




Hawk Cafe January Menu

Thomas Leadership Academy has a **NO Charge** policy for school meals.



Monday	Tuesday	Wednesday	Thursday	Friday
Teacher Work Day / Student Holiday	Breakfast: Oatmeal, Fruit Lunch: Corn Dogs, Bake Fries, Orange Wedges	Breakfast: PopTart, String Cheese, Applesauce Lunch: Chicken Nuggets, Mash Potatoes, String Beans, Fruit	Breakfast: Frosted Flakes, Fruit Lunch: Sloppy Joe Sandwich, Celery w/ Ranch, & Fruit	Breakfast: Turkey Sausage, Eggs, Biscuit, Fruit Lunch: Pizza, Corn, Salad, Fruit
Breakfast: Muffin, String Cheese, Fruit, Juice Lunch: Chicken Sandwich, Sweet Potato Fries, Fruit	Breakfast: Oatmeal, Fruit Lunch: Hot Dogs, Bake Beans, Carrot Sticks, Vanilla Pudding	Breakfast: Breakfast Bar, Applesauce Lunch: Bake Spaghetti, Steam Broccoli, Garlic Bread, & Apple Wedges	Breakfast: Cinnamon Toast Crunch, Fruit Lunch: Beefaroni, Corn, Celery Sticks, & Fruit ,	Breakfast: Turkey Sausage links, Toast Lunch: Pizza, Salad w/ dressing,, Vanilla pudding
	Breakfast: Oatmeal, Fruit, Milk Lunch: Hot Dogs, Bake Beans, Carrot Sticks	Breakfast: Breakfast Bar, Applesauce Lunch: Chicken Nuggets, Mash Potatoes, String Beans, Fruit	Breakfast: Frosted Flakes, Fruit Lunch: Sloppy Joe Sandwich, Celery w/Ranch, Chips, & Fruit	Breakfast: French Toast Sticks, Syrup Lunch: Pizza, Salad w/ dressing, Brownie
Breakfast: Muffins, Fruit , Milk Lunch: Chicken Salad w/ Dressing, Fruit cup, Bake Chips	Breakfast: Yogurt w/ Granola cups Lunch: Hot Dogs, Bake Beans, Carrot Sticks,	Breakfast: Cereal w/ Milk & Fruit Lunch: Bake Chicken, Rice w/vegetables, Fruit	Breakfast: Whole Grain Pop tarts, Milk Lunch: Beefaroni, Mix Vegetables, Fruit	Breakfast: Breakfast Bar, Fruit Milk Lunch: Pizza, Salad w/ dressing Fruit

2% White or Chocolate milk served daily

Prices: Breakfast \$2.00/daily Lunch: \$3.00/daily

Reduced Price: Breakfast: \$.50/Daily Lunch: \$1.50/Daily

For medical restrictions, a statement from a healthcare provider is required, outlining how the condition restricts the diet, what foods to avoid, and what substitutes are needed.