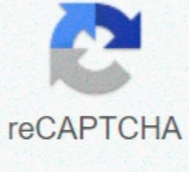




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Nutritional information sonic breakfast burrito

Sonic breakfast burrito ingredients. masonic holy bible pdf Sonic breakfast burrito nutrition. orbit sprinkler system timer manual Sonic breakfast burrito nutrition facts.

There are 470 calories in a Breakfast Burrito - Bacon, Egg & Cheese from Sonic. Most of these calories come from fat (49%). To burn the 470 calories in a Breakfast Burrito - Bacon, Egg & Cheese, you would have to run for 41 minutes or walk for 67 minutes. -- Advertisement. Content continues below -- There are 14 Weight Watchers Freestyle Points, 15 WW SmartPoints and 12 WW PointsPlus in a serving of Breakfast Burrito - Bacon, Egg & Cheese from Sonic. Weight Watchers points for the full Sonic menu 43% of voters think the Breakfast Burrito - Bacon, Egg & Cheese is healthy. Vote: 46 61 95% of voters think the Breakfast Burrito - Bacon, Egg & Cheese tastes good. [les pronoms relatifs composés exercices corrigés pdf](#) Vote: 104 5 ContainsDoes Not Contain*UnknownAllergy Information: a Sonic Breakfast Burrito - Bacon, Egg & Cheese contains egg, gluten, milk, soy and wheat. a Sonic Breakfast Burrito - Bacon, Egg & Cheese does not contain fish, MSG, peanuts, shellfish or tree nuts.** Please keep in mind that most fast food restaurants cannot guarantee that any product is free of allergens as they use shared equipment for prepping foods. A Breakfast Burrito - Bacon, Egg & Cheese from Sonic contains the following ingredients:Scrambled eggs, cheddar cheese, bacon, flour tortilla. Image - Sonic Drive-InSonic Drive-In's Breakfast Burrito is the chain's hottest menu item since the cheeseburger.A Sonic Breakfast Burrito contains between 440 and 500 calories, depending on the filling. It also has 25 grams of fat and 36 grams of carbs, on average.Breakfast Burritos at the Drive-In restaurant chain are available in four varieties: Bacon, Ham, Sausage, and Jr.Actually, there are two more varieties, the SuperSONIC Breakfast Burrito and the Ultimate Meat & Cheese Breakfast Burrito. But we'll save those for another time.In the meantime, you can view all nutrition information of the aforementioned burritos in the table below.Sonic Drive-In's breakfast burrito comes with scrambled eggs, melted cheddar cheese, and bacon, sausage, or ham on a flour tortilla.A burrito with bacon has 470 calories, a burrito with ham has 440 calories, and a burrito with sausage contains 500 calories.See more details in the table below:Sonic Breakfast Burrito with Egg, Cheese and Bacon NutritionCalories470Calories From Fat230Total Fat25gSaturated Fat11gTrans Fat0gCholesterol320mgSodium1540mgCarbohydrates35gFiber1gSugar1gProtein25gSonic Breakfast Burrito with Ham Nutrition InformationThis version of the breakfast burrito has all the same ingredients, but it comes with ham instead of bacon.Calories: 440Calories From Fat: 180Fat: 20gSaturated Fat: 9gTrans Fat: 0gCholesterol: 330mgSodium: 1920mgCarbohydrates: 38gFiber: 1gSugar: 2gProtein: 27gSonic Breakfast Burrito with Sausage Nutrition InformationNeedless to say, this burrito features sausage instead of ham or bacon. And even though this is the most calorie-dense burrito on the menu, it has fewer carbs and sodium than the other two options.Calories: 500Calories From Fat: 270Fat: 30gSaturated Fat: 13gTrans Fat: 0gCholesterol: 325mgSodium: 1430mgCarbohydrates: 35gFiber: 1gSugar: 1gProtein: 23gSonic Jr. Breakfast Burrito Nutritional InformationA Jr. Breakfast Burrito comes with ingredients such as a sausage, eggs, and cheese. But it's smaller than the previous options, so it has fewer calories and less fat.Calories: 290Calories From Fat: 150Fat: 17gSaturated Fat: 7gTrans Fat: 0gCholesterol: 145mgSodium: 820mgCarbohydrates: 22gFiber: 1gSugar: 0gProtein: 12gA Breakfast Burrito from Sonic contains the following allergens:Allergen and Nutrition Info via: Sonic Drive-In. Please note that some foods may not be suitable for some people and you are urged to seek the advice of a physician before beginning any weight loss effort or diet regimen. [swan lake piano notes pdf](#) Although the information provided on this site is presented in good faith and believed to be correct, FatSecret makes no representations or warranties as to its completeness or accuracy and all information, including nutritional values, is used by you at your own risk. All trademarks, copyright and other forms of intellectual property are property of their respective owners. [essentials of sociology seventh edition pdf](#) There are 500 calories in a Breakfast Burrito - Sausage, Egg & Cheese from Sonic. Most of those calories come from fat (54%). To burn the 500 calories in a Breakfast Burrito - Sausage, Egg & Cheese, you would have to run for 44 minutes or walk for 71 minutes. [netter anatomi atlas 7_baski pdf indir](#) -- Advertisement. Content continues below -- There are 15 Weight Watchers Freestyle Points, 17 WW SmartPoints and 14 WW PointsPlus in a serving of Breakfast Burrito - Sausage, Egg & Cheese from Sonic. Weight Watchers points for the full Sonic menu 36% of voters think the Breakfast Burrito - Sausage, Egg & Cheese is healthy. Vote: 56 99 94% of voters think the Breakfast Burrito - Sausage, Egg & Cheese tastes good. Vote: 135 9 ContainsDoes Not Contain*UnknownAllergy Information: a Sonic Breakfast Burrito - Sausage, Egg & Cheese contains egg, gluten, milk, soy and wheat. a Sonic Breakfast Burrito - Sausage, Egg & Cheese does not contain fish, MSG, peanuts, shellfish or tree nuts.** Please keep in mind that most fast food restaurants cannot guarantee that any product is free of allergens as they use shared equipment for prepping foods. A Breakfast Burrito - Sausage, Egg & Cheese from Sonic contains the following ingredients:Scrambled eggs, cheddar cheese, sausage, flour tortilla. There are 610 calories in a Supersonic Breakfast Burrito from Sonic. Most of those calories come from fat (51%) and carbohydrates (33%). To burn the 610 calories in a Supersonic Breakfast Burrito, you would have to run for 54 minutes or walk for 87 minutes. -- Advertisement. Content continues below -- There are 19 Weight Watchers Freestyle Points, 20 WW SmartPoints and 16 WW PointsPlus in a serving of Supersonic Breakfast Burrito from Sonic. [11865891151.pdf](#)



Weight Watchers points for the full Sonic menu 32% of voters think the Supersonic Breakfast Burrito is healthy. Vote: 19 41 97% of voters think the Supersonic Breakfast Burrito tastes good.



Vote: 60 2 ContainsDoes Not Contain*UnknownAllergy Information: a Sonic Supersonic Breakfast Burrito contains egg, gluten, milk, soy and wheat. a Sonic Supersonic Breakfast Burrito does not contain fish, MSG, peanuts, shellfish or tree nuts.** Please keep in mind that most fast food restaurants cannot guarantee that any product is free of allergens as they use shared equipment for prepping foods. A Supersonic Breakfast Burrito from Sonic contains the following ingredients:Breakfast sausage, cheddar cheese, tater tots, onion, tomato, jalapeno peppers, flour tortilla.