beds 82, Doctors 50

Huggins Hospital

603-569-7500 • hugginshospital.org
240 S. Main Street, Wolfeboro
Beds 52, Doctors 31

Lakes Region General Hospital/ LRG Healthcare

603-524-3211 • lrg.org
80 Highland Street, Laconia
Beds 137, Doctors 131

Speare Memorial Hospital

603-536-1120 • spearehospital.com
16 Hospital Road, Plymouth
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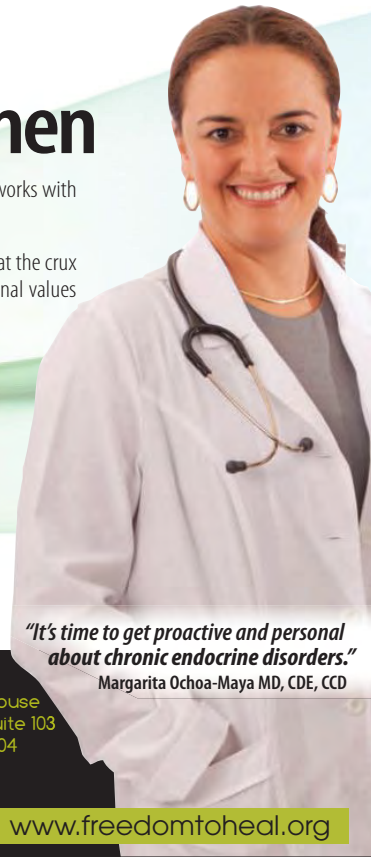
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Androscoggin Valley Hospital

603-752-2200 • avnhn.org
59 Page Hill Road, Berlin
Beds 25, Doctors 61

Cottage Hospital

603-747-9000 • cottagehospital.org
90 Swiftwater Road, Woodsville
Beds 25, Doctors 40

Littleton Regional Hospital

603-444-9000 • littletonhospital.org
600 St. Johnsbury Road, Littleton
Beds 25, Doctors 42

The Memorial Hospital

603-356-5461 • thememorialhospital.org
3073 White Mountain Highway, N. Conway
Beds 70, Doctors 36

Upper Connecticut Valley Hospital

603-237-4971 • ucvh.org
181 Corliss Lane, Colebrook
Beds 16, Doctors 12

Weeks Medical Center

603-788-4911 • weeksmedical.org
173 Middle Street, Lancaster
Beds 25, Doctors 20

New London Hospital

603-526-5232 • newlondonhospital.org
273 County Road, New London
Beds 25, Doctors 147

Valley Regional Hospital

603-542-7771 • vrh.org
243 Elm Street, Claremont
Beds 25, Doctors 59



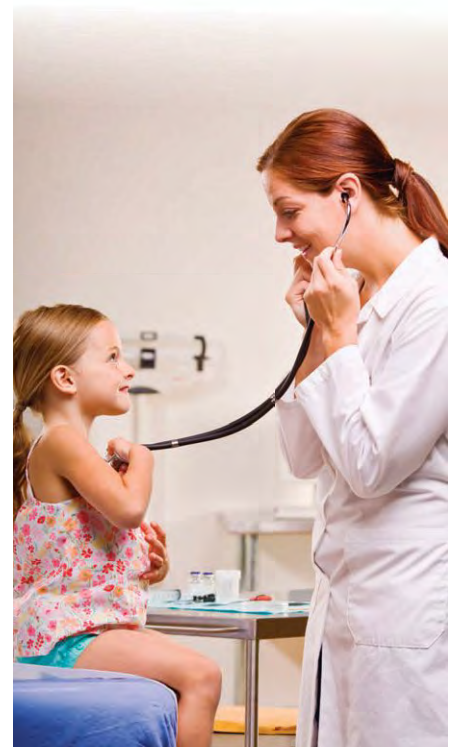
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Retirement



Your Life's Next Chapter

Today's retirees are no longer content to receive the proverbial gold watch, then sit on the porch. Retirement is active, and there's no better place to start this new chapter in life than in New Hampshire.

Practically speaking, New Hampshire has several financial and tax incentives that most other places in the United States do not have. The Granite State does not have a general sales tax. New Hampshire also does not have a state income tax, but does tax dividend and interest income. These incentives can save residents thousands of dollars a year. Financial and tax considerations and their impact on retirement income, however, are important issues that should be discussed with qualified professionals.

Today's retirees have more living options than ever before. Some retirees opt to stay in the family home. Certified Aging-In-Place specialists – remodeling and construction professionals certified by the National Association of Home Builders and AARP – can help older residents retrofit their home to ensure it remains a safe place to live as they age.

Home companion and concierge services – which help with everything from running errands to paying bills to accompanying a senior to social engagements – can help retired Granite Staters continue to live fulfilling lives in the home they've cherished for decades.

Moving to a new home is often stressful, even if it is a welcome change. This stress can be compounded if a senior must sift through a lifetime of accumulated household items. The National Association of Senior Move Managers (nasmm.org) certifies professionals who are experienced in the management, relocation and emotional issues associated with senior moves. For example, they can help with deciding what to keep or disperse prior to a move, packing up the old home and setting up the new home.

Many seniors look at retirement as an opportunity to leave the responsibility of caring for a home behind and move to a more care-free lifestyle. Active retirement communities in New Hampshire offer far more than just freedom from shoveling snow or mowing the lawn. These communities provide residents

with a myriad of social and personal growth opportunities. Classes in painting, trips to New England casinos and even playing Wii computer games are just a few of the activities available to residents.

Continuing Care Retirement Communities, or CCRCs, are a newer concept in senior living offering the best of all worlds. At CCRCs, residents can remain in their chosen community as their care needs progress up to and including the end of life care.

While CCRCs are not without cost – entrance fees can range from \$100,000 to more than \$1 million – these communities can reduce the stress and expense of moving to a higher level of care for residents and their families because much of the paperwork, waiting periods and other logistical headaches have been eliminated. **DNH**



QUICK LINK

SCAN FOR MORE
INFORMATION
or go to
aarp.org/states/nh/

HELPFUL INFORMATION:

Home Care Association of New Hampshire

8 Green Street, Ste. 2
Concord
603-225-5597
homecarenh.org

N.H. Association of Residential Care Homes

53 Regional Drive, Ste. 1
Concord
800-544-0906
nharch.org

New Hampshire Health Care Association

5 Sheep Davis Road, Ste. E
Pembroke
603-226-4900
nhhca.org

New Hampshire Veterans Home

139 Winter Street, Tilton
603-527-4400
nh.gov/veterans

ServiceLink Resource Centers

866-634-9412
nh.gov/servicelink

SENIOR RESIDENCES LISTED BY REGION *Following is a list of retirement, assisted living and residential care facilities in New Hampshire.*

SEACOAST

Clipper Harbor of Portsmouth

603-431-2530 • sunbridgehealthcare.com
188 Jones Avenue, Portsmouth

The Inn at Spruce Wood

603-292-3147
25 Worthen Road, Durham

Langdon Place of Dover

603-743-4110 • sunbridgehealthcare.com
60 Middle Road, Dover

Maple Suites

603-617-4413 • holidaytouch.com
30 Holiday Drive, Dover

The Mark Wentworth Home

603-436-0169 • markwentworth.org
346 Pleasant Street, Portsmouth

RiverWoods at Exeter

800-688-9663 • riverwoodsrc.org
7 Riverwoods Drive, Exeter

SEE OUR AD ON PAGE 52.

Langdon Place of Exeter

603-778-1024 • sunbridgehealthcare.com
17 Hampton Road, Exeter

MERRIMACK VALLEY

Arbors of Bedford

603-647-9300 • arborsofbedford.com
70 Hawthorne Drive, Bedford

Bedford Falls

603-471-2555 • bedfordfallsassistedliving.com
5 Corporate Drive, Bedford

Bentley Commons

603-644-2200 • bentleyatbedford.com
66 Hawthorne Drive, Bedford

The Birches at Concord

603-369-4417 • birchesatconcord.com
300 Pleasant Street, Concord

Birch Heights

603-505-4398 • birchheights.com
7 Kendall Pond Road, Derry

Birch Hill Terrace

603-626-7721 • birchhillterrace.com
200 Alliance Way, Manchester

SEE OUR AD BELOW.

The Courville Communities

800-638-5503 • courvillecompany.com

Aynsley Place

603-881-4190
80 Lake Street, Nashua

Carlyle Place

603-472-2000
40 Route 101, Bedford

Courville at Manchester

603-647-5900
44 West Webster Street, Manchester

Courville at Nashua

603-889-5450
22 Hunt Street, Nashua

Granite Ledges of Concord

603-224-0777 • graniteledges.com
151 Langley Parkway, Concord

Hanover Hill Health Care Center

603-627-3826 • hanoverhill.com
700 Hanover Street, Manchester

Havenwood-Heritage Heights

800-457-6833 • hhinfo.com
33 Christian Avenue, Concord

Hunt Community

603-882-6511 • huntcommunity.org
10 Allds Street, Nashua

Huntington at Nashua

800-298-6608 • thehuntingtonatnashua.org
55 Kent Lane, Nashua

Langdon Place of Nashua

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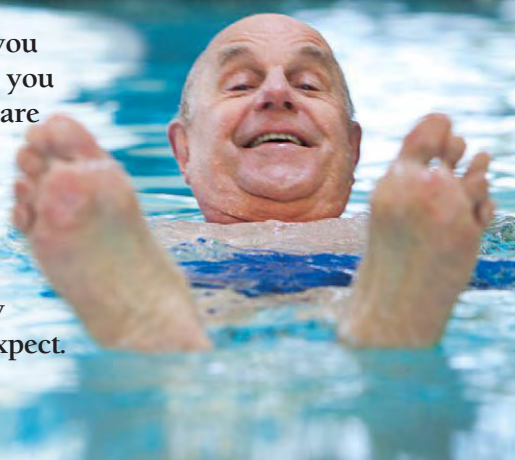
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Langdon Place of Keene
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136 Arch Street, Keene

Maplewood Assisted Living
603-399-4912 • co.cheshire.nh.us
201 River Road, Westmoreland

Rivermead Retirement Community
603-924-0062 • rivermead.org
150 Rivermead Road, Peterborough

Summerhill Assisted Living
603-924-6238 • summerhillal.com
183 Old Dublin Road, Peterborough

DARTMOUTH/LAKE SUNAPEE

Harvest Hill
603-448-7474 • alicepeckday.org
125 Mascoma Street #23, Lebanon

Kendal at Hanover
603-643-8900 • kah.kendal.org
80 Lyme Road, Hanover

Wheelock Terrace
603-643-7290
32 Buck Road, Hanover

Windham Terrace
603-437-4600 • terracecommunities.net
3 Church Rd., Windham

Woodcrest Village LLC
603-526-2300 • woodcrestvillage.com
356 Main Street, New London

LAKES

The Golden Crest
603-934-6742 • thegoldencrestnh.com
29 Baldwin Street, Franklin

Golden View Health Care Center
603-279-8111 • goldenview.org
19 NH Route 104, Meredith

Wolfeboro Bay Care and Rehabilitation Center
603-569-3950 • sunbridgehealthcare.com
39 Clipper Drive, Wolfeboro

WHITE MOUNTAIN/ GREAT NORTH WOODS

Genesis Lafayette Center
603-823-5502 • genesishcc.com
93 Main Street, Franconia

Morrison Nursing & Rehabilitation Care
603-837-2541 • morrisonnh.org
6 Terrace Street, Whitefield

Riverglen House of Littleton
603-444-8880 • riverglenhouse.com
55 Riverglen Lane, Littleton

Mineral Springs of North Conway Care and Rehabilitation Center
603-356-7294 • sunbridgehealthcare.com
1251 White Mountain Hwy., N. Conway

Learn Locally, Think Globally

New Hampshire's educational institutions represent centuries of learning excellence. As borders have broadened, Granite State schools have now placed an even greater focus on global perspectives and innovation, preparing students to take part in all the world has to offer.

New Hampshire has 19 senior colleges and universities including five public four-year institutions.

The University of New Hampshire (unh.edu) has campuses in Durham, Manchester and Concord at the UNH School of Law. As the state's largest university with some 15,000 enrolled students, it conducts groundbreaking research spanning the globe. And by hosting hundreds of students each year from countries outside of the United States, the university's Office of International Students and Scholars builds bridges on campus and beyond.

Plymouth State University (plymouth.edu) and Keene State College (keene.edu) both offer a worldwide perspective through their Global Education Offices. Students can study abroad, take part in international internships and even find assistance in starting a career overseas. These offices also connect international students to New Hampshire through partnerships with other learning institutions across the world.

Granite State College (granite.edu), with 10 campuses across the state, focuses on the adult learner as well as the traditional college-bound student. Many of its programs require coursework with a global perspective, expanding the reach of its degrees.

New Hampshire's many private colleges offer a wide range of international opportunities. For example, the prestigious Dartmouth College (dartmouth.edu) in Hanover sees students from more than 50 countries and has been a pioneer of learning abroad since 1958. Southern New Hampshire Uni-



Southern New Hampshire
University campus

PHOTOGRAPHY BY WENDY WOOD

versity (snhu.edu) in Manchester offers one of the country's leading International Business programs. It was also ranked 12th on the "Fast 50" list of the world's most innovative companies by Fast Company for "relentlessly reinventing higher education online and off" – the first college to ever make the list.

New Hampshire's seven community colleges, serving more than 27,000 learners, prepare students to compete in the global marketplace. Some examples include the humanitarian missions to Haiti by Laconia's Lakes Region CC students in the wake of the devastating 2010 earthquake and the global management classes offered at Great Bay CC in Stratham.

The Granite State also has a thriving community of career and trade schools focusing on workplace-ready education. A recent study by PayScale, providers of global compensation data, has shown that graduates from some career programs can earn just as much, if not more, as those with a master's degree. For example, licensed massage therapists and court reporters can earn more than \$100,000 a year, making education at one of New Hampshire's many career schools a viable – and lucrative – option for some students.

New Hampshire has a rich tradition of educating many children through private and independent schools. With low student-to-teacher ratios, independent schools offer unique opportunities for educating young people. Many independent schools follow a

religious tradition while others are secular, and most focus on a college preparatory curriculum with a mission of educational excellence.

Innovation in public education can be seen in many New Hampshire communities. Like many schools across the country, the Granite State's public schools face significant challenges, but our students are making strides in proficiency. Scores on the 2011 New England Common Assessment Program (NECAP) show improvement in reading and math skills across all grade levels, but continued vigilance and dedication by schools, communities, parents and the students themselves are key to sustaining progress.

Charter schools, a newer concept in public K-12 education, offer creative learning approaches not typically found in traditional public education. New Hampshire has 17 state-approved charter schools. Many offer specialized instruction in a specific area, such as science and technology, while others have a mission to help struggling students with more personalized attention. **DNH**



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INDEPENDENT SCHOOLS

Beech Hill School (Hopkinton)

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603-715-5129

SEE OUR AD ON PAGE 56

Bishop Brady High School (Concord)

bishopbrady.edu
603-224-7418

SEE OUR AD ON PAGE 55

Bishop Guertin High School (Nashua)

bghs.org
603-889-4107

Brewster Academy (Wolfeboro)

brewsteracademy.org
603-569-1600

Cardigan Mountain School (Canaan)

cardigan.org
603-523-4321

Coe-Brown Northwood Academy (Northwood)

coebrown.org
603-942-5531

Community School (South Tamworth)

communityschoolnh.net
603-323-7000

Concord Christian Academy (Concord)

concordchristian.org
603-228-8888

Crossroads Academy (Lyme)

crossroadsacademy.org
603-795-3111

The Derryfield School (Manchester)

derryfield.org
603-669-4524

Dublin Christian Academy (Dublin)

dublinchristian.org
603-563-8505

Dublin School (Dublin)

dublinschool.org
603-563-8584

Hampshire Country School (Rindge)

hampshirecountryschool.org
603-899-3325

Heronfeld Academy (Hampton Falls)

heronfeldacademy.org
603-772-9093

High Mowing School (Wilton)

highmowing.org
603-654-2391

Holderness School (Plymouth)

holderness.org
603-536-1257

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kua.org
603-469-2000

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Mount Royal Academy (Sunapee)

mountroyalacademy.com
603-763-9010

Nashua Christian Academy (Nashua)

nashuachristianacademy.org
603-889-8892

New Hampton School (New Hampton)

newhampton.org
603-677-3400

Oliverian School (Haverhill)

oliverianschool.org
603-989-5100

Phillips Exeter Academy (Exeter)

exeter.edu
603-772-4311

Pine Hill Waldorf School (Wilton)

pinehill.org
603-654-6003

Pinkerton Academy (Derry)

pinkertonacademy.net
603-437-5200

Portsmouth Christian Academy (Dover)

pcaschool.org
603-742-3617

Proctor Academy (Andover)

proctoracademy.org
603-735-6000

St. Paul's School (Concord)

sps.edu
603-229-4600

St. Thomas Aquinas High School (Dover)

stalux.org
603-742-3206

Sant Bani School (Sanbornton)

santbanischool.org
603-934-4240

South Merrimack Christian Academy (Merrimack)

smcanh.org
603-880-6832

Southern NH Montessori Academy (Londonderry)

snhma.org
603-818-8613

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Tilton School (Tilton)

tiltonschool.org
603-286-4342

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603-692-2093

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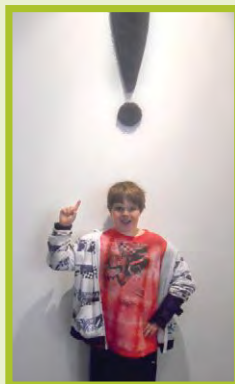
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gowva.org
603-236-4246

The White Mountain School (Bethlehem)

whitemountain.org
603-444-2928

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Wolfeboro Summer Boarding School (Wolfeboro)
wolfeboro.org
603-569-3451

World Academy (Nashua)

worldacademynh.com
603-888-1982

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TWO-YEAR COLLEGES

Community College System of N.H.
ccsnh.edu
603-271-2722

Lebanon College (Lebanon)
lebanoncollege.edu
603-448-2445

FOUR-YEAR COLLEGES

Antioch University New England (Keene)
antiochne.edu
800-553-8920

Colby-Sawyer College (New London)
colby-sawyer.edu
603-526-3000

The College of Saint Mary Magdalen (Warner)
magdalen.edu
603-456-2656

Daniel Webster College (Nashua)
dwc.edu
800-325-6876

Dartmouth College (Hanover)
dartmouth.edu
603-646-1110

Franklin Pierce College (Rindge)
franklinpierce.edu
603-899-4000

Hesser College (Manchester)
hesser.edu
800-935-1824

New England College (Henniker)
nec.edu
603-428-2000

New Hampshire Institute of Art (Manchester)
nhia.edu
866-241-4918

Rivier University (Nashua)
rivier.edu
603-888-1311

St. Anselm College (Manchester)
anselm.edu
603-641-7000

Southern New Hampshire University (Manchester)
snhu.edu
603-668-2211

Thomas More College of Liberal Arts (Merrimack)
thomasmorecollege.edu
603-880-8308

University of New Hampshire School of Law (Concord)
law.unh.edu
603-228-1541

STATE UNIVERSITY SYSTEM

The University System of New Hampshire is the largest provider of post-secondary education in the Granite State.

Granite State College
(Concord-based with sites throughout NH)
granite.edu
603-228-3000

Keene State College (Keene)
keene.edu
800-KSC-1909

Plymouth State University (Plymouth)
plymouth.edu
603-535-5000

University of New Hampshire (Durham)
unh.edu
603-862-1234

University of New Hampshire (Manchester)
unh.edu/unhm
603-641-4101

Education Resources

Community College System of N.H.
603-271-2722
ccsnh.edu

The Independent School Association of Northern New England (ISANNE)
207-564-2333
isanne.org

N.H. College and University Council
603-225-4199
nhcuc.org

N.H. Department of Education
603-271-3494
education.nh.gov

N.H. Higher Education Assistance Foundation Center for College Planning
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NEW HAMPSHIRE newsletter

This week's family-friendly events:

- September 27-30: **Ringling Brothers Circus** in Manchester
 - September 27-30: **136th Annual Deerfield Fair** in Deerfield
 - September 29-30: **32nd Annual Fall Festival Art Show** in Deerfield
 - September 29-30: **Intertribal Pow Wow** in Bedford
 - September 29: **Lil' Igwana's Family Fun Day** in Nashua
 - September 29: **Nini Palooza Family Fun Day** in Bedford
 - September 29: **Farm Harvest Day** in Milton
 - September 29: **10th Annual Schitzelfest** in Hillsborough
 - September 30: **13th Annual Lumberjack Festival** in Berlin
- [Click for more family-friendly events](#)



News you can use:



2012 Halloween events and haunted houses

Ready for some fall fun or ready to get scared? Check out some of our favorite harvest, Halloween and haunted houses events in NH. [Read more >](#)



Fall fun: corn mazes!

If you and your family are looking for some fun this fall, consider checking out a New Hampshire corn maze. Corn mazes are usually held during the daytime so it's a safe and fun for the whole family. [Read more >](#)



The Deerfield Fair is this weekend

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parentingnh.com



New Hampshire is 'Move-in Ready'

Not long ago, a newspaper reporter asked whether or not I've noticed fewer college graduate-aged buyers recently, considering the trend of escalating college tuition prices and subsequent increase in debt for those of that demographic.

I hadn't thought much about it until asked, but it didn't take long to formulate my answer: No. In fact, just the opposite.

I've been working with more young buyers in the past few months than any in recent memory, actually, and the reason is simple – considering low prices, a large and diverse inventory and historically low interest rates, it would be hard for me to imagine better buying conditions.

Think about it: Not only are mortgage payments often lower than rents, but with prices being at or near the bottom, real estate seems about as safe an investment as one could make, not to mention the equity building opportunities and tax write-offs inherent in purchasing a home.

It's a natural fit, then, that first-time home buyers are taking advantage and entering the market now.

The first-timers are not alone, however. Following several very slow years in terms of residential home sales, 2012 was a breakout year, with 20 percent more sales in the first half of the year than in the same period of 2011.

Prices, meanwhile, are seeming to stabilize, so the belief is that it won't be long before we start to see price increases, something that

has been absent in the housing market for the better part of the last six years.

Here in New Hampshire, of course, buying conditions are only part of the equation. While the financial investment naturally plays a role, it is the social investment that has buyers continuing to look to the Granite State as a place to call home.

Don't want to take my word for it? Well, consider the work of CQ Press in Washington, D.C., which in 2011 ranked New Hampshire as the "Most Livable" state for the seventh year in a row. That survey is based on 44 factors, ranging from median household income, job growth and percent of population with at least a bachelor's degree to unemployment, crime and highway fatality rates.

Ask me or ask home buyers, and you'll get the same answer: With its clean air, diverse seasons and geography, good neighbors and lack of a sales or income tax, among many other things, New Hampshire is a great place to live.

From an investment standpoint, it is truly a great time to buy. And from every other standpoint, it is truly a great time to buy in New Hampshire. **DNH**

— By John Rice

John Rice is the 2012 president of the New Hampshire Association of REALTORS. He is a 40-year veteran of the real estate industry and an agent with Tate & Foss Sotheby's International Realty in Rye.

RELOCATION RESOURCES:

American Institute of Architects N.H. Chapter

310 Marlboro Street, Keene
603-357-2863 • aianh.org

Associated Builders and Contractors

58 Chenell Drive, Concord
603-226-4789 • abcnhvt.org

Associated General Contractors of N.H.

48 Grandview Road, Bow
603-225-2701 • agcnh.org

Home Builders & Remodelers Association of N.H.

119 Airport Road, Concord
603-228-0351 • hbranh.com

N.H. Association of Realtors

115A Airport Road, Concord
603-225-5549 • nhar.com

N.H. Sustainable Energy Association

54 Portsmouth Street, Concord
603-226-4732 • nhsea.org

N.H. Division of Motor Vehicles

23 Hazen Drive, Concord
603-271-2371 • nh.gov/safety/dmv



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Region Town (County)	Date Incorporated	Town Website	Population	Tax Rate (per \$1000)	Average Home Selling Price (1st Half, by County)	Median Age	Bachelor's Degree or Higher	Median Household Income	Population 19 and under	SAT Scores (math/English)
Seacoast Region:										
Portsmouth (Rockingham)	1653	cityofportsmouth.com	20,779	\$17.41	(2011) \$225,000 (2012) \$250,000	38.5	48.7%	\$62,191	3,779	523/521
Rye (Rockingham)	1726	town.rye.nh.us	5,298	\$9.99	(2011) \$225,000 (2012) \$250,000	49.1	57.1%	\$85,268	1,103	524/524
Greenland (Rockingham)	1704	greenland-nh.com	3,549	\$14.06	(2011) \$225,000 (2012) \$250,000	42.3	38.5%	\$75,286	971	524/524
Merrimack Region/Manchester:										
Bedford (Hillsborough)	1750	bedfordnh.org	21,203	\$19.62	(2011) \$185,000 (2012) \$214,080	42.7	58%	\$116,299	6,035	517/509
Goffstown (Hillsborough)	1761	goffstown.com	17,651	\$22.91	(2011) \$185,000 (2012) \$214,080	38.5	28.5%	\$76,171	4,707	518/503
Hooksett (Merrimack)	1822	hooksett.org	13,451	\$21.68	(2011) \$155,950 (2012) \$183,400	37.7	33.7%	\$81,500	3,570	517/509
Merrimack Region/Concord:										
Bow (Merrimack)	1727	bow-nh.com	7,519	\$24.66	(2011) \$155,950 (2012) \$214,080	44.2	54.8%	\$101,731	2,321	533/546
Canterbury (Merrimack)	1741	canterbury-nh.org	2,352	\$19.95	(2011) \$155,950 (2012) \$214,080	44.2	42.5%	\$78,500	613	541/513
Dunbarton (Merrimack)	1765	dunbartonnh.org	2,758	\$20.50	(2011) \$155,950 (2012) \$214,080	41.7	37.5%	\$95,682	718	503/517
Merrimack Region/Nashua:										
Amherst (Hillsborough)	1760	amherstnh.gov	11,201	\$20.48	(2011) \$185,000 (2012) \$214,080	43.2	61.3%	\$115,405	3,204	538/542
Milford (Hillsborough)	1794	milfordnh.info	15,115	\$19.34	(2011) \$185,000 (2012) \$214,080	37.3	31.7%	\$71,190	4,068	503/509
Brookline (Hillsborough)	1769	brookline.nh.us	4,991	\$24.82	(2011) \$185,000 (2012) \$214,080	39.5	47.2%	\$101,722	1,613	569/567
Monadnock Region:										
Jaffrey (Cheshire)	1773	town.jaffrey.nh.us	5,457	\$26.95	(2011) \$142,750 (2012) \$154,450	28.9	55.7%	\$56,637	1,406	500/504
Peterborough (Hillsborough)	1760	townofpeterborough.com	6,284	\$24.28	(2011) \$185,000 (2012) \$214,080	48.1	55.7%	\$70,114	1,365	528/546
Hillsborough (Hillsborough)	1772	town.hillsborough.nh.us	6,011	\$20.74	(2011) \$185,000 (2012) \$214,080	37	16.8%	\$53,864	1,783	480/517
Dartmouth Region:										
Hanover (Grafton)	1761	hanovernh.org	11,260	\$16.32	(2011) \$155,000 (2012) \$175,000	22.4	82.4%	\$88,485	3,546	629/614
Claremont (Sullivan)	1764	claremontnh.com	13,355	\$31.34	(2011) \$120,000 (2012) \$139,500	41.4	15.5%	\$41,721	3,123	498/503
New London (Merrimack)	1779	nl-nh.com	4,397	\$14.88	(2011) \$155,950 (2012) \$214,080	50.1	56.8%	\$66,146	1,138	508/501

Statistics by Region

Region Town (County)	Date Incorporated	Town Website	Population	Tax Rate (per \$1000)	Average Home Selling Price (1st Half, by County)	Median Age	Bachelor's Degree or Higher	Median Household Income	Population 19 and under	SAT Scores (math/English)
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Lakes Region:

Franklin (Merrimack)	1828	franklinnh.org	8,477	\$21.14	(2011) \$155,950 (2012) \$214,080	37.7	14.2%	\$48,369	2,276	485/485
Plymouth (Grafton)	1776	plymouth-nh.org	6,990	\$20.09	(2011) \$155,000 (2012) \$175,000	23	34.3%	\$43,686	2,199	501/499
Meredith (Belknap)	1768	meredithnh.org	6,241	\$12.80	(2011) \$150,000 (2012) \$180,902	44.7	26.3%	\$63,560	1,277	514/513

White Mountain/Great North Woods Regions:

Conway (Carroll)	1765	conwaynh.org	10,115	\$17.87	(2011) \$150,000 (2012) \$180,000	43.2	25.9%	\$44,034	2,204	532/517
Littleton (Grafton)	1784	townoflittleton.org	5,982	\$22.83	(2011) \$155,000 (2012) \$175,000	46.8	24%	\$44,769	1,246	469/465
Berlin (Coos)	1829	berlinnh.gov	10,051	\$31.70	(2011) \$57,500 (2012) \$77,250	45.3	10.3%	\$38,920	1,941	492/466

State Population Centers:

Manchester (Hillsborough)	1751	manchesternh.gov	109,565	\$17.81	(2011) \$185,000 (2012) \$214,080	35.8	25.3%	\$53,377	27,097	517/509
Nashua (Hillsborough)	1746	gonashua.com	86,494	\$20.40	(2011) \$185,000 (2012) \$214,080	37.8	35.3%	\$65,476	22,301	507/502
Concord (Merrimack)	1733	concordnh.gov	42,695	\$23.16	(2011) \$155,950 (2012) \$214,080	39	35.7%	\$51,412	9,728	541/525
Derry (Rockingham)	1827	derry-nh.org	33,109	\$28.48	(2011) \$225,000 (2012) \$250,000	36.6	29%	\$71,076	9,316	507/498
Rochester (Strafford)	1722	rochesternh.net	29,752	\$23.89	(2011) \$159,900 (2012) \$185,000	41.5	18.4%	\$52,401	6,813	518/501
Salem (Rockingham)	1750	townofsalemnh.org	28,776	\$14.84	(2011) \$225,080 (2012) \$250,000	42.3	29.2%	\$70,502	7,210	507/489
Dover (Strafford)	1623	dover.nh.gov	29,987	\$23.75	(2011) \$159,900 (2012) \$185,000	36.6	38.2%	\$57,604	6,215	516/518
Merrimack (Hillsborough)	1746	merrimacknh.gov	25,494	\$19.53	(2011) \$185,000 (2012) \$214,080	40	41.4%	\$88,667	6,921	511/518
Londonderry (Rockingham)	1722	londonderrynh.org	24,129	\$20.33	(2011) \$225,000 (2012) \$250,000	38.8	40.9%	\$89,494	7,719	528/513
Hudson (Hillsborough)	1746	hudsonnh.gov	24,467	\$16.11	(2011) \$185,000 (2012) \$214,080	38	33.5%	\$81,242	6,726	514/506
Keene (Cheshire)	1753	ci.keene.nh.us	23,409	\$30.17	(2011) \$142,750 (2012) \$154,450	32.5	36.2%	\$48,057	6,544	528/546

Sources: Northern New England Real Estate Network: nneren.com; NH Employment Security: nhes.nh.gov; New Hampshire Association of Realtors: nhar.org; New Hampshire Dept. of Education: education.nh.gov

Statewide Shopping

Whether looking for a treasured antique, the perfect gift from a boutique or a power-shopping experience at an outlet mall, New Hampshire has it all. What's more – it's all tax-free. Those shopping for the truly unique need to look no further than the many vendors and purveyors belonging to New Hampshire Made (nhmade.com). The state's brand identity program lists hundreds of members who create items right here in the Granite State.



The newly renovated Pheasant Lane Mall in Nashua.

PHOTOGRAPHY BY JOHN GOODWIN

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MALLS AND OUTLET SHOPPING

Colony Mill Marketplace

222 West Street, Keene
781-273-4444 • colonymillnh.com

Fox Run Mall

50 Fox Run Road, Newington
603-431-5911 • simon.com

Mall of New Hampshire

1500 South Willow Street, Manchester
603-669-0433 • simon.com

SEE OUR AD ON PAGE 63

Mall at Rockingham Park

99 Rockingham Park Blvd., Salem
603-894-4411 • simon.com

SEE OUR AD ON PAGE 63

Merrimack Premium Outlets

Everett Tnpk., Exit 10, Merrimack
premiumoutlets.com/merrimack
603-424-0050

SEE OUR AD ON PAGE 7

Mill Falls Marketplace

312 Daniel Webster Highway, Meredith
800-622-6455 • millfalls.com

Nashua Mall

Off Broad Street (Route 3, Exit 6), Nashua
603-883-3348

Pheasant Lane Mall

310 Daniel Webster Highway, Nashua
603-888-2331 • simon.com

SEE OUR AD ON PAGE 63

Powerhouse Mall

Route 12A and Glen Road
West Lebanon
603-643-4444 • powerhousemall.com

Settlers' Green Outlet Village

Route 16, North Conway
888-667-9636 • settlersgreen.com

Steeplegate Mall

270 Loudon Road, Concord
603-224-1523 • steeplegatmall.com

Tanger Outlet Center

120 Laconia Road, Tilton
603-286-7880 • tangeroutlet.com/tilton

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LEAGUE OF NEW HAMPSHIRE CRAFTSMEN

Founded in 1932, the League of New Hampshire Craftsmen is one of the oldest and most prestigious craft organizations in the country. In addition to producing the country's oldest crafts fair each August, the League also maintains seven retail galleries around the state selling handcrafted goods made by juried artisans. Visit nhcrafts.org.

Using natural materials such as sea grass, cane, jute fiber, grapevine and honeysuckle branches, Lynn Goldberg creates rib-style baskets. Her baskets can be found at League stores in Nashua, Concord and Hanover. lynnartbasketry.com



PHOTOGRAPHY BY JOHN W. HESSION

Center Sandwich

32 Main Street
603-284-6831
(May-October)

Meredith

279 Daniel Webster Highway, Route 3
603-279-7920

Concord

36 N. Main Street
603-228-8171

Nashua

98 Main Street
603-595-8233

Hanover

13 Lebanon Street
603-643-5050

North Conway

2526 White Mountain Highway at Rte. 16/302
603-356-2441

Littleton

81 Main Street
603-444-1099

NEW HAMPSHIRE MADE

If you prefer the craftsmanship and care put into products made in New Hampshire, look for the "New Hampshire's Own" logo by New Hampshire Made, a 501 (c)3 organization that has grown to represent roughly 750 member businesses statewide.

The organization also manages the "New Hampshire Stores" — located on I-95 in Hampton, both northbound

and southbound, adjacent to the state Liquor Stores.

For more information on these goods, as well as news related to New Hampshire products and upcoming events, visit nhmade.org.



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The gardens at Strawberry Banke in Portsmouth

SEACOAST

Hampton Beach Casino Ballroom Hampton

The Casino Ballroom first opened its doors in 1899. Now, more than a century later, the Casino Ballroom continues to host some of the country's top entertainers including Daughtry, Dennis Miller, Snoop Dogg and Wanda Sykes. casinoballroom.com • 603-929-4100

The Music Hall, Portsmouth

The Music Hall is a nonprofit performing arts center that entertains more than 100,000 patrons each year with film, music, theatre and dance performances. The historic 900-seat theatre, built in 1878, is the oldest in New Hampshire, the second oldest in New England. themusichall.org • 603-436-2400

Strawbery Banke, Portsmouth

Through its restored houses, featured exhibits, historic landscapes and gardens and interpretive programs, Strawberry Banke tells the stories of the many generations who settled in Portsmouth

from the late-17th to the mid-20th century. strawberybanke.org • 603-433-1100
SEE OUR AD ON PAGE 67

Whittemore Center Arena, Durham

The Whittemore Center Arena is a \$30 million venue located on the University of New Hampshire campus. The Whit features popular music concerts, family and trade shows and the UNH Wildcats hockey games. whittcenter.com • 603-862-4000

MERRIMACK VALLEY

Capitol Center for the Arts, Concord

The Capitol Center for the Arts is the largest performing arts center in the state and has helped position Concord as a cultural destination. Broadway, ballet, folk and even country western fans travel from all over New England to attend performances at the center. ccanh.com • 603-225-1111

Concord City Auditorium, Concord

Since 1904, the auditorium has been home to the

Capital City's community-based arts and entertainment events. Recently, the historic 850-seat theatre was restored with volunteer community support and now hosts over 100 events attended by over 75,000 people each season. concordcityauditorium.org • 603-228-2793

Currier Museum of Art, Manchester

The Currier features American and European paintings, decorative arts, photographs and sculpture, including works by Picasso, O'Keeffe, Matisse, Wyeth and LeWitt. In addition to its many exhibitions, tours and programs year-round, the museum also offers tours of the Zimmerman House, which was designed by Frank Lloyd Wright. The museum's Art Center offers studio workshops and classes for children and adults.

currier.org • 603-669-6144

SEE OUR AD ON PAGE 67

League of New Hampshire Craftsmen Concord

Founded in 1932, the League of New Hampshire Craftsmen is one of the oldest and most prestigious craft organizations in the country. Formed to help New Hampshire craftspeople make a living through education and by building a market, it continues this mission today with galleries across the state and an annual crafts fair held each August in Sunapee.

nhcrafts.org • 603-224-3375

Museum of New Hampshire History/ Tuck Library, Concord

Since 1823, the New Hampshire Historical Society has been preserving New Hampshire's past. The Tuck Library houses priceless printed materials and manuscripts, with nearly 300,000 images, maps and books. The Museum of New Hampshire History offers exhibitions on the state's heritage and programs for children and adults.

nhhistory.org • 603-228-6688

New Hampshire Philharmonic Orchestra, Manchester

The Philharmonic brings together the finest student, amateur and professional musicians from around New Hampshire. The Philharmonic is the oldest orchestra in the state and has been performing regularly since 1905.

nhphil.org • 603-647-6476



The Currier Museum of Art in Manchester

PHOTOGRAPHY BY WENDY WOOD



The Palace Theatre in Manchester

Northern Ballet Theater, Nashua

Northern Ballet Theatre delights a variety of audiences through main-stage touring, residencies, in-school performances, community outreach, and free public performances. The NBT's annual production of "The Nutcracker" is a holiday favorite.

nbt.org • 603-889-8408

Opera New Hampshire, Manchester

With performances by National Lyric Opera at the Palace Theatre in Manchester, ONH presents some of the finest opera in New England. ONH's Children's Opera program provides an educational opportunity to school-age children within the state that allows them to develop a lifelong interest in the enjoyment and support of opera.

operanh.org • 603-647-6564

Palace Theatre, Manchester

Built in 1915, the Palace Theatre is a nonprofit performing arts center that hosts its own pro-

fessional company, youth and teen program and presenting acts. This beautiful 840-seat venue hosts the New Hampshire Philharmonic Orchestra and Opera New Hampshire.

palacetheatre.org • 603-668-5588

Symphony NH, Nashua

Symphony NH, formerly known as the Nashua Symphony Orchestra, has been performing since 1923. A mix of professional musicians from southern New Hampshire and the Boston area perform under the baton of Jonathan McPhee. Wholeheartedly dedicated to community music education, the symphony has developed a multi-faceted outreach program.

symphonynh.org • 603-595-9156

Verizon Wireless Arena, Manchester

Home of the Manchester Monarchs AHL hockey team, the Verizon Wireless Arena hosts some of the greatest music and performing acts in the world. The arena seats more than 11,000 people.

verizonwirelessarena.com • 603-644-5000

MONADNOCK

Colonial Theatre, Keene

Live performances entertain audiences of all ages at the Colonial Theatre. Award-winning films are shown nightly on the largest state-of-the-art movie screen in the region.

thecolonial.org • 603-352-2033

Keene Chamber Orchestra

The Keene Chamber Orchestra attracts professional musicians and enthusiastic student musicians of all ages. With a focus on the love of music, artistic excellence and a desire to share the joy of orchestral music, the KCO gives performances at the Colonial Theatre.

keenechamberorchestra.org
603-847-3475

Monadnock Music, Peterborough

Under the baton of Artistic Director Gil Rose, Monadnock Music makes exceptional music accessible to all in intimate and informal settings throughout the Monadnock Region and beyond. Performances range from beloved classical pops to newer and lesser-known works.

monadnockmusic.org • 603-924-7610

Redfern Arts Center on Brickyard Pond Keene

For 30 years, the Redfern Arts Center has inspired and entertained audiences with professional artists who are recognized worldwide for excellence. Redfern, at Keene State College, features a 360-seat music performance space.

keene.edu/racbp • 603-358-2168

Sharon Arts Center, Peterborough

The Sharon Arts Center has two galleries, each with a distinct focus. The Exhibition Gallery features the artworks of regional and nationally acclaimed artists in a rotating invitational format. The Juried Artists' Gallery features the works of 130 juried member artists on a year-round rotating basis.

sharonarts.org • 603-924-7256

Thorne-Sagendorph Art Gallery Keene

Keene State College's Thorne-Sagendorph Art Gallery showcases the visual arts and features the work of nationally recognized 19th-century artists who flourished around Mount Monadnock at the turn of the century as well as the work of contemporary artists.

keene.edu/tsag • 603-358-2720

DARTMOUTH-LAKE SUNAPEE

Hood Museum of Art, Hanover

The Hood Museum of Art at Dartmouth College is one of the oldest and largest college museums in the country. The 40,000-square-foot postmodern building includes 10 main galleries as well as a 204-seat auditorium equipped for lectures and film.

hoodmuseum.dartmouth.edu
603-646-2808

Hopkins Center for the Arts, Hanover

Each year the Hop features live performances in virtually all genres of music, theatre and dance, plus film screenings and other events. The Hop also houses classrooms, studios and art facilities.

hop.dartmouth.edu • 603-646-2422

PHOTOGRAPHY BY WENDY WOOD



Saint-Gaudens in Cornish

Saint-Gaudens National Historic Site Cornish

Discover the beautiful home, studios and gardens of Augustus Saint-Gaudens, one of America's greatest sculptors. Over 100 of his artworks can be seen in the galleries, from heroic public monuments to expressive portrait reliefs and the gold coins that changed the look of American coinage. Enjoy summer concerts, explore nature trails or indulge your hidden talents in art workshops.
nps.gov/saga • 603-675-2175

LAKES

Barnstormers Theatre, Tamworth

The Barnstormers, founded in 1931, is one of the longest-running professional summer theatres in the country. More than 40 professional actors from around the country perform eight plays in eight weeks for a summer of "extreme theatre."
barnstormertheatre.org • 603-323-8500



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**"42nd Street"
at the Papermill Theatre
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COURTESY PHOTOGRAPH

**Lakes Region Symphony Orchestra
Meredith**

Based in Meredith, this nonprofit community orchestra provides the classical music performances in central New Hampshire. Orchestra members range in age from teenagers through retired seniors, representing over 35 communities in the Lakes Region.

lrso.org

**Meadowbrook U.S. Cellular Pavilion
Gilford**

The Meadowbrook U.S. Cellular Pavilion, near the shores of beautiful Lake Winnepesaukee, is northern New England's premier summer concert venue. Now, with the addition of the Eastern Propane Winter Concert Series in the newly renovated Center Stage Café, Meadowbrook is an all-season entertainment connection.

meadowbrook.net • 603-293-4700

Silver Center for the Arts, Plymouth

Located on the campus of Plymouth State University, the Silver Center seeks to provide a rich, rewarding multi-cultural experience for students, faculty, staff and the public. Performances range from music to theatre to dance and more.

plymouth.edu/silver-center • 603-535-2787

Wright Museum, Wolfeboro

The Wright Museum's mission is to preserve and share the stories of America's Greatest Generation for the benefit of generations to come. As a one-of-a-kind nonprofit institution, the Wright Museum collects and displays artifacts from World War II that illustrates its significant and lasting impact on American life.

wrightmuseum.org • 603-569-1212

WHITE MOUNTAINS

The Gallery at WREN, Bethlehem

The Gallery at WREN, operated by the Women's Rural Entrepreneurial Network, provides inspiration and creativity by connecting artists and the community. Through the presentation of and interaction with art, the gallery promotes artists and their work through shows in an accessible, inclusive setting.

wrencommunity.org • 603-869-3100

**North Country Center for the Arts/
Papermill Theatre, Lincoln**

North Country Center for the Arts produces the Papermill Theatre, a professional summer repertory musical theatre company. North Country Center for the Arts also manages a traveling Children's Theatre Company, performing original adaptations of well-known folk and fairy tales throughout New Hampshire.

papermilltheatre.org • 603-745-2141

Weathervane Theatre, Whitefield

Rebuilt after a devastating fire, the Weathervane Theatre has reopened for its 47th anniversary with a full playbill of shows. This summer theatre offers live musicals ranging from "Kiss Me Kate" to "Young Frankenstein," performed by its award-winning professional company.

weathervanetheatre.org • 603-838-6072

GREAT NORTH WOODS

Northern Forest Heritage Park, Berlin

The Northern Forest Heritage Park is dedicated to preserving and celebrating the Northern Forest and the many peoples who came and made it their home. Cultural and family events are held annually at the park, as is the Lumberjack Festival.

northernforestheritage.org
603-752-7202

**St. Kieran Community Arts Center
Berlin**

St. Kieran Community Arts Center features live performances from nationally known artists and local groups. The center also hosts art, painting and photography exhibits as well as cultural heritage events and community activities.

stkieranarts.org • 603-752-1028

Northern Forest Heritage
Park in Berlin.



PHOTOGRAPH BY WENDY WOOD



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Farm to Fork

New Hampshire has always had a rich agricultural heritage, one that continues today. With the growing interest in sustainable living practices, the popularity of locally made products has landed squarely on the dinner plates of Granite Staters. From locally grown fruits and vegetables to handmade cheese and wine to locally produced meats and poultry, the list continues to expand as consumers seek out quality food from New Hampshire producers. Whether it's picking your own strawberries or apples, shopping at a farmers market or buying a share from a community-supported agriculture program, fresh, local food is never far from your fork.

FARMERS MARKETS

One of the easiest ways to explore what New Hampshire's agricultural community has to offer is to shop at a farmers market in your neighborhood.

Most farmers markets run from June through October, but also becoming increasingly common is the winter farmers market. While there were just a handful only a few years ago, Winter 2011-2012 boasted more than 25 winter markets across the state, making locally produced food available year-round. Even more are expected to be added in 2013. Some winter farmers markets are open on select days through the season, others have more frequent schedules



PHOTOGRAPHY BY WENDY WOOD

offering even more opportunities to enjoy New Hampshire-made food.

The New Hampshire Farmer's Market Association (nhfma.org) has updated listings of markets – summer and winter – all across the state.

COMMUNITY-SUPPORTED AGRICULTURE

Community-supported agriculture, or CSA, programs are bringing farmers markets directly to consumers. Customers can buy locally grown, seasonal produce and other products from farmers participating in a CSA program through purchasing pre-paid subscriptions, or "shares." Each week through the season, subscribers receive a box of seasonal produce. While most CSA

farmers distribute food boxes from a central location, often a school or church parking lot, some will make home deliveries.

More CSAs are now also offering other locally made products like fish, meat, poultry, dairy and eggs in addition to fruits and vegetables.

To find out more about CSAs in New Hampshire, visit localharvest.org or the New Hampshire Department of Agriculture, Markets and Food, nh.gov/agric/publications.

FARM TO RESTAURANT CONNECTION

Diners are seeing more locally made products on their plates than ever before as restaurant owners build connections and menus with local farmers and producers. The New Hampshire Farm To Restaurant Connection (nhfarmtorestaurant.com), a partnership of the New Hampshire Department of Agriculture, Markets and Food and New Hampshire Made, promotes New Hampshire farms and food producers to restaurants, schools, food markets, hospitals and the public.

Working with many farmers, restaurants, nonprofits and other agencies, the NHFRC sponsors Grower's Dinners throughout the season, where diners can feast on the bounty of New Hampshire's harvest. **DNH**

For More Information:

- New Hampshire Farms Network • newhampshirefarms.net
- New Hampshire Farm Bureau • nhfarmbureau.org
- New Hampshire Cheesemakers Guild • nhdairypromo.org
- New Hampshire Winery Association • nhwineryassociation.com
- New Hampshire Farm to School Program • nhfarmtoschool.org
- Seacoast Eat Local • seacoateatlocal.org
- Valley Food and Farms • vitalcommunities.org
- Monadnock Localvores • facebook.com/MonadnockLocalvore
- Slow Food • slowfoodusa.org
- Hannah Grimes Marketplace • hannahgrimesmarketplace.com
- Women's Rural Entrepreneurial Network • wrencommunity.org

A Taste of New Hampshire



PHOTOGRAPHY BY SUSAN LAUGHLIN

Nothing says more about a place than its food. New Hampshire's culinary offerings highlight both the Yankee traditions and the more sophisticated upscale dining throughout the Granite State.

- ★ Best of NH 2012 Editor's Pick
- ★ Best of NH 2012 Readers' Poll
- \$\$\$\$ Entrées cost more than \$25
- \$\$\$ Entrées cost between \$18 and \$25
- \$\$ Entrées cost between \$12 and \$18
- B-breakfast, L-lunch, D-dinner

THE COMMON MAN

AMERICAN 304 Daniel Webster Hwy., Merrimack; 603-429-3463; thecman.com — A cozy family restaurant with "Great American Fare," such as Maine mussels and lobster corn chowder. Locations throughout NH. \$-\$\$ L D Week-end brunch.

COPPER DOOR

AMERICAN 15 Leavy Dr., Bedford; 603-488-2677; copperdoorrestaurant.com — Approachable fine dining cuisine in a relaxed atmosphere. \$\$-\$\$\$ L D Reservations accepted.

SEE OUR AD ON PAGE 74

COTTON RESTAURANT ★

AMERICAN 75 Arms St., Manchester; 603-622-5488; cottonfood.com — Bistro featuring eclectic American comfort food and regional creations. Featuring an extensive martini and wine list. \$\$-\$\$\$ L D Reservations recommended.

SEE OUR AD ON PAGE 73

FIREFLY AMERICAN BISTRO

AMERICAN 22 Concord St., Manchester; 603-935-9740; fireflynh.com — The menu features upscale American comfort food that ranges from steaks to burgers, fish and chips, scallops, macaroni and cheese and more. \$\$-\$\$\$ L D Reservations recommended.

SEE OUR AD ON PAGE 71

THE GYRO SPOT

GREEK 1073 Elm St., Manchester; 603-556-5176; thegyrospot.com — Eatery featuring the traditional Gyro sandwich. The menu, based on the owner's family recipes, includes a variety of healthier options plus more Greek favorites. Also serving beer. \$ L D

HANOVER STREET CHOPHOUSE ★

STEAKHOUSE 149 Hanover Street, Manchester; 603-644-2467; hanoverstreetchophouse.com — Enjoy fine dining at this exquisite downtown Manchester steakhouse featuring an urban-style bar and award-winning wine list. \$\$\$-\$\$\$\$ L D Reservations recommended.

MERRIMACK VALLEY

900 DEGREES ★

PIZZERIA 50 Dow St., Manchester; 603-641-0900; 900degrees.com — Look over the authentic Neapolitan menu and find a simple, fresh approach to thin crust pizza. \$-\$\$ L D

ANGELINA'S

ITALIAN 11 Depot St., Concord; 603-228-3313; angelinasrestaurant.com — Angelina's Ristorante Italiano features fine Italian dining in an intimate setting. Homemade pastas, desserts, extensive wine list, chef owned. D \$\$ Reservations recommended.

BEDFORD VILLAGE INN ★

AMERICAN 2 Olde Bedford Way, Bedford; 603-472-2001; bedfordvillageinn.com — Gorgeous property perfect for casual or elegant dining, special celebrations and business functions. Dine in the dining rooms, Tavern or at the wine bar Corks. \$\$-\$\$\$\$ B L D

BUCKLEY'S GREAT STEAKS

STEAKHOUSE 438 Daniel Webster Hwy., Merrimack; 603-424-0995; buckleysgreatsteaks.com — Service and atmosphere are world-class, the focus is on the beef with classic cuts such as filet mignon, porterhouse, prime cut New York sirloin and dry aged New York sirloin. \$-\$\$\$\$ D Reservations recommended.

BURTON'S GRILL

AMERICAN 310 Daniel Webster Hwy., Nashua; 603-888-4880; burtonsgill.com — Contemporary American dishes complemented by a nice cocktail and wine list. Best of NH 2012 winner for their creative children's menu. \$-\$\$\$ L D

SEE OUR AD ON PAGE 72

THE COLOSSEUM ★

ITALIAN 264 N. Broadway, Salem; 603-898-1190; thecolosseumrestaurant.com — Family-run Italian restaurant with an extensive menu. Fresh ingredients straight from Boston. Closed Mon. \$\$-\$\$\$ L D Reservations accepted.

HOOKED

110 Hanover St., Manchester; 603-606-1235; hookednh.com — Seafood restaurant with raw bar. L D \$\$-\$\$\$ Closed Sunday.

LUCIA'S TAVOLA

ITALIAN 181 Rte. 13, Brookline; 603-249-9134; luciastavola.com — Featuring regional and authentic Italian cuisine. \$\$-\$\$\$ L D Reservations recommended.

MT'S LOCAL KITCHEN & WINE BAR

AMERICAN 212 Main St., Nashua; 603-595-9334; michaeltimothys.com — The menu features appetizers and small plates with an emphasis on comfort food. Open for lunch Thurs.-Sat. \$-\$\$\$ L D

PICCOLA ITALIA RISTORANTE

ITALIAN 815 Elm St., Manchester; 603-606-5100; piccolaitalianh.com — Warm, old-style Italian ambiance and creative cuisine, including specialties of the house and wonderful traditional pastas and entrées. Tableside Caesar salads. \$-\$\$ L D Reservations recommended.

REPUBLIC

MEDITERRANEAN 1069 Elm St., Manchester; 603-666-3723; republiccafe.com — European-style café with emphasis on good food, drinks and local ingredients. \$-\$\$\$ L D

TEKNIQUE

AMERICAN 170 Rte. 101, Bedford; 603-488-5629; restaurantteknique.com — Menu features creative fine dining options. \$\$-\$\$\$ D Weekend Brunch. Reservations recommended.

THE TUSCAN KITCHEN

ITALIAN 67 Main St., Salem; 603-952-4875; tuscan-kitchen.com — Fine Italian dining in an upscale yet warm atmosphere. \$\$-\$\$\$ L D Weekend Brunch.

WEATHERVANE

SEAFOOD 393 Rte. 101 West, Bedford; 603-472-2749; weathervaneseafoods.com — Classic New England seafood favorites like fried clams and a lobster dinner to healthier options like grilled maple salmon or broiled haddock. Locations throughout NH. \$-\$\$\$ L D

SEE OUR AD ON PAGE 75

XO ON ELM

TAPAS/MEDITERRANEAN 827 Elm St., Manchester; 603-560-7998; xoonelm.com — A modern yet cozy atmosphere. Featuring a smaller, but well considered wine list. \$\$-\$\$\$ L D Reservations recommended.

YOU YOU ASIAN BISTRO ★

ASIAN 150 Broad St., Nashua; youyoujbistro.com; 603-882-8337 — Euro-Asian, Korean and Thai cuisine. Fresh and exotic sushi and other delectable specialties. \$ L D

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AGAVE MEXICAN BISTRO

MEXICAN 11 State St., Portsmouth; 603-427-5300; agavemexicanbistrodos.com — Authentic Mexican food combined with a cozy bistro atmosphere. Extensive list of many rare and other varieties of tequila. \$\$ L D Reservations accepted.



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INTERNATIONAL 29 Ceres St., Portsmouth; 603-431-0887; blacktrumpetbistro.com — Winner of Wine Spectator's Award of Excellence. \$\$-\$\$\$\$ D Reservations recommended.

BONTÁ

INTERNATIONAL 287 Exeter Rd., Hampton; 603-929-7972; bonta.net — The menu features Mediterranean and New American specialties. \$\$-\$\$\$\$ D Reservations recommended.

BRAZO ★

LATIN 75 Pleasant St., Portsmouth; 603-431-0050; brazorestaurant.com — Features an inventive Latin take on food. \$\$-\$\$\$\$ D Reservations recommended.

BLUE MERMAID ISLAND GRILL

CARIBBEAN 101 High St., Portsmouth; 603-427-2583; bluemermaid.com — The menu, inspired by owner Scott Logan's family place in Anguilla, is American Southwest, Caribbean, Pacific Rim and California styles fused with Yankee seaport. \$\$-\$\$\$ L D Weekend brunch. Reservations accepted.

CAVA ★

TAPAS 10 Commercial Alley, Portsmouth; 603-319-1575; cavatapasandwinebar.com — Serving modern and classic Mediterranean cuisine. \$\$-\$\$\$ L D Reservations recommended.

DEMETER'S STEAKHOUSE

STEAKHOUSE 3612 Lafayette Rd., Portsmouth; 603-766-0001; demeterssteakhouse.com —

Upscale steakhouse with seafood options as well. \$\$\$-\$\$\$\$ L D

EPOCH RESTAURANT AND BAR

NEW AMERICAN 2 Pine St., Exeter; 603-772-5901; theexeterinn.com — Fine dining restaurant. Epoch Restaurant and Bar is located in the Exeter Inn. \$\$\$-\$\$\$\$ B L D Weekend brunch. Reservations recommended.

THE GREEN MONKEY

NEW AMERICAN 86 Pleasant St., Portsmouth; 603-427-1010; thegreenmonkey.net — Chef Phelps Dieck's creative American cuisine features ingredients from around the world. \$\$-\$\$\$ D Reservations recommended.

GRILL 28

AMERICAN & MEDITERRANEAN 200 Grafton Drive, Portsmouth; 603-766-6466; facebook.com/grill28 — Located in the Pease Golf Course Clubhouse. \$\$-\$\$\$ B L D

THE HOLY GRAIL PUB

IRISH PUB 64 Main St., Epping; 603-679-9559; theholygrailpub.com — Located in a renovated church and serving all your Irish pub favorites. \$\$-\$\$\$ L D

JUMPIN' JAY'S FISH CAFE ★

SEAFOOD 150 Congress St., Portsmouth; 603-766-3474; jumpinjays.com — Fresh fish arriving daily from local fishermen as well as exotic catches from around the globe. Catch of the day menu is complemented by your choice of a gourmet sauce or marinade. \$\$\$-\$\$\$\$ D

THE LIBRARY

STEAKHOUSE 401 State St., Portsmouth; 603-431-5202; libraryrestaurant.com — Classic steak house that exudes an atmosphere of timeless elegance. \$\$-\$\$\$\$ L D Weekend brunch. Reservations recommended.

MICHELLE'S ON MARKET SQUARE

FRENCH & MEDITERRANEAN 10 Market Sq., Portsmouth; 603-427-8253; michellesonmarketsquare.com — Casual atmosphere with open kitchen or dine upstairs by the bar. \$\$-\$\$\$ L D Weekend brunch. Reservations recommended.

MOXY

TAPAS 106 Penhallow St., Portsmouth; 603-319-8178; moxyrestaurant.com — A modern American tapas restaurant that focuses on small plates meant for sharing. Chef and owner Matt Louis takes inspiration from local food and culture. \$\$ D

OAR HOUSE

SEAFOOD/AMERICAN 55 Ceres St., Portsmouth; 603-436-4025; portsmouthnhoarhouse.com — Fine dining featuring seafood served in a maritime setting. Waterfront deck in summer with live music (inside) Thursdays thru Saturdays. \$\$\$ L D Weekend brunch. Reservations recommended.

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MEXICAN 37 Bow St., Portsmouth; 603-431-5967; pocosbowstreetcantina.com — Upscale yet comfortable bistro dining features Tex-Mex and Cuban specialties made from scratch. Waterfront and deck dining. \$\$ L D



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ITALIAN 59 Penhallow St., Portsmouth; 603-436-4000; ristorantemassimo.com — Elegant ristorante Italiano with a warm ambiance. Entrées include halibut with sweet corn custard, pearl onions, fava beans and shallot-fennel sauce, drizzled with Champagne vinaigrette. \$\$\$ D Weekend brunch. Reservations recommended.

SAKE JAPANESE RESTAURANT

JAPANESE 141 Congress St., Portsmouth; 603-431-1822; portsmouthsake.com — Sushi is the star here. Chef Peter-San trained in Osaka, Japan, and has over 20 years of experience with Japanese cuisine. The menu ranges from fresh sushi, sashimi, tempura and teriyaki. \$\$ L D

SHALIMAR INDIA RESTAURANT

INDIAN 80 Hanover St., Portsmouth; 603-427-2959; shalimarindia.com — Shalimar has been serving authentic cuisine in the style of Northern India since 1992. Specialties include savory tandoori oven dishes and exotic curries. \$\$-\$\$ L D

STREET

INTERNATIONAL 801 Islington St., Portsmouth; 603-436-0860; streetfood360.com — At Street you can try traditional street foods from around the world such as fried yucca, Kushiyake (Asian-style marinated beef) or Korean fried chicken. The bar is open later on weekends. \$ L D

SURF RESTAURANT

SEAFOOD 207 Main St., Nashua; 603-595-9293; 99 Bow St., Portsmouth; 603-334-9855;

surfseafood.com — Elegant fresh fish restaurant created by Chef Michael Buckley. \$\$-\$\$\$ D Reservations recommended.

LAKES

BAYSIDE GRILL & TAVERN

AMERICAN 51 Mill St., Wolfeboro; 603-894-4361; baysidegrillandtavern.com — Casual atmosphere with a menu that includes pub fare such as burgers and subs to seafood, steak and chicken entrées. \$-\$\$ L D

BURRITO ME ★

MEXICAN 9 Veterans Square, Laconia; 603-556-7798; burritome.com — The owners use ingredients from local farmers and vendors whenever possible. Several local beers are also available. \$-\$\$ L D

CANOE RESTAURANT & TAVERN

AMERICAN 232 Whittier Highway, Center Harbor; 603-253-4762; magicfoodsrestaurant-group.com — Two-time "Best of NH" winner. Great home-style cooking with an upscale flair. \$-\$\$ L D

FRATELLO'S ITALIAN GRILLE

ITALIAN 799 Union Ave., Laconia; 603-528-2022; fratellos.com — Classic Italian cuisine with a wide range of prices and choices on the menu for lunch or dinner; from the popular Caesar chicken salad to veal and seafood, brick-oven pizza, lasagna, tortellini and much more. \$-\$\$ L D

GARWOODS RESTAURANT & PUB

ITALIAN 6 North Main St., Wolfeboro; 603-569-7788; garwoodsrestaurant.com — Located on the beautiful waterfront at Lake Winnepesaukee. Hearty soups and appetizers round out a menu of fish and chips, Italian-inspired entrées, creative Black Angus burgers and salads. \$\$ L D Weekend brunch.

HOMESTEAD RESTAURANT

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ITALIAN FARMHOUSE

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O STEAKS AND SEAFOOD ★

STEAKHOUSE/SEAFOOD 62 Doris Ray Court, Lakeport; 603-524-9373; 11 South Main St., Concord; 603-856-7925; magicfoodsrestaurant-group.com — Fresh seafood and steak are the specialties. \$\$-\$\$\$ L D

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ELM CITY BREWING COMPANY

BREW PUB 222 West St., Keene; 603-355-3335; elmcitybrewing.com — Brewery with an eclectic menu that's beyond pub fare. \$\$-\$\$\$ L D

GIORGIO'S RISTORANTE

MEDITERRANEAN 524 Nashua St., Milford; 603-673-3939; giorgios.com — Expansive menus feature Mediterranean-style food with an American sensibility. \$\$-\$\$\$ L D Reservations recommended.

HARLOW'S PUB

TAVERN 3 School St., Peterborough; 603-924-6365; harlowspub.com — Choose from 10

beers on tap to go with your deli sandwich, soup, salad or Mexican entrée. \$\$-\$\$\$ L D

LUCA'S MEDITERRANEAN CAFÉ

MEDITERRANEAN 10 Central Sq., Keene; 603-358-3335; lucascafe.com — Offering exciting daily specials and a diverse menu influenced by world flavors. \$\$-\$\$\$ L D Reservations recommended.

SEE OUR AD ON PAGE 27

NICOLA'S TRATTORIA

ITALIAN 51 Railroad St., Keene; 603-355-5242; facebook.com/nicolastrattoria — Classical Italian cuisine by chef/owner Nicola Bencivenga. \$\$\$-\$\$\$\$ D Reservations recommended.

SEE OUR AD ON PAGE 27

THE OLD COURTHOUSE

NEW AMERICAN 30 Main St., Newport; 603-863-8360; eatatthecourthouse.com — Everything is fresh, prepared on premises, including breads, soups, dressings and desserts. \$\$-\$\$\$ L D Weekend brunch. Reservations recommended.

PARKER'S MAPLE BARN AND SUGAR HOUSE

BREAKFAST 1316 Brookline Rd., Mason; 603-878-2308; parkersmaplebarn.com — Smoked meats, maple-glazed baby back ribs. Maple syrup made on the premises. Featured on the Food Network. \$ B L

WOODBOUND INN

AMERICAN 247 Woodbound Rd., Rindge; 603-532-4949; woodbound.com — American menu featuring steaks, seafood, chops and pastas.

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DARTMOUTH/LAKE SUNAPEE

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ITALIAN/PUB 976 Rte. 103, Newbury; 603-763-3290; bubbasbarandgrille.com — The menu features everything from pizza and pub fare to classic Italian dishes. The views of the lake harbor are hard to beat. \$\$ L D

CANOE CLUB

AMERICAN 27 South Main St, Hanover; 603-643-9660; canoeclub.us — Comfortable and inviting atmosphere and lively music 7 nights a week. Great desserts! Features a late night menu until 11:30 p.m. and drinks until 12:45 a.m. \$\$\$ L D Accepts reservations.

THE HANOVER INN

AMERICAN 2 Main St., Hanover; 603-643-4300; hanoverinn.com — Breakfast is served in the Daniel Webster Room, and lunch and dinner are served in Zins or on the terrace. \$\$-\$\$\$ B L D Weekend brunch. Reservations recommended.

INN AT PLEASANT LAKE


NEW AMERICAN 853 Pleasant St., New London; 603-526-6271; innatpleasantlake.com — Executive chef/owner Brian MacKenzie prepares a fabulous five-course prix fixe dinner. Prix Fixe \$55 D Reservations recommended.

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ITALIAN 1 Court St., Lebanon; 603-448-1711; threetomatoestrattoria.com — Lunch served Monday-Friday only. Dinner served nightly. You'll find all your favorite Italian classics on the menu plus a selection of stone hearth pizzas and wood-fired white pizzas. \$-\$\$ L D

NORTH COUNTRY

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AMERICAN 3582 White Mountain Hwy., North Conway; 603-356-9025; the1785inn.com — Serving gourmet foods in a relaxing atmosphere. Enjoy the spectacular view of Mt. Washington from the glass-enclosed porch. Creative dinner entrées and homemade desserts. \$\$\$\$ D Reservations recommended.

FLATBREAD COMPANY

PIZZERIA 2760 White Mountain Hwy., North Conway; 603-356-4470; flatbreadcompany.com — Located inside the Eastern Slope Inn in the heart of North Conway, the Flatbread Company stays true to its Vermont roots, continuing to bake their gourmet pizzas with organically grown wheat, spring water and wheat germ. \$-\$\$ L D

LIBBY'S BISTRO & SAALT PUB

NEW AMERICAN/INTERNATIONAL 115 Main Street on Rte. 2, Gorham; 603-466-5330; libbysbistro.net — Eclectic gourmet menu changes

with the seasons. Closed in Nov. until Thanksgiving. Café downstairs open for lunch year-round. \$-\$\$\$ L D Reservations recommended.

MOAT MOUNTAIN BREWERY

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POLLY'S PANCAKE PARLOR

BREAKFAST 672 Rte.117, Sugar Hill; 603-823-8849; pollyspancakeparlor.com — Polly's Pancake Parlor in Sugar Hill is a true New Hampshire breakfast spot. Real maple syrup on top of homemade fluffy pancakes makes this place one step above the rest. \$ B L

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AMERICAN/PIZZA Rte. 16, North Conway; 603-356-3113; stonehurstmanor.com — Inventive cuisine ranging from quail to wood-fired brick oven baked pizza. Chefs chosen "Chef of the Year" by the New Hampshire chapter of the American Culinary Foundation. \$-\$\$\$ B D Reservations recommended.

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WOODSTOCK BREWERY ★

BREW PUB/INTERNATIONAL Rte. 3, North Woodstock; 603-745-3951; woodstockinnh.com — Either dine in sight of the brewery, in the Victorian gourmet dining room or either of the two bars. \$-\$\$\$ L D



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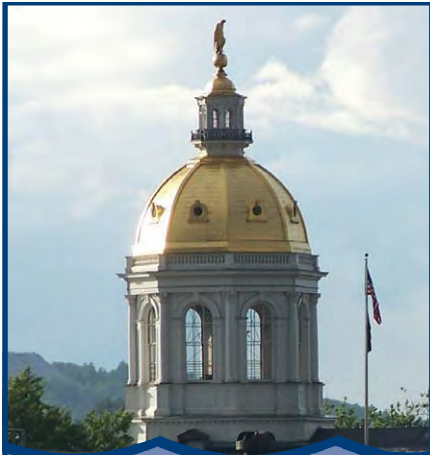
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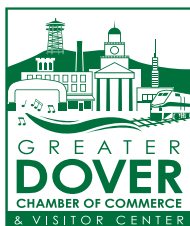
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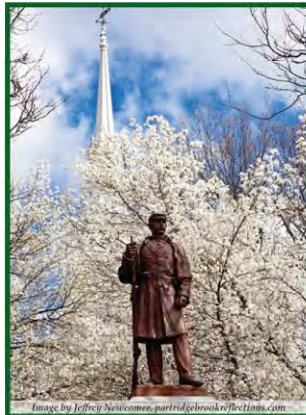
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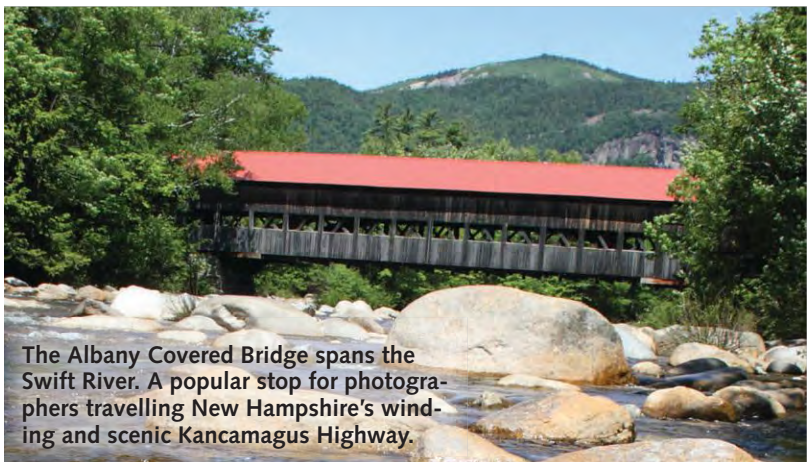
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Robert Frost Farm in Derry was home to Robert Frost and his family from 1900-1911. Many of his poems are attributed to memories from the Derry years.

PHOTOGRAPHY BY WENDY WOOD

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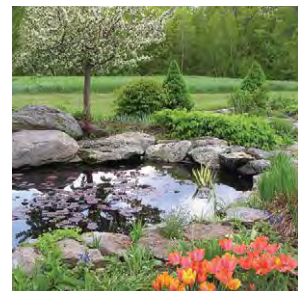
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NEW HAMPSHIRE HOME

The Picture Perfect State

New Hampshire isn't called the Granite State for nothing. Just about anywhere you go you are standing on or over sheets of the stuff. But one of the state's many monikers (in fact, it used to be on license plates) is "The Scenic State." In this age of the omnipresent camera phone, you might as well call it the "photogenic state." And just about anywhere you point and click will produce a shot worthy of framing.

But some photographers aren't satisfied with the scenic status quo. They feel the need to push the envelope with a touch of humor. Even some world-class nature photographers like Jerry and Marcy Monkman will take a break from capturing the New Hampshire wilderness to pose their family, say, pretending to push a boulder over a cliff.

And for those whose family outings are less "outdoorsy," there's plenty of photographic fun to be had.

For example, you don't need to go to Cairo to enjoy the ambiance of ancient Egyptian architecture. The Sphinx also lives in Glen, NH, at Story Land's new water ride, "Splash Battle: Pharaoh's Reign."

Amherst's Darren Garnick is a self-proclaimed "goofy dad" who encourages his 10-year-old son, Ari, to pose at wacky tourist sites and roadside attractions. But the project goes far beyond the family photo album.

Darren's "Tacky Tourist Photos" website is a gathering place for world travelers to share their silliest vacation snapshots.

Pictured here is Ari munching what seems to be the World's Largest Box of Popcorn at Canobie Lake Park and doing a little Sphinx Rodeo.

Darren insists there's really nothing "tacky" about any of these vacation photos. He just loves alliteration and is seeking to collect amusing snapshots from fellow travel buffs.

The state is full of roadside attractions (though we could always use more — scan the Quick Link for some examples). Upload your best (or tackiest) shots to TackyTouristPhotos.com. **DNH**



PHOTOGRAPHY BY ECOPHOTOGRAPHY.COM



PHOTOGRAPHY BY DARREN GARNICK

Let's Get Serious

Jerry and Marcy Monkman of Ecophotography recently announced the launch of Monkman Photo.com, a new website featuring photo tip videos, tips from other great photographers and a free on-line photo course. Jerry Monkman says he'll be giving away books and other promotions, but he's mostly looking forward to "watching this site grow into a community of photographers looking to learn and share their photos."



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